SPRING BREAK!

Ok, so it’s not actually spring...but you ARE getting a break. READING WEEK! Where you all catch up on your readings, finish your papers and projects and begin studying for finals. Am I right? With the exception of Reading Week (Feb 21-25) I usually have my drop in hours available to all of you every Monday to Thursday from 1:30pm to 3:30pm. All other times are by appointment. During reading week it’s all by appointment. Keep fit and have fun!

Learning Commons

IT’S NEVER TOO LATE to check out the resources that are available to you through the Learning Commons in the UofG library. As I’ve said in past newsletters, the main goal of this entire operation is YOUR academic success! Why wouldn’t you want to take advantage of that?

Even though we’re almost at the halfway point of the semester, there are still plenty of opportunities for you to utilize the resources that the LEARNING COMMONS has to offer...

- Appointments on time management & study strategies
- Numerical, geospatial & statistical computing help
- Research help
- Residence drop-ins
- Writing appointments & walk-ins
- Exam preparation
- Library tours & workshops
- Learning & Studying Handouts
- Library Research Guides
- SLG schedules
- Time Management
- Tutorials on Researching
- Writing Handouts

http://www.learningcommons.uoguelph.ca/
Want to work with Professor Lachapelle this summer?

An undergraduate research assistant is needed for a research project on the history of aquariums with a particular focus on the global trade and transport of sea life since the 19th century. Although fish have been kept in glass containers for centuries, they rarely remained alive for very long in artificial environments until the middle of the 19th century. By then, various improvements in glass fabrication and water renewal systems made it possible to build sustaining artificial habitats. At the same time, improvements in the transport of live specimens from abroad and progress in acclimatization made the travel of sea life viable and lucrative. As the shipping of colorful fish from around the world increased, aquariums became fashionable and decorative objects in the homes of the middle and upper-classes. Starting in 1853, public aquariums where visitors were privy to the mysterious and wondrous world of the sea opened first in London and soon in other capitals of the world. This project explores the history of aquariums and the trade and transport of sea life associated with them. The undergraduate research assistant will collaborate in the development of the project. He or she will locate sources, both primary and secondary, and work on a comprehensive annotated bibliography. Students with previous research experience who are looking to improve their research skills are invited to apply. Preference will be giving to those with an interest in global history and a reading knowledge of French.

Start Date: 2011-05-01       Contact Information: Sofie Lachapelle
slachap@uoguelph.ca           Phone: 519-824-4120 Ext. 53214

More UNDERGRADUATE RESEARCH ASSISTANTSHIPS are available to apply for by **FEBRUARY 22nd, 2011.** Go to the UoG homepage and do a search for URA. All the information and a complete listing of positions and all eligibility requirements are there! Get paid while gaining valuable academic experience!
The Bachelor of Arts & Science STUDENTS’ ASSOCIATION!

Did you know that BAS students have the highest ratio of student representation across campus because we have reps on every college government? No other group has that! If you would like to be involved in YOUR student government helping to represent BAS across campus, then please let us know! We would also like to hear from you if you have any suggestions or ideas for events or things that BASSA could or should be doing! Just email us at bassa@uoguelph.ca !!! We want to hear from YOU!

BASSA EXEC 2010/11

VP Academics
Joe McBurney

VP Activities
Mia Callaghan

VP Finance/Admin
Caroline Tarjan

CSAHS Rep
Cathleen King

CASU Rep
Hilda Nouri

BAS Senator
Alisha Fernandes

Fourth Year Rep
Melanie Leblanc

Third Year Rep
Shelby White

Second Year Rep
Aleisha Korga

First Year Rep
Kami Valkova

BAS Cluster Rep
Sarah Dowling

Upcoming BASSA events....

Keep your eyes and ears open for announcements about the upcoming EPIC events brought to you by BASSA....GRAD BASH!

SPEAKERS SERIES!

BASSA TRIVIA NIGHT!
Represent the BAS program...

I need current BAS students to help me represent our program...

Tuesday, March 22 - ONLINE CHATS - I need 3 volunteers who are willing to help out with an online Q & A session with prospective students, answering questions about the BAS program and the university in general! 7pm to 9pm. You can do this from home!

Sunday, March 27 - CAMPUS DAYS - I need 4 volunteers to staff the BAS display from 9:30am to 2pm answering questions about the BAS program and the university in general (lunch provided!)

Sunday March 27 - CAMPUS DAYS - I also need 5-6 students to be in a student panel to share their UofG/BAS experiences in a BAS presentation 11:30am to 12:30pm

If you’re interested and available, please email me at bas@uoguelph.ca for more info!

Horoscopes

Aries – The focus for you in the upcoming month is change...change for the better. There’s been a lot of “new” in your life recently, so it’s been a lot of an adjustment period for you. Well, things are going to continue to change up for you, and like I said, it’s going to be for the better. At the time, it might seem a little frustrating and such, but I think deep down you know this is good for you. Stripes...I’m seeing a lot of stripes in your near future. Don’t pass up a good opportunity by second guessing yourself. And seriously...I’m seeing a whole lot of weird. Weird. Creepy. But good. I think of stripes in your near future. Don’t pass up a good opportunity by second guessing yourself. And seriously...I’m seeing a whole lot of weird. Weird. Creepy. But good.

Geminis – I just finished reading the entire collection of “Runaways” last night. It’s a great comic series about a group of kids that find out their parents are evil criminal masterminds. It was great. I loved it. Unfortunately I read the entire series last night and didn’t get much sleep. As a result...I can’t say I’m feeling all that energized this morning. So there it is. Energy. Hang on to your hats my little Geminis...you are going to need some serious energy in the upcoming couple of weeks. You’re also going to need to do laundry. Trust me. That smell isn’t doing wonders for your social life.

Cancers – So here’s the thing. What’s going on with you and the love department. It’s like the universe is practically handing you opportunities left and right, but you’re not doing anything about it. All I have to say is...that’s fine. It’s up to you. Ain’t no one going to make you do something you don’t wanna do. But I DO come crying and complaining to me about your love life later, do you hear me? Mummm hmmm. Seriously...this upcoming month is a continuation of last month. Stop being so afraid. You have it if going on. Believe me. Also...stop waiting for someone else to decide for you. You know what I’m talking about. Do it for yourself. Lastly, you definitely need to drink more water. Plain, simple, drinking water.

Leo – For the past 2 weeks I’ve been painting a mural in my upstairs guest room. It’s slowly coming together and I’m really proud of it. But this week I went to pick up some black paint from Canadian Tire, and as I turned out...it doesn’t really match the black thing I was already using. Shazzaht. I hate that. Let that be a lesson for you my little lions. Look closer at things this upcoming month. You may not notice it right away...but things are not what they seem. Trust your instinct and act confidently. There’s also a little bit of drama heading your way next week. Be proactive about it...deal with things this week. Do it now. NOW!!!

Aquarius – So I watched Lady Gaga come out of an egg and perform her song at the Grammy Awards last night. Everything about her, her music, her outfit, the stage, the dancers...it’s so busy. There’s so much going on all the time. Busy busy busy. That is what the next couple of weeks are going to be like for you. Keep your chin up...it’s totally going to be worth it. Much like Gaga, you are somehow going to be able to make all the “busy” work for you. Will your efforts garner you a similar Grammy? Who knows...I guess we’ll see. Also...whatever you’re doing, keep it up...because you’ve still looking good this month. At the same time, I’m not sold on the shirt. Avoid plaid this month. Seriously.
Course Selection Prep...

Course selection for the Summer 2011 and Fall 2011 semesters begins on Monday, March 7th. Similar to last semester, everyone will have to wait for their selection windows to open. Typically in the week before course selection, the Registrar’s Office will make the courses available for the upcoming semesters available on WebAdvisor. So even though you can’t register for classes at that time, you can go on and see what courses are being offered and plan out tentative schedules. Obviously choices will change as classes become full, so it’s important to have back up plans in place.

If you are unsure what courses you should be taking at this point, the best place to check is in the undergraduate calendar. On the UofG homepage, just click on “Current Students” because that’s what you are. Next, click on “Academic Calendars.” This part is important...from there, under “Archived Calendars” you want to select the undergraduate calendar for the year that you entered the BAS program. You should always follow the calendar for the year you came in on. That ensures that there are no changes to your requirements.

Once in the calendar, you want to go to Section X. Degree programs. If you want to see your arts/social minor science requirements, go to the Bachelor of Arts...for your science minor requirements go to the Bachelor of Science. Questions? Come see me. My office hours are pretty dead these days.

Just so you know...

More important info that you WILL find useful!...

- The 40th class day (MARCH 11th) is the last day you can drop a Winter 2011 course from your transcript.
- Hagfish are the only living species that don’t have a vertebra but have a skull.
- Course selection for the S11 & F11 semesters begins on March 7th...declare your minors now to avoid restrictions.
- The length of the hagfish can range from 7 centimeters to 127 centimeters.
- When you apply to graduate, Baccalaureate and Bachelor are the exact same thing. Baccalaureate is just Latin and gender neutral.
- Famous for its power to give out slimy mucus when it senses danger, predators avoid hunting hagfish as its slime can fill up their gills making breathing difficult.
- Reading Week is the week of February 21st-25th. There are NO classes scheduled this week.
- Although hagfish look a lot like eels, they bear no resemblance and are also not related.
- You’ve already checked and double checked your exam schedule right? I thought so.
- Please get at least one other ASCI student to read this newsletter. Seriously, I don't make these things for my health. (although it is kind of fun)

Not sure where to find information online?
CHECK OUT OUR WEBSITE!!

www.uoguelph.ca/bas

Another option is to click “Current Students” on the UofG homepage...check out all the links!
"Don’t tell me where your priorities are. Show me where you spend your money and I’ll tell you what they are." - James W. Frick

CHEAP Reading Week!

Lots of us don’t have loads of cash for an expensive Reading Week trip. Sure, there’s lots of hype about Reading Week vacations, but you can have fun without getting on an expensive airplane. Unwinding and taking a break from studying doesn’t have to empty the bank account. Host a party, plan an event or pamper yourself!

Possible Party Ideas

• Movie Marathon – Make this event a Bring-Your-Own Movie, popcorn and drinks. Have pillows and blankets available as marathons usually run over night.
• Video Game Day – Bring in multiple consoles and TV sets so that everyone has plenty of play time.
• Pot Luck Supper – Dinners are always a hit! From super organized with designated foods or totally random, everyone loves to eat.
• Beach Party – Just because a southern destination wasn’t in the cards, doesn’t mean friends can’t play Bob Marley, make fancy Caribbean drinks and dance in shorts and flip flops.
• A Collaborative Cooking Event – A pasta dinner or stir fry is inexpensive. Guests can shop and cook together and then split the bill.
• Board Game Evening – Have friends bring fun games, munchies and drinks for a great night of laughter. Cranium, Pictionary, Scattergories and Taboo are always a hit.
• At-Home Spa and Slumber Party – Four or five friends together to give each other manicures, facials and new hair colors is always fun and therapeutic. (Dudes comfortable enough with their masculinity totally dig this too!)

Facebook Events! Pick a place, set the date and make a Facebook Event. Afterward, go out for a hot chocolate or drink. There are endless ideas of places to stage an event!

Here are 5 great locations to get you started...

• Movie Theatre
• Bowling Alley
• Outdoor Skating Rink
• Hiking Trail
• Karaoke Bar

Self Nurture and Get Rid of Stress From Studying! For students who were quite stressed at school and are overloaded with too many friends, a week of solitude can be beneficial. Take the time to do things for yourself that a busy college schedule doesn’t allow. Pamper yourself, get back into a neglected hobby or try something totally new.

Tapping into creativity is a great de-stresser! Paint, draw, experiment with photography or try a new recipe. Get some college pictures printed and make a photo collage. Write a journal, poetry or a novel. It can be fun to write anything except school papers.

Reading Week is a great time to nurture a tired body. Use this time off to catch up on lost sleep. Getting some exercise, like yoga can be therapeutic. Home spa treatments like a manicure or facial scrub will recharge a weary body too. For a cheap detoxifying facial mask, hand mix one egg white. Apply to the face, allow to harden and then wash off with warm water.

Enjoying a winter break doesn’t have to involve spending lots of money. With a little creativity, you can rejuvenate with friends or in solitude. Use these ideas to forget the school work load from time to time and have an awesome Reading Week!

"Money often costs too much."

- Ralph Waldo Emerson