# UofG Services for Graduate Students

## Identify the many services that can support your graduate journey..!

| **Concerns/needs/questions** | **Unit on campus that provides support (click on hyperlinks for more information)** |
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| Athletics and recreation; sports, intramural teams; gym and dance classes; personal training. | [Guelph Gryphons Fitness & Recreation](https://fitandrec.gryphons.ca/) |
| Guidance with job searching, CVs, and interview preparation and skills; advice on career pathways; help applying for professional and PhD programs. | [Experiential Learning - Career Services](https://www.recruitguelph.ca/cecs/students-alumni/booked-appointments) |
| Technical support with UofG login, computer malfunctioning/hacking, and UofG WiFi connectivity problems; discounted software for students. | [Computing and Communication Services (CCS)](https://uoguelphca.sharepoint.com/sites/ccs/SitePages/services.aspx) |
| Help for Teaching Assistants: advice on rights and obligations, problems with instructors, and work harassment and conditions. | [CUPE3913](https://cupe3913.on.ca/contact/) |
| Questions about grad student fees and benefits; opportunities for student event funding; weekly events/socials for grad students. | [Graduate Student Association (GSA)](https://www.uoguelph.ca/gsa/) |
| Grad student to grad student support; sharing experiences about self-worth, managing conflicts with advisors, and talking work/life balance. | grad.circle@uoguelph.ca |
| Support for course enrollment (late add, section overload, course waivers); confirmation of enrollment and transcripts; financial aid counselling; UofG ID cards. | [Lincoln Alexander Student Service Centre ("the LINC")](https://www.uoguelph.ca/thelinc) |
| Group and one-on-one support for scholarly writing, thesis organization, publishing, and literature search; help with assignments; writing, data, and studying skills; English language support. | [McLaughlin Library- Book appointments](https://www.lib.uoguelph.ca/using-library/appointment-booking)  [McLaughlin Library- Browse workshops](https://www.lib.uoguelph.ca/find/workshops) |
| Information on the University’s Human Rights Policy and Procedures, and University’s Sexual Violence Policy. EDI resources, training, and funding opportunities. | [Office of Diversity and Human Rights](https://www.uoguelph.ca/diversity-human-rights) |
| Technical support for CourseLink; classroom technical support (mics, speakers, AV equipment) | [OpenEd](https://opened.uoguelph.ca/student-resources/Technical-Support) |
| Advice on research patentability, intellectual property, knowledge mobilization, research commercialization, liaising with industries and partners. | [Research Innovation Office](https://www.uoguelph.ca/research/innovation/) |
| Help connecting with volunteer opportunities and partners with common interests and academic/career aspirations. | [Student Volunteer Connections (SVC)](https://www.uoguelph.ca/experientiallearning/SVC) |
| Support for students with any faith traditions; exploration of questions of meaning, purpose, belonging and identity; spiritual life enrichment. | [Student Experience - Multi-Faith Resource Team](https://www.uoguelph.ca/studentexperience/mfrt) |
| Support for racialized students: spaces for cultural celebration, advocacy, social justice, mentorship, skill-building, and community-building. | [Student Experience - Cultural Diversity](https://www.uoguelph.ca/studentexperience/cultural-diversity) |
| Support for Indigenous students: personal, academic, financial, cultural, housing, and employment concerns. | [Student Experience - Indigenous Student Centre](https://www.uoguelph.ca/studentexperience/isc) |
| Support for international students: housing, academic concerns, immigration and permits, financial difficulties, culture shock. | [International Student Experience](https://www.uoguelph.ca/studentexperience/international) |
| Advise and support for students who are Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Two-Spirit, Intersex, Asexual, and other identities outside of heterosexual and cisgender paradigms. | [Student Experience- Sexual and Gender Diversity](https://www.uoguelph.ca/studentexperience/lgbtq2ia-student-advising) |
| Crisis support and ongoing group and individual counselling; mental health services and training. | [Student Wellness - Counselling](https://wellness.uoguelph.ca/counselling) |
| Walk-in clinic and doctor appointments; nursing and dietician services; flu and immunization; self-care resources. | [Student Wellness - Health Services](https://wellness.uoguelph.ca/health) |
| Accessibility: navigating buildings, using assistive technologies, accessing academic literature and resources, preparing and sitting for a QE; preparing and defending a thesis. | [Student Accessibility Services (SAS)](https://wellness.uoguelph.ca/accessibility/graduate-students-university-guelph-accessibility-services) |
| Support for survivors of sexual and gender-based violence (accommodations, system navigations, safety planning, and referrals); trauma-informed and anti-oppressive education and support. | [Sexual and Gender-Based Violence Support and Education](https://wellness.uoguelph.ca/sexual-violence-support) |
| Help finding a home off campus; lease reviews; landlord and roommate conflicts; feelings of loneliness and isolation; community building for student off-campus. | [Student Experience - Off-Campus Living](https://www.uoguelph.ca/studentexperience/off-campus-living) |
| Access to professional and career skills development opportunities in preparation for academic and non-academic positions. | [List compiled for CBS grad students](https://adr-cbs.uoguelph.ca/graduate-studies/professional-and-career-skills-development) |

Can’t find what you’re looking for? Email Virginia Capmourteres ([vcapmour@uoguelph.ca](mailto:vcapmour@uoguelph.ca))