



Hi Everyone,

The **Guelph Cardiovascular Centre** team is back again this year with Heart & Stroke to offer you a unique experience on a traffic-free Gardiner and DVP.

You can RIDE, RUN or WALK in the Manulife Heart & Stroke Ride for Heart on **June 3rd, 2018**.

Enjoy a fun and healthy day on Toronto's highway as you support critical heart disease and stroke research.

Use promotional code **R4R2018** for 50% off regular participant registration!

This year the The Guelph Cardiovascular Centre VIP team has committed to raising an average of **\$500.00 per team member**. That doesn't mean that each team member necessarily has to hit that mark individually –remember it's an average and team effort. Each member must raise a minimum of \$100.00 to participate.

Have you heard the news? Manulife is Ride for Heart's new Title Sponsor. We are excited and honoured to partner with an organization that shares our passion for the health of Canadians and our fight against heart disease and stroke.

Title Sponsor

