1. SMART - FARM SPECIFIC AND ACHIEVABLE

When developing goals on-farm, it is important to take step-by-step approaches and plan carefully to ensure that each goal will be done correctly, and that these methods will be implemented into routine management practices. Whether the goal is big or small, producers can benefit from using the “SMART” system when dealing with specific practices on-farm. The SMART system is outlined below:

SMART GOALS

- **SPECIFIC**: Whether the goal is big or small, it is important that each is outlined very specifically to ensure that each task is being conducted properly.
- **MEASURABLE**: Putting specific measurement units (e.g., # of clinical cases of mastitis per year; average SCC or linear score) on each goal can benefit producers when actually implementing each goal strategy.
- **ACHIEVABLE**: Although some goals can be more challenging, it is important to ensure that each goal that is pursued can be achievable within the constraints of available resources – both financial and labour.
- **REALISTIC**: Goals are generally well intentioned, however it is important to assess whether they are realistic to complete, or that they will have the beneficial impact on the flocks that is anticipated.
- **TIMELY**: Giving a timeline to each goal is essential to ensure that each practice is completed in a timely fashion. E.g. one year may be a suitable time-line to achieve many goals.

1.1 EXAMPLE OF A GOAL OUTLINE USING THE SMART SYSTEM

The following example could be a common goal for producers to help improve udder health in their flocks. Teat end damage is a known risk factor for clinical and sub-clinical mastitis. Over-milking is one of the most important causes of teat-end damage.

**Goal:** *To reduce over-milking of ewes and prevalence of teat-end damage*

**Specific**  Remove the milking units from the ewe when milk flow ceases.

![Teat end damage](image)
2. Measurable
Fewer than 10% of units are on for longer than 20 sec when milk flow ceases. Prevalence of teat end damage as evidenced by scabbing, scarring and raised rings around the teat end is less than 1 in 20 (5%) of teats.

2. Achievable
Requires operating fewer milking units per milker (an investment in labour), or the implementation of automatic take-offs (a financial investment).

2. Realistic
This requires knowing the current level of over-milking (measure where currently at – have an assistant use a stop-watch and record level of over-milking) and level of teat end damage from over-milking (again measure where currently at- at the end of one milking, have an assistant score the teat end lesions).

2. Timely
Changes to proportion of sheep being over-milked can be done quite quickly with increased attention to unit removal and/or employing more labour in the parlour. Purchasing automatic take-offs may be delayed until sufficient funds can be found. Set a time-line for their purchase and installation. Regular monitoring of prevalence and severity of teat end lesions can be done once/month to track trends.

2. FREQUENCY OF MONITORING

2.1 DETECTION OF INFLAMMATION (SCC AND CMT)

As mentioned in Section II.5.3, detection of inflammation caused by mastitis pathogens is a useful way of monitoring for mastitis in the flock. Monitoring monthly for flock-level SCC values as part of the general milk-quality monitoring done by processors, usually will give the producer sufficient information on whether important changes have occurred. If this information is not provided by the processor, private laboratories or enrolment in the Can-West Dairy Herd Improvement program1 can provide this information at the flock-level and individual animal level. CMT can be done at the same frequency or if clinical changes are noted and will provide immediate information at the individual sheep and gland level.

2.2 DETECTION OF MASTITIS PATHOGENS

Use of tests for SCC or CMT, will provide animals to screen for presence of mastitis pathogens. Bulk tank monitoring as covered in Section II.6 can be done monthly – although it is not as sensitive (i.e. finding all the infected sheep) as individual culture, but is more affordable.

In addition to monitoring bulk tank levels after each milk pick-up, daily monitoring of the consistency of milk during udder preparation is a convenient and successful way to monitor clinical cases of mastitis in the flock.

3. GOALS FOR BULK TANK SCC

1 http://www.canwestdhi.com/
The assessment of appropriate SCC levels in flocks is generally variable, as the range of SCC values can be drastic between flocks. On sheep flocks, bulk tank SCC (BTSCC) and bulk tank total bacterial counts have been highly correlated, with increases or decreases occurring at the same time. Therefore, it is important that along with monitoring infection status in flocks, good udder hygiene is an important goal on-farm.

Although it has been shown that SCC values for ewes can be significantly high, reaching over 1,500,000 cells/mL, ewes have the capability of maintaining a healthy SCC level of 200,000 cells/mL. Historically in sheep, a general threshold has been established to determine if a ewe’s udder is healthy or not, of 400,000 cells/mL, however, implementing a goal of 200,000 cells/mL on-farm is certainly attainable, and something to strive for on-farm to aid in udder health, and overall milk production.

4. IDEAL NUMBER OF CLINICAL CASES

In an ideal world, there would be no cases of clinical mastitis in dairy flocks; however, this is not a realistic goal on-farm, as there are many environmental and contagious factors that can affect udder health. As a rule, producers should aim for 5% or less of their flock that have cases of clinical mastitis on an annual basis. In terms of subclinical infections, less than 20-30% is a general goal to strive for, however, as previously mentioned, these infections are difficult to monitor on-farm without the use of SCC monitoring.

5. FREQUENCY OF INSPECTION OF EQUIPMENT

Maintenance of milking equipment is essential for ensuring that a quality milk product is being distributed for human consumption. Bulk tank temperature should be monitored after each milking to ensure that the tank is reaching its optimal temperature. On a weekly basis, areas of the milking equipment that are prone to residue build-up, such as the receiver jar or milking claws should be checked. This regular monitoring will decrease the chance of excessive amounts of residues, which could affect the bacterial counts in the bulk tank. In addition, pre-rinse or wash water temperature should be monitored once a week to see if it is reaching the required temperature. On an annual basis, the entire milking system should be evaluated by a milking equipment dealer to see that all components are functioning properly.

6. TRACKING UDDER HEALTH AND SETTING GOALS

A form (Table VII.1) can be used to record cases of mastitis, findings from cultures and response to treatment. It should be kept in the office / records room in a binder. A form (Table VII.2) can be used to track udder health monitoring and record goal setting. It should be posted in the milk house or parlour and consulted often, particularly when SCC reports are received.