Occupational Health and Wellness Team

The Occupational Health and Wellness department is located on the first floor of Alexander Hall, Bldg. 31 in Room 179

Georgia Apolonatos, Director Human Resources (Health, Safety and Wellness)
519-824-4120 Ext. 53247 gapolona@uoguelph.ca [1]
Provides leadership and overall management of health, safety and wellness in the functional areas of Environmental Health and Safety (EHS) and Occupational Health and Wellness (OHW) for the University.

Michael Dunstan, Manager Occupational Health and Wellness
519-824-4120 Ext. 52133 dunstanm@uoguelph.ca [2]
The Manager OHW develops, implements and administers a comprehensive Occupational Health and Wellness program for the University, and oversees the Occupational Health Clinical Program.

Kelly McEwen, Occupational Health and Wellness Associate
519-824-4120 Ext. 52647 kellymce@uoguelph.ca [3]
The OHW Associate provides overall administrative support to the OHW team. This includes answering general inquiries related to OHW, the administration of the website and the management of appointments.

Leigh-Ann Mosiondz, Health and Disability Specialist
519-824-4120 Ext. 54824 lmosiond@uoguelph.ca [4]
The Health and Disability Specialist provides and coordinates health care that promotes, protects and restores employee health for an early and safe return to work. This can be done through the management of Short-Term Disability (STD) and Workplace Safety & Insurance Board (WSIB) claims and the oversight of Long-Term Disability (LTD) claims.

Nicole Reuss, Occupational Health Nurse
519-824-4120 Ext. 56811 nreuss@uoguelph.ca [5]
The Occupational Health Nurse implements and manages the occupational health surveillance programs [6]. As well as provides and coordinates wellness programs and delivers workshops on health promotions and well-being.

Heather Sewell, Rehabilitation Specialist
519-824-4120 Ext. 54283 hsewell@uoguelph.ca [7]
The Rehabilitation Specialist develops return to work strategies (RTW) and facilities safe accommodation, conducts work-site assessments and physical demand analyses, conducts office ergonomics assessments and provides training in support of injury prevention.

Dr. Ronald Dykeman, Occupational Health Physician - on site weekly
The Occupational Health Physician is on site weekly and provides assessment and case management assistance for complex cases to facilitate safe return to work. The Occupational Physician also provides consultation and guidance on occupational health related policies and procedures to help guide best practice.