

Shopping in Guelph Fact Sheet

Main Grocery Stores (near campus)

Stores	No Frills	Food Basics	Walmart	Metro	Zehrs
Address	35 Harvard Rd	3 Clair Rd W 380 Eramosa Rd	175 Stone Rd W	500 Edinburgh Rd S	124 Clair Rd E 160 Kortright Rd W 297 Eramosa Rd
Opening Hours	Monday – Friday, 8:30AM – 9PM; Sat & Sun, 8AM – 8PM	Monday – Sunday, 8AM – 10PM	Monday – Sunday, 7AM – 11PM	Monday – Sunday, 7AM – 11PM	Monday – Sunday, 7AM – 11PM
Bus	Yes	Yes	Yes	Yes	Yes
Walking	Yes (10 min)	No	Yes (15 min)	Yes (20 min)	No
Price	Lowest	Low/Moderate	Low/Moderate	Moderate/High	Moderate/High
Sales	Weekly Sales (You may price match.)	Weekly Sales or Everyday savings	Weekly Sales	Weekly Sales	Weekly Sales
Student Discount	No	Tuesday (10%)	No	Tuesday & Wednesday (10%)	Kortright - Tue & Thurs Clair - Tuesday (10%)
Rewards	Collect PC Optimum Points and redeem later. Use the app to collect points faster.	No	No	Collect Air Miles and redeem later.	Collect PC Optimum Points and redeem later. Use the app to collect points faster.
Dietary Restriction	Limited vegetarian, vegan, gluten free & halal options.	Limited vegetarian, vegan, gluten free & halal options.	Limited vegetarian, vegan, gluten free & halal options.	Various organic & gluten free options. Limited vegetarian & vegan options.	Various organic & gluten free, vegetarian & vegan options. Limited halal & kosher options.

Weight a Minute

- Meat, produce and other items are often sold by weight. You should always check the price per weight unit. Different items are priced using units such as pounds (lbs), grams (g), or kilograms (kg).
- 2.2lbs = 1kg
- 1kg = 1000g
- 1lbs = 0.45 kg or 450g



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Other Stores near the University of Guelph

Stores	Dollarama	Shoppers Drug Mart	Bulk Barn	Farmers Market	Canadian Tire
Address	370 Stone Rd W	615 Scottsdale Dr 7 Clair Rd W	370 Stone Rd W	2 Gordon St	127 Stone Rd W
Opening Hours	Monday – Saturday, 9AM – 9PM; Sun, 9AM – 8PM	Monday – Sunday, 8AM – 12AM	Monday – Saturday, 9AM – 9PM; Sun, 9AM – 7PM	Wed, 7AM - 12PM Sat, 7AM – 12PM	Monday – Saturday, 8AM – 9PM; Sun, 9AM – 6PM
Stone Road Mall	Yes	Yes	No	No	No
Bus	Yes	Yes	Yes	Yes	Yes
Walking	Yes (25 min)	No	Yes (25 min)	No	Yes (13 min)
Price	Low	Moderate	Moderate/High	Moderate/High	Moderate/High
Sales	Items under \$4	Weekly sales	Check flyers	No	Weekly sales
Student Discount	No	No	Wednesday (10%)	No	No
Rewards	No	Collect PC Optimum Points and redeem later. Use the app to collect points faster.	No	No	Collect CT Money to save more.
Groceries	Non-perishable items (Canned food, snacks, household supplies).	Have milk, bread and eggs other than non-perishable items.	Baking ingredients, beans and soup mixes, snacks, spices.	Fresh produces	Snacks, household supplies.

Gryph Tips to Save More

- Shop during student discount day.
- View weekly flyers & prepare to-buy-list. Items on sale are not always the cheapest. Compare the prices before you shop.
- Apply for SPC Card and ISIC. Collect points and redeem later.
- Buy milk in bags to save more.

Buying Winter Clothing

- Find out your size and order online.
- Purchase from used items stores to save money.
- Shop during sales (e.g. Black Friday, Boxing Day).
- Look out for Warehouse Sales fall semester.



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Buying Furniture & Household Supplies

- JYSK – 101 Claire Road East
- Walmart – 175 Stone Road West
- Canadian Tire – 127 Stone Road West

Buying Technology & Appliances

- Walmart – 175 Stone Road West
- Best Buy – 151 Stone Road West
- Staples – 370 Stone Road West

Buying Used Clothing, Furniture, Housewares

- Bibles for Mission Thrift Store
228 Victoria Rd. S.
- Goodwill Community Store
340 Woodlawn Rd. W.
- Gramma's Attic
155 Victoria Road N.
- Habitat for Humanity ReStore
104 Dawson Rd. (Unit 300)
- Hock Shop
33 Wyndham Rd. N.
- Salvation Army
204 Silvercreek
- St. Vincent De Paul Thrift Store
74 Elizabeth St.
- The Attic
35 Harvard Rd.
- The Cheshire Cat
• 219 Silvercreek Pkwy N.
• Value Village Stores
• 214 Silvercreek Pkwy N.
• Garage sales
• Move in madness
• The Cannon (<https://thecannon.ca/>)
Kijiji (<https://www.kijiji.ca/h-guelph/1700242>)

Wine & Drinks

- The legal drinking age in Canada is 19.
- You need a valid ID to purchase alcoholic drinks (Ontario Photo ID, Driver License, or Passport).
- You may purchase alcoholic drinks from LCBO, The Beer Store, or in Metro or Zehrs.
- Public drinking is illegal in Canada, including open containers of alcohol.

Reminders

- Stores are usually closed on holidays. Stock up before holidays/running out of food.
- Remember to include an additional 13% taxes (HST) to find out the final cost.
- Items that are Ontario tax-exempt (8%) include books, children's clothing & footwear, diapers, feminine hygiene products, some food and beverages.
- Check out the "International" aisle in the grocery stores to find out if they sell your food from home.
- Use the Guelph Transit website for the bus schedule (<http://guelph.ca/living/getting-around/bus/>).
- Price on price tags are before tax.