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## Emergency First Aid, CPR and AED

This WSIB approved one day course delivers Emergency First Aid (based Canadian Red Cross program) and adult / child / infant Cardiopulmonary Resuscitation (CPR) level C and Automated External Defibrillators (AEDs) from the Heart and Stroke Foundation. The use of Automated External Defibrillators will be reviewed and practiced with a training unit.

First aid topics covered include:

- Primary and secondary assessment
- Severe bleeding – wounds, lacerations
- Serious injury recognition and Immobilization (e.g. head, neck, back, chest, abdomen)
- Medical conditions – heart attack, stroke, diabetes, seizures, allergies
- Practice and relevant scenarios
- As time permits, any of the following:
  - Heat/cold related conditions
  - Burns
  - Puncture wounds
  - Poisoning

Who should attend:

Any University of Guelph personnel. Emergency first aiders provide departmental back up to first aiders at the Guelph campus's designated first aid stations: Occupational Health Services and Wellness, Student Health Services and Campus Security Services personnel (Police and Fire).

Course includes: Emergency First Aid certificate valid for 3 years, renewal is recommended every 2 years.

Cost: This course is offered free of charge to all full-time permanent University of Guelph employees. The cost for others, including undergrads, graduate students and non- university personnel is posted within the course information.

To view current course offerings and to register for our course [click here](#) [1]

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**Source URL:** <https://www.uoguelph.ca/hr/emergency-first-aid-cpr-and-aed>

### Links

[1] <https://www.uoguelph.ca/hr/hr-services-environmental-health-safety-training/course-registration>