## **Digital Learning Resources**

The following are recorded digital sessions we are gathering to support your effectiveness, performance success, learning, and well-being during these challenging pandemic times. Linkedin Learning courses can be accessed for free through many <u>public library systems</u> [1]. To learn more, email <u>landd@uoguelph.ca</u> [2]. In addition, upcoming free digital resources are regularly being added to the <u>Learning and Development Calendar</u>. [3]

#### Managers:

- Linkedin Learning Pathway with 16 courses Remote Working: Setting Yourself and Your Teams Up for Success [4]
- LinkedIn Learning Time Management: Working from Home [5]
- LinkedIn Learning Tips for Working Remotely [6]
- LinkedIn Learning Productivity Tips: Finding Your Productive Mindset [7]
- 8 Free Courses to Help Leaders Clearly Communicate and Influence Positive Change in Times of Crisis [8] (Crisis Communications, Communication in Times of Change, Managing in Difficult Times)

### **Employees:**

- Linkedin Learning Pathway with 16 courses Remote Working: Setting Yourself and Your Teams Up for Success [4]
- LinkedIn Learning Building Resilience [9]
- LinkedIn Learning Managing Stress for Positive Change [10]
- LinkedIn Learning Thriving @ Work: Leveraging the Connection between Well-Being and Productivity [11]
- 4 Free Courses to Help You Build Resilience in Challenging Times [12]
- 6 Free Courses to Help You Manage Stress and Build Mindfulness Into Your 'New Normal' [13]

Page category: Learning & Development [14]

Source URL:https://www.uoquelph.ca/hr/hr-services-learning-development/free-digital-learning-resources

#### Links

[1] https://www.uoguelph.ca/hr/linkedin-learning [2]  $\underline{mailto:} landd@uoguelph.ca?subject=Accessing\%20Linkedin\%20Learning\%20Question~\cite{Accessing} (3)$ https://www.uoguelph.ca/learningmatters/eventreg/ [4] https://www.linkedin.com/learning/paths/remote-workingsetting-yourself-and-your-teams-up-for-success [5] https://www.linkedin.com/learning-login/share?forceAccount=fal se&amp:redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftime-management-working-fromhome%3Ftrk%3Dshare\_ent\_url [6] https://www.linkedin.com/learning-login/share?forceAccount=false&amp:redirect =https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftips-for-working-remotely%3Ftrk%3Dshare\_ent\_url [7] https ://www.linkedin.com/learning-login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com %2Flearning%2Fproductivity-tips-finding-your-productive-mindset%3Ftrk%3Dshare\_ent\_url [8] https://learning.linke din.com/blog/linkedin-learning-resources/6-free-courses-to-to-help-leaders-clearly-communicate-andinflue?trk=lilblog 03-30-20 LiL-free-resources learning [9] https://www.linkedin.com/learning-login/share?forceAcc ount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fbuildingresilience%3Ftrk%3Dshare\_ent\_url [10] https://www.linkedin.com/learning-login/share?forceAccount=false&re direct=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fmanaging-stress-for-positivechange%3Ftrk%3Dshare\_ent\_url [11] https://www.linkedin.com/learning-login/share?forceAccount=false&redir ect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fthriving-work-leveraging-the-connection-between-wellbeing-and-productivity%3Ftrk%3Dshare\_ent\_url [12] https://learning.linkedin.com/blog/linkedin-learning-resources/ 4-free-courses-to-help-vou-build-resilience-in-challenging-times?trk=lilblog 03-30-20 LiL-free-resources learning

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[13] https://learning.linkedin.com/blog/linkedin-learning-resources/6-mindfulness-resources-to-help-you-adapt-to-the--new-normal-?trk=lilblog\_03-30-20\_LiL-free-resources\_learning [14] https://www.uoguelph.ca/hr/page-category/stub-0