

# Family Relations and Applied Nutrition: MSc

## Couple and Family Therapy

Couple and Family Therapy is a field of study offered by the Department of Family Relations and Applied Nutrition. We are a unique, interdisciplinary academic unit focused on integrating research and practice.

<https://www.uoguelph.ca/family/couple-and-family-therapy-msc>

### Program

The MSc CFT field of study is two years (continuous 24 months) in length. Students will complete either a Major Research Paper or a thesis. Graduating students will meet all the requirements to become a Registered Psychotherapist Qualifying, with College of Registered Psychotherapists of Ontario (CRPO).

### Research Expertise

Research approaches include qualitative (eg: discourse analysis and discursive methods of inquiry; grounded theory; narrative analysis) and quantitative methods.

### Admission Requirements

- An honours bachelor's degree or equivalent, typically including coursework in psychology (particularly developmental psychology), sociology, social work, and/or family relations
- A minimum 75% average in the last 2 years of study
- Grades of at least 70% in applied statistics and social science research methods courses
- Personal maturity and relevant work/volunteer experience

### Application Deadline:

November 27, 2017



Kyle recently completed his MSc Couple and Family Therapy research focusing on how to make psychotherapy more accessible and inclusive for LGBTQ+ folk. His research paper outlines how therapists can utilize narrative therapy through an affirmative approach while working with gay couples, specifically being aware of multiple intersecting identities when considering levels of outness and the relational impacts.

### Training

The MSc in Couple and Family Therapy is a recognized education and training program with the CRPO and is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) of the American Association for Marriage and Family Therapy (AAMFT).

The course of study combines academic courses, research, and supervised clinical training including completion of 500 hours of direct clinical contact and over 100 hours of clinical supervision in the on-site family therapy clinic and during the final semester externship placement.

### Faculty

Dr. Lynda Asbourne  
Dr. John Beaton  
Dr. Ruth Neustifter  
Dr. Olga Smoliak

### ARE YOU INTERESTED IN:

- Family Therapy and Discourse Analysis
- Sexual or Gender Minorities
- Intergenerational and Spousal Relationship in Families
- Violence and Safety within Family and Couple Relationships
- Families with Children with Disabilities and Chronic Health Conditions

### CAREER OPPORTUNITIES:

- Private practice
- Community based agencies
- Family health teams
- Hospitals and mental health facilities
- Educational institutions

### CONTACT INFORMATION

#### Graduate Program Assistant:

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