## Course schedule

I reserve the right to revise the schedule of classes as needed, as long as you are given adequate notice. If class is cancelled (e.g., bad weather), all remaining presentations will be shifted (e.g., cancelled presentation will be the next presentation).

<table>
<thead>
<tr>
<th>Date</th>
<th>Foundation Sessions</th>
<th>Deadlines</th>
<th>Presenter(s)</th>
<th>Discussant(s)</th>
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| Tues. Jan. 9 | **Overview of the course**  
**Importance of evidence to applied nutrition**  
**Hierarchy of evidence**  
**Obesity Prevention and Management in Children – Rationale for Section 1 papers**  
**Terminology:** BMI z scores | Choose partners for section 1 presentations and discussants | Paula Brauer                     | NA            |
| Thurs. Jan. 11 | **Searching the research literature – bring laptop – 3 sections together** |                                                                            | Jacqueline Kreller-Vanderkooy Crop Science (CRSC) 116 |               |
| Tues. Jan. 16 | **Selecting studies**  
Quality assessment of studies vs risk of bias – different study designs – strengths and limitations of different tools; detailed review of Cochrane’s risk of bias tools  
**Practice articles**  
| Thurs. Jan. 18 | **Assessing statistics as part of Quality Assessment**  
- Quick, V., et al., Personal, behavioral and socio-environmental predictors of overweight incidence |                                                                            | Lucia Costanzo Crop Science (CRSC) 116 |               |
<table>
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<tr>
<th>Date</th>
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| Thurs. Jan 25| Summarizing and presenting study results from multiple studies  
Focus on peer communication  
Writing - Shorter and longer descriptions, using tables and graphs to compare studies.  
Oral presentation for multiple studies  
Peer review of a review paper | Lottery for section 2 presentation dates | Paula Brauer |               |
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<td>Kelsey/Melissa</td>
<td>Anna/Brooklyn</td>
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<td>Katie/Gabrielle</td>
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<td>Vanessa/Kristen</td>
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Vanessa/Kristen

Donna/Uzaiba

Kelsey/Melissa
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  • Nyberg, G., et al., Effectiveness of a universal parental support programme to promote health behaviours and prevent overweight and obesity in 6-year-old children in disadvantaged areas, the Healthy School Start Study II, a cluster-randomised controlled trial. Int J Behav Nutr Phys Act, 2016. 13: p. 4. | Give back approval for term topic   | Katie/Gabrielle       | Melanie/Hannah     |
| Thurs. Feb. 8 | Work on Term project                                                                                                                                                                                                                                                                           |                                       |                     |                     |
  • Nicolucci, A.C., et al., Prebiotics Reduce Body Fat and Alter Intestinal Microbiota in Children Who Are Overweight or With Obesity. Gastroenterology, 2017. 153(3): p. 711-722. | These studies can be reviewed as part of the 3 article review for section 1 and/or can be used for the term project | NO CLASS – PB available for appointment – MINS 235 |                     |
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| Thurs. Feb. 15     | Writing reviews - 3 sections together – Room TBD  
Overall writing skills                                    |                                                               | Sarah Gibbons, writing specialist  
CRSC 116                                           |                                                  |
| **Reading Week Feb 19-23** |                                                                                                           |                                                             |                                                   |                                   |
| Tues. Feb 27       | Individual appointments – last minute questions, interpretation issues in term topic papers            | Hand in Section 1 critique paper                              |                                                   |                                   |
| **Term Topic Student Presentations** |                                                                                                           |                                                             |                                                   |                                   |
| Thurs. Mar. 1      | Irene  
Melissa                                                                                         |                                                             |                                                   |                                   |
| Tues. Mar. 6       | Danielle  
Hannah                                                                                       | Give back Section 1 critique paper                           |                                                   |                                   |
| Thurs. Mar. 8      | Sarah  
Donna                                                                                          |                                                             |                                                   |                                   |
| Tues. Mar. 13      | Brooklyn  
Gabrielle                                                                                     |                                                             |                                                   |                                   |
| Thurs. Mar. 15     | Anna  
Vanessa                                                                                        |                                                             |                                                   |                                   |
| Tues. Mar. 20      | Kelsey  
Annette                                                                                       |                                                             |                                                   |                                   |
| Thurs. Mar. 22     | Christi  
Katelyn                                                                                        |                                                             |                                                   |                                   |
| Tues. Mar. 27      | Rachael  
Uзаiba                                                                                       |                                                             |                                                   |                                   |
| Thurs. Mar 29      | Kristen  
Melanie                                                                                      |                                                             |                                                   |                                   |
| Tues. Apr 3        | Complete peer review in class and hand in by midnight                                                 | Peer review handed in                                        |                                                   |                                   |
| Thurs. Apr 5       | *The evidence in child obesity*                                                                    | Submit paper to Courselink April 6                          | Jess Haines                                      |                                   |