University of Guelph
Outdoor Learning Program

Pandemic Protocol
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Overview

This protocol outlines how the Outdoor Learning Program (OLP), run by the University of Guelph Child Care and Learning Centre (CCLC), will be following all current health and safety requirements related to the COVID-19 pandemic. Due to the evolving nature of the public health situation, this document is subject to change as required.

About COVID-19

COVID-19 is a new (novel) coronavirus that can cause a wide range of illnesses ranging from the common cold to more severe respiratory illnesses. The virus is spread primarily from person-to-person through close contact. It typically spreads through coughing and sneezing, personal contact with an infected person, or touching an infected surface and then face – mouth, nose, or eyes. The elderly (65+) and people with compromised immune systems or underlying medical conditions are most at risk of getting a more critical case of the novel coronavirus.

Variants are viruses that have changed or mutated. Variants are common with coronaviruses; however, a variant becomes a variant of concern (VOC) when its changes have a clinical or public health significance that affects one or more of: transmissibility (spread); virulence (severity of disease); vaccine effectiveness; or diagnosis. Variants of concern may result in enhanced public health measures to prevent the spread of infection.

Guiding Principles

The OLP is guided by the best science and advice of our own experts. As such, we approach our infection prevention protocols through the “hierarchy of hazard control” lens, employing strategies for elimination of the virus in the OLP; and protection from the virus through engineering controls, administrative controls, and the use of PPE (Greer, et al., 2020). We must employ these strategies within the parameters recommended for our vulnerable and impressionable population, and with consideration for children’s emotional well-being.
Elimination

Elimination is the first and most effective level of protection in which we take measures to prevent the virus from entering the Outdoor Learning Program (OLP).

All adults and children involved with the OLP (staff, parents, children, siblings) must continuously monitor their health for signs or symptoms of COVID-19. All adults and children must pass the daily health screen before attending the OLP.

Before Leaving Home:

All parents/guardians must check their child’s temperature and overall health before leaving home. All staff must check their own temperatures and health each day before going to the OLP. Anyone who meets one or more of the following criteria, even if it resembles a mild cold, should stay home, and report their symptoms to the CCLC:

- Temperature that is equal to or greater than 37.8 degrees Celsius
- New/worsening cough
- Shortness of breath
- Sore throat
- Hoarse voice
- Difficulty swallowing
- Runny nose, sneezing, nasal congestion
- Loss of sense of smell or taste
- Nausea/vomiting, diarrhea, abdominal pain
- Knowledge of recent clinical or radiological evidence of pneumonia

Atypical symptoms and signs of COVID-19 should also be considered, particularly in children, older persons, and people living with a developmental disability. These can include:

- Unexplained fatigue/malaise/ muscle aches
- Delirium (acutely altered mental status and inattention)
- Unexplained or increased number of falls
- Acute functional decline
- Exacerbation of chronic conditions
- Chills
- Headache
- Croup
- Conjunctivitis (adults only)
- Unexplained tachycardia, including age specific tachycardia for children
- Decrease in blood pressure
- Unexplained hypoxia (even if mild i.e. O2 sat <90%)
- Lethargy, difficulty feeding in infants (if no other diagnosis)
- Multi-system inflammatory vasculitis in children
  - Persistent fever, abdominal pain, conjunctivitis, gastrointestinal symptoms (nausea, vomiting and diarrhea) and rash
Any of the above symptoms must be immediately reported to the CCLC and the individual must be tested at a local COVID-19 Assessment Centre. The individual can return to the OLP once they have received a negative test result, an alternate diagnosis, or have isolated for 10 days from the onset of their symptoms (if they continue to be registered for OLP).

For information on local Assessment Centres, please visit the Assessment Centre website: https://wdgpublichealth.ca/your-health/covid-19-information-public/assessment-centres-wdg

Upon Arrival:

All staff and families are asked to complete the screening tool online before arriving at the OLP using the link provided to them. Only one adult may drop off a child(ren) at the OLP at one time. All children and staff will have their temperatures taken and be screened upon arrival at the OLP, if they did not complete the screening tool online. Children and adults are to wear masks and should maintain 2 metres distance from staff and other children/families. Alcohol based sanitizer will be available.

Screening:

Parents/guardians must answer all questions asked in the Daily Health Screen, support their child in getting their temperature taken, and cannot leave their child at the OLP until approved by the screener. Daily records of the COVID-19 Active Screening Tool results will be kept on file. All children will have their temperatures taken during screening using a no touch infrared thermometer or an ear thermometer with disposable caps. Thermometer (infra-red) will be disinfected at the end of each screening process. If a parent/guardian answers yes to any of the screening questions, their child(ren) will not be able to attend the OLP. The screener will wear personal protective equipment (PPE) (i.e., medical mask, eye protection).

Staff and visitors are to provide daily confirmation that they have completed and passed the daily health screen prior to or upon entry to the OLP. Staff or visitors who have not completed the self-screen will be required do so prior to entry. Any staff or visitor who does not pass the on-site screening procedures will be asked to return home and self-isolate until they meet the criteria for return.

Any person(s) who has one or more symptoms, outlined in the 'COVID-19 Reference Document for Symptoms,' even if it resembles a mild cold, must stay home, and report their symptoms to the CCLC. Children will be denied entry if they have one or more of the symptoms listed.
Protection

**Engineering Controls:**

The Child Care & Learning Centre has systems in place within our physical spaces to decrease potential COVID-19 exposure while providing the best possible learning environment for the children in our programs, including the children in our Outdoor Learning Program.

**Indoor Learning Environments:**

To follow the guidelines provided by the Ministry of Education and Wellington-Dufferin-Guelph Public Health, each week of the OLP is treated as a cohort. The OLP has its own indoor spaces that are not shared with any other classrooms at the Child Care & Learning Centre.

The OLP’s Portable Classroom or Townhouse are used as isolations rooms, as required by Public Health, if or when necessary.

Various spaces throughout the Child Care & Learning Centre have been set up as distinct areas for staff to take their breaks, including the staff room, middle portable office, library, and observation booths.

Hand hygiene tools including, alcohol-based hand sanitizer dispensers and handwashing sinks, are available in both indoor spaces. Alcohol-based hand sanitizer is also available in the outdoor spaces.

**Cleaning and Disinfecting:**

Increasing the frequency of cleaning and disinfecting of furniture, learning materials, and high-touch surfaces is an effective measure in controlling the spread of viruses and other microorganisms. OLP staff adhere to the recommendations from Public Health to designate learning materials by cohort and to sanitize them at least once daily. All surfaces, especially surfaces that are frequently touched, such as doorknobs, handles, light switches, toilet handles, tables, chairs, countertops, cabinet drawer handles, faucets, taps, etc., are disinfected at least twice daily and when they become visibly dirty. All soiled or visibly dirty surfaces are cleaned before disinfecting.

Items that cannot be cleaned or disinfected such as craft supplies and nature-based objects are: dedicated to individual children and kept in a designated location (cubby/bag/container labeled with the child’s name) or used for only one day and then placed in a sealed and cleanable container for two weeks. Staff track the rotation of items. Group water or sensory play is not permitted. Individual water or sensory play is permitted if all items are dedicated to individual children and physical distancing is maintained during the activity. The use of sprinklers is also permitted as the water is not collected. Children will wash their hands before and after play.

**Cleaning and Disinfecting Blood/Bodily Fluid Spills:**

In the event of Blood/Bodily Fluid Spills, the surface must be cleaned first then disinfected using the following steps:

- Isolate the area around the spill so that no other objects/humans can be contaminated
- Gather all supplies, and put on Personal Protection Equipment (Face shield, mask, gown, and disposable gloves)
- Ensure gloves have no pinholes or tears and fit securely
- Scoop up the fluid with disposable paper towels (check the surrounding area for splash/
splatter) and dispose of in separate garbage bag
• Clean the spill area with detergent, warm water, and single-use towels
• Rinse to remove detergent residue with clean water and single-use towel
• Discard used paper towels immediately in a tied plastic bag
• Spray disinfectant in and around the spill area and allow appropriate disinfecting contact time
• A final rinse is required if children come into contact with the area
• Remove and immediately discard or launder/disinfect Personal Protection Equipment

Administrative Controls:

This next level of protection involves changes to the way we work and learn in order to promote physical distancing and reduce person-to-person contact to minimize the risk of transmission.

Cohorts:
A cohort is defined as a group of children and the staff members assigned to them, who stay together throughout the duration of the program.

According to the safety guidelines provided by the Ministry of Health, day camps can have a maximum of 26 participants in a cohort (not including staff). The OLP adheres to this cohort size with a maximum of 26 participants registered per week.

Daily Departures from the OLP:
Departures from the OLP must also be carried out in a way that minimizes risk. Parents/guardians will come to pick up their child in the drop off and pick up location and must wear a mask and maintain physical distancing from staff and other children/families. Children will be assisted to sanitize their hands before leaving the OLP.

**The following steps are recommended for all participants in the OLP (adults and children) to complete at the end of each day:
• Wash hands upon arriving at home
• Remove clothing
• Wash clothing worn during the day
• Wash hands (or bathe)
• Change into clean clothing
• Launder clothing worn during the day

Personal Items
Parents are asked to send in several essential items for their child to use throughout their week in the program (a list will be provided ahead of time) and are asked to label all of these items. Essential personal items are stored in a dedicated area for each child or staff member (i.e. labeled cubby). Items that may not need to travel back and forth between home and the OLP (e.g., extra clothes, some outdoor clothing, etc.) will be brought in on the first day of the program and left in the child’s cubby until they leave the program at the end of the week.

Hand Hygiene:
Hand hygiene will be maintained by incorporating additional hand hygiene opportunities into the daily schedule. Hands should be washed for a minimum of 20 seconds and children should be assisted with
hand hygiene, if needed. All individuals at the OLP must sanitize their hands at the start of the day, prior to engaging with the group and again before leaving at the end of the day. Additionally, frequent hand washing must continue throughout the day especially from one activity to another and after going to the washroom, before and after eating, etc. Gloves should be worn when it is anticipated the hands will come into contact with blood or bodily fluids and when providing care to a symptomatic child. Hands must be cleaned before putting on gloves and after removing gloves. Gloves are to be removed immediately after completing a task and prior to touching clean items and surfaces. 70% alcohol-based hand sanitizer will be available throughout the OLP. All hand washing sinks must be unobstructed; possess hot and cold water, liquid soap, and disposable paper towel.

**Personal Protective Equipment:**

This final level of protection is intended to prevent the spread of respiratory droplets that may transmit COVID-19.

Parents are required to wear non-medical masks during the pick-up and drop-off process.

Children are required to wear non-medical masks while inside. They are not required to wear masks outdoors among children of the same cohort. When not in use, children should store their masks in a labelled, clean bag.

All staff are required to wear medical masks and eye protection inside and when unable to maintain physical distance of 2 metres outside. Essential visitors are required to wear medical masks and eye protection at all times.

Personal protective equipment is worn according to the following table:

<table>
<thead>
<tr>
<th>Staff Role</th>
<th>Type of PPE required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Screener</td>
<td>• Medical mask</td>
</tr>
<tr>
<td></td>
<td>• Eye protection (goggles or face shield)</td>
</tr>
<tr>
<td></td>
<td>Ensure hand hygiene is performed before and after each child.</td>
</tr>
<tr>
<td>Staff during general supervision</td>
<td>• Medical mask</td>
</tr>
<tr>
<td></td>
<td>• Eye protection (goggles or face shield)</td>
</tr>
<tr>
<td>Staff providing care for a sick child (suspected case of COVID-19)</td>
<td>Droplet and Contact Precautions, including:</td>
</tr>
<tr>
<td></td>
<td>• Medical mask</td>
</tr>
<tr>
<td></td>
<td>• Eye protection (goggles or face shield)</td>
</tr>
<tr>
<td></td>
<td>• Gown</td>
</tr>
<tr>
<td></td>
<td>• Gloves</td>
</tr>
<tr>
<td>Staff cleaning up bodily fluids with the risk of splashing/soiling of clothing</td>
<td>Droplet and Contact Precautions, including:</td>
</tr>
<tr>
<td></td>
<td>• Medical mask</td>
</tr>
<tr>
<td></td>
<td>• Eye protection (goggles or face shield)</td>
</tr>
<tr>
<td></td>
<td>• Gown</td>
</tr>
<tr>
<td></td>
<td>• Gloves</td>
</tr>
<tr>
<td>Child during general program activities</td>
<td>• Non-medical mask when indoors</td>
</tr>
<tr>
<td>Sick child (suspected case of COVID-19)</td>
<td>• Medical mask (if tolerated)</td>
</tr>
<tr>
<td>Essential Visitors</td>
<td>• Medical mask</td>
</tr>
<tr>
<td></td>
<td>• Eye protection (goggles or face shield)</td>
</tr>
</tbody>
</table>

***Requests for exemption from the use of PPE will be approved with guidance from Public Health.
Suspected and Confirmed Cases of COVID-19

Despite best efforts there remains the possibility that a child, parent, or staff of the OLP could present with symptoms of COVID-19. At this point, strategies to contain the virus will be implemented.

The OLP will contact Wellington-Dufferin-Guelph Public Health to report any confirmed case of COVID-19. Public Health will provide specific advice on what control measures should be implemented to prevent the potential spread and how to monitor for other possible infected staff and children. Outbreaks should be determined in collaboration with Public Health, who will provide additional recommendations. Confirmed cases will also be reported to the U of G according to University guidelines.

Child Presents with Symptoms:

In the event that a child presents with symptoms of COVID-19 while in attendance at the OLP, the Child Isolation Policy will be followed.

Child Isolation Policy (see Appendix D) Children – While in Attendance:
Any child exhibiting a symptom associated with COVID-19 must be immediately separated from others in a supervised isolated area to continue assessment of suspected symptoms in order to determine further action and/or until they are picked up. The child exhibiting symptoms will be isolated in a separate room with a supervising staff member (in full PPE). The staff member who is providing care to the child should wear PPE and maintain a distance of 2 metres. Children with symptoms should be tested. Other children and staff in the program who were present while a child or staff member became ill should be identified as a close contact and cohorted (i.e., grouped together). WDGPH will provide any further direction on testing and isolation of these close contacts.

While in Isolation:
The child with suspected COVID-19 should wear a surgical/procedural mask. Tissues should be provided to the child for proper respiratory etiquette, with proper disposal of the tissue in a non-touch garbage bin and proper hand hygiene. The parent/guardian will be notified through a phone call and must immediately pick up their child.

Centre Staff Presents with Symptoms:

In the event an OLP staff member experiences symptoms of COVID-19, they must report their symptoms to a member of the Administrative Team immediately. The staff person will take precautions to protect the children and co-workers throughout this process. Once staff coverage is deployed to the program, the symptomatic staff will be required to leave work following the departure process and arrange to be tested for COVID-19. They will be excluded from work while in self-isolation. Surfaces that were touched by the staff displaying symptoms must be disinfected as soon as possible in accordance with the Cleaning and Disinfecting protocol. Other children and staff in the program who were present while the staff member became ill should be identified as a close contact and cohorted (i.e., grouped together).

Child Experiences Symptoms While Not in Attendance:

Parents will notify the OLP immediately by email with details if an OLP child begins to experience
symptoms of COVID-19. The child with symptom(s) of COVID-19 must:

- Stay home from the OLP;
- visit a COVID-19 Assessment Centre to be tested;
- or they must receive an alternate diagnosis from a medical practitioner.

Families who opt not to test their symptomatic child must keep the child home for 10 days from the onset of symptoms. Household members must also isolate during this time and must remain isolating for an additional 14 days after the child’s 10-day isolation.

Confirmed Cases of COVID-19

Members of the Administrative Team will follow the explicit directions of Public Health and U of G if there is a confirmed positive case and will complete all reporting requirements. Families of children who have been identified as possible close contacts of a confirmed case of COVID-19 will be advised by the OLP through email. Families will be required to pick up their children right away upon learning of the exposure if the program is operating. The OLP will provide affected families with directions regarding self-isolation as directed by Public Health. Staff identified as close contacts will also be provided with isolation information by the OLP and will await further information from Public Health. Parents, children, and staff should continually self-monitor for signs of COVID-19.
Contacting Public Health

Maintaining open communication with our Public Health contact throughout the pandemic will be key to maintaining the safest possible environment for children, families, and staff.

**Child care programs are instructed to contact WDGPH Intake:** Call: 1-800-265-7293 or 519-822-2715, Ext. 4753 Or email: PHI.intake@wdgpublichealth.ca

- For inquiries, questions, or concerns related to COVID-19 and child care centres;
- For reporting suspected COVID-19 cases; and
- For public health inspection-related information

**Parents and families are directed to call the COVID-19 Call Centre at:** Call: 1-800-265-7293 or 519-822-2715, Ext. 7006
Daily Health Screening Policy

Parents/Guardians must comply with the OLP’s process of completing the Daily Health Screen prior to attending the OLP. Upon arrival, parents are asked to support their child with having their temperature taken. The child is then assisted by a staff member to use an alcohol-based hand sanitizer before entering the program. The staff person sanitizes their hands before assisting the next child.

All OLP staff must complete the Daily Health Screen before reporting to the OLP; disinfect their hands and have their temperature taken upon arrival; wash their hands with soap and water (20 seconds); and disinfect any personal items that have hard surfaces such as cell phones, water bottles, bags, purses etc. prior to reporting to their program/workspace.

Health Screen Area Set Up

The Daily Health Screen area will be set up at the front of the OLP drop off and pick up area, weather permitting. If the program must be moved inside, the Daily Health Screen area will be set up at the entrance to the CCLC Portable.

The area will be readily visible and will be equipped with visual guides to ensure physical distancing between the screener and those arriving at the OLP area; COVID-19 Active Screening Tool (either electronic or paper); hand sanitizer; no-touch infrared thermometer; PPE for the Screener; extra masks for individuals who forgot a mask; Public Health resources. The screening area will have a trained staff member present at all times during the designated drop-off and pick-up periods.

The Screener must be in full PPE (mask and goggles OR a face shield), and have access to sanitizer and disposable gloves. Staff conducting the screen and taking temperatures must have received training on how to conduct and record information on the COVID-19 Active Screening Tool, how to take temperatures and how to put on and take off Personal Protection Equipment. Once the screening is complete, if the individual answers YES to any of the screening questions, or refuses to answer, or has a fever, then they have not met the screening requirements and cannot enter the program.

Attendance Records

Attendance records are kept for all children, staff, and visitors through the usual mechanisms (staff scheduling software, attendance sheet). Additionally, to aid in contact tracing, Daily Health Screen records are maintained.
COVID-19 Active Screening Tool

Students and children must screen for COVID-19 every day before going to school or child care. Parents/guardians can fill this out on behalf of a child.

Date (mm-dd-yyyy) __________

Screening Questions

1. In the last 14 days, has the student/child travelled outside of Canada? 
   □ Yes □ No
   If exempt from federal quarantine requirements, select “No.”

2. Has a doctor, health care provider, or public health unit told you that the student/child should currently be isolating (staying at home)? 
   This can be because of an outbreak or contact tracing.
   □ Yes □ No

3. In the last 14 days, has the student/child been identified as a “close contact” of someone who currently has COVID-19? 
   □ Yes □ No

4. In the last 14 days, has the student/child received a COVID Alert exposure notification on their cell phone? 
   If they already tested for a test and got a negative result, select “No.”
   □ Yes □ No

5. Is the student/child currently experiencing any of these symptoms? 
   Choose any/all that are new, worsening, and not related to other known causes or conditions they already have.

   □ Yes □ No

   - Fever and/or chills
     Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher

   - Cough or barking cough (croup)
     Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious, cold, or other known causes or conditions they already have)

   - Shortness of breath
     Out of breath, unable to breathe deeply (not related to asthma, or other known causes or conditions they already have)

   - Decrease or loss of taste or smell
     Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have

   - Sore throat or difficulty swallowing
     Painful swallowing (not related to seasonal allergies, reflux, or other known causes or conditions they already have)

   - Runny or stuffy/congested nose
     Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have

   - Diarrhea
     Not related to toilet training, being outside in cold weather, or other known causes or conditions they already have

   - Headache
     Not related to injury, other known causes or conditions they already have

   - Muscle aches or pains
     Not related to injury, other known causes or conditions they already have

   - Fatigue
     Not related to injury, other known causes or conditions they already have

   - New loss of appetite
     Not related to injury, other known causes or conditions they already have

   - New nausea or vomiting
     Not related to injury, other known causes or conditions they already have

   - New temperature as measured by a thermometer
     Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher

   - New cough
     Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious, cold, or other known causes or conditions they already have)

   - New shortness of breath
     Out of breath, unable to breathe deeply (not related to asthma, or other known causes or conditions they already have)

   - New loss of taste or smell
     Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have

   - New sore throat or difficulty swallowing
     Painful swallowing (not related to seasonal allergies, reflux, or other known causes or conditions they already have)

   - New runny or stuffy/congested nose
     Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have

   - New diarrhea
     Not related to toilet training, being outside in cold weather, or other known causes or conditions they already have

   - New headache
     Not related to injury, other known causes or conditions they already have

   - New muscle aches or pains
     Not related to injury, other known causes or conditions they already have

   - New fatigue
     Not related to injury, other known causes or conditions they already have

   - New new loss of appetite
     Not related to injury, other known causes or conditions they already have

   - New new nausea or vomiting
     Not related to injury, other known causes or conditions they already have

   - New new temperature as measured by a thermometer
     Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher

   - New new cough
     Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious, cold, or other known causes or conditions they already have)

   - New new shortness of breath
     Out of breath, unable to breathe deeply (not related to asthma, or other known causes or conditions they already have)

   - New new loss of taste or smell
     Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have

   - New new sore throat or difficulty swallowing
     Painful swallowing (not related to seasonal allergies, reflux, or other known causes or conditions they already have)

   - New new runny or stuffy/congested nose
     Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have

   - New new diarrhea
     Not related to toilet training, being outside in cold weather, or other known causes or conditions they already have

   - New new headache
     Not related to injury, other known causes or conditions they already have

   - New new muscle aches or pains
     Not related to injury, other known causes or conditions they already have

   - New new fatigue
     Not related to injury, other known causes or conditions they already have

   - New new loss of appetite
     Not related to injury, other known causes or conditions they already have

   - New new nausea or vomiting
     Not related to injury, other known causes or conditions they already have

   - New new temperature as measured by a thermometer
     Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher

   - New new cough
     Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious, cold, or other known causes or conditions they already have)

   - New new shortness of breath
     Out of breath, unable to breathe deeply (not related to asthma, or other known causes or conditions they already have)

   - New new loss of taste or smell
     Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have

   - New new sore throat or difficulty swallowing
     Painful swallowing (not related to seasonal allergies, reflux, or other known causes or conditions they already have)

   - New new runny or stuffy/congested nose
     Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have

   - New new diarrhea
     Not related to toilet training, being outside in cold weather, or other known causes or conditions they already have

   - New new headache
     Not related to injury, other known causes or conditions they already have

   - New new muscle aches or pains
     Not related to injury, other known causes or conditions they already have

   - New new fatigue
     Not related to injury, other known causes or conditions they already have

   - New new loss of appetite
     Not related to injury, other known causes or conditions they already have

   - New new nausea or vomiting
     Not related to injury, other known causes or conditions they already have
<table>
<thead>
<tr>
<th>Headache</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unusual, long-lasting (not related to tension-type headaches, chronic migraines, or other known causes or conditions they already have)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If the student/child received a COVID-19 vaccination in the last 48 hours and is experiencing a mild headache that only began after vaccination, select “No.”</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Nausea, vomiting and/or diarrhea</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not related to irritable bowel syndrome, anxiety, menstrual cramps, or other known causes or conditions they already have</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Extreme tiredness or muscle aches</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unusual, fatigue, lack of energy, poor feeding in infants (not related to depression, insomnia, thyroid dysfunction, sudden injury, or other known causes or conditions they already have)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If the student/child received a COVID-19 vaccination in the last 48 hours and is experiencing mild fatigue and/or mild muscle aches/joint pain that only began after vaccination, select “No.”</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

6. Is someone that the student/child lives with currently experiencing any new COVID-19 symptoms and/or waiting for test results after experiencing symptoms? If the individual experiencing symptoms received a COVID-19 vaccination in the last 48 hours and is experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, select “No.”

**Results of screening questions**

1. If you answered “YES” to question 1 or 3 do not go to school or child care.
   - The student/child must self-isolate (stay home) for 14 days and not leave except to get tested or for a medical emergency.
   - If you answered “YES” to question 1, follow the advice of public health. The student/child can return to school/child care after they are cleared by your local public health unit.
   - If you answered “YES” to question 3, talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test. The student/child can return to school/child care only after 14 days, even if they get a negative test result.
   - If you live in certain areas of the province, like Toronto or Peel, siblings and other people in your household must stay at home for 14 days. This is because of local risk factors.
   - If you live in other areas of Ontario, siblings and other people in your household can go to school, child care or work, but must not leave the home for other non-essential reasons. Ask your school/child care for more information.
   - If they develop symptoms or test positive, contact your local public health unit or doctor/health care provider for more advice.
   - Contact your school/child care provider to let them know about this result.

2. If you answered “YES” to question 2 do not go to school or child care.
   - The student/child must self-isolate (stay home) and not leave except for a medical emergency.
   - Follow the advice of public health. The student/child can return to school/child care after they are cleared by your local public health unit.
   - If they develop symptoms, contact your local public health unit or doctor/health care provider for more advice.
   - If you live in certain areas of the province, like Toronto or Peel, siblings and other people in your household must stay at home. This is because of local risk factors.
• If you live in other areas of Ontario, siblings and other people in your household can go to school, child care or work, but must not leave the home for other non-essential reasons. Ask your school/child care for more information.
• Contact your school/child care provider to let them know about this result.

If you answered “YES” to question 4 do not go to school or child care.
• The student/child must self-isolate (stay home) and not leave except for a medical emergency.
• Visit an assessment centre to get them a COVID-19 test.
  • If they test negative (they do not have the virus), they can return to school/child care.
  • If they test positive (they have the virus), they can return only after they are cleared by your local public health unit.
• If they develop symptoms, contact your local public health unit or doctor/health care provider for more advice.
• Siblings or other people in your household can go to school, child care or work, but must not leave the home for other, non-essential reasons until the individual who got the COVID alert tests negative, or is cleared by your local public health unit.
• Contact your school/child care provider to let them know about this result.

If you answered “YES” to any of the symptoms included under question 5 or question 6 do not go to school or child care.
• The student/child must isolate (stay home) and not leave except to get tested or for a medical emergency.
• If you answered “YES” to question 5, talk with a doctor/health care provider to get advice or an assessment, including if the student/child need a COVID-19 test.
• If you answered “YES” to question 6, the student/child can return to school or child care after the individual gets a negative COVID-19 test result, or is cleared by your local public health unit or is diagnosed with another illness.
• Siblings or other people in your household must stay at home until the student/child showing symptoms or individual tests negative, or is cleared by your public health unit, or is diagnosed with another illness.
• Contact your school/child care provider to let them know about this result.

If you answered “NO” to all questions, your child may go to school/child care because they seem to be healthy and have not been exposed to COVID-19. Follow your school/child care provider’s established process for letting staff know about this result (if applicable).

If the student/child received a COVID-19 vaccination in the last 48 hours and has mild headache, fatigue, muscle aches and/or joint pain that only began after immunization, and no other symptoms, they are to wear a properly fitted mask for their entire time at school/child care. Their mask may only be removed to consume food or drink and they must remain at least two metres away from others when their mask has been removed. If the symptoms worsen, continue past 48 hours, or if they develop other symptoms, they should leave school/child care immediately to self-isolate and seek COVID-19 testing. If the symptoms worsen, continue past 48 hours, or if they develop other symptoms, they should leave school/child care immediately to self-isolate and seek COVID-19 testing.

Public Health Ontario – Contact Tracing

Answering these questions is optional. This information will only be used by Public Health officials for contact tracing. All information will be deleted in 28 days.

Date: ____________________________

Name: __________________________

Phone or Email: ___________________
Child Isolation Policy

The OLP must have a designated room or area to isolate a child who begins to show consistent or worsening symptoms of COVID-19 away from other children in the program. The poster “Putting on PPE” must be posted in the room (see WDGPH resources). The room or area must be free of communal soft surfaces and be equipped with limited hard surfaced learning materials, hand sanitizer, a no-touch infra-red thermometer, tissues, and a waste bin lined with a plastic bag.

The OLP has designated the townhouse and/or portable classroom as the isolation room, if it becomes necessary. If both spaces are in use, the CCLC’s Art Studio at the end of the main corridor will act as the isolation room.

While in Attendance:
Any child exhibiting a symptom associated with COVID-19 must be immediately separated from others in a supervised isolated area to continue assessment of suspected symptoms in order to determine further action and/or until they are picked up. The child exhibiting symptoms will be isolated in a separate room with a supervising staff member (in full PPE). The staff member who is providing care to the child should maintain a distance of 2 metres. Children with symptoms should be tested. Other children and staff in the program who were present while a child or staff member became ill should be identified as a close contact and cohorted (i.e. grouped together). WDGPH will provide any further direction on testing and isolation of these close contacts.

While in Isolation:
The child with suspected COVID-19 should wear a surgical/procedural mask (if tolerated). Tissues should be provided to the child for proper respiratory etiquette, with proper disposal of the tissue in a non-touch garbage bin and proper hand hygiene. The parent/guardian will be notified through a phone call and must immediately pick up their child.

Process:
The OLP staff person supervising the child must remain in the room for the duration of the isolation period while the Administrative staff completes all required notifications. The child should be closely monitored and comforted as needed while trying to maintain as much physical distancing as possible. Any food that must be served in the isolation area should be the child’s own food and dishes or should be served using disposable items if possible and disposed of in the waste dispenser in the room. Once the child is picked up, the supervising person thoroughly cleans and disinfects the entire room including floors, door handles and any other items or surfaces and items used by the sick child. Cleaning should also take place in the program where the child spent his/her time. Once cleaning is completed, the supervising staff member safely removes and disposes PPE, ties up and disposes garbage and washes hands immediately before returning to normal duties.
Exclusion and Self-Isolation Requirements

Definitions

Risk Factors
Exposure to a Confirmed or Probable Case of COVID-19 or Any International Travel in the past 14 days prior to symptoms

Probable Case of COVID-19
A person (who has not had a laboratory test) with symptoms compatible with COVID-19 and has traveled to an affected area (including inside of Canada) in the 14 days prior to symptom onset; OR Close contact with a confirmed case of COVID-19; OR Lived in or worked in a facility known to be experiencing an outbreak of COVID-19

OR
A person with symptoms compatible with COVID-19 AND in whom laboratory diagnosis of COVID-19 is inconclusive

Close Contacts
Household members, and anyone with close contact (>15 minutes, <2 metres apart), while they (a probable or confirmed case) had symptoms and up to 48 hours prior to symptom onset.

Symptomatic at Time of Testing with Presence of Risk Factors
Individuals who develop symptoms of COVID-19 with the presence of risk factors should self-isolate and be tested for COVID-19. Individuals are required to self-isolate while test results are pending.

Positive Result
Those who test positive for COVID-19 must be excluded for 14 days after the onset of symptoms and must be afebrile and symptoms improving for 72hrs prior to returning. *Close contacts of these individuals should self-isolate for 14 days from last contact

Negative Result
Those who receive a negative COVID-19 result but have the presence of ANY risk factors should not return until: 14 days after the onset of symptoms AND afebrile and symptoms are improving *Close contacts of these individuals should self-isolate for 14 days from last contact

Symptomatic at Time of Testing Without Presence of Risk Factors
Individuals who develop symptoms of COVID-19 without risk factors should self-isolate immediately and be tested for COVID-19. Individuals are required to self-isolate while test results are pending. *Close contacts of these individuals awaiting test results should self-monitor until the result is available and are permitted to continue to work at or attend program during this time.

Negative Result
Those who receive a negative COVID-19 result but without the presence of ANY risk factors should not return until: 24 hours of symptoms improving *Close contacts of these individuals should self-monitor for 14 days from last contact
**Positive Result**
Those who test positive for COVID-19 must be excluded for 14 days after the onset of symptoms and must be afebrile and symptoms improving for 72hrs prior to returning (in accordance with the current COVID-19 Quick Reference Public Health Guidance on Testing and Clearance).
*Close contacts of these individuals should self-isolate for 14 days from last contact*

**Asymptomatic at Time of Testing with Presence of Risk Factors**
Individuals without symptoms who have been tested for COVID-19 due to the presence of risk factors are required to self-isolate while test results are pending.

**Negative Result**
Those who receive a negative COVID-19 result but have the presence of ANY risk factors should not return until: 14 days after the last date of exposure (contact with confirmed or probable case or date of return from travel); AND continue to be asymptomatic.
*Close contacts of these individuals should self-monitor for 14 days from last contact*

**Positive Result**
Those who test positive for COVID-19 must be excluded for 14 days from the COVID-19 test date and must be afebrile and remain asymptomatic for 72hrs prior to returning (in accordance with the current COVID-19 Quick Reference Public Health Guidance on Testing and Clearance).
*Close contacts of these individuals should self-isolate for 14 days from last contact*

**Asymptomatic at Time of Testing Without Presence of Risk Factors**
Individuals without symptoms who have been tested for COVID-19 without the presence of risk factors should self-monitor for symptoms while results are pending.

**Negative Result**
Those who receive a negative COVID-19 result without the presence of ANY risk factors can continue to attend work or the program for as long as they continue to be asymptomatic.
*Close contacts of these individuals should self-monitor for 14 days from last contact.*

**Positive Result**
Those who test positive for COVID-19 must be excluded for 14 days from the COVID-19 test date and must be afebrile and remain asymptomatic for 72hrs prior to returning *Close contacts of these individuals should self-isolate for 14 days from last contact.*

**Exclusion and Self-Isolation Requirements**
When can I go back to work/program?
You can go back to work/program if you:

- received a negative COVID-19 test result and are symptom-free for 24 hours OR,
- have self-isolated for 10 days and symptoms have resolved OR,
- received a different diagnosis from a health care provider (e.g., strep throat, bacterial conjunctivitis)
*After receiving a negative COVID test, if mild symptoms known to persist in young children linger, it would be a case-by-case assessment between the CCLC’s Director, the parent(s) and a healthcare provider (as needed) to determine the child’s return to the OLP (i.e. a child may be permitted to return to OLP while mild symptoms are ongoing given they have received a negative test result and consultation has occurred between the CCLC’s Director, parents and health care provider). Each case is unique and requires consideration of the child’s health history and possible health care provider assessment.

Note: The OLP should refer to the *Childhood Illness Reference Guide for Schools and Child Care Centres* for direction on exclusion requirements if the child has been diagnosed with an infectious disease other than COVID-19.