“The positive and enriching experience that I had at Guelph will never be forgotten.”
~ Cohen Langerak (BAS Alumni - 2011 ENGL & PHYS minors)

That’s A Wrap!!
And just like that, we’ve come to the end of another semester. For some of you, it’s the end of your first year...congrats! For others, it’s the end of your undergraduate experience...congrats to you too! For everyone else who’s in between...you deserve a congrats as well. We made it. Good times had by all! Over the exam period and the summer, I’ll be around. No drop in hours...but we can always set up an appointment! Just email me at bas@uoguelph.ca

Getting ahead...
Learning Services in the Library’s Learning Commons continues to offer free, confidential appointments to discuss strategies for preparing for exams and studying effectively for different types of exam formats. Email learning@uoguelph.ca to set up an appointment.

While Writing Services does not offer appointments to undergraduate students during the exam period, after the exam period, they’re open all summer and ready to help you get ahead of the game! Summer is a great time to get lots of personal attention and feedback on your writing! They’re open all summer long, and offer the following FREE services:

- Individual consultations by appointment at www.writingservices.uoguelph.ca (bring your drafts...or even just your writing questions!)
- "Brain Food" writing & research workshops for graduate students
- Workshops by request for classes or groups on campus

Use these FREE resources in the University Library all summer!
Have you found a Summer Job Yet???

Need some Career Advice?
Drop by the Co-op & Career Services reception desk to receive career advice. Please check our website for an up-to-date schedule. www.cecs.uoguelph.ca

Unsure about your Cover Letter or Resume?
Let us help you perfect those resumes and cover letters. Come visit us and take advantage of our Resume & Cover Letter Critiques. Check the website for our schedule. Find us at: www.cecs.uoguelph.ca

Recruit Guelph
The University of Guelph’s online job bank. Visit www.recruitguelph.ca to search and apply to jobs for the summer as well as co-op & full-time job opportunities.

www.recruitguelph.ca
BASSA NOVA!!!!

The Bachelor of Arts & Science STUDENTS’ ASSOCIATION!

Seriously. BASSA has been working hard to represent all of you this past year across campus on numerous committees and at numerous meetings. Make sure to thank the outgoing executive when you see them!!

Joe McBurney, Mia Callaghan, Caroline Tarjan, Cathleen King, Hilda Nouri, Alisha Fernandes, Melanie Leblanc, Shelby White, Aleisha Korga, Kami Valkova and Sarah Dowling.

You can also send them an email of thanks bassa@uoguelph.ca! (Include ideas for next year!)

BASSA EXEC 2011/12

President
Aleisha Korga

VP Academics
Deanna Brockmann

VP Activities
Kami Valkova

VP Finance/Admin
To be elected!

CSAHS Rep
To be elected!

CASU Rep
Sylvia Han

BAS Senator
Jordan Nussbaum

Fourth Year Rep
To be elected!

Third Year Rep
To be elected!

Second Year Rep
Jessica Adams

The First Year Rep & Cluster Rep will also be elected in the fall!

CHROMA PROJECT

A mentorship program for first-year students from racialized backgrounds.

Do you know a student of a racialized background who will be coming to Guelph this Fall? Tell them to sign up for the Chroma Project! They will be paired one-to-one with faculty, staff or graduate students of a similar academic and/or cultural background. Their mentor will provide them with valuable academic advice, help navigate any cultural barriers they may face on campus and guide them on their future career path. Check out our website at www.chromaproject.ca to register or contact the Office of Intercultural Affairs in Student Life for more information.
I’ll also be looking for volunteers all of next year, so if you’re interested in talking to prospective highschool students and their families about your experience here, let me know and I’ll keep you posted! Email bas@uoguelph.ca
More important info that you **WILL** find useful!...

- The Summer and Fall ADD PERIODs are as follows...May 11th to May 20th and August 22nd to September 16th...figure out what you want to do NOW so that you can make all your changes right away. Come see me if you need help figuring things out. That’s what I’m here for.

- The name of the family that iguanas are in is iguanidae.

- During EXAMS I don’t have drop in hours, but I’ll be in my office most of the day any way. Let me know if you would like to meet!

- Same goes for the summer actually...no drop in hours. Everything is by appointment please. Just email bas@uoguelph.ca

- Green iguanas are also known as bamboo chickens.

- The summer semester is the same as any other semester. You must drop classes by the 40th class day (July 8th)

- If you’re around Guelph in the summer, make sure to check out all the intramurals and athletic programs run through the Guelph Athletic Centre and the City!

- Green Iguanas can and will reach 5 to 6 feet and weigh up to 18 pounds. There is a reason that many are calling them “Giant Green Iguanas”.

- Come visit me over the summer!

- Please get at least one other ASCI student to read this newsletter. Seriously, I don’t make these things for my health. (although it is kind of fun)

- Adult male Green Iguanas most can become aggressive (sometimes maddeningly so) for 3 months of the year in honor of breeding season. Picture a 12 pound iguana running towards you with lust in his eye.

---

**Not sure where to find information online?**

**CHECK OUT OUR WEBSITE!!**

[www.uoguelph.ca/bas](http://www.uoguelph.ca/bas)

Another option is to click “Current Students” on the UofG homepage...check out all the links!
“Fresh air impoverishes the doctor.”
-Danish Proverb

Have a Healthy Summer!

Staying healthy during the summer months requires more than just eating the right foods. Below is a partial list of things to do that will help you stay cool and healthy during the hot summer months.

- Drink plenty of water. It is very important to drink water. Your body needs water to prevent dehydration during warm summer days. Take special care to make sure infants and toddlers drink enough water. They can become dehydrated much more easily than adults.

- If you have asthma or other respiratory problems, keep a careful watch on the daily air quality reports. Also, don’t forget to take your inhaler or other medication with you when you go out.

- Take a rest or nap. Don’t push yourself beyond your physical limits.

- Wear Sunscreen. Sunburn is painful and unhealthy. Use a sunscreen that is right for your skin.

- Stay Cool. Wear light, loose-fitting clothing to help you stay cooler.

- Wear Sunglasses. Sunglasses protect your eyes from the sun’s UV rays.

- Maintain your energy level by limiting your intake of fat and sugar; focus on carbohydrates, fruits and vegetables.

- Before leaving for vacation pack a few items (calamine lotion, baking soda) that will help with itchy or painful insect bites.

- If you have allergies and plan to be traveling/vacationing, find out which plants will be pollinating in your vacation spot.

- Know your body. If you are feeling ill, see a doctor. An average of 400 people die each year in the United States due to extreme heat.

“There’s lots of people in this world who spend so much time watching their health that they haven’t the time to enjoy it.” - Josh Billings