



Your Participation is Needed for A Lipid Digestion Study!

Healthy, non-smoking men, not taking medications, between the ages of 18 – 55 years are needed to participate in a human nutrition study at the University of Guelph.

The purpose of this study is to compare the changes in blood lipids and feelings of satiety after consumption of two emulsion beverages in which the emulsion droplets have different properties.

Participant will be required to visit the University of Guelph for:

- 30-45 min screening visit to determine eligibility
- 30-minute orientation session
- 2 separate study visit sessions: **7 hours each**, separated by a 7-day washout period
- At each visit, you will be asked to consume **a lipid rich emulsion beverage** and provide blood samples **and complete questionnaires about your hunger** over 6 hours.

*** Financial compensation: **\$200 upon successful completion of both visits*****

This study has been reviewed and has received clearance through the University of Guelph Human Research Ethics Board (REB# 18-01-005) and will be conducted at the Human Nutraceutical Research Unit in the Department of Human Health and Nutritional Sciences.

To find out more about the study and your eligibility as a participant, please contact:

Surangi Thilakarathna, Samar Hamad, Amanda Cuncins, and Melissa Brown

Graduate Student Coordinators

519-824-4120 X 56314

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study

University of Guelph

Surangi/Samar/Amanda/Melissa

lipiddig@uoguelph.ca

The Lipid Digestion Study