

UNIVERSITY of GUELPH

PARTICIPANTS NEEDED

For help with a study on sympathetic responses
to exercise

WHO: Healthy men and women able to perform handgrip exercise.

WHAT: Researchers in the Department of Human Health and Nutritional Sciences are studying the control of sympathetic outflow to muscle and the kidneys during stress.

TIME COMMITMENT: 1 testing visit (total time: ~ 3 hours)

BENEFITS: Help to enhance knowledge of how blood pressure and blood flow are controlled during stress.

The researchers wish to be inclusive in their recruitment process. This project requires: 1) The placement of medical sensors on the leg and arm; 2) Interaction one on one with a male technician/researcher; and 3) If for any reason you may feel uncomfortable taking part, please contact the researcher to discuss possible modifications to the procedure to address your concerns.

COMPENSATION: Monetary – \$20

This project has received the University of Guelph Research Ethics Board approval

(REB#19-07-028)

If you are interested, please contact Andre Teixeira, PhD (ateixeir@uoguelph.ca) or the principal investigator Philip Millar, PhD (pmillar@uoguelph.ca) about the ‘RVR study’

Email: Andre Teixeira
ateixeir@uoguelph.ca

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