Whether you have just joined the University or have been employed by the University for some time, we hope this section of our website will provide answers to questions you may have. It is designed to be a resource for you with information on:

- Supports available for your ongoing health and well-being
- Relevant, experiential and leading edge programs available only to U of G staff and faculty
- Pay, benefits and pension
- Volunteer opportunities
- And, much more!

If you have questions that are not answered here or if you would like further information, consult with your manager or supervisor or draw on the assistance and expertise of our [Human Resources staff](https://www.uoguelph.ca/hr/node/4318/).