

Family Relations & Applied Nutrition: MSc, PhD

Applied Human Nutrition

Applied Human Nutrition is a field of study offered by the Department of Family Relations and Applied Nutrition. The Department is unique within the University of Guelph as an interdisciplinary academic unit focused on integrating research and practice. We pride ourselves in preparing students to work in practical settings with a combination of theory, empirical knowledge and professional skills.

Our faculty conduct applied and inter-professional research that encompasses the continuum of the life cycle in diverse settings, including public health departments, community agencies, and long-term and acute care facilities. Graduate students have opportunities to conduct independent research from inception to analysis in community, lab and clinical settings using nutrition, epidemiological and/or social science methodologies. They develop advanced skills in applying evidence-based nutrition through their research and courses, including: Nutritional Assessment, Nutrition in the Community, Advances in Clinical Nutrition, Research Methods, and Statistics. Students are well prepared to pursue academic or professional careers.

General Admission Requirements

- An honours bachelor's degree or equivalent (MSc)
- A master's degree with a research-based thesis in human nutrition or a closely related field (PhD)
- A minimum 75% average in the last 2 years of study
- Grades of at least 75% in applied statistics and social science research methods courses taken within the past five years
- A course in biochemistry; a course in human physiology; two courses in human development/sociology/psychology/communications, one 300 level and three 400 level courses in human nutrition (MSc)
- Coursework in some aspect of human nutrition (PhD)

AHN Graduate Faculty

- Dr. Paula Brauer
- Dr. Andrea Buchholz
- Dr. John Dwyer
- Dr. Laura Forbes
- Dr. Jess Haines
- Dr. Hannah Tait Neufeld

For additional information about FRAN faculty members and their research interests please visit:

<https://www.uoguelph.ca/family/people>

NOTE: This program is not a route to becoming a Registered Dietitian (RD).

For additional information on specific admission requirements and application deadlines, please visit:

<https://www.uoguelph.ca/family/graduate/how-apply>



What our graduates say:

"All the faculty and staff are extremely helpful, and the returning students are extremely friendly. The first thing I noticed was this very welcoming environment!"

"I've had numerous opportunities to work closely with expert faculty and motivated students. I would recommend this program for anyone looking for experience in conducting research and working in the field of Applied Human Nutrition."

"The structure of the program has enhanced my critical appraisal, research and communication competences."

**family relations &
applied nutrition**

Science in Practice

CONTACT INFORMATION:

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