

The logo of the University of Guelph, featuring the text "UNIVERSITY of GUELPH" in white serif font on a black square background.

UNIVERSITY  
of GUELPH

DEPARTMENT OF  
**FAMILY RELATIONS  
AND APPLIED NUTRITION**

---

# Child, Youth and Family Student Handbook 2019-2020

1<sup>st</sup> Edition: August 7, 2019

# Child, Youth and Family Program Handbook

This handbook is intended to serve as a guide for Child, Youth and Family students, and to offer supplementary information about the program, department and the University of Guelph. It does not replace the information that is in the University of Guelph Undergraduate Calendar <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/>. The format is meant to answer some of the questions asked most frequently about the Child, Youth, and Family Program for first year students at the University of Guelph.

## Table of Contents

Important Contact Information.....	2
Department and Program Overview.....	3
Adjusting to the University of Guelph .....	4
General Tips .....	4
Getting Involved.....	4
Campus Map.....	5
University of Guelph Policies .....	5
Study Tips.....	5
The Library.....	6
Textbooks .....	6
Planning Your Program.....	6
Decoding Course Descriptions .....	6
Booking Appointments .....	6
Program Plans .....	8
Child, Youth and Family (CYF) .....	8
Program Plan.....	8
Child, Youth and Family Co-op (CYF:C) .....	12
Program Plan.....	12
Electives.....	16
Elective Ideas for CYF Students .....	16
CYF-The Practicum Experience.....	19
Academic Frequently Asked Questions .....	20
Co-operative Education Frequently Asked Questions.....	26
Child, Youth and Family Student Association .....	27
Faculty Research Interests .....	28
Beyond Undergrad.....	28
Career Planning.....	28
Careers and Further Education.....	29
Graduate Education.....	33
Potential Career Options.....	34

## Important Contact Information

<http://www.uoguelph.ca/family/people>

### Chair

Dr. Clare MacMartin

[cmacmart@uoguelph.ca](mailto:cmacmart@uoguelph.ca)

Telephone: 519-824-4120, Ext. 56321

MINS 245

### Program Counsellor

Linda Zehr

[bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca)

Telephone: 519-824-4120, Ext. 58964 (for appointments)

MINS 253

### Appointments

For appointments please telephone Lina Fracasso at X 58964 or email [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca) and follow the instructions to book your own appointment. Instructions are also included in the Planning Your Program section in this manual. Contact the Program Counsellor regarding special academic considerations related to health or compassionate issues, general career planning and services and curriculum planning, and approval for students taking courses outside the standard program plan, e.g. students who have taken courses at other universities.

### Faculty Advisor

CYF Regular and Co-op Programs

Dr. Kim Wilson

[kim.wilson@uoguelph.ca](mailto:kim.wilson@uoguelph.ca)

x53003, MINS 219

Contact your Faculty Advisor about academic performance, courses, program planning and career information specific to the CYF/CYF Co-op major.

### Undergraduate Curriculum Committee

Chair

Andrea Breen

### Student Academic Co-Representatives

Hannah Finkelstein, [hfinkels@uoguelph.ca](mailto:hfinkels@uoguelph.ca)

Ally Cleave, [acleave@uoguelph.ca](mailto:acleave@uoguelph.ca)

Contact the Chair of the Undergraduate Curriculum Committee or your Student Representative for questions related to existing curriculum or the development of new curriculum.

### University Child Care and Learning Centre

Director, Valerie Trew, [trewv@uoguelph.ca](mailto:trewv@uoguelph.ca)

## CYF Listserv

Your name and uoguelph.ca address will be put on the mailing list for the CYF Listserv. On this Listserv, you will receive important messages from BASc Program Counselling, faculty and student association regarding course selection, job and volunteer opportunities and activities.

## Department and Program Overview

The Department of Family Relations and Applied Nutrition is one of the departments in the College of Social and Applied Human Sciences (CSAHS). The College was created in 1998 through the merger of the former College of Family and Consumer Studies (FACS) and College of Social Science (CSS). The College traces its history back through FACS to Macdonald Institute, one of the founding colleges of the University of Guelph

CYF is one of the three majors of the Bachelor of Applied Science (B.A.Sc.) program. The other majors are Adult Development (ADEV) and Applied Human Nutrition (AHN).

The focus of the Child, Youth and Family (CYF) major is the examination of psychological, social and physical conditions which influence the growth and development of children and adolescents. While the focal point of the major is on children and youth, the family is regarded as a primary context of development and as the key to successful interventions for children with developmental, behavioural, or socio-emotional difficulties. Through the effective use of elective courses, the core requirements in the major can be supplemented to create a program of study which will prepare graduates for a variety of careers in child and youth services.

The CYF major places a child's physical and social development in the context of the family and the community. It prepares students for future careers in a variety of social services geared toward young people. The CYF major combines the rigors of the biological and social sciences, enabling students to look at the child from infancy to adolescence in a variety of family and community settings. Courses in human/child development, physiology, and couple and family dynamics are taught by recognized leaders in their fields and complemented by practicum courses to provide theoretical and first-hand experience with children and youth.

The academic program in the CYF major provides a combination of traditional lectures and seminars with the application of theory in practicum courses. These practicum courses enable students to apply the social and biological components of human development in various family, community and educational settings. Students work directly with young children in the Child Care and Learning Centre or with youth in the community for one semester during their 3<sup>rd</sup> year; and an optional practicum, FRHD\*4340 in 4<sup>th</sup> year working with youth or FRHD\*4330 working with children up to age 12 for one semester. Also, a lab exercise is conducted at the Child Care and Learning Centre for the FRHD\*3180, Observation and Assessment Laboratory course. This variety of experiences affords students greater opportunity to apply the theory obtained in class to real-world issues.

The Co-operative Education Program in Child, Youth and Family enables students to get on the job experience which deepens the connection between study and professional work. Co-op helps students connect theory to real-world experience and apply working knowledge to gain a greater understanding in classes.

CYF is a unique and well-rounded program that is made up of a core of child and family development courses, complemented by courses as diverse as program design for children and youth, physiology, and human sexuality. Graduates from the University of Guelph CYF major are said to be some of the best-rounded and prepared young professionals in their chosen fields.

The University of Guelph's CYF program prepares its graduates well for the competitive field of working with children, youth, and their families. Its blend of practical and classroom components is unsurpassed by similar programs. We hope you find this program an enjoyable and rewarding educational experience!

Graduates are pursuing child and youth-related careers in a variety of settings including child and youth treatment facilities, elementary schools, pediatric wards in hospitals, family and community service agencies, and child care centres. Further academic preparation may be required for certain careers. Many graduates go on to pursue graduate education in fields such as family studies, human development, psychology, counselling psychology, social work, speech pathology, and occupational therapy.

## Adjusting to the University of Guelph

You are in a new learning environment. Take advantage of the many services available to welcome you and support your learning.

### General Tips

- Check your uoguelph.ca email address regularly! Email is the main form of communication for all university departments
- You'll get messages from:
  - CYF Listserv. All CYF students are on this Listserv. Messages include information on curriculum changes, volunteer positions, job opportunities as well as student activities.
  - Various Administrative Departments (such as Co-operative Education and Career Services, Enrolment Services, the Learning Commons, Student Financial Services, Student Housing, Student Life, Student Wellness and Student Accessibility Services)
  - Your instructors about course work
  - Your friends, once they know your University of Guelph email address
- Unless your course instructors/professors tell you otherwise, address instructors, in person and in email correspondence, as "Professor" + Last Name

### Getting Involved

- Participate in activities organized by the Child, Youth and Family Student Association (CYF-SA) to meet your colleagues and hear about how they handled their first year in the program. Look for future advertising from the CYF-SA for ways to get involved and great volunteer opportunities.
- See the Central Students Association (CSA) for a full listing of clubs: <http://www.csaonline.ca>.
- Get to know the University of Guelph campus: <http://www.uoguelph.ca/campus/map/>
- Get to know the Guelph community. Visit the City of Guelph web site at <http://guelph.ca>.
- If you live on campus, consult your Interhall Council: <http://www.interhall.org>

- and residence life staff for involvement opportunities.
- If you live off campus, contact Student Life – Off Campus Living (OCL) at <http://studentlife.uoguelph.ca/ocl/>
  - Participate in activities and opportunities by the College of Social and Applied Human Sciences Student Alliance (CSAHS-SA) to meet some of the other students in your college.

## Campus Map

Get to know the University of Guelph campus, go to:  
<http://www.uoguelph.ca/campus/map/>

## University of Guelph Policies

<https://www.uoguelph.ca/secretariat/policy/database>

The above-named website provides links to the most current versions of University of Guelph policies, procedures and guidelines including an alphabetical listing.

University policies are established by Senate and the Board of Governors. As well, operational and/or managerial policies and regulations are established by administrative units to carry out university policies and applicable federal or provincial legislation.

Policies and procedures related to undergraduate programs are available in the [University of Guelph Undergraduate Calendar](#)

## Study Tips

- Learn about Residence Learning Communities and Academic Clusters which includes a BASc cluster. Further information is outlined on the brochure at: <http://www.housing.uoguelph.ca/page.cfm>, click Undergrad Housing, and then click Residence Learning Communities.
- Visit the Learning Commons in McLaughlin Library to find out about Learning Services and Writing Services to help you build your skills. They offer group sessions and individual support.
- Find out about Supported Learning Groups (SLG) from the web site: <http://www.lib.uoguelph.ca/about/about-our-teams/learning-curriculum-support/supported-learning-groups-slg>. Peer helpers host informal study sessions for some courses, such as PSYC\*1000 Introduction to Psychology.
- Find other students in your classes to join study groups to discuss issues and support your learning.
- If you fail a mid-term or have difficulty on an assignment, seek help immediately from the course instructor or teaching assistant to start dealing with your problem. The semester is too short to put off getting help.
- Use links from the Learning Commons website to connect you with a wealth of study resources. <http://www.lib.uoguelph.ca/get-assistance>.
- Eat well, enjoy physical activity and take time to sleep so you can be at your best for lectures and studying.

## The Library

Familiarize yourself with the abundance of library's services and resources including finding books, videos, journal articles and conducting research. Take a library tour and browse the library website.  
<http://www.lib.uoguelph.ca/>

## Textbooks

University Bookstore

<http://bookstore.uoguelph.ca>

Located in the MacNaughton Building, this bookstore should have all books and materials needed for your classes.

Guelph Campus Co-operative - Co-op Bookstore

<http://www.guelphcampus.coop/>.

Located in the basement of Johnston Hall, this bookstore offers a money saving membership and has both new and used textbooks. The Co-op Bookstore also has a textbook buy-back program at certain times in the semester.

<http://www.thecannon.ca>

Run by the Central Student Association, this website has a 'buy and sell text books' function that lets you browse text books by subject in the Classifieds. You can also post your books to be sold.

## Planning Your Program

### Decoding Course Descriptions

Information regarding course labeling, codes, prerequisites and restrictions are outlined in the Undergraduate Calendar at the following link:

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c12/index.shtml>

### Booking Appointments

There are several ways to arrange an appointment with Linda Zehr, the Bachelor of Applied Science (BAsc) Program Counsellor including:

- Arrange your own date and time. Instructions are listed below. The instructions will also be listed in the [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca) auto reply
- Email [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca) and suggest several dates and times that you are available.
- Telephone 519-824-4120, Ext. 58964 and again suggest dates and times.
- In person, drop by MINS 253 during business hours (8:30 am to 4:30 pm, closed from 12:00 pm to 1:00 pm).

### Instructions to Book Your Own Appointment:

#### Step 1 – Find an available time

Most student appointments are scheduled Monday to Thursday from 9:30 am to 11:30 am and from 1:30 pm to 3:30 pm. Our office is closed between 12:00 pm and 1:00 pm. Times that are not available are marked as Busy. An available time is indicated as Free

Log onto your GryphMail

Step 1: Find a free date and time

Click on the icon in the upper left hand corner of the screen. The icon resembles a waffle:



Click on the “New” tab and then “Calendar Event”

Under People, enter [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca) (the Attendee)

On the right of the screen will be a “Schedule” calendar

On the left of the screen will be “Details” boxes

Click on Start and click on suggested time, appointments are 30 minutes

If the time is available, the word “Free” will appear under the [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca). If the time is not available, the word “Busy” will appear.

Step 2: - Enter Information under Details

Add title for the event: Enter name and ID number and your uoguelph.ca email

Add locations or a room: Enter MINS 253

Start and End: Ensure the time is “Free” and check box as Private  
Please note appointments are 30 minutes on the hour or the half-hour

Add details under an email reminder: Type in your major and telephone number. Also, include what issues you wish to discuss such as course planning, declaring a minor and include which minor, dropping courses, going on exchange, grad check, transferring majors within BASc program, etc.

Step 4 – Send your invitation

Click  Send

The BASc Secretary will receive your request and you will receive a response, Yes, I will attend (meaning it is confirmed), No, I will not attend (meaning the time is not available) and you will receive an email to find another date and time. If you have difficulty finding a free time, please email [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca) and suggest several dates and times that you are available or call 519-824-4120, Ext 58964.



## Program Plans

The following pages can be used to plan your required courses and electives throughout your time in the CYF or CYF: Co-op program based on the 2019-2020 Undergraduate Calendar. Course offerings and curriculum are subject to change. Please refer to the on-line 2019-2020 Undergraduate Calendar for further information on the majors. Courses designated as DE are offered as a Distance Education (on-line) format

### Child, Youth and Family (CYF) Program Plan for 2019-2020

Semester	Offered	Course Code	Course Title	Prerequisites/Restrictions
Semester 1	Fall, W2020DE	FRHD*1100	Life: Health and Well-Being	Priority Access
Semester 1	Summer 2020DE, Fall, Winter	NUTR*1010	Nutrition and Society	Priority Access
Semester 1	Summer, Fall and Winter	PSYC*1000	Introduction to Psychology	
Semester 1	Fall and Winter	<b>One of:</b> ANTH*1150	Introduction to Anthropology	
	Summer, Fall and Winter	SOC*1100	Sociology	
Semester 1			Elective	
Semester 2	Fall and Winter DE	BIOM*2000	Concepts of Human Physiology	See Calendar for restrictions
Semester 2	Summer 2020DE, and Winter	FRHD*1020	Couple and Family Relationships	Priority Access
Semester 2	Winter	MBG*1000	Genetics and Society	
Semester 2	Winter	<b>One of:</b> FRHD*2260	Infant Development*	1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100 Priority Access
		FRHD*2280	Adolescent Development	
Semester 2	Winter		Elective	

**\*Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD\*2260.**

Semester	Offered	Course Code	Course Title	Prerequisites/Restrictions
Semester 3	Summer 2020DE, Fall and Winter 2020DE	FRHD*2100	Development of Human Sexuality	4.50 credits, Priority Access
Semester 3	Fall	FRHD*2110	Children and Youth with Exceptionalities	FRHD*1020, (1 of FRHD*2060, FRHD*2260, FRHD*2280, FRHD*2270 or PSYC*2450) Priority Access
Semester 3	Fall	STAT*2080	Introductory Applied Statistics I	See calendar
Semester 3	Fall	<b>One of:</b> FRHD*2060  FRHD*2270	Adult Development and Aging  Development in Early and Middle Childhood*	1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100 Priority Access
Semester 3			Elective	
<b>*Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD*2270</b>				
Semester 4	Winter	FRHD*3150	Strategies for Behaviour Change	2 of FRHD*1010, FRHD*2060, FRHD*2260, (FRHD*2270 or PSYC*2450), FRHD*2280, Priority Access
Semester 4	Winter	STAT*2090	Introductory Applied Statistics II	STAT*2080
Semester 4	Winter	<b>One of:</b> FRHD*2040  FRHD*2400	Principles of Program Design for Children*  Introduction to Human Services	FRHD*2270 or PSYC*2450, Restricted to CYF and CYF:C  1 of FRHD*1010, FRHD*2060, FRHD*2280, FRHD*2270, PSYC*2450 Restricted to CYF, CYF:C ADEV, ADEV:C
Semester 4	Winter		Elective	
Semester 4	Winter		Elective	
<b>*Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD*2040</b>				

Semester	Offered	Course Code	Course Title	Prerequisites/ Restrictions
Semester 5	Fall	FRHD*3070	Research Methods-Family Studies	4.50 credits, Restricted to students in BAsC
Semester 5	Fall	FRHD*3180	Observation and Assessment Laboratory	(FRHD*2040 or FRHD*2300 or FRHD*2400), FRHD*2110
Semester 5	Fall and Winter	FRHD*3400	Communication and Counselling Skills	4.50 credits including (FRHD*1020 or FRHD*1100), Priority Access
Semester 5	Fall and Winter	<b>One of:</b> FRHD*3200	Practicum-Child (or in Semester 6) 1.00*	FRHD*2040, Co-requisite FRHD*3180, FRHD*3400. Instructor Consent required
		FRHD*3250	Practicum in Youth (or in Semester 6) 1.00	FRHD*2300 or FRHD*2400, Co-requisite FRHD*3180, FRHD*3400. Instructor Consent required

**Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD\*3200.**

Semester 6	Winter	FRHD*3040	Parenting and Intergenerational Relationships	9.50 credits including FRHD*1020, (1 of FRHD*1100, FRHD*2060, FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450), Priority Access
Semester 6	Winter		Elective*	
Semester 6	Winter		Elective	
Semester 6	Winter		Elective	
Semester 6	Winter		Elective	

**Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD\*3190\*DE Administration for Children in place of 0.50 electives. NOTE For FRHD\*3120DE: Offering in Winter Semester in even numbered years and odd numbered years in the Summer Semester.**

Semester	Offered	Course Code	Course Title	Prerequisites/ Restrictions
Semester 7	Fall	FRHD*4310	Professional Issues	14.00 credits including FRHD*3400, Priority Access
Semester 7	Fall		Elective or restricted elective*	
Semester 7	Fall		Elective or restricted elective*	
Semester 7	Fall		Elective or restricted elective	
Semester 7	Fall		Elective or restricted elective	
<b>Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD*4210 Senior Seminar in Early Education and Care in place of 0.50 electives in Semester 7, (this course will also count as a restricted elective) and FRHD*4330 Practicum II: Child in place of 1.00 electives in Semester 7.</b>				
Semester 8	Winter	FRHD*4320	Social Policy for Children, Youth and Families	9.50 credits, Priority Access
Semester 8	Winter		Elective or restricted elective*	
Semester 8	Winter		Elective or restricted elective	
Semester 8	Winter		Elective or restricted elective	
Semester 8	Winter		Elective or restricted elective	
<b>Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD*4350 Practicum III: Child in place of 1.00 electives.</b>				

Restricted Electives: In addition to the 11.50 required credits, 0.50 credit must be taken from the Department of Family Relations and Applied Nutrition at the 4000 level (excluding FRHD\*4330 Practicum II: Child or FRHD\*4340 Practicum II: Youth or FRHD\*4350 Practicum III: Child)

## Child, Youth and Family Co-op (CYF:C) Program Plan - 2019-2020

Credit Summary (21.50 Total Credits)

11.50 - Required Core Courses

0.50 - Restricted Electives (from lists)

8.00 – Free Electives

1.50 - Co-op Work Terms

Semester	Offered	Course Code	Course Title	Prerequisites/ Restrictions
Semester 1	Fall, Winter 2020DE	FRHD*1100	Life: Health and Well-Being	Priority Access
Semester 1	Summer 2020DE, Fall, Winter	NUTR*1010	Nutrition and Society	Priority Access
Semester 1	Summer, Fall and Winter	PSYC*1000	Introduction to Psychology	
Semester 1	Fall and Winter	<b>One of:</b> ANTH*1150	Introduction to Anthropology	
	Summer, Fall and Winter	SOC*1100	Sociology	
Semester 1			Elective	
Semester 2	Fall and Winter DE	BIOM*2000	Concepts of Human Physiology	See Calendar for restrictions
Semester 2	Summer 2020DE, and Winter	FRHD*1020	Couple and Family Relationships	
Semester 2	Winter	MBG*1000	Genetics and Society	
Semester 2	Winter	<b>One of:</b> FRHD*2260  FRHD*2280	Infant Development*  Adolescent Development	1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100 Priority Access
Semester 2			Elective	
<b>*Students planning to apply for membership in the College of Early Childhood Educators (ECE) need to complete FRHD*2260.</b>				

Semester	Offered	Course Code	Course Title	Prerequisites/ Restrictions
Semester 3	Summer 2020DE, Fall and Winter 2020DE	FRHD*2100	Development of Human Sexuality	4.50 credits, Priority Access
Semester 3	Fall	FRHD*2110	Children and Youth with Exceptionalities	FRHD*1020, (1 of FRHD*2060, FRHD*2260, FRHD*2280, FRHD*2270 or PSYC*2450) Priority Access
Semester 3	Fall	FRHD*3070	Research Methods-Family Studies	4.50 credits, Restricted to students in BASc
Semester 3	Fall	STAT*2080	Introductory Applied Statistics I	See calendar
Semester 3	Fall	<b>One of:</b> FRHD*2060  FRHD*2270	Adult Development and Aging  Development in Early and Middle Childhood*	1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100 Priority Access
<b>*Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD*2270</b>				
<b>COOP*1100 (non-credit)</b>				
Semester 4	Winter	FRHD*3150	Strategies for Behaviour Change	2 of FRHD*1010, FRHD*2060, FRHD*2260, (FRHD*2270 or PSYC*2450), FRHD*2280, Priority Access
Semester 4	Fall and Winter	FRHD*3400	Communication and Counselling Skills	4.50 credits including (FRHD*1020 or FRHD*1100), Priority Access
Semester 4	Winter	STAT*2090	Introductory Applied Statistics II	STAT*2080
Semester 4	Winter	<b>One of:</b> FRHD*2040  FRHD*2400	Principles of Program Design for Children*  Introduction to Human Services	FRHD*2270 or PSYC*2450, Restricted to CYF and CYF:C  1 of FRHD*1010, FRHD*2060, FRHD*2280, FRHD*2270, PSYC*2450 Restricted to CYF, CYF:C, ADEV, ADEV:C
Semester 4	Winter		Elective*	

**\*Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD\*2040 and FRHD\*3190\*DE Administration for Children in place of 0.50 elective. NOTE FOR FRHD\*3190\*DE: Offering in Winter Semester in even numbered years and odd numbered years in the Summer Semester. FRHD\*3190DE may also be taken during Year 4 Winter Co-op Work Term III in even numbered years.**

**Year 2 Summer COOP\*1000 Co-op Work Term I**

**Year 3 Fall COOP\*2000 Co-op Work Term III**

<b>Semester</b>	<b>Offered</b>	<b>Course Code</b>	<b>Course Title</b>	<b>Prerequisites/Restrictions</b>
Semester 5	Winter	FRHD*3040	Parenting and Intergenerational Relationships	9.50 credits including FRHD*1020, (1 of FRHD*1100, FRHD*2060, FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450), Priority Access
Semester 5	Fall and Winter	<b>One of:</b> FRHD*3200	Practicum-Child (or in Semester 6) 1.00*	FRHD*2040, Co-requisite, FRHD*3180, FRHD*3400, Instructor Consent required
		FRHD*3250	Practicum in Youth (or in Semester 6) 1.00	FRHD*2300 or FRHD*2400, Co-requisite, FRHD*3180, FRHD*3400, Instructor Consent required
Semester 5	Winter	FRHD*4320	Social Policies for Children, Youth and Families	9.50 credits, Priority Access
Semester 5	Fall		Elective*	

**Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD\*3200**

Semester 6	Summer		Elective*	
Semester 6	Summer		Elective	
Semester 6	Summer		Elective	
Semester 6	Summer		Elective	
Semester 6	Summer		Elective	

**Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD\*3190\*DE Administration for Children in place of 0.50 electives. NOTE FOR FRHD\*3190DE: Offering in Winter Semester in even numbered years and odd numbered years in the Summer Semester**

Semester	Offered	Course Code	Course Title	Prerequisites/ Restrictions
Semester 7	Fall	FRHD*3180	Observation and Assessment Laboratory	(FRHD*2040 or FRHD*2300 or FRHD*2400), FRHD*2110
Semester 7	Fall	FRHD*4310	Professional Issues	14.00 credits including FRHD*3400, Priority Access
Semester 7	Fall		Elective or restricted elective*	
Semester 7	Fall		Elective or restricted elective	
Semester 7	Fall		Elective or restricted elective	
<b>*Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD*4210 Senior Seminar in Early Education and Care in place of 0.50 electives in Semester 7, (this course will also count as a restricted elective) and FRHD*4330 Practicum II: Child in place of 1.00 electives in Semester 7 or Semester 8 OR a Co-op Work Term with children 0-12 years of age.</b>				
Year 4 Winter COOP*3000 Co-op Work Term III				
Semester 8	Summer		Elective*	
Semester 8	Summer		Elective *	
Semester 8	Summer		Elective	
Semester 8	Summer		Elective	
Semester 8	Summer		Elective	
<b>* Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete FRHD*4350 Practicum III: Child in Semester 7 or 8</b>				

Restricted Electives: In addition to the 11.50 required credits, 0.50 credit must be taken from the Department of Family Relations and Applied Nutrition at the 4000 level (excluding FRHD\*4330 and FRHD\*4340 or FRHD\*4350)



## Electives

The number of electives at various levels is not mandated in BASc majors (AHN, CYF and ADEV). There is no specific limit to the number of 1000 level, 2000 level, etc., elective courses allowed throughout your program. Also, when planning electives, check the course description in the Undergraduate Calendar as the course may have additional prerequisites or a co-requisite other than what is required in the major. Course offerings are subject to change.

### Elective Ideas for CYF Students

Please note that course offerings are subject to change. Courses may have scheduling changes, Priority Access (PA) which means the course may be restricted to certain degree programs or majors or are offered through Distance Education (DE) format only. Also, when planning electives, check the course description in the Undergraduate Calendar as the course may have additional prerequisites or a co-requisite other than what is required in the major.

Please refer to the Undergraduate Calendar or WebAdvisor for further information regarding when a course is offered, prerequisites, restrictions and Priority Access. Also, watch for announcements on the CYF listserv.

Remember that electives are an opportunity to try out different content areas and see what peaks your interest! Of course, they are also used to meet requirements for your future careers and further education – see “Careers and Further Education” section in the handbook for this information.

<b>Course</b>	<b>Prerequisites/Restrictions</b>
ANTH*2160 W (3-0) [0.50] Social Anthropology	ANTH*1150
ANTH*2660 W (3-0) [0.50] Contemporary Native Peoples of Canada	1 of ANTH*1150, IDEV*1000, SOC*1100
ARTH*1510 F (3-0) [0.50] Art Historical Studies I	No prerequisites or restrictions
ARTH*1520 W (3-0) [0.50] Art Historical Studies II	No prerequisites or restrictions
BIOL*1500 F, W (3-0) [0.50] Humans in the Natural World	No prerequisites Also offered through Distance Education format.
BOT*1200 W (3-0) [0.50] Plants and Human Use	Restrictions: BIOL*1050
CLAS*2000 S,W (3-0) [0.50] Classical Mythology	No prerequisites or restrictions Also offered through Distance Education format
CIS*1000 S,F,W (3-2) [0.50] Introduction to Computer Applications	Restriction: CIS*1200 Also offered through Distance Education format.
ENGL*1030 S F W (3.0) [0.50] Effective Writing	No prerequisites or restrictions Also offered through Distance Education format
ENGL*1200 F,W (3-0) [0.50] Reading the Contemporary World	No prerequisites or restrictions Also offered through Distance Education format.
ENGL*2190 W (3-0) [0.50] Queer Literatures and Cultures	Prerequisite: 2.00 credits Offered in odd numbered years

<b>Course</b>	<b>Prerequisites/Restrictions</b>
ENGL*2740 F,W (3-0) [0.50] Children's Literature	Prerequisite: 2.00 credits Also offered through Distance Education format
ENVS*1060 S,F,W (3-0) [0.50] Principles of Geology	No prerequisites Offered through Distance Education format only.
FRHD*3500 S,F,W [0.50] Research Internship	FRHD*3070, STAT*2090, Instructor consent
GEOG*1200 F (3-0) [0.50] Society and Space	No prerequisites or restrictions Also offered through Distance Education format.
GEOG*1220 F,W (3-0) [0.50] Human Impact on the Environment	No prerequisites or restrictions Also offered through Distance Education format.
HIST*2260 W (3-0) [0.50] Religion and Society	Prerequisite: 2.00 credits Offered through Distance Education format only.
HIST*3020 F (3-0) [0.50] Sexuality and Gender in History	Prerequisites: 7.50 credits incl. 1.00 credits in History.
HIST*3130 S, F (3-0) [0.50] Popular Culture and Punishment 1700-1900	Prerequisites: 7.50 credits
HIST*3200 F (3-0) [0.50] Youth in History	Prerequisites: 7.50 credits
HIST*3240 F (3-0) [0.50] Food History	Prerequisites: 7.50 credits
HIST*3640 F (3-0) [0.50] Madness and Psychiatry	Prerequisites: 7.50 credits Offered in odd-numbered years
LING*1000 F W (3-0) [0.50] Introduction to Linguistics	No prerequisites or restrictions Offered through Distance Education format
MCS*2100 S,F,W (3-0) [0.50] Personal Financial Management	Prerequisites: 5.00 credits Offered through Distance Education format only.
MUSC*2030 F (3-0) [0.50] Music in Canada	No prerequisites or restrictions Offered in odd-numbered years.
MUSC*2150 F,W (3-0) [0.50] Music and Popular Culture	No prerequisites or restrictions Also, offered through Distance Education
NUTR*2050 F (3-0) [0.50] Nutrition Through the Life Cycle	Prerequisite: NUTR*1010 Also offered through Distance Education format.
PHIL*1010 F,W (3-0) [0.50] Introductory Philosophy: Social and Political Issues	No prerequisites or restrictions
PHYS*1600 F (3-0) [0.50] Contemporary Astronomy	Restrictions: Students with standing in any other 1000 level course credit in physics (except for PHYS*1010 and PHYS*1810) may not use this course for credit. Offered through Distance Education format only.
POLS*1150 F,W (3-1) [0.50] Understanding Politics	Restrictions: POLS*1000, POLS*1300
POLS*1400 F (3-0) [0.50]	No prerequisites or restrictions

<b>Course</b>	<b>Prerequisites/Restrictions</b>
Issues in Canadian Politics	Also offered through Distance Education format.
POLS*2150 W (3-0) [0.50] Gender and Politics	No prerequisites or restrictions
PSYC*2310 S,F,W (3-0) [0.50] Social Psychology	Prerequisites: 1 of (PSYC*1000, PSYC*1100, PSYC*1200) Also offered through Distance Education format.
PSYC*2330 F (3-0) [0.50] Principles of Learning	Prerequisites: 1 of (PSYC*1000, PSYC*1100, PSYC*1200), Priority Access. Some restrictions may apply during some time periods.
PSYC*2390 W (3-0) [0.50] Sensation and Perception	Prerequisites: 1 of (PSYC*1000, PSYC*1100, PSYC*1200), Priority Access. Some restrictions may apply during some time periods. Also offered through Distance Education format.
PSYC*2740 W (3-0) [0.50] Personality	Prerequisites: 1 of (PSYC*1000, PSYC*1100, PSYC*1200), Priority Access. Some restrictions may apply during some time periods. Also offered through Distance Education format.
SOC*1500 F,W (3-0) [0.50] Crime and Criminal Justice	No prerequisites or restrictions
SOAN*2290 U (3-0) [0.50] Identities and Cultural Diversity	Prerequisites: ANTH*1150 or SOC*1100
SOAN*2400 S,F (3-0) [0.50] Introduction to Gender Systems	Prerequisites: ANTH*1150 or SOC*1100 Also offered through Distance Education format.
THST*1040 F,W (3-0) [0.50] Introduction to Performance	No prerequisites or restrictions
WMST*1000 S F (3-0) [0.50] Introduction to Women's Studies	No prerequisites or restrictions Also offered through Distance Education format
WMST*2000 W (3-0) [0.50] Women and Representation	No prerequisites or restrictions

**ADDITIONAL ELECTIVES:** Recommended electives are provided for the following career paths in the Careers and Further Education section of this manual:

- Child and Youth Services
- Early Childhood Education
- Teaching
- Graduate Education

**NOTE:** Consider exploring electives in other departments and beyond those listed above. You can take electives in many areas provided you have the prerequisites and it is not restricted to the major. Please refer to WebAdvisor for further information.

## CYF-The Practicum Experience

Practicum courses are a unique component of the BASc degree. The practicum experience provides students an opportunity to work alongside professionals in the field and receive ongoing supervision and feedback. It is this experience that enables students to integrate what they learn in the classroom with professional practice. All CYF students are required to take a practicum either in Child (FRHD\*3200) or Youth (FRHD\*3250) in either the Fall or Winter of the third year of study. In the fourth year of study, students may take an optional practicum course (FRHD\*4330 Practicum II: Child or FRHD\*4340 Practicum II: Youth), offered in the Fall, Winter and Spring semesters. Students intending to apply to the College of Early Childhood Educators must take both FRHD\*4330 Practicum II: Child and FRHD\*4350 Practicum III: Child. Please see CYF Program Plan on pages 8-11 and CYF:C Program Plan on pages 12-15 regarding 4th year practicums. For information on applying for membership to the College of Early Childhood Educators, please see page 30, Early Childhood Education.

Students taking the 3<sup>rd</sup> year Practicum in Child are placed in the Child Care and Learning Centre. Students registered in the Practicum in Youth are placed in elementary and high schools within Guelph. In the 4th year practicums, students are given a choice of placement options within educational facilities or within a range of community agencies and human service organizations serving children and youth.

A required course that prepares students to go into practicum is Principles of Program Design for Children (FRHD\*2040) or Introduction to Human Services (FRHD\*2400) offered in the Winter of the second year of study. It is within this course that students prepare to be placed in a practicum that corresponds with their interests and learning objectives. It is important that students take these courses in sequence and not before the winter of their second semester.

Students must have the consent of the Practicum Coordinator or designate to take practicum courses. This includes having a course waiver signed to register for the course. Once registration for the practicum is confirmed, a lottery system is used to determine which semester students will register for their third and fourth year practicums. The Practicum Coordinator matches students with available placements. Sometimes students decide to study part time or take courses out of sequence. If that is the case for you, it is essential that you are in touch with the Practicum Coordinator as early as possible. This will ensure that you are not missed in the preparations for placement.

If a student decides to withdraw from the practicum course, it is essential that he or she notify the Practicum Coordinator and Course Instructor immediately

# Academic Frequently Asked Questions

## **The website for the Undergraduate Calendar is:**

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/>

There are a number of questions which direct students to Section VIII, Undergraduate Degree Regulations and Procedures of the calendar and that link is:

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/index.shtml>

## **Where can I find information about important academic dates?**

Each year, important dates for the academic year are listed on WebAdvisor,

<http://www.uoguelph.ca/registrar/calendars/>. The same information is under the Schedule of Dates in the undergraduate calendar

## **Can I take a Minor?**

As of the 2013-2014 Undergraduate Calendar, CYF majors could declare a minor and submit the relevant documentation. You need to consult with the BAsC Program Counsellor. If you are interested in doing a minor, review the course requirements of the many minors as listed under the Bachelor of Arts (B.A.)

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml> and plan your elective course choices accordingly.

Listed below are a few examples of minors. Please feel free to explore other subject areas at

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml>

- Business Administration (BADM)
- Criminal Justice and Public Policy (CJPP). This minor has specific course and grade average requirements before it may be declared. Please consult Undergraduate Calendar for details: <https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/c10ba-cjpp.shtml>
- Ethics in Life Sciences (ELS)
- French (FREN)
- International Development (ID)
- Psychology (PSYC)
- Sociology (SOC)

To locate the Faculty Advisor for the Minor you are interested in check Undergraduate Academic Information Centre under Academic Advisors at <http://www.uoguelph.ca/uaic/academicadvisors>.

## **Can I take part in an international exchange or study in another country?**

The University has programs for studying abroad and information about them is available from Centre for International Programs, Level 3, University Centre, <http://www.uoguelph.ca/cip/>. Depending on the courses offered in other countries, international study may add one or two semesters to your program in order for you to schedule required courses required in the CYF majors. Planning for international study requires consultation with your Program Counsellor and the Centre for International Programs.

### **Can I take a course at another university and get credit towards my program?**

If you want to take a course at another university and get credit towards your degree, you must complete a Request for Letter of Permission form. Review the “Letters of Permission” topic within the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar”.

### **Should I keep my course outlines?**

Yes. We receive frequent requests from students following graduation for copies of their course outlines for various reasons, such as applying for membership in a professional college. Most course outlines for Family Relations and Applied Nutrition courses are posted on our website at:

<http://www.uoquelp.ca/family/undergraduate-courses>

### **What scholarships and awards are available?**

Information about scholarships and awards is available in the undergraduate calendar. There are three types of awards available: scholarships, bursaries, and access awards. Scholarship applications are based on academic achievement and extracurricular involvement. Bursaries and Access Awards are distributed based on financial need, as well as academic achievement and extracurricular involvement. The link in the undergraduate calendar is listed below and further information may be found regarding requirements, application procedures and deadlines.

<http://www.uoquelp.ca/registrar/calendars/undergraduate/current/c09/index.shtml>

### **What marks do I need to stay in the program?**

Generally, you are required to maintain a minimum average of 60% to stay in the program. There is some leniency for the first 5.00 credit attempts. Please review the “Continuation of Study” topic within the section “Undergraduate Degree Regulations and Procedures” of the Undergraduate Calendar. Consult with your Program Counsellor if you have questions or concerns.

### **What is required to graduate from the program?**

To qualify for the degree Bachelor of Applied Science, the student must satisfy the following conditions:

- the student must have successfully completed the schedule of studies requirements for the specified major
- the student must have a cumulative average of 60% or higher
- the student must have a term academic standing of Eligible to Continue

### **What if I have health or other problems that are affecting my academic work?**

Student Health Services is in the J.T. Powell Building for treatment of your health concerns. To discuss academic concerns because of health conditions, make an appointment to talk with the Program Counsellor. You may also visit Counselling Services, J.T. Powell Building to help manage your difficulties. Read carefully the “Academic Consideration and Appeals, Petitions” section under “Undergraduate Degree Regulations and Procedures”, especially the sub-section “Academic Consideration” and “Student Responsibilities” to be sure that you follow the necessary procedures. If you miss an assignment deadline or a mid-term exam, contact the course instructor as soon as possible. Check the course outline to see if there is a standard process for handling missed assignments and/or mid-terms.

### **Can I drop a course?**

If you feel that you absolutely must drop a course, the procedure is quite easy. Before making the decision, see how dropping the course will affect your Program Plan. If the course is a prerequisite for other courses, contact your Program Counsellor or Faculty Advisor to ensure you have a feasible plan for completing your degree. If you drop a required course, you must take it again in another semester. You need 20 credits to graduate; therefore, you may have to take an extra course either in the summer or during another semester. Check when the course is offered again. To avoid academic penalty, courses that are one semester long must be dropped by the last day of classes. For two-semester courses, they must be dropped by the last day of classes in the second semester. Check the Undergraduate Calendar Schedule of Studies for the actual dates, <https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c03/index.shtml>

You may drop the course on Web Advisor. Refer to the Student Financial Services website regarding refunds at <http://www.uoguelph.ca/registrar/studentfinance/index.cfm?fees/refunds>.

If you are on OSAP (Ontario Student Assistance Program), there may be consequences on your OSAP funding when dropping your course load below 1.50 credits. Contact Student Financial Services at [fininfo@uoguelph.ca](mailto:fininfo@uoguelph.ca) or call 519-824-4120, Ext. 58715 before dropping courses.

### **Can I defer a final exam?**

You may request to have a final exam or final assignment deferred if you have medical, psychological or compassionate grounds. You must submit your Request for Academic Consideration (RAC) within 5 days of the missed final examination or final assignment. A deferred exam is usually written during a specified time early in the following term. If you are unable to write a final exam, contact the BASc. Counselling Office to arrange an appointment to ensure all appropriate procedures are being followed. See also the, "Deferred Privileges" in the "Undergraduate Degree Regulations and Procedures" section of the Undergraduate Calendar.

### **What if I need an extension on an assignment or miss a mid-term examination?**

Each instructor should have specific procedures outlined in the course outline which you are given in the first week of classes. Check this outline and speak to your professor about any problems with completing an assignment. Be sure to do this early!

### **How will I find out my final grades?**

Grade reports are released shortly after conclusion of the final examinations, on the date specified by the University. You may access an unofficial copy of your grades using WebAdvisor from the University of Guelph web site on the same release day.

### **What if I fail a course?**

If you fail a course, you have a chance to take a course again or an alternative course. The summer semester provides opportunity to catch up with failed courses or take electives to lighten course loads in later semesters. For more details, see "Failed Courses" in the "Undergraduate Degree Regulations and Procedures" section of the Undergraduate Calendar. If you believe that there are extenuating circumstances related to failing the course, see the Program Counsellor for assistance. The Program Counsellor will also be willing to meet with you to create a plan to maximize your success when you re-take the course.

### **What if I think there was a mistake on the final grade for one of my courses?**

You may request a grade reassessment. To do this you must submit a request in writing to the chair of the department offering the course, no later than the 10th day of class of the succeeding semester.

For details on this process, see “Grade Reassessment” in the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar.

### **What if I’m not sure that I’m in the right program?**

Make an appointment to talk with the BASc. Program Counsellor. You can discuss your interests, academic progress, and goals, and consider options and alternatives. You can clarify the degree requirements and find out about other services.

### **May I apply to transfer into another BASc major?**

If you wish to transfer into Adult Development or Child, Youth and Family, please contact the BASc Program Counselling Office at [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca), telephone 519-824-4120, Ext. 58964 or drop by the office in MINS 253. There is an internal BASc application form to complete which is available in MINS 253. If you wish further information regarding the high school subject requirements, the course requirements and the grade average required, please arrange an appointment with Linda Zehr, the BASc Program Counsellor.

### **May I apply to transfer into another University of Guelph degree program?**

If you wish to transfer to another University of Guelph degree program, please contact Admission Services for details regarding the transfer application process and deadlines, the high school subject requirements and the grade average required. Admissions Services may be reached at [admission@registrar.uoguelph.ca](mailto:admission@registrar.uoguelph.ca), telephone 519-824-4120, Extension 58721 or 3<sup>rd</sup> Floor University Centre. The degree programs and affiliated majors are listed in the Undergraduate Calendar at: <https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml>  
If have questions regarding course requirements for other majors, please contact the relevant Program Counselling Office and their contact information is at: <https://www.uoguelph.ca/uaic/programcounsellors>.

### **Where do I find the schedule of courses for a particular semester?**

The course schedule is available on WebAdvisor>Students>Search for Sections.

### **Why can’t I register for a course I need for my program?**

- There are a number of reasons why you may not be able to get into a course at a certain time:
- It may not be your course selection window
- Some courses are restricted to certain groups of students. This is called “Priority Access”
- Some courses require instructor consent (i.e., BASc practicum and thesis courses)
- You may not have the required prerequisites or co-requisites or required credits
- The course/section is full

If you are a **BASc major or a Family and Child Studies (FCS) minor** (including transfer students), we will make every effort to accommodate your required courses in your unique schedule. You may need a course waiver. This is a paper process. The Course Waiver Request form may be obtained from WebAdvisor, <http://www.uoguelph.ca/registrar/index.cfm?webadvisor/docforms> or from the BASc Counselling Office, MINS 253. Also, see our department website for the course waiver process: <http://www.uoguelph.ca/family/undergraduate-course-waivers>



### **What do I do if a course I need for my program is full when it is my turn to register?**

Sometimes a course may look full on WebAdvisor, but there is still room for students who require it for their program of study. Keep your eye on WebAdvisor, as spaces may open throughout the course selection period. If you are a BASc major or FCS minor (including transfer students), we will make every effort to accommodate your required courses in your unique schedule. You may need a course waiver.

### **How do I get a course waiver for a BASc course?**

Each department may have a different process for allowing students into their courses.

To get into a course from another department, we suggest you contact the course instructor or department directly. In some departments, the instructor of the course signs the course waivers. In the Department of Family Relations and Applied Nutrition for BASc and other students, most course waivers are signed by the Academic Administrative Assistant, [franwork@uoguelph.ca](mailto:franwork@uoguelph.ca), MINS 247. Further information is available at <https://www.uoguelph.ca/family/undergraduate-course-waivers>

### **How do I get a letter of reference from a faculty member?**

References are a CRITICAL component of any application to graduate or professional schools. The guidelines outlined below will help you through the process.

#### Choose faculty carefully

- ✓ First approach faculty who have taught you 3rd and 4th year level courses
- ✓ Ask whether the faculty member can provide you with a strong letter of reference
- ✓ Letters from assistant, associate or full professors are generally preferred at most
- ✓ Institutions

#### Request references early

- ✓ Ask whether the faculty member wishes paper or electronic documents
- ✓ Allow at least 3 weeks for faculty to produce letters

#### Information/materials to provide about yourself

- ✓ Remind the professor of the program you are in and the course(s) you have taken with them (include course code and semester)
- ✓ Brief summary (1/2 page) of your key strengths/areas that you think should be emphasized; especially note any outstanding accomplishments you may have had in the course(s) taught by this particular faculty member
- ✓ Unofficial transcript
- ✓ Draft of your statement of interest/plan of study/letter of intent

#### Information/materials to provide about the program(s) to which you are applying

- ✓ Name and location of the program
- ✓ Brief description of the program and/or link to the program website, if applicable
- ✓ Type of reference required (i.e., online, forms, letter, etc.)
- ✓ Forms and/or links to the reference forms (Make sure that any required information is on forms, if applicable)
- ✓ Deadline/due date for receipt of letter of reference
- ✓ Address for the letter of reference, and contact person, if applicable
- ✓ You may be asked to provide an addressed envelope in which the faculty member can send the letter of reference

#### Confirmation

- ✓ Ask the faculty member to confirm that your letter of reference has been sent

## How can I get research experience?

There are multiple ways to get research experience as part of your undergraduate studies. For students considering graduate school this may be especially important. Generally, it is recommended you have successfully complete (recommended final grade of 75% or higher) or are currently taking FRHD\*3070 Research Methods and/or STAT\*2090 Introductory Statistics II. For each option, you'll need a faculty member to supervise your research work. It is recommended that you contact a faculty member well in advance of your interest in research (e.g. at least one semester in advance). Suggested ways to get research experience include:

- **Undergraduate thesis:** You'll need a faculty member to supervise your research work while you take FRHD\*4810, Thesis I and FRHD\*4910, Thesis II. FRHD\*4810 involves planning and writing the proposal, including critical analysis of the literature. FRHD\*4910 involves conducting the research and analysis, writing the results in thesis format, and presenting the work in a suitable venue. Note: an undergraduate thesis is typically a two-semester 1.5 credit commitment.
- **Research Internship:** The purpose of FRHD\*3500 is to give students a direct, initial experience in conducting research in Family Relations and Human Development. The internship focuses on familiarizing students with the research process and building research skills through active engagement in research under the direct guidance of a faculty member. The specific assignments will depend on the research project. Students who are involved in newer research studies may be involved in literature review, study design, and/or the ethics review process. Those who are involved in the latter stages of a research project may gain experience with data analysis and manuscript preparation. Note: the research internship is a one semester 0.5-credit commitment.

***For both undergraduate thesis and research internship students need to find a faculty member who agrees to supervise them. To register in either course, you will need to be signed in with instructor consent. It is recommended you approach a faculty member well in advance with a copy of your unofficial transcript, your resume, and a summary of your research interests.***

- **Volunteering:** Rather than a formal course where you can gain research experience you can also approach faculty members and request a volunteer position supporting their research. Volunteer research opportunities can range in their intensity of time and duration of commitment.
- **Summer Undergraduate Research Assistant:** The Undergraduate Research Assistantship (URA) program is a competitive program that provides summer research opportunities to undergraduate students with demonstrated financial need. The application process starts in December, but the research positions begin in May and typically last for 16 weeks. Students gain research experience, work with faculty, and further their insight into their field of studies while earning a salary. Visit Student Financial Services for more information and the link is: <https://www.uoquelfh.ca/registrar/studentfinance/ura/index>

# Co-operative Education Frequently Asked Questions

## **What kind of jobs can I expect to see in the co-op program?**

Bachelor of Applied Science students work both in the private and public sectors. Co-op work terms could potentially be at the University of Guelph Child Care and Learning Centre as well as agencies offering outdoor education, or early care and education, private camps and camps for children with special needs, working with special needs populations and research assistantships in a variety of settings such as government agencies.

## **What happens during the first year with co-op?**

The University of Guelph believes co-op students need to have a strong academic background before they go out on their first work term. Concentrate on your academic work, take time to adapt to university life, make friends and get involved on campus. The only requirement is to maintain a cumulative 70% average throughout first year.

## **Can I apply for co-op in first year and what are co-op fees?**

In course admission information is at the following link:

<https://www.recruitguelph.ca/cecs/co-op/course-admission>

Fee information is at this link:

<https://www.recruitguelph.ca/cecs/co-op-students/co-op-process>

## **What is COOP\*1100?**

COOP\*1100 is a required, non-credit course for all students in the co-op program that is taken in addition to your regular course load. The course will help you to identify and market your strengths, enhance your resume and cover letter writing skills, increase your comfort and skill during interviews, and learn more about the co-op employment process. You will receive feedback from the instructor and peer helpers, and hear from employers and senior co-op students in your field. You will also get a "trial run" of what it is like to be "looking for your work term job" through the Virtual Employment Process (VEP).

## **May I take courses during the summer or during work terms so I can graduate sooner?**

Some students do choose to do this option. If you are interested, talk to your Faculty Advisor and Program Counsellor about course availability and the impact this will have on your sequence. It is also important to consider the additional time required for a course when working full time and adapting to a new community.

## **Is Co-op right for me? With whom should I speak?**

Students are advised to speak with the CYF (Regular and Co-op) Faculty Advisor, Dr. Kim Wilson at [kim.wilson@uoguelph.ca](mailto:kim.wilson@uoguelph.ca) or the BAsC Co-op Coordinator, Shelley Gallina at [sgallina@uoguelph.ca](mailto:sgallina@uoguelph.ca).

## **Looking for more information about co-operative education and how to get involved?**

Visit the Co-operative Education and Career Services website at

<https://www.recruitguelph.ca/cecs/>

## **How do I withdraw from co-operative education and continue in the regular program?**

Students are advised to contact the Coop Coordinator, Shelley Gallina at [sgallina@uoguelph.ca](mailto:sgallina@uoguelph.ca) and she will advise you regarding the form to complete and deadline dates. Please note if you choose to withdraw from co-operative education, you may not be eligible to re-apply.



# Child, Youth and Family Student Association

Hello Incoming CYF Students,

I wish to extend my most heartfelt congratulations on your acceptance into the Child, Youth, and Family program! My name is Rachel and I am the President of the Child, Youth, and Family Student Association (CYF-SA). On behalf of CYF-SA, welcome to the Child, Youth, and Family major!

The CYF-SA is an enthusiastic, student-run group that organizes a variety of events for all CYF students throughout the Fall and Winter semesters. Events range from social events such as dinners and painting nights, to academic events, like a career night or Q & A with faculty professors around course selection time. Throughout the year, CYF-SA works hard to fundraise for charitable causes related to our program, as well as provide opportunities for CYF and other BAsC Majors to connect.

I encourage you all to consider becoming a member of the CYF-SA. This is a great chance to get to know upper year students in the same program, gain leadership experience and help run events for students in your year! Within the first few weeks of classes, CYF-SA will be having elections to fill the remaining spots on our 2019-2020 executive council. This year, we are looking for **TWO** first year representatives. If you would like to be part of a dedicated student association, then come out to our elections! All first years will receive an email with the council's constitution, which includes a description of all the positions and their duties, and a nomination form, which you are to fill out and bring to the elections. The date and time of elections have not yet been determined, so make sure to keep checking your Gryph mail! If an executive position isn't for you, I strongly suggest you come out to our meetings and join as a general member!

To learn more about who we are and what we do, come visit one of our events during Orientation Week! CYF-SA has planned two events specific to first-year CYF students. Our events this year are "Brunch with CYF", a brunch and meet and greet event, as well as "You Had Me At Aloe: CYF Flower Pot Painting." These events are a great way to meet other students who will be taking the same classes as you, learn more about your student association, as well as voice any questions or concerns you may have! Check out the O-Guide for the time, date and location of these events! We hope to see you there!

I am so excited that you chose to study at the University of Guelph. Not only is the University amazing, but the city is beautiful and such a wonderful place to live! It won't be long before you consider this city your home and your classmates great friends. Once again, congratulations, as you are officially a Gryphon!

I hope to see you all at our events this year!! Please feel free to contact me at [rarmst08@uoguelph.ca](mailto:rarmst08@uoguelph.ca) with any questions or concerns you may have. Best of luck as you navigate through your first-year experiences!

*Rachel Armstrong*

# Faculty Research Interests

For more details about our faculty research and their contact information please go to each of the faculty web link from the departmental web page: <http://www.uoguelph.ca/family/faculty-index>

## Beyond Undergrad

### Career Planning

#### **Career Services**

The many valuable services offered by Co-operative Education and Career Services can help you plan for your career. Even if you think you know what you want to do, these services can help you make the best choices to reach your goal. You can examine your potential, develop your skills for applying for jobs and contact potential employers. Start now by discovering the opportunities at Career Services through the University of Guelph web site or by visiting their office. The location is on the campus map at <http://www.uoguelph.ca/campus/map/coop/>. The University of Guelph, Co-operative Education and Career Services website is: <http://www.cecs.uoguelph.ca/>. Also check the following CECS link: <https://www.recruitguelph.ca/cecs/child-youth-family>

#### **Volunteering**

You have unlimited opportunities for volunteering on campus and in the Guelph community while you are a student. Through volunteering, you can gain practical experience, while providing help for others. Volunteering can give you realistic experiences in the nutrition field, which helps you to apply classroom knowledge and makes classroom experience more meaningful. Volunteer opportunities in the community are announced on the CYF Listserv and through the Student Volunteer Connection, <https://studentlife.uoguelph.ca/svc>. Check with faculty members to see if they have any volunteer opportunities available. Remember, communications skills are very important. When you volunteer for community agencies you can increase your communication skills and gain an understanding about people's eating behaviour, by seeing how others eat, live, and learn.

#### **Graduate and Professional Studies**

Students have successfully used the BAsC degree to gain admission into graduate programs in social work, applied psychology, sociology, anthropology, physical and occupational therapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Child, Youth and Family major of the BAsC degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis. For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study.

You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program. It is also recommended that you keep your course outlines in case course content and evaluation is requested.

## Careers and Further Education

The following is a list of potential career options and electives that may complement them. Be sure to check each program's admission requirements early in your undergraduate degree. In most cases, the electives suggested below are not necessarily requirements (though in some cases they are), and this is certainly not an exhaustive list. Keep in mind that the electives listed below may also have prerequisites that you need to acquire before taking the class. Check course descriptions in the undergraduate calendar for details and for when the course is offered.

Often, programs will also require specified amounts of volunteer work, and verbal and/or written references from professors and supervisors. Start building up your volunteer experience and relationships with professors early in your undergraduate education. These experiences will be extremely useful to you when the time comes to prepare graduate school applications.

### Child and Youth Services

It is highly recommended that students in CYF planning to work in child and youth services complete the following Youth stream courses:

W	FRHD*2400	Introduction to Human Services	0.50
F	FRHD*2270	Development of Early and Middle Childhood	0.50
W	FRHD*2280	Adolescent Development	0.50
FW	FRHD*3250	Practicum I: Youth	1.00
FW	FRHD*4340	Practicum II: Youth	1.00
W	FRHD*4400	Youth, Risk and Resilience	0.50

Students in CYF who intend to pursue a career working with youth may wish to choose electives from the following:

W	EDRD*3120	Educational Communication	0.50
W	FRHD*3090	Poverty and Health	0.50
		Offered in even-number years	
WS	FRHD*3190DE	Administration of Programs for Children	0.50
		Winter in even-numbered years; Summer in odd-numbered years	
F	FRHD*4020	Family Theory	0.50
W	FRHD*4200	Issues in Human Sexuality	0.50
U	FRHD*4810	Thesis I	0.50
U	FRHD*4910	Thesis II	1.00
F	NUTR*2050	Nutrition Through the Life Cycle	0.50
W	PSYC*3450	Social and Personality Development	0.50
U	PSYC*3850	Intellectual Disabilities	0.50
U	SOAN*2290	Identities and Cultural Diversity	0.50
FW	SOC*1500	Crime and Criminal Justice	0.50
W	SOC*3040	Sociology of Social Welfare (odd numbered years)	0.50

## Early Childhood Education

In order, to become a Registered Early Childhood Educator and work in the field, CYF graduates in the child stream must have successfully completed the courses listed below and apply for membership to the College of Early Childhood Educators (website: <http://www.college-ece.ca/Pages/default.aspx>). A letter verifying that CYF students have completed the courses and the BASc degree must accompany the application to the College. Further information regarding requesting this letter will be sent by email to 4<sup>th</sup> year students graduating from the program at the end of each semester.

Required Child stream courses include the following:

W	FRHD*2040	Principles of Program Design for Children	0.50
W	FRHD*2260	Infant Development	0.50
F	FRHD*2270	Development of Early and Middle Childhood	0.50
WS	FRHD*3190DE	Administration of Program for Children Winter in even-numbered years; Summer in odd-numbered years	0.50
FW	FRHD*3200	Practicum I: Child	1.00
F	FRHD*4210	Senior Seminar in Early Education and Care	0.50
FW	FRHD*4330	Practicum II: Child	1.00
FW	FRHD*4350	Practicum III: Child	1.00

NOTE: CYF Co-op students need a work term with children who are less than 12 years of age in place of FRHD\*4330.

Students in CYF who intend to pursue a career working with children may wish to choose electives from the following:

FW	ENGL*2740	Children's Literature	0.50
W	FRHD*3090	Poverty and Health Offered in even-numbered years	0.50
U	FRHD*4810	Thesis I	0.50
U	FRHD*4910	Thesis II	1.00
F	NUTR*2050	Nutrition Through the Life Cycle	0.50
U	PSYC*3850	Intellectual Disabilities	0.50
U	SOAN*2290	Identities and Cultural Diversity	0.50

## Articulation Agreements

An articulation agreement between Guelph and Conestoga College graduates from the two-year Diploma Program in Early Childhood Education, who meet criteria, will be offered credits of advanced standing in the Child, Youth and Family major. Contact your Program Counsellor if this applies to you, or to check that advanced standing has been granted.

An articulation agreement between Guelph and Nipissing University (Faculty of Education) guarantees a number of places in the Primary, Junior Division of Nipissing's B.Ed. Program for qualified Child, Youth and Family graduates. Placement is on a competitive basis. Further details are available in the University of Guelph undergraduate calendar at <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c04/c04-artagree.shtml> or from the Faculty of Education at Nipissing University.

## Teaching

Faculties of Education (Teacher Colleges) in Ontario vary in the requirements that are suggested for admission. Students who intend to pursue a career in teaching should become familiar with the requirements of the colleges that are of interest and select electives accordingly. The Program Counsellor or the Faculty Advisor may assist you in choosing electives.

For extensive information about teacher education programs in Ontario, visit:

<http://www.ouac.on.ca/teas/>

For information about the Ontario College of Teachers, visit: <http://www.oct.ca/home.aspx>  
Graduates interested in elementary school teaching need additional study at a Faculty of Education. For those who wish to teach primary (junior kindergarten to grade 3) or junior (grades 4 to 6), each faculty of education may have certain required courses for admission. Often recommended are courses in visual or performing arts, mathematics, languages, physical or natural sciences, Canadian history or Canadian geography. Review the Course Descriptions in the undergraduate calendar to find courses at <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/> for additional choices.

Graduates interested in elementary school teaching need additional study at a Faculty of Education. For those who wish to teach primary (junior kindergarten to grade 3) or junior (grades 4 to 6), each faculty of education may have certain required courses for admission. Often recommended are courses in visual or performing arts, mathematics, languages, physical or natural sciences, Canadian history or Canadian geography. Some suggested courses to consider are listed below. Also, review the Course Descriptions in the undergraduate calendar at <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/> for additional choices.

Course	Offered In
ENGL*1200 Reading the Contemporary World	Fall and Winter Semester
MUSC*2150 Music and Popular Culture	Fall and Winter Semester
SART*1150*DE Contemporary Artistic Practice	Summer and Winter Semester
THST*1040 Introduction to Performance	Fall and Winter
HIST*1010 The Early Modern World	Summer, Fall and Winter
HIST*2100 Pre-Confederation Canada* *prerequisites include 2.00 credits including 0.50 credits in History at the 1000 level	Fall Semester
GEOG*2510 Canada: A Regional Synthesis	Winter Semester

Students interested in intermediate (grades 7 to 10) level teaching need to acquire a teachable subject in a specific discipline. Normally, this requirement consists of six semester courses in an area of concentration. Students are strongly advised to contact the Faculties of Education that interest them early in their programs to determine the specific requirements

Students interested in the intermediate/ senior level of teaching (grades 7 through 12) need to acquire a first teachable subject and a second teachable subject. Normally a first teachable requires 5.00 credits in a subject area, and a second teachable requires 3.00 credits in another subject area from the Teaching Subjects list at a Faculty of Education. Students are strongly advised to contact the Faculties of Education that interest them early in their programs to determine the specific requirements. Those students selecting Family Studies as a teachable are advised to consider the following courses in the following areas



## **Family Resource Management (Consumer Economics)**

MCS 2100 Personal Financial Management

## **Foods and Nutrition**

NUTR 2050 Nutrition Through the Life Cycle

HTM 2700 Understanding Foods (restricted to specific degree program students, can only be taken with special permission from Instructor, if space is available)

HTM 2740 Cultural Aspects of Food

NUTR 4070 Nutrition Education

## **Child and Family Development**

FRHD 4020 Family Theory

FRHD 4400 Youth, Risk and Resilience

Additional courses in the areas of 1) **Housing and Interior Design** and 2) **Clothing and Textiles** may be taken on a Letter of Permission (LOP) if available at other Universities (check Ryerson or Brescia). See your Program Counsellor for further details.

The Ontario Institute for Studies in Education (OISE) at the University of Toronto offers various graduate programs in education. For further information go to the following link:

<http://www.oise.utoronto.ca/oise/Home/>

## **Child Life and Pediatric Psychosocial Care**

This is a Master of Science program and is located at McMaster University. For information about admissions visit: <http://childlife.mcmaster.ca/>. Please note one of the requirements includes undergraduate courses in child development which covers birth to 18 years. Courses covering those ages are:

FRHD\*2260 Infant Development

FRHD\*2270 Early and Middle Childhood or PSYC\*2450 Developmental Psychology

FRHD\*2280 Adolescent Development

The following electives may be useful for you if you are considering Child Life and Pediatric Psychosocial Care

PHIL\*2030 Philosophy of Medicine

PSYC\*3570 Psychology of Death and Dying

## **Law**

For extensive information about law schools in Ontario, visit: <http://www.ouac.on.ca/olsas/>

Some electives you may want to consider:

POLS\*3130 Law, Politics and the Judicial Process

PSYC\*3020 Psychology of Law

SOC\*1500 Crime and Criminal Justice

SOC\*3490 Law and Society

## **Medicine/Psychiatry**

For extensive information about medical schools in Ontario, visit:

<http://www.ouac.on.ca/omsas/>

You will require extensive science electives, and careful planning with your CYF degree. Check with individual schools, and speak with your Program Counsellor for assistance.

For enquiries regarding a career in medicine go to the Canadian Faculties of Medicine Association of Faculties of Medicine of Canada website: <https://afmc.ca/faq>

## Nursing

There are Nursing programs available in Ontario community colleges and the link is: [http://www.ontariocolleges.ca/SearchResults/HEALTH-FOOD-MEDICAL-NURSING/\\_N-lo8d](http://www.ontariocolleges.ca/SearchResults/HEALTH-FOOD-MEDICAL-NURSING/_N-lo8d)

Accredited Canadian Nursing Education program and accelerated programs may be found at the following link: <https://www.casn.ca/accreditation/accredited-canadian-nursing-education-programs/>. For example, the McMaster University Accelerated Nursing link is [http://nursing.mcmaster.ca/education\\_undergrad\\_bscnaccel.html](http://nursing.mcmaster.ca/education_undergrad_bscnaccel.html) and the University of Toronto at <https://bloomberg.nursing.utoronto.ca/programs/bachelor#content1>

You may also want to go to Co-operative Education and Career Services for further information on Nursing Programs.

## Graduate Education

Graduate programs (Masters and Ph.D.) vary in the requirements for admission. Students who intend to pursue a graduate degree after completing the BAsC in Child, Youth, and Family should become familiar with the requirements of the various graduate programs that are of interest and select electives accordingly.

Consider exploring electives in other departments and beyond those listed below. You are able to take electives in many areas provided you have the prerequisites, there are not scheduling conflicts and it is not restricted to certain majors or degree programs. Please refer to WebAdvisor for further information.

The Department of Family Relations and Applied Nutrition offers six graduate degrees in four program areas: Applied Human Nutrition (MSc and PhD), Applied Nutrition (MAN), Couple and Family Therapy (MSc), and Family Relations and Human Development (MSc and PhD). Further information is at <https://www.uoguelph.ca/family/graduate-programs-fran>.

CYF majors may consider applying to:

Couple and Family Therapy (MSc) and further information may be found at the following link: <https://www.uoguelph.ca/family/couple-and-family-therapy-msc>

Family Relations and Human Development (MSc) and further information may be found at the following link: <https://www.uoguelph.ca/family/family-relations-and-human-development-msc-phd>.

<http://www.gradschools.com/> This website may be helpful in locating some graduate programs. Please note a number of Canadian graduate programs may not be listed.

## Psychology

Many of your electives will need to be courses taken from the Department of Psychology if you want to enter a graduate program in Psychology. You will also need to do a 4<sup>th</sup> year thesis, FRHD\*4810 and FRHD\*4910. Most psychology programs require the GRE (Graduate Record Exam) for entrance into the program. For a listing of accredited programs recognized by the Canadian Psychological Association visit: <http://www.cpa.ca/accreditation/cpaaccreditedprograms/>

## Rehabilitation Sciences

For extensive information about Occupational Therapy, Physiotherapy and Speech/Language Pathology programs in Ontario, visit: <http://www.ouac.on.ca/orpas/>

Some of the suggested courses listed below may be designated as Priority Access. Please check with department offering the course for further information on the restriction.

## Occupational Therapy

PSYC\*2390 Sensation and Perception

PSYC\*2410 Behavioural Neuroscience

## Physiotherapy

BIOL\*1080 Biological Concepts of Health

PSYC\*2390 Principles of Sensation and Perception

PSYC\*2410 Behavioural Neuroscience

## Speech/Language Pathology

LING\*1000 Introduction to Linguistics

SPAN\*3240 Topics in Hispanic Linguistics

PSYC\*2390 Sensation and Perception

PSYC\*2410 Behavioural Neuroscience

## Social Work

Graduate Social Work programs in Ontario must be applied to through the individual universities, and there is not currently one central resource for admission requirements.

FRHD\*3090 Poverty and Health

FRHD\*4020 Family Theory

PSYC\*2310 Social Psychology

SOC\*3040 Sociology of Social Welfare

The following website from Ontario Association of Social Workers, provides information on Social Work as a Career as well the Social Work Education Programs offered in Ontario,

<http://www.oasw.org/homepagelinks/social-work-as-a-career/social-work-programs.aspx>

## Special Needs

If you are considering working with individuals with special needs (physical, educational, intellectual), the following electives will be useful to you:

PSYC\*3850 Intellectual Disabilities

## Potential Career Options

- Early childhood education
- Community-based services
- Mental health services
- Elementary and secondary school teaching\*
- Child and youth work\*
- Social work\*
- Speech and language pathology\*

\*Careers require further education

Check labour market information at <http://www.workingincanada.gc.ca>

Also, check What Can I Do With My Degree? on the Co-operative Education and Career Services website and the link is: <https://www.recruitguelph.ca/cecs/child-youth-family>