Our Partners

Learning & Development is working with a variety of skilled partners to facilitate and deliver learning opportunities to University of Guelph employees. We work with a number of internal and external partners to provide quality learning and development services.

To learn more about each of our external partners click on their names below:

- Meghan Kirwin, The Kirwin Group
- Jackie Lauer, Axletree Consulting Inc.
- Jane Parkinson, Jane Parkinson & Associates
- Doug Heidebrecht, Sun Mountain Self Management
- Arlene Cohen, Arlene Cohen Presenting
- Kate Jones, Live to Learn
- Linda Lehtonen, Lehtonen Management Consulting Ltd

---

**Meghan Kirwin, The Kirwin Group**

Meghan Kirwin, Principal, founded The Kirwin Group based on her drive to implement positive change in client organizations. With over a decade of senior HR and leadership experience, Meghan blends experience, best practice, and business understanding to build innovative solutions for clients that drive performance. She has extensive experience working with leaders as a trainer, group facilitator, project leader, and coach. Her depth of expertise provides a valuable and innovative approach to many organizational issues. She has consulted in a wide range of industries including education, high tech, professional services, pharmaceuticals and health care. Meghan completed her Masters of Business Administration program specializing in Management and Organizational Behaviour at Wilfrid Laurier University.

**Jackie Lauer, Axletree Consulting Inc.**

Jackie brings over 16 years of experience in management, human relations, and systems development to her work as an executive consultant and coach. Prior to launching Axletree Consulting she managed large-scale sales and marketing initiatives in the Education (public and private) and Telecommunications Sectors with such organizations as Carleton University, ITI Information Technology Institute and Nortel Networks.

She has managed as many as 200 individuals. As a leader, she soon learned her talents were in facilitating buy in for large-scale change initiatives and developing the leadership skills of those around her.

Her approach is based on proven consulting and coaching methods, integrating individual performance, personal development, change management and well being, with business results. Trained in Change Management methodologies, Jackie combines her knowledge of assessments and change strategies with her training at the Coaches Training Institute and the B-Coach (Business Coaching) program, as well as being certified in Emotional Intelligence and Relationship Systems Coaching. Her coaching supports increased awareness, allowing leaders to take more purposeful action, build greater competence, and increased confidence as individuals learn how to become more efficient and effective. By integrating skillful use of intention, reflection, dialogue, and action to transform vision into reality, her clients experience genuine and sustained change.

**Jane Parkinson, Jane Parkinson & Associates**

Jane Parkinson is a Certified Professional Co-Active Coach and holds a Diploma in Nursing, a Bachelor of Arts and a Masters of Education from the University of Western, Ontario. With over 25 years as a leader and consultant in human resources and organizational effectiveness, she offers a depth of experience working in education and health care systems in Alberta, British Columbia, Ontario, and Taiwan. She has well-developed expertise in
leading quality improvement initiatives and in facilitating others to successfully implement complex change.

Jane is a highly collaborative, practical and caring leader and coach. She currently maintains a consulting practice and serves as Vice President, People, and Organizational Development, Good Samaritan Society, Edmonton Alberta. She has demonstrated a strong commitment to continuing education through enrollment in many professional development activities. For example, she recently completed a trainer certification program in Leader Effectiveness Training through Gordon International and Team Management Profile through Team Management Systems.

She has delivered many planning retreats, facilitated workshops and made formal presentations in content areas such as leadership development, team and facilitation skills, and organizational change. Jane focuses on coaching executives and middle managers to develop leadership practices, clarify goals, roles and accountabilities and to build human resource systems that support change.

**Doug Heidebrecht, Sun Mountain Self Management**

Doug is the principal of Sun Management Self Management. Self Management learning (also known as workload management, results management, priority management, etc.) has been his specialty for the last 17 years. Working in Canada’s corporate market, he has facilitated workshops across Canada and more recently in Italy and Romania for thousands of people in hundreds of organizations. He has also appeared on BNN, and has been featured in the Globe, the Star, Your Workplace, On Board (the Toronto Board of Trade magazine) and various other publications.

After completing a Bachelor of Commerce degree from McMaster University he developed an enthusiasm for bringing “what they don’t teach you in business school”, specifically self-management to the corporate world. Helping people produce better results, feel less stressed and enjoy life more is what really motivates Doug. In his efforts to promote long term learning implementation – real change – he has become an Adler Certified Professional coach.

**Arlene Cohen, Arlene Cohen Presenting**

Arlene Cohen, a successful Public Speaking and Professional Development Coach, a professional Actor, Voice-over Talent, Creative Consultant and University Instructor at the Ontario College of Art and Design University.

Through her company, Arlene Cohen Presenting, Arlene teaches her own branded method to individuals and groups that span the world of business, politics, and academia. Her method is result-oriented and quickly takes the fear out of public speaking, boosts self-confidence and increases oral communication agility. Topics covered in her interactive Art of Presentation Workshop include; how to overcome the physical challenges of speaking in front of a group; how to improve vocal projection and expression; and how to create and deliver dynamic content.

**Kate Jones, Live to Learn**

Kate’s extensive experience in the private, public and non-profit sectors across Canada spans more than twenty years in the areas of Performance Improvement, Training, Facilitation, Leadership, Sales and Sales Management, Communication and Group Interaction. This knowledge and expertise enables her to effectively communicate with learners at all skill levels.

As a facilitator, Kate utilizes innovative training methods that create dynamic learning environments. She conducts customized workshops and personalized coaching sessions in a variety of areas including Leadership Development, Customer Service, Selling Skills, Time Mastery, Building Effective Work Teams and Understanding Behavioral Styles. Her focus is to utilize proven strategies and the techniques necessary to optimize the personal and professional success of her clients.

**Linda Lehtonen, Lehtonen Management Consulting Ltd**
Linda Lehtonen is the President of Lehtonen Management Consulting Ltd and specializes in transformational team building interventions to help teams learn to understand and utilize their differences. She has worked with teams that are in deep long term conflict, teams that have experienced a lot of change and may need to recharge and teams that want to develop a vision and strategic focus to lead them into the future. Her work with teams is often described as ‘miraculous’.

Linda custom designs and delivers workshops on a variety of topics on the ‘people side’ of organizational learning including facilitation, consulting and team building. Her experience covers a wide range of topics, primarily in the areas of teamwork, leadership, facilitation, conflict resolution, teambuilding and personal power and self-esteem. She has worked in mining, health care, non-profit, high tech, government, financial and manufacturing companies at all levels of the client system.

Linda has over 30 years of experience in facilitating groups, human resource management, organization development, training and keynote speaking and as the head of Organization Development in a large financial institution. She has a Masters degree in Human Resources Development and Adult Education, a Bachelor's degree in Psychology and has studied marital and family counseling. In addition, she has interned as a candidate for a diploma in counseling in leading personal growth workshops. She also has completed all courses as a candidate for a doctorate in Education.

Linda has taught at York University in the Psychology Department and at Wilfrid Laurier University in the School of Business and at the University of Toronto's Ontario Institute for Studies in Education teaching their certificate program in Adult Training and Development and currently teaches in the Masters Certificate for Adult Learning and Development with the Schulich School of Business. Her work has included international travel in Europe, Southeast Asia, and throughout North America. She is known to work from a place of profound respect, compassion, and integrity in all her work.

Source URL: https://www.uoguelph.ca/hr/hr-services-learning-development/our-partners