

2016 HARSHMAN LECTURE

A Free Public Lecture and Reception

TIPS FOR FAMILY COMMUNICATION

This presentation starts with a look at how several aspects of the brain are activated during a conflict, providing important information on how and why people react the way they do when faced with conflict. Four key skills for managing family communication during a conflict will be discussed:

- Flexible thinking
- Managing emotions
- Moderating behaviours
- Checking yourself

This will be of interest to the general public and professionals who work with families.

Tuesday, November 15th, 2016

7:00 PM

Cutten Fields

190 College Ave. E., Guelph, Ontario

A reception will follow the lecture



William A. ("Bill") Eddy is an attorney, therapist, mediator, and the President of the High Conflict Institute based in San Diego, California. Mr. Eddy provides training to professionals worldwide on the subject of managing high-conflict personalities. He has provided seminars to human resource professionals, employee assistance professionals, ombuds, attorneys, mediators, mental health professionals, hospital administrators, college administrators, government agencies, judges, law enforcement, homeowners' association managers and others. He has presented in over 25 states, several provinces in Canada, France, Sweden, Australia and New Zealand.

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by Monday, November 7th, 2016