



# COESP DAY

## Student and Faculty Mental Health

**Join Us!**  
**May 3rd**  
**9am to 2pm**

**Keynote Speaker**  
**Bill Ju**



William (Bill) Ju is a teaching-stream professor in Human Biology at the University of Toronto. Bill is interested in student engagement and extending the traditional classroom. As part of this, he focuses on the well-being of students through many means, including good time management, prioritizing sleep & the importance of exercise, and the benefits of creating a sense of community in a class, no matter what the size. In addition to his interests in teaching, his graduate research program examines the cellular and molecular pathways that involve motivation, learning & memory, and neurodegeneration.

Coffee break and lunch will be provided.

[Register here!](#)