

## Free Digital Learning Resources

The following are free recorded digital sessions we are gathering to support your effectiveness, performance success, learning, and well-being during these challenging pandemic times. In addition, upcoming free digital resources are regularly being added to the [Learning and Development Calendar](#). [1]

### Managers:

- LinkedIn Learning Pathway with 16 courses - [Remote Working: Setting Yourself and Your Teams Up for Success](#) [2]
- LinkedIn Learning - [Time Management: Working from Home](#) [3]
- LinkedIn Learning - [Tips for Working Remotely](#) [4]
- LinkedIn Learning - [Productivity Tips: Finding Your Productive Mindset](#) [5]
- [8 Free Courses to Help Leaders Clearly Communicate and Influence Positive Change in Times of Crisis](#) [6] (Crisis Communications, Communication in Times of Change, Managing in Difficult Times)

### Employees:

- LinkedIn Learning Pathway with 16 courses - [Remote Working: Setting Yourself and Your Teams Up for Success](#) [2]
- LinkedIn Learning - [Building Resilience](#) [7]
- LinkedIn Learning - [Managing Stress for Positive Change](#) [8]
- LinkedIn Learning - [Thriving @ Work: Leveraging the Connection between Well-Being and Productivity](#) [9]
- [4 Free Courses to Help You Build Resilience in Challenging Times](#) [10]
- [6 Free Courses to Help You Manage Stress and Build Mindfulness Into Your 'New Normal'](#) [11]

**Page category:** [Learning & Development](#) [12]

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### Links

[1] <https://www.uoguelph.ca/learningmatters/eventreg/>

[2] <https://www.linkedin.com/learning/paths/remote-working-setting-yourself-and-your-teams-up-for-success>

[3] [https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftime-management-working-from-home%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftime-management-working-from-home%3Ftrk%3Dshare_ent_url)

[4] [https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftips-for-working-remotely%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftips-for-working-remotely%3Ftrk%3Dshare_ent_url)

[5] [https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fproductivity-tips-finding-your-productive-mindset%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fproductivity-tips-finding-your-productive-mindset%3Ftrk%3Dshare_ent_url)

[6] [https://learning.linkedin.com/blog/linkedin-learning-resources/6-free-courses-to-to-help-leaders-clearly-communicate-and-influe?trk=lilblog\\_03-30-20\\_LiL-free-resources\\_learning](https://learning.linkedin.com/blog/linkedin-learning-resources/6-free-courses-to-to-help-leaders-clearly-communicate-and-influe?trk=lilblog_03-30-20_LiL-free-resources_learning)

[7] [https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fbuilding-resilience%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fbuilding-resilience%3Ftrk%3Dshare_ent_url)

[8] [https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fmanaging-stress-for-positive-change%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fmanaging-stress-for-positive-change%3Ftrk%3Dshare_ent_url)

[9] [https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fthriving-work-leveraging-the-connection-between-well-being-and-productivity%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fthriving-work-leveraging-the-connection-between-well-being-and-productivity%3Ftrk%3Dshare_ent_url)

[10] [https://learning.linkedin.com/blog/linkedin-learning-resources/4-free-courses-to-help-you-build-resilience-in-challenging-times?trk=lilblog\\_03-30-20\\_LiL-free-resources\\_learning](https://learning.linkedin.com/blog/linkedin-learning-resources/4-free-courses-to-help-you-build-resilience-in-challenging-times?trk=lilblog_03-30-20_LiL-free-resources_learning)

[11] [https://learning.linkedin.com/blog/linkedin-learning-resources/6-mindfulness-resources-to-help-you-adapt-to-the-new-normal?trk=lilblog\\_03-30-20\\_LiL-free-resources\\_learning](https://learning.linkedin.com/blog/linkedin-learning-resources/6-mindfulness-resources-to-help-you-adapt-to-the-new-normal?trk=lilblog_03-30-20_LiL-free-resources_learning)

[12] <https://www.uoguelph.ca/hr/page-category/stub-0>

