



Your Participation is Needed for a Lipid Digestion and Satiety Study

Healthy, non-smoking men, not taking medications, between the ages of 18 – 55 years are needed to participate in a human nutrition study at the University of Guelph.

The purpose of this study is to compare the changes in blood lipids and feelings of satiety after consumption of four emulsion beverages in which the emulsion droplets have different properties.

Participant will be required to visit the University of Guelph for:

- 30-minute screening visit to determine eligibility
- 4 separate study visit sessions: **7 hours each**, separated by a 7-day washout period
- At each visit, you will be asked to consume **a lipid rich emulsion beverage** and provide blood samples, have gastric ultrasound measurements performed **and complete questionnaires about your hunger** over 6 hours.

**** \$250 (prorated) will be provided after the completion of the four study visits ****

To find out more about the study and your eligibility as a participant, please contact:

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Graduate Student Coordinator

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This study has been reviewed and has received clearance through the University of Guelph Human Research Ethics Board (REB# 19-04-003) and will be conducted at the Human Nutraceutical Research Unit in the Department of Human Health and Nutritional Sciences.

The Lipid Digestion and Satiety Study
University of Guelph

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