ADULT DEVELOPMENT
1st Edition August 1, 2017

UNIVERSITY of GUELPH
Changing Lives
Improving Life

family relations &
applied nutrition

2017–2018
Student Handbook
Adult Development Program Handbook

This handbook is intended to serve as a guide for Adult Development (ADEV) students, and to offer supplementary information about the program, department and the University of Guelph. It does not replace the information that is in the University of Guelph Undergraduate Calendar, http://www.uoguelph.ca/registrar/calendars/undergraduate/current/.

The format is meant to answer some of the questions asked most frequently about the Adult Development Program for first year students at the University of Guelph.

Table of Contents
Important Contact Information ................................................................. 3
Department and Program Overview .......................................................... 4
Adjusting to the University of Guelph ......................................................... 5
  General Tips ......................................................................................... 5
  Getting Involved .................................................................................. 5
Campus Map ......................................................................................... 6
University of Guelph Policies ..................................................................... 6
  Study Places ......................................................................................... 6
  Study Tips ............................................................................................ 6
  Textbooks ............................................................................................. 7
Planning Your Program ............................................................................. 8
  Decoding Course Descriptions .............................................................. 8
Program Plans ....................................................................................... 9
  Adult Development (ADEV) ................................................................. 9
  Program Plan ...................................................................................... 9
  Adult Development Co-op (ADEV:C) .................................................... 13
  Program Plan ...................................................................................... 13
  ELECTIVES – Recommended and Program Options ................................ 17
  Electives that Complement ADEV and ADEV:C Majors .......................... 18
ADEV-The Practicum Experience .............................................................. 21
Academic Frequently Asked Questions ..................................................... 22
Co-operative Education Frequently Asked Questions .................................. 29
ADEV Student Association ......................................................................... 31
Faculty Research Interests ....................................................................... 32
Beyond Undergrad .................................................................................. 32
  Career Planning................................................................................... 32
  Careers and Further Education ............................................................ 33
  Graduate Education ........................................................................... 34
  Potential Careers Areas ..................................................................... 36
Important Contact Information
http://www.uoguelph.ca/family/people

Chair
Clare MacMartin
cmacmart@uoguelph.ca
Ext. 56321, MINS 245

Program Counsellor
Linda Zehr
bascprog@uoguelph.ca
MINS 253

For appointments please telephone Lina Fracasso at 519-824-4120, Ext. 58964 or email bascprog@uoguelph.ca and follow the instructions to book your own appointment. Instructions are also included on Page 8 in this manual. Contact the Program Counsellor regarding special academic considerations related to health or compassionate issues, general career planning and services and curriculum planning, and approval for students taking courses outside the standard program plan, e.g. students who have taken courses at other universities.

Faculty Advisor
ADEV Regular and Co-op Program
Dr. Kim Wilson
kim.wilson@uoguelph.ca
Ext. 53003, MINS 219

Contact your Faculty Advisor about academic performance, courses, program planning and career information specific to the ADEV/ADEV Co-op major.

FRHD Undergraduate Curriculum Committee
Representatives
Chair
Dr. Andrea Breen
abreen@uoguelph.ca
Ext. 53967, MACS 328

Student Academic Representatives
Stephanie Bunn
bunns@uoguelph.ca

Contact the Chair of the Undergraduate Curriculum Committee or your Student Representatives for questions related to existing curriculum or the development of new curriculum.
Adult Development Listserv
Your name and uoguelph.ca address will be put on the mailing list for the Adult Development Listserv. On this Listserv, you will receive important messages from faculty and ADEV students. You can ask questions or share information by sending a message to adev@listserv.uoguelph.ca

Department and Program Overview

The Department of Family Relations and Applied Nutrition is one of departments in the College of Social and Applied Human Sciences (CSAHS). The College was created in 1998 through the merger of the former College of Family and Consumer Studies (FACS) and College of Social Science (CSS). The College traces its history back through FACS to Macdonald Institute, one of the founding colleges of the University of Guelph.

Adult Development (ADEV) is one of three majors of the Bachelor of Applied Science (B.A.Sc.) program. The other majors are Applied Human Nutrition (AHN) and Child, Youth and Family (CYF)

The Adult Development major focuses on health and well-being from young adulthood to old age within the context of changing family relationships and diverse social and cultural influences. Courses focus on current research and theory in adult development and aging, family relationships, human sexuality, social policy and community services. Field placements and community service learning opportunities enable students to gain knowledge, skills and values appropriate for work with individuals and groups in a variety of settings.

This interdisciplinary program is designed to provide students with an understanding of the influence of psychological, social, biological and economic factors on individual development, capabilities, health and relationships across the lifespan. It is one of several majors in the Department that share an over-riding goal of applying knowledge to promote individual and family well-being. This major offers a high degree of flexibility for students, who may choose to deepen their studies in one or more of the core content areas in the major (adulthood and aging, family and social relationships, human sexuality, or health and well-being) and/or to choose electives in a related or complementary field or declare a minor.

The academic program in the Adult Development majors provides a combination of traditional lectures and seminars with the application of theory in practicum courses. These practicum courses enable students to apply the social and biological components of human behaviour in various family, community and educational settings. Students work directly in the community with organizations and agencies that support adults and families during in their 3rd year; and have the option of completing a second placement in their 4th year. This variety of experiences affords students greater opportunity to apply the theory obtained in class to real-world issues.

The Co-operative Education program in Adult Development enables students to get on-the-job experience which deepens the connection between study and professional work.
Co-op helps students provide real-world experience and apply working knowledge to gain a greater understanding in classes.

Graduates of this program are pursuing careers in a variety of settings including family and community service agencies, government departments, services for seniors and their families, health care agencies, employee and family assistance programs, and local social planning councils. This program provides a solid foundation for the pursuit of graduate studies in fields such as social work, family relations, gerontology, occupational therapy, family law and mediation, couple and family therapy, education, sexual health, human resource management (business) and health studies.

Adjusting to the University of Guelph

You are in a new learning environment. Take advantage of the many services available to welcome you and support your learning.

General Tips

- Check your uoguelph.ca email address regularly! Email is the main form of communication for all university departments
- You'll get messages from:
  - Adult Development Listserv. All ADEV students are on this Listserv. Messages may include information on curriculum changes, volunteer positions, job opportunities as well as student activities.
  - Various Administrative Departments (i.e. Co-operative Education and Career Services, Enrolment Services, the Learning Commons, Student Financial Services, Student Housing, Student Life and Student Accessibility Services).
  - Your professors and teaching assistants about course work
  - Your friends, once they know your University of Guelph email address
- Unless your course instructors/professors tell you otherwise, address all your instructors, in person and in email correspondence, as “Professor” + Last Name

Getting Involved

- Participate in activities of the ADEV Student Association (ADEV-SA) to meet your colleagues and hear about how they handled their first year in the program
- Watch for information on the ADEV listserv about the ADEV-SA and consider running for a position. Refer to the ADEV-SA section in the manual for further information.
- See the Central Students Association (CSA) for a full listing of clubs: [http://www.csaonline.ca/](http://www.csaonline.ca/)
• Get to know the Guelph community and what it offers. Visit the City of Guelph website at http://guelph.ca/.
• If you live on campus, consult your Interhall Council:  http://www.interhall.org and residence life staff for involvement opportunities.
• If you live off campus, for further information go to Student Life, Off Campus Living (OCL), http://studentlife.uoguelph.ca/ocl/
• Participate in activities and opportunities by the College of Social and Applied Human Sciences Student Alliance (CSAHS-SA) to meet some of the other students in your college

Campus Map
Get to know the University of Guelph campus, go to: http://www.uoguelph.ca/campus/map/

University of Guelph Policies
http://www.uoguelph.ca/policies/

The above-named website provides links to the most current versions of University of Guelph policies, procedures and guidelines.

University policies are established by Senate and the Board of Governors. As well, operational and/or managerial policies and regulations are established by administrative units to carry out university policies and applicable federal or provincial legislation.

Policies and procedures related to undergraduate programs are available in the University of Guelph Undergraduate Calendar

Study Places
There are a multitude of places to study on campus. The University of Guelph is now wireless so you may access information for courses and study from anywhere on campus. Some locations are listed at the following link: https://studygroups.lib.uoguelph.ca/index.cfm/event/where-to-study/

Study Tips
• Visit the Learning Commons in McLaughlin Library to find out about Learning Services and Writing Services to help you build your skills. They offer group sessions and individual support.
• Find out about Supported Learning Groups (SLG) from the web site: http://www.lib.uoguelph.ca/get-assistance/studying/slg
Peer helpers host informal study sessions for some courses, such as PSYC*1000, Introduction to Psychology
• Learn about Residence Learning Communities and Academic Learning Clusters which includes a BASc Cluster. Further information at
http://www.housing.uoguelph.ca/page.cfm, click on Undergrad Housing, then click Residence Learning Communities.

• Find other students in your classes to join study groups to discuss issues and support your learning.
• If you fail a mid-term or have difficulty on an assignment, seek help immediately from the course instructor or teaching assistant to start dealing with your problem. The semester is too short to put off getting help.
• Use links from the Learning Commons Library website to connect you with a wealth of study resources. http://www.lib.uoguelph.ca/get-assistance
• Eat well, enjoy physical activity and take time to sleep so you can be at your best for lectures and studying.

The Library
Familiarize yourself with the abundance of library’s services and resources including finding books, videos, journal articles and conducting research. Take a library tour, browse the library website. http://www.lib.uoguelph.ca/

Textbooks
University Bookstore
http://www.bookstore.uoguelph.ca
Located in the MacNaughton Building, this bookstore should have all books and materials needed for your classes.

Guelph Campus Co-operative - Co-op Bookstore
http://www.guelphcampus.coop/
Located in the basement of Johnston Hall, this bookstore offers a money saving membership and has both new and used textbooks. The Co-op Bookstore also has a textbook buy-back program at certain times in the semester.

http://www.thecannon.ca
Run by the Central Student Association, this website has a ‘buy and sell text books’ function that lets you browse text books by subject under the Classifieds. You can also post your books to be sold.
Planning Your Program

Decoding Course Descriptions

Information regarding course labeling, codes, prerequisites and restrictions are outlined in the Undergraduate Calendar at the following link:
http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c12/index.shtml

Booking an Appointment

There are several ways to arrange an appointment with Linda Zehr, the Bachelor of Applied Science (BASc) Program Counsellor including:

➢ Arrange your own date and time. Instructions are listed below. The instructions will also be listed in the bascprog@uoguelph.ca auto reply
➢ Email bascprog@uoguelph.ca and suggest several dates and times that you are available.
➢ Telephone 519-824-4120, Ext. 58964 and again suggest dates and times.
➢ In person, drop by MINS 253 during business hours (8:30 am to 4:30 pm, closed from 12:00 pm to 1:00 pm).

Instructions to Book Your Own Appointment

Step 1 – Find an available time

Most student appointments are scheduled Monday to Thursday from 9:30 am to 11:30 am and from 1:30 pm to 3:30 pm. Our office is closed between 12:00 pm and 1:00 pm. Times that are not available are marked as Busy. An available time is indicated as Free

Log onto your Outlook email
Click on the icon in the upper left hand corner of the screen. The icon resembles:

Click on the “New” tab and then “Calendar Event”

Under People, enter bascprog@uoguelph.ca (the Attendee)

On the right of the screen will be a “Schedule” calendar

On the left of the screen will be “Details” boxes

Click on Start and click on suggested time, appointments are 30 minutes

If the time is available, the word “Free” will appear under the bascprog@uoguelph.ca

Step 2: - Book your appointment date and time
Step 3 – Enter details

Step 4 – Save your invitation

Click Save. Select “send invitation”

The BASc Secretary will receive your request and you will receive a response, Yes, I will attend (meaning it is confirmed), No, I will not attend (meaning the time is not available) and you will receive an email to find another date and time.

If you have difficulty finding a free time, please email bascprog@uoguelph.ca and suggest several dates and times that you are available or call 519-824-4120, Ext 58964.

Program Plans

The following pages may be used to plan your required courses and electives throughout your time in the ADEV or ADEV:C program. Please refer to the on-line 2017-2018 Undergraduate Calendar for further information on the majors. **Please note that course offerings are subject to change.** Courses designated as DE are offered as a Distance Education (on-line) format.

### Adult Development (ADEV)
#### Program Plan 2017-2018

<table>
<thead>
<tr>
<th>Semester</th>
<th>Offered</th>
<th>Course Code</th>
<th>Course Title</th>
<th>Prerequisites/Restrictions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Semester 1</td>
<td>Fall</td>
<td>FRHD*1100</td>
<td>Life: Health and Well-Being</td>
<td>Priority Access</td>
</tr>
<tr>
<td>Semester 1</td>
<td>Summer DE, Fall, Winter</td>
<td>NUTR*1010</td>
<td>Nutrition and Society</td>
<td>Priority Access</td>
</tr>
<tr>
<td>Semester 1</td>
<td>Summer, Fall and Winter</td>
<td>PSYC*1000</td>
<td>Introduction to Psychology</td>
<td></td>
</tr>
<tr>
<td>Semester 1</td>
<td>Fall and Winter</td>
<td>One of: ANTH*1150</td>
<td>Introduction to Anthropology</td>
<td></td>
</tr>
<tr>
<td>Semester 1</td>
<td>Summer, Fall and Winter</td>
<td>SOC*1100</td>
<td>Sociology</td>
<td></td>
</tr>
<tr>
<td>Semester 1</td>
<td></td>
<td>Elective</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>


<table>
<thead>
<tr>
<th>Semester</th>
<th>Offered</th>
<th>Course Code</th>
<th>Course Title</th>
<th>Prerequisites/Restrictions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Semester 2</td>
<td>Fall DE and Winter</td>
<td>FRHD*1010</td>
<td>Human Development</td>
<td></td>
</tr>
<tr>
<td>Semester 2</td>
<td>Summer DE, and Winter</td>
<td>FRHD*1020</td>
<td>Couple and Family Relationships</td>
<td></td>
</tr>
<tr>
<td>Semester 2</td>
<td>Summer DE, Fall and Winter DE</td>
<td>One of: BIOM*2000</td>
<td>Concepts of Human Physiology</td>
<td>See Calendar for restrictions</td>
</tr>
<tr>
<td></td>
<td>Winter</td>
<td>MGB*1000</td>
<td>Genetics and Society</td>
<td></td>
</tr>
<tr>
<td>Semester 2</td>
<td></td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 2</td>
<td></td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>FRHD*2060</td>
<td>Adult Development and Aging</td>
<td>1 of ANTH<em>1150, FRHD</em>1010, FRHD<em>1100, PSYC</em>1000, PSYC<em>1100, PSYC</em>1200, SOC*1100</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Summer DE, Fall and Winter DE</td>
<td>FRHD*2100</td>
<td>Development of Human Sexuality</td>
<td>4.50 credits, Priority Access</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>FRHD*3070</td>
<td>Research Methods-Family Studies</td>
<td>4.50 credits, restricted to students in BASc program</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>STAT*2080</td>
<td>Introductory Applied Statistics I</td>
<td>See calendar</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester</td>
<td>Offered</td>
<td>Course Code</td>
<td>Course Title</td>
<td>Prerequisites/ Restrictions</td>
</tr>
<tr>
<td>-------------</td>
<td>-------------</td>
<td>-------------</td>
<td>---------------------------------------------</td>
<td>------------------------------------------------</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td>FRHD*2400</td>
<td>Introduction to Human Services</td>
<td>1 of FRHD<em>1010, FRHD</em>2060, FRHD<em>2280, FRHD</em>2270, PSYC*2450 Restricted to students in, ADEV and ADEV:C</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td>FRHD*3150</td>
<td>Strategies for Behaviour Change</td>
<td>2 of FRHD<em>1010, FRHD</em>2060, FRHD<em>2260, (FRHD</em>2270 or PSYC<em>2450), FRHD</em>2280, Priority Access</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td>STAT*2090</td>
<td>Introductory Applied Statistics II</td>
<td>STAT*2080</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 5</td>
<td>Fall and Winter</td>
<td>FRHD*3400</td>
<td>Communication and Counselling Skills</td>
<td>4.50 credits including (FRHD<em>1020 or FRHD</em>1100), Priority Access</td>
</tr>
<tr>
<td>Semester 5</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 5</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 5</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 5</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester</td>
<td>Offered</td>
<td>Course Code</td>
<td>Course Title</td>
<td>Prerequisites/Restrictions</td>
</tr>
<tr>
<td>-----------</td>
<td>---------------</td>
<td>-------------</td>
<td>--------------------------------------------------</td>
<td>-----------------------------------------------------------------</td>
</tr>
<tr>
<td>Semester 6</td>
<td>Fall and Winter</td>
<td>FRHD*3290</td>
<td>Practicum I-Adult Development – 1.00 (may be taken in Semester 5 or 6)</td>
<td>FRHD<em>2350 or FRHD</em>2400 Co-requisite: FRHD*3400, Restricted to students in ADEV and ADEV:C, Instructor consent</td>
</tr>
<tr>
<td>Semester 6</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 6</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td>FRHD*4310</td>
<td>Professional Issues</td>
<td>12.00 credits including FRHD*3400, Priority Access</td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Winter</td>
<td>FRHD*4250</td>
<td>Aging and Health</td>
<td>10 credits including FRHD*2060</td>
</tr>
<tr>
<td>Semester 8</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester</td>
<td>Offered</td>
<td>Course Code</td>
<td>Course Title</td>
<td>Prerequisites/Restrictions</td>
</tr>
<tr>
<td>-----------</td>
<td>-----------------------</td>
<td>-------------</td>
<td>-------------------------------------</td>
<td>----------------------------</td>
</tr>
<tr>
<td>Semester 1</td>
<td>Fall</td>
<td>FRHD*1100</td>
<td>Life: Health and Well-Being</td>
<td>Priority Access</td>
</tr>
<tr>
<td>Semester 1</td>
<td>Summer DE, Fall, Winter</td>
<td>NUTR*1010</td>
<td>Nutrition and Society</td>
<td>Priority Access</td>
</tr>
<tr>
<td>Semester 1</td>
<td>Summer, Fall and Winter</td>
<td>PSYC*1000</td>
<td>Introduction to Psychology</td>
<td></td>
</tr>
<tr>
<td>Semester 1</td>
<td>Fall and Winter</td>
<td>One of: ANTH<em>1150 SOC</em>1100</td>
<td>Introduction to Anthropology Sociology</td>
<td></td>
</tr>
<tr>
<td>Semester 1</td>
<td>Summer, Fall and Winter</td>
<td>Elective</td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester</td>
<td>Offered</td>
<td>Course Code</td>
<td>Course Title</td>
<td>Prerequisites/Restrictions</td>
</tr>
<tr>
<td>----------</td>
<td>---------</td>
<td>-------------</td>
<td>--------------</td>
<td>-----------------------------</td>
</tr>
<tr>
<td>Semester 2</td>
<td>Fall DE and Winter</td>
<td>FRHD*1010</td>
<td>Human Development</td>
<td></td>
</tr>
<tr>
<td>Semester 2</td>
<td>Summer DE, and Winter</td>
<td>FRHD*1020</td>
<td>Couple and Family Relationships</td>
<td></td>
</tr>
<tr>
<td>Semester 2</td>
<td>Summer DE, Fall and Winter DE</td>
<td>One of: BIOM<em>2000 MGB</em>1000</td>
<td>Concepts of Human Physiology Genetics and Society</td>
<td>See Calendar for restrictions</td>
</tr>
<tr>
<td>Semester 2</td>
<td></td>
<td>Elective</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Semester 2</td>
<td></td>
<td>Elective</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>FRHD*2060</td>
<td>Adult Development and Aging</td>
<td>1 of ANTH<em>1150, FRHD</em>1010, FRHD<em>1100, PSYC</em>1000, PSYC<em>1100, PSYC</em>1200, SOC*1100</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Summer DE, Fall and Winter DE</td>
<td>FRHD*2100</td>
<td>Development of Human Sexuality</td>
<td>4.50 credits, Priority Access</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>FRHD*3070</td>
<td>Research Methods-Family Studies</td>
<td>4.50 credits, restricted to students in BASc program</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>FRHD*3400</td>
<td>Communication and Counselling Skills</td>
<td>4.50 credits including (FRHD<em>1020 or FRHD</em>1100), Priority Access</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>STAT*2080</td>
<td>Introductory Applied Statistics I</td>
<td>See calendar</td>
</tr>
<tr>
<td>Semester 3</td>
<td>Fall</td>
<td>COOP*1100</td>
<td>Introduction to Co-operative Education non-credit course</td>
<td></td>
</tr>
<tr>
<td>Semester</td>
<td>Offered</td>
<td>Course Code</td>
<td>Course Title</td>
<td>Prerequisites/ Restrictions</td>
</tr>
<tr>
<td>--------------</td>
<td>---------</td>
<td>-------------</td>
<td>------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td>FRHD*2400</td>
<td>Introduction to Human Services</td>
<td>1 of FRHD<em>1010, FRHD</em>2060, FRHD<em>2280, FRHD</em>2270, PSYC*2450 Restricted to students in ADEV and ADEV:C</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td>FRHD*3150</td>
<td>Strategies for Behaviour Change</td>
<td>2 of FRHD<em>1010, FRHD</em>2060, FRHD<em>2260, (FRHD</em>2270 or PSYC<em>2450), FRHD</em>2280, Priority Access</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td>STAT*2090</td>
<td>Introductory Applied Statistics II</td>
<td>STAT*2080</td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 4</td>
<td>Winter</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Summer</td>
<td></td>
<td>COOP*1000</td>
<td>Co-op Work Term I</td>
<td></td>
</tr>
<tr>
<td>Fall</td>
<td></td>
<td>COOP*2000</td>
<td>Co-op Work Term II</td>
<td></td>
</tr>
<tr>
<td>Semester 5</td>
<td>Winter</td>
<td>FRHD*3040</td>
<td>Parenting and Intergenerational Relationships</td>
<td>9.50 credits including FRHD<em>1020, (1 of FRHD</em>1100, FRHD<em>2060, FRHD</em>2260, FRHD<em>2270, FRHD</em>2280, PSYC*2450), Priority Access</td>
</tr>
<tr>
<td>Semester 5</td>
<td>Fall and Winter</td>
<td>FRHD*3290</td>
<td>Practicum I-Adult Development – 1.00 (may be taken in Semester 5 or 6)</td>
<td>FRHD<em>2350 or FRHD</em>2400, Co-requisite: FRHD*3400, Restricted to ADEV and ADEV:C, Instructor consent</td>
</tr>
<tr>
<td>Semester</td>
<td>Offered</td>
<td>Course Code</td>
<td>Course Title</td>
<td>Prerequisites/Restrictions</td>
</tr>
<tr>
<td>----------</td>
<td>---------</td>
<td>-------------</td>
<td>--------------</td>
<td>---------------------------</td>
</tr>
<tr>
<td>Semester 5</td>
<td>Winter</td>
<td>FRHD*4250</td>
<td>Aging and Health</td>
<td>10 credits including FRHD*2060</td>
</tr>
<tr>
<td>Semester 6</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 6</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 6</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 6</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td>FRHD*4310</td>
<td>Professional Issues</td>
<td>12.00 credits including FRHD*3400, Priority Access</td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Fall</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 7</td>
<td>Winter</td>
<td>COOP*3000</td>
<td>Co-op Work Term III</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
<tr>
<td>Semester 8</td>
<td>Summer</td>
<td></td>
<td>Elective</td>
<td></td>
</tr>
</tbody>
</table>
ELECTIVES – Recommended and Program Options

Students interested in human services after graduation are encouraged to take FRHD*4290. Students who intend to pursue studies or careers in the following areas, Adult Development and Aging, Family and Social Relations, Human Sexuality and Health or Research may wish to include electives from the following courses listed below. **Please note that course offerings are subject to change.**

### Adult Development and Aging Interest
- **FRHD*3060** Principles of Social Gerontology (F) 0.50
- **FRHD*4190** Assessment in Gerontology (F) 0.50
- **FRHD*4290** Practicum II: Adult Development (F, W) 1.00
- **NUTR*3150** Aging and Nutrition (W) 0.50

### Family and Social Relations Interest
- **FRHD*3090** Poverty and Health (W, even numbered years) 0.50
- **FRHD*4020** Family Theory (W) 0.50
- **FRHD*4290** Practicum II: Adult Development and Families (F, W) 1.00

### Human Sexuality and Health Interest
- **FRHD*4200** Issues in Human Sexuality (W) 0.50
- **FRHD*4290** Practicum II: Adult Development (F, W) 1.00
- **PSYC*3690** Community Mental Health (U) 0.50

### Research Interest
- **FRHD*4810** Thesis I (U) 0.50
- **FRHD*4910** Thesis II (U) 1.00
- **FRHD*3500** Research Internship (U) 0.50

Note: Courses may have restrictions, Priority Access (PA) or offered through Distance Education (DE) only. Check WebAdvisor for further information.

### Exchange/Study Abroad Opportunities

Students interested in study abroad experience could consider this in either Semester 5 or 7. If it is in Semester 5, then students could defer FRHD*3040 and FRHD*3070 to Semester 7 and FRHD*3400 can be taken in Winter Semester 6 with the Practicum FRHD*3290 (with permission). If the study abroad experience is preferred in Semester 7, the Professional Issues course (FRHD*4310) could be taken in Semester 5 (with permission).

**NOTE:** Consider exploring electives in other departments and beyond those listed above. You can take electives in any area, if you have the prerequisites for the desired course. The number of electives at various levels is not mandated in BASc majors (AHP, CYF and ADEV). There is no specific limit to the number of 1000 level, 2000 level, etc., elective courses allowed throughout your program.
Electives that Complement ADEV and ADEV:C Majors

**Course offerings are subject to change.** Courses may have scheduling changes, restrictions, Priority Access or are offered in a Distance Education format only. Please check WebAdvisor for further information. Also, when planning electives, check the course description in the Undergraduate Calendar as the course may have additional prerequisites or co-requisites other than what is required in the major.

If courses are designated as Priority Access to certain majors or degree programs, students may request a Course Restriction Waiver by completing a Course Waiver Request Form and obtain a signature from the course instructor or department designate. This form is available on WebAdvisor. F- Fall Semester, W-Winter Semester, U-Unassigned offering, consult WebAdvisor or with relevant department

<table>
<thead>
<tr>
<th>Aging and Health</th>
<th>Prerequisites/Restrictions</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL*1080 [0.50] (F, W)</td>
<td>4U Biology</td>
</tr>
<tr>
<td>Biological Concepts of Health</td>
<td></td>
</tr>
<tr>
<td>FRHD*3060 [0.50] (F)</td>
<td>9.50 credits including FRHD<em>1020 or SOAN</em>3100</td>
</tr>
<tr>
<td>Principles of Social Gerontology</td>
<td></td>
</tr>
<tr>
<td>FRHD*4290 [1.00] (F, W)</td>
<td>FRHD*3290, Restricted to students in ADEV, ADEV:C, Instructor consent required</td>
</tr>
<tr>
<td>Adult Practicum II: Adult Development</td>
<td></td>
</tr>
<tr>
<td>NUTR*2050 [0.50] (F)</td>
<td>NUTR*1010</td>
</tr>
<tr>
<td>Nutrition Through the Life Cycle</td>
<td></td>
</tr>
<tr>
<td>NUTR*3150 [0.50] (W)</td>
<td>1 of NUTR<em>1010, NUTR</em>2150, NUTR*3210</td>
</tr>
<tr>
<td>Aging and Nutrition</td>
<td></td>
</tr>
<tr>
<td>NUTR*4070 [0.50] (F)</td>
<td>FRHD<em>3400, NUTR</em>2050, Priority Access</td>
</tr>
<tr>
<td>Nutrition Education</td>
<td></td>
</tr>
<tr>
<td>PSYC*3110 [0.50] (W) even numbered years</td>
<td>NEUR*2000 or 2.50 credits in Psychology</td>
</tr>
<tr>
<td>Topics in Health Psychology</td>
<td></td>
</tr>
<tr>
<td>PSYC*3570 [0.50] (U) (DE only)</td>
<td>1 of FRHD<em>2270, PSYC</em>2310, PSYC<em>2740, PSYC</em>2450,</td>
</tr>
<tr>
<td>Psychology of Death and Dying</td>
<td></td>
</tr>
<tr>
<td>Course Code</td>
<td>Title</td>
</tr>
<tr>
<td>--------------</td>
<td>----------------------------------------------------------------------</td>
</tr>
<tr>
<td>ANTH*3400</td>
<td>Anthropology of Gender</td>
</tr>
<tr>
<td>ENGL*2190</td>
<td>Representation and Sexuality</td>
</tr>
<tr>
<td>ENGL*3260</td>
<td>Writing Gender and the Family: 18th and 19th Century Literature</td>
</tr>
<tr>
<td>FRHD*4200</td>
<td>Issues in Human Sexuality</td>
</tr>
<tr>
<td>FRHD*4290</td>
<td>Adult Practicum II: Adult Development</td>
</tr>
<tr>
<td>HIST*3020</td>
<td>History in Sexuality and Gender in History</td>
</tr>
<tr>
<td>POLS*2150</td>
<td>Gender and Politics</td>
</tr>
<tr>
<td>PSYC*3300</td>
<td>Psychology of Gender</td>
</tr>
<tr>
<td>SOAN*2400</td>
<td>Introduction to Gender Systems</td>
</tr>
<tr>
<td>SOAN*3100</td>
<td>Gender Perspectives on Families and Households</td>
</tr>
</tbody>
</table>

19
<table>
<thead>
<tr>
<th>Family</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTH*2160 [0.50] (W)</td>
<td></td>
</tr>
<tr>
<td>Social Anthropology</td>
<td></td>
</tr>
<tr>
<td>ANTH*3770 [0.50] (W)</td>
<td></td>
</tr>
<tr>
<td>Kinship and Social Organization</td>
<td></td>
</tr>
<tr>
<td>ENGL*3260 [0.50] (W, odd numbered years)</td>
<td></td>
</tr>
<tr>
<td>Writing Gender and the Family: 18th and 19th Century Literature</td>
<td></td>
</tr>
<tr>
<td>FRHD*4290 [1.00] (F, W)</td>
<td></td>
</tr>
<tr>
<td>Adult Practicum II: Adult Development</td>
<td></td>
</tr>
<tr>
<td>SOAN*3100 [0.50] (U)</td>
<td></td>
</tr>
<tr>
<td>Gender Perspectives on Families and Households</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Business and Management</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>HROB*2090 (F W)</td>
<td></td>
</tr>
<tr>
<td>Individuals and Groups in Organizations</td>
<td></td>
</tr>
<tr>
<td>No prerequisites or restrictions</td>
<td></td>
</tr>
<tr>
<td>EDRD*3500 [0.50] (F W) (DE only)</td>
<td></td>
</tr>
<tr>
<td>Recreation and Tourism Management</td>
<td></td>
</tr>
<tr>
<td>10.00 credits</td>
<td></td>
</tr>
<tr>
<td>HROB*2010 [0.50] (F W)</td>
<td></td>
</tr>
<tr>
<td>Foundations of Leadership</td>
<td></td>
</tr>
<tr>
<td>No prerequisites or restrictions</td>
<td></td>
</tr>
<tr>
<td>MCS*1000 [0.50] (S F W)</td>
<td></td>
</tr>
<tr>
<td>Introductory Marketing</td>
<td></td>
</tr>
<tr>
<td>This is a Priority Access Course and some restrictions may apply during some time periods. Please contact the department for more information. This course may not be taken for credit subsequent to receiving credit in 1 of AGEC<em>4370, FARE</em>4370, HTM*3080.</td>
<td></td>
</tr>
<tr>
<td>MCS*2100 [0.50] (S F W) (DE only)</td>
<td></td>
</tr>
<tr>
<td>Personal Financial Management</td>
<td></td>
</tr>
<tr>
<td>5.00 credits</td>
<td></td>
</tr>
<tr>
<td>POLS*1400 [0.50] (F)</td>
<td></td>
</tr>
<tr>
<td>Issues in Canadian Politics</td>
<td></td>
</tr>
<tr>
<td>No prerequisites or restrictions</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Research</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>FRHD*3500 [0.50] (SFW)</td>
<td></td>
</tr>
<tr>
<td>Research Internship</td>
<td></td>
</tr>
<tr>
<td>FRHD<em>3070, STAT</em>2090, Instructor consent</td>
<td></td>
</tr>
<tr>
<td>FRHD*4810 [0.50] Thesis I (F)</td>
<td></td>
</tr>
<tr>
<td>FRHD*3070. Instructor consent</td>
<td></td>
</tr>
<tr>
<td>FRHD*4910 [1.00] Thesis II (W)</td>
<td></td>
</tr>
<tr>
<td>FRHD*4810</td>
<td></td>
</tr>
</tbody>
</table>
ADEV-The Practicum Experience

Practicum courses are a unique component of the BASc degree. The practicum experience provides students an opportunity to work alongside professionals in the field and receive ongoing supervision and feedback. It is this experience that enables students to integrate what they learn in the classroom with professional practice. All ADEV students are required to take a practicum (FRHD*3290) in the Fall or Winter of the third year of study. There is also an optional practicum offered in the Fall, Winter or Spring of fourth year (FRHD*4290). In both third and fourth year, students are placed within a range of community agencies and human service organizations.

A required course that prepares students to go into the practicum is FRHD*2400, Introduction to Human Services, offered in the winter of the second year of study. It is within this course that students prepare to be placed with an agency or organization that corresponds with their interests and learning objectives. Because of this, it is important that students take the Program Design course in sequence and not before winter of their second year (4th semester of study)

Students must have the consent of the Practicum Coordinator or designate to take practicum courses. This includes having a course waiver signed to register for the course. Once your intention to register for the practicum is confirmed, a lottery system is used to determine which semester students will register for their practicum. The Practicum Coordinator matches students with available placements in the community. Sometimes students decide to study part time or take courses out of sequence. If that is the case for you, it is essential that you are in touch with the Practicum Coordinator as early as possible. This will ensure that you are not missed in the preparations for placement.

If a student decides to withdraw from the practicum course, it is essential that he or she notify the Practicum Coordinator and Course Instructor immediately.
Academic Frequently Asked Questions

The website for the Undergraduate Calendar is:
http://www.uoguelph.ca/registrar/calendars/undergraduate/current/
There are several questions which direct students to Section VIII, Undergraduate Degree Regulations and Procedures of the calendar and that link is:
http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/index.shtml

Where can I find information about important academic dates?
Each year, important dates for the academic year are listed on WebAdvisor,
http://www.uoguelph.ca/registrar/calendars/.
The same information is under the Schedule of Dates in the undergraduate calendar

Can I take a Minor?
Yes. You need to consult with the BASc Program Counsellor. You may consider one of the many minors as listed under the Bachelor of Arts (B.A.)
http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml

Listed below are a few examples of minors. Please feel free to explore other subject areas at
http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml

Family and Child Studies (FCS)
FREN (FREN)
International Development (ID)
Psychology (PSYC)
Sociology (SOC)

To locate the Faculty Advisor for the Minor you are interested in check Undergraduate Academic Information Centre under Academic Advisors at
http://www.uoguelph.ca/uaic/academicadvisors.

Can I take part in an international exchange or study in another country?
The University has programs for studying abroad and information about them is available from Centre for International Programs, Level 3, University Centre,
http://www.uoguelph.ca/cip/. Depending on the courses offered in other countries, international study may add one or two semesters to your program in order for you to schedule all of the courses required in the ADEV program. Planning for international study requires consultation with your Program Counsellor and the Centre for International Programs.
**Can I take a course at another university and get credit towards my program?**
If you want to take a course at another university and get credit towards your degree, you must complete a Request for Letter of Permission form. Review the “Letters of Permission” topic within the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar.

**Should I keep my course outlines?**
Yes. We receive frequent requests from students following graduation for copies of their course outlines for various reasons, such as applying for membership in a professional college. Most course outlines for Family Relations and Applied Nutrition courses are posted on our website at: [http://www.uoguelph.ca/family/undergraduate-courses](http://www.uoguelph.ca/family/undergraduate-courses)

**What scholarships and awards are available?**
Information about scholarships and awards is available in the undergraduate calendar. There are three types of awards available: scholarships, bursaries, and access awards. Scholarship applications are based on academic achievement and extracurricular involvement. Bursaries and Access Awards are distributed based on financial need, as well as academic achievement and extracurricular involvement. The link in the undergraduate calendar is listed below and further information may be found regarding requirements, application procedures and deadlines.
[http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c09/index.shtml](http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c09/index.shtml)

**What marks do I need to stay in the program?**
Generally, you are required to maintain a minimum average of 60% to stay in the program. There is some leniency for the first 5.00 credit attempts. Please review the “Continuation of Study” topic within the section “Undergraduate Degree Regulations and Procedures” of the Undergraduate Calendar. Consult with your Program Counsellor if you have questions or concerns.

**What if I have health or other problems that are affecting my academic work?**
Student Health Services is in the J.T. Powell Building for treatment of your health concerns. To discuss academic concerns because of health conditions, make an appointment to talk with the Program Counsellor. You may also visit Counselling Services, Level 3 at the University Centre to help manage your difficulties. Read carefully the “Academic Consideration and Appeals, Petitions” section under “Undergraduate Degree Regulations and Procedures”, especially the sub-section “Academic Consideration” and “Student Responsibilities” to be sure that you follow the necessary procedures. If you miss an assignment deadline or a mid-term exam, contact the course instructor as soon as possible. Check the course outline to see if there is a standard process for handling missed assignments and/or mid-terms.

**Can I drop a course?**
If you feel that you absolutely must drop a course, the procedure is quite easy. Before making the decision, see how dropping the course will affect your Program Plan. If the course is a prerequisite for other courses, contact your Program Counsellor or Faculty Advisor to ensure you have a feasible plan for completing your degree. If you drop a required course, you must take it again in another semester. You need 20 credits to graduate; therefore, you may have to take an extra course either in the summer or
during another semester. Check when the course is offered again. You must drop courses that are one semester long by the end of the 40th class day. Check the Undergraduate Calendar for the actual date. You may drop the course on Web Advisor. Refer to the Student Financial Services website regarding refunds at http://www.uoguelph.ca/registrar/studentfinance/index.cfm?fees/refunds.

If you are on OSAP (Ontario Student Assistance Program), there may be consequences on your OSAP funding when dropping your course load below 1.50 credits. Contact Student Financial Services at fininfo@uoguelph.ca or call 519-824-4120, Ext. 58715 before dropping courses.

Can defer a final exam?
You may request to have a final exam or final assignment deferred if you have medical, psychological or compassionate grounds. You must submit your Request for Academic Consideration (RAC) within 5 days of the missed final examination or final assignment. A deferred exam is usually written during a specified time early in the following term. If you are unable to write a final exam, contact the BASc. Counselling Office to arrange an appointment to ensure all appropriate procedures are being followed. See also the, “Deferred Privileges” in the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar.

What if I need an extension on an assignment or miss a mid-term exam?
Each course and professor should have specific procedures outlined in the course outline which you are given in the first week of classes. Check this outline and speak to your professor about any problems with completing an assignment. Be sure to do this early!

How will I find out my final grades?
Grade reports are released shortly after conclusion of the final examinations, on the date specified by the University. You may access an unofficial copy of your grades using WebAdvisor from the University of Guelph web site on the same release day.

What if I fail a course?
If you fail a course, you have a chance to take a course again or an alternative course. The summer semester provides opportunity to catch up with failed courses or take electives to lighten course loads in later semesters. For more details, see “Failed Courses” in the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar. If you believe that there are extenuating circumstances related to failing the course, see the Program Counsellor for assistance. The Program Counsellor will also be willing to meet with you to create a plan to maximize your success when you re-take the course.

What if I think there was a mistake on the final grade for one of my courses?
You may request a grade reassessment. To do this you must submit a request in writing to the chair of the department offering the course, no later than the 10th day of class of the succeeding semester. For details on this process, see “Grade Reassessment” in the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar.
What if I’m not sure that I’m in the right program?
Make an appointment to talk with the BASc. Program Counsellor. You can discuss your interests, academic progress, and goals, and consider options and alternatives. You can clarify the degree requirements and find out about other services.

May I apply to transfer into another BASc major?
If you wish to transfer into Child, Youth and Family or Applied Human Nutrition, please contact the BASc Program Counselling Office at bascprog@uoguelph.ca, telephone 519-824-4120, Ext. 58964 or drop by the office in MINS 253. There is an internal BASc application form to complete which is available in MINS 253. If you wish further information regarding the high school subject requirements, the course requirements and the grade average required, please arrange an appointment with Linda Zehr, the BASc Program Counsellor.

May I apply to transfer into another University of Guelph degree program?
If you wish to transfer to another University of Guelph degree program, please contact Admission Services for details regarding the transfer application process and deadlines, the high school subject requirements and the grade average required. Admissions Services may be reached at admission@registrar.uoguelph.ca, telephone 519-824-4120, Extension 58721 or 3rd Floor University Centre. The degree programs and affiliated majors are listed in the Undergraduate Calendar at: https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml

Where do I find the schedule of courses for a particular semester?
The course schedule is available on WebAdvisor>Students>Search for Sections.

Why can’t I register for a course I need for my program?
There are several reasons why you may not be able to get into a course at a certain time:

- It may not be your course selection window
- Some courses are restricted to certain groups of students. This is called “Priority Access”
- Some courses require instructor consent (i.e., BASc practicum and thesis courses)
- You may not have the required prerequisites or co-requisites or required credits
- The course/section is full
If you are a **BASc major or a Family and Child Studies (FCS) minor** (including transfer students), we will make every effort to accommodate your required courses in your unique schedule. You may need a course waiver. This is a paper process. The Course Waiver Request form may be obtained from WebAdvisor, [https://www.uoguelph.ca/registrar/sites/undergraduate/files/forms/course_waiver_request.html](https://www.uoguelph.ca/registrar/sites/undergraduate/files/forms/course_waiver_request.html) or from the BASc Counselling Office, MINS 253. Also, see our department website for the course waiver process for courses offered by Family Relations (FRHD) and Applied Nutrition (some NUTR courses): [http://www.uoguelph.ca/family/undergraduate-course-waivers](http://www.uoguelph.ca/family/undergraduate-course-waivers)

**What do I do if a course I need for my program is full when it is my turn to register?**

Sometimes a course may look full on WebAdvisor, but there is still room for students who require it for their program of study. Keep your eye on WebAdvisor, as spaces may open up throughout the course selection period. If you are a BASc major or FCS minor (including transfer students), we will make every effort to accommodate your required courses in your unique schedule. You may need a course waiver.

**How do I get a course waiver for a BASc course?**

Each department may have a different process for allowing students into their courses. To get into a course from another department, we suggest you contact the course instructor or department directly. In some departments, the instructor of the course signs the course waivers. In the Department of Family Relations and Applied Nutrition for BASc and other students, most course waivers are signed by Ruth Lesins, Academic Administrative Assistant, franwork@uoguelph.ca, MINS 247. Further information is available at [http://www.uoguelph.ca/family/undergraduate-course-waivers](http://www.uoguelph.ca/family/undergraduate-course-waivers)

**How do I get a letter of reference from a faculty member?**

References are a CRITICAL component of any application to graduate or professional schools. The guidelines outlined below will help you through the process and there is a link on the department’s website at: [http://www.uoguelph.ca/family/sites/default/files/documents/Reference%20Letters%20Tips%20for%20Students.pdf](http://www.uoguelph.ca/family/sites/default/files/documents/Reference%20Letters%20Tips%20for%20Students.pdf)

**Choose faculty carefully**

- First approach faculty who have taught you 3rd and 4th year level courses
- Ask whether the faculty member can provide you with a strong letter of reference
- Letters from assistant, associate or full professors are generally preferred at most Institutions

**Request references early**

- Ask whether the faculty member wishes paper or electronic documents
- Allow at least 3 weeks for faculty to produce letters

**Information/materials to provide about yourself**

- Remind the professor of the program you are in and the course(s) you have taken with them (include course code and semester)
✓ Brief summary (1/2 page) of your key strengths/areas that you think should be emphasized; especially note any outstanding accomplishments you may have had in the course(s) taught by this particular faculty member
✓ Unofficial transcript
✓ Draft of your statement of interest/plan of study/letter of intent

Information/materials to provide about the program(s) to which you are applying
✓ Name and location of the program
✓ Brief description of the program and/or link to the program website, if applicable
✓ Type of reference required (i.e., online, forms, letter, etc.)
✓ Forms and/or links to the reference forms (Make sure that any required information is on forms, if applicable)
✓ Deadline/due date for receipt of letter of reference
✓ Address for the letter of reference, and contact person, if applicable
✓ You may be asked to provide an addressed envelope in which the faculty member can send the letter of reference

Confirmation
✓ Ask the faculty member to confirm that your letter of reference has been sent

How can I get research experience?
There are multiple ways to get research experience as part of your undergraduate studies. For students considering graduate school this may be especially important. Generally, it is recommended you have successfully completed (recommended final grade of 75% or higher) or are currently taking FRHD*3070 Research Methods and/or STAT*2090 Introductory Statistics II. For each option you'll need a faculty member to supervise your research work. It is recommended that you contact a faculty member well in advance of your interest in research (e.g. at least one semester in advance).

Suggested ways to get research experience include:

- **Undergraduate thesis**: You'll need a faculty member to supervise your research work while you take FRHD*4810, Thesis I and FRHD*4910, Thesis II. FRHD*4810 involves planning and writing the proposal, including critical analysis of the literature. FRHD*4910 involves conducting the research and analysis, writing the results in thesis format, and presenting the work in a suitable venue. Note: an undergraduate thesis is typically a two-semester 1.5 credit commitment.

- **Research Internship**: The purpose of FRHD*3500 is to give students a direct, initial experience in conducting research in Family Relations and Human Development. The internship focuses on familiarizing students with the research process and building research skills through active engagement in research under the direct guidance of a faculty member. The specific assignments will depend on the research project. Students who are involved in newer research studies may be involved in literature review, study design, and/or the ethics review process. Those who are involved in the latter stages of a research project may gain experience with data analysis and manuscript preparation. Note: the research internship is a one semester 0.5-credit commitment.
For both undergraduate thesis and research internship students need to find a faculty member who agrees to supervise them. To register in either course you will need to be signed in with instructor consent. It is recommended you approach a faculty member well in advance with a copy of your unofficial transcript, your resume, and a summary of your research interests.

- **Volunteering:** Rather than a formal course where you can gain research experience you can also approach faculty members and request a volunteer position supporting their research. Volunteer research opportunities can range in their intensity of time and duration of commitment.
- **Summer Undergraduate Research Assistant:** The Undergraduate Research Assistantship (URA) program is a competitive program that provides summer research opportunities to undergraduate students with demonstrated financial need. The application process starts in December, but the research positions begin in May and typically last for 16 weeks. Students gain research experience, work with faculty, and further their insight into their field of studies while earning a salary. Visit Student Financial Services for more information and the link is: https://www.uoguelph.ca/registrar/studentfinance/ura/index
Co-operative Education Frequently Asked Questions

What kind of jobs can I expect to see in the co-op program?
Bachelor of Applied Science students work both in the private and public sectors. Positions may be with agencies providing assisted living, life skills coaching, rehabilitative service, therapeutic recreation, respite care and research assistantships in a variety of settings including government offices. Travel is an option as is finding your own job.

What happens during the first year with co-op?
The University of Guelph believes co-op students need to have a strong academic background before they go out on their first work term. Concentrate on your academic work, take time to adapt to university life, make friends and get involved on campus. The only requirement is to maintain a cumulative 70% average throughout first year.

Can I apply for co-op in first year and what are co-op fees?
In course admission information is at the following link:
https://www.recruitguelph.ca/cecs/co-op/course-admission
Fee information is at this link:
https://www.recruitguelph.ca/cecs/co-op-students/co-op-process

What is COOP*1100?
COOP*1100 is a required, non-credit course for all students in the co-op program that is taken in addition to your regular course load. The course will help you to identify and market your strengths, enhance your resume and cover letter writing skills, increase your comfort and skill during interviews, and learn more about the co-op employment process. You will receive feedback from the instructor and peer helpers, and hear from employers and senior co-op students in your field. You will also get a "trial run" of what it is like to be "looking for your work term job" through the Virtual Employment Process (VEP).

May I take courses during the summer or during work terms so I can graduate sooner?
Some students do choose to do this option. If you are interested, talk to your Faculty Advisor and Program Counsellor about course availability and the impact this will have on your sequence. It is also important to consider the additional time required for a course when working full time and adapting to a new community.

Is Co-op right for me? With whom should I speak?
Students are advised to speak with the Co-op Program Faculty Advisor in the department, Dr. Kim Wilson at kim.wilson@uoguelph.ca or the Coop Coordinator, Shelley Gallina at sgallina@uoguelph.ca.

Looking for more information about co-operative education and how to get involved?
Visit the Co-operative Education and Career Services website at https://www.recruitguelph.ca/cecs/
How do I withdraw from co-operative education and continue in the regular program?
Students are advised to contact the Co-op Coordinator, Shelley Gallina at sgallina@uoguelph.ca and she will advise you regarding the form to complete and deadline dates. Please note if you choose to withdraw from co-operative education, you may not be eligible to re-apply.
ADEV Student Association

The ADEV Student Association is a student-run club that works in collaboration with the overarching CSAHS (College of Social and Applied Human Sciences) Student Alliance, and offers both academic and social events for students.

In the past, the Association has offered:
- Horticultural Therapy Workshops at the Homewood Health Centre
- Sexuality Info Session & Bingo Night
- Career Night
- Volunteer Opportunities
- ‘Meet and Greets’ with Professors
- Clothing Orders
- First Aid/CPR Certification
- Book Swaps
- Dinners at Brass Taps
- Coffee Break Fundraisers for the Alzheimer Society
- Sex, toys and chocolate, (A sex toy workshop that provides education around safe sex with toys.)

The ADEV Student Association participates in fundraising events for community organizations such as the Alzheimer Society Walk for Memories, Pass it On campaign, and also advertises volunteer, scholarship and work opportunities to students.

Each academic-year cohort has a representative on the ADEV Student Association, and concerns of academic and social matters brought to the Association’s attention will be warmly advocated for or referred. The main contact with the association is email adev@uoguelph.ca which is checked regularly by the ADEV-SA president. You can also reach the members of the association through classroom announcements, our websites (listed below), participation in the student association’s events, and campus flyers.

Check out ADEV online!

Facebook: www.facebook.com/adev.uog
Twitter: @adev_uog
Instagram: @adev_uog
Snapchat: @adev_uog
Faculty Research Interests

For more details about our faculty research and their contact information, go to each of the faculty web link from the departmental web page:
http://www.uoguelph.ca/family/faculty-index

Beyond Undergrad

Career Planning

Career Services
The many valuable services offered by Co-operative Education and Career Services can help you plan for your career. Even if you think you know what you want to do, these services can help you make the best choices to reach your goal. You can examine your potential, develop your skills for applying for jobs, and make contact with potential employers. Start now by discovering the opportunities at Career Services through the University of Guelph web site or by visiting their office. The location is on the campus map at http://www.uoguelph.ca/campus/map/coop/. The University of Guelph, Co-operative Education and Career Services website is: https://www.recruitguelph.ca/cecs/.
Also, check the following CECS link: https://www.recruitguelph.ca/cecs/adult-development

Volunteering
You have unlimited opportunities for volunteering on campus and in the Guelph community while you are a student. Through volunteering, you can gain practical experience, while providing help for others. Volunteering can give you realistic experiences in the field, which helps you to apply classroom knowledge and makes classroom experience more meaningful. Volunteer opportunities in the community are announced on the ADFW Listserv and through the Student Volunteer Connections website, http://www.uoguelph.ca/~svc/. Check with faculty members to see if they have any volunteer positions available. Remember, communications skills are very important. When you volunteer for community agencies you can increase your communication skills and gain an understanding about people’s behaviour, by seeing how others live, and learn.

Graduate and Professional Studies
Students have successfully used the BASc degree to gain admission into graduate programs in social work, applied psychology, sociology, anthropology, physical and occupational therapy, speech and language, law, public health, and social policy. If you plan to enter a graduate program after completing the Adult Development major of the BASc degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully. When the time comes, we hope you will consider graduate work in our department. See http://www.uoguelph.ca/family/graduate-programs-fran
Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis. For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study.

You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program. It is also recommended that you keep your course outlines in case course content and evaluation is requested.

Careers and Further Education

For more information about The Association for Gerontology in Higher Education (aka AGHE) and suggested careers in aging go to http://www.aghe.org/.

Also, check the Co-operative Education and Career Services link: https://www.recruitguelph.ca/cecs/adult-development

Education
For extensive information about teacher education programs in Ontario, visit: http://www.ouac.on.ca/teas

For information about the Ontario College of Teachers, visit: http://www.oct.ca/home.aspx

Family Life Educator
For information about the Family Life Education Institute, visit: http://www.familylifeeducation.org/aboutflei.html

Law
For extensive information about law schools in Ontario, visit: http://www.ouac.on.ca/olsas
Some electives you may want to consider:
POLS*3130 [0.50] Law, Politics and the Administration of Justice
PSYC*3020 [0.50] Psychology of Law
SOC*1500 [0.50] Crime and Criminal Justice
SOC*3490 [0.50] Law and Society

Medicine/Psychiatry
For extensive information about medical schools in Ontario, visit: http://www.ouac.on.ca/omsas
You will require extensive science electives, and careful planning with your ADEV degree. Check with individual schools, and speak with your Program Counsellor for assistance.
For admission requirements of Canadian Faculties of Medicine go to the Association of Faculties of Medicine of Canada website: https://www.afmc.ca/sites/default/files/documents/en/Publications/AdmissionsBook2016-Final-EN.pdf

Nursing
There are Nursing programs available in Ontario community colleges and the link is: http://www.ontariocolleges.ca/SearchResults/HEALTH-FOOD-MEDICAL-NURSING/ /N-lo8d

Accredited Canadian Nursing Education program and accelerated programs may be found at the following link: http://www.casn.ca/wp-content/uploads/2014/11/2015-16-Season_Winter_ENG-FR_Accredited-Canadian-Nursing-Education-Programs.pdf

For example, the McMaster University Accelerated Nursing program: http://nursing.mcmaster.ca/education_undergrad_bscnaccel.html

You may also want to go to Co-operative Education and Career Services for further information on Nursing Programs.

Therapeutic Recreation
For more information on therapeutic recreation or recreation therapy programs, please see the following website www.recreationtherapy.com/trcollg.htm. Some electives you may want to consider:
PSYC*3390 [0.50] Abnormal Psychology
PSYC*3480 [0.50] Psychology of Sport
EDRD*3500 [0.50] Recreation and Tourism Planning

Graduate Education

The Department of Family Relations and Applied Nutrition offers six graduate degrees in four program areas: Applied Human Nutrition (MSc and PhD), Applied Nutrition (MAN), Couple and Family Therapy (MSc), and Family Relations and Human Development (MSc and PhD). Further information is at: http://www.uoguelph.ca/family/graduate-programs-fran.

ADEV majors may consider applying to:
Couple and Family Therapy (MSc) and further information may be found at the following link: http://www.uoguelph.ca/family/couple-and-family-therapy-msc

Family Relations and Human Development (MSc) and further information may be found at the following link: http://www.uoguelph.ca/family/family-relations-and-human-development-msc-phd

http://www.gradschools.com/ This website may be helpful in locating some graduate programs. Please note a number of Canadian graduate programs may not be listed.
Psychology
Many of your electives will need to be courses taken from the Department of Psychology if you want to enter a graduate program in Psychology. You will also need to do a 4th year thesis, FRHD*4810 and FRHD*4910. Most psychology programs require the GRE (Graduate Record Exam) for entrance into the program. For a listing of accredited programs recognized by the Canadian Psychological Association visit: http://www.cpa.ca/accreditation/cpaaccreditedprograms/

Rehabilitation Sciences
For extensive information about Occupational Therapy, Physiotherapy and Speech/Language Pathology programs in Ontario, visit: http://www.ouac.on.ca/orpas

Some of the suggested courses listed below may be designated as Priority Access. Please check with department offering the course for further information on the Priority Access restriction.

Occupational Therapy
PSYC*2390 [0.50] Principles of Sensation and Perception
PSYC*2410 [0.50] Behavioural Basis of Neuroscience

Physiotherapy
BIOL*1080 [0.50] Biological Concepts of Health
PSYC*2390 [0.50] Principles of Sensation and Perception
PSYC*2410 [0.50] Behavioural Basis of Neuroscience

Speech/Language Pathology
LING*1000 [0.50] Introduction to Linguistics
HISP*3240 [0.50] Topics in Hispanic Linguistics
PSYC*2390 [0.50] Principles of Sensation and Perception
PSYC*2410 [0.50] Behavioural Basis of Neuroscience

Social Work
Graduate Social Work programs in Ontario must be applied to through the individual universities and there is not currently one central resource for admission requirements. Helpful courses may include:
FRHD*3090 [0.50] Poverty and Health
FRHD*4020 [0.50] Family Theory
PSYC*2310 [0.50] Introduction to Social Psychology
PSYC*3570 [0.50] The Psychology of Death and Dying
SOC*3040 [0.50] Sociology of Social Welfare
The following website, Ontario Association of Social Workers, lists Social Work Education Programs in Ontario:
https://www.oasw.org/Public/Choosing_Social_Work_as_a_Career.aspx

Special Needs
If you are considering working with individuals with special needs (physical, educational, intellectual), the following electives will be useful to you:
PSYC*3850 [0.50] Intellectual Disabilities
Sex Therapy
For more information on becoming a registered sex therapist, see the Board of Examiners for Sex Educators, Counselors and Therapists’ website http://www.bestco.info/. You will need to become a licensed marriage and family therapist, psychologist or social worker before you can get additional training and certification as a sex therapist. The following electives might be helpful for you:
FRHD*4200 [0.50] Issues in Human Sexuality
FRHD*4290 [0.50] Practicum II: Adult Development
PSYC*2740 [0.50] Personality
PSYC*3300 [0.50] The Psychology of Gender

Potential Careers Areas
Adult or parent education
Community-based services
Gerontology
Health promotion
Sexuality education
Secondary school teaching*
Counselling or social work*
Occupational therapy*

*Careers require further education/training

Also check the Co-operative Education and Career Services link:
https://www.recruitguelph.ca/cecs/adult-development
Also, check labour market information at: http://www.workingincanada.gc.ca

July 28, 2017