Effective January 1, 2019, the University will provide Flexible Spending Credits (Flex Credits) to all eligible OSSTF/TARA employees. Each eligible employee will be provided with flexible spending credits to allocate into one of two accounts: Health Care Spending Account (HCSA) or Taxable Wellness Spending Account (TWSA).

**Annual Allocation**

- [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/types-flexible-spending-credits](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/types-flexible-spending-credits)

**Eligibility**

- [https://www.uoguelph.ca/hr/eligibility-osstf-tara](https://www.uoguelph.ca/hr/eligibility-osstf-tara)

**Carry-Forward Provisions**

- [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/carry-forward-provisions](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/carry-forward-provisions)

**Payment of Claims**

- [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/payment-claims](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/payment-claims)

**Frequently Asked Questions**

- [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/flexible-credit-spending-faq](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/flexible-credit-spending-faq)

**Allocate My Flex Credits**

- [https://apps.admin.uoguelph.ca/FlexCreditAllocation/](https://apps.admin.uoguelph.ca/FlexCreditAllocation/)

Source URL: https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/osstftara-flexible-spending-credits

Links:

1. [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/types-flexible-spending-credits](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/types-flexible-spending-credits)
2. [https://www.uoguelph.ca/hr/osstftara-annual-allocation-flex-spending-credit](https://www.uoguelph.ca/hr/osstftara-annual-allocation-flex-spending-credit)
3. [https://www.uoguelph.ca/hr/eligibility-osstf-tara](https://www.uoguelph.ca/hr/eligibility-osstf-tara)
4. [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/carry-forward-provisions](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/carry-forward-provisions)
5. [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/payment-claims](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/payment-claims)
6. [https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/flexible-credit-spending-faq](https://www.uoguelph.ca/hr/staff-faculty/benefits/osstftara-benefits/flexible-credit-spending-faq)
7. [https://apps.admin.uoguelph.ca/FlexCreditAllocation/](https://apps.admin.uoguelph.ca/FlexCreditAllocation/)