

## Digital Learning Resources

The following are recorded digital sessions we are gathering to support your effectiveness, performance success, learning, and well-being during these challenging pandemic times. LinkedIn Learning courses can be accessed for free through many [public library systems](#) [1]. To learn more, email [landd@uoguelph.ca](mailto:landd@uoguelph.ca) [2]. In addition, upcoming free digital resources are regularly being added to the [Learning and Development Calendar](#). [3]

### Managers:

- LinkedIn Learning Pathway with 16 courses - [Remote Working: Setting Yourself and Your Teams Up for Success](#) [4]
- LinkedIn Learning - [Time Management: Working from Home](#) [5]
- LinkedIn Learning - [Tips for Working Remotely](#) [6]
- LinkedIn Learning - [Productivity Tips: Finding Your Productive Mindset](#) [7]
- [8 Free Courses to Help Leaders Clearly Communicate and Influence Positive Change in Times of Crisis](#) [8] (Crisis Communications, Communication in Times of Change, Managing in Difficult Times)

### Employees:

- LinkedIn Learning Pathway with 16 courses - [Remote Working: Setting Yourself and Your Teams Up for Success](#) [4]
- LinkedIn Learning - [Building Resilience](#) [9]
- LinkedIn Learning - [Managing Stress for Positive Change](#) [10]
- LinkedIn Learning - [Thriving @ Work: Leveraging the Connection between Well-Being and Productivity](#) [11]
- [4 Free Courses to Help You Build Resilience in Challenging Times](#) [12]
- [6 Free Courses to Help You Manage Stress and Build Mindfulness Into Your 'New Normal'](#) [13]

**Page category:** [Learning & Development](#) [14]

---

**Source URL:** <https://www.uoguelph.ca/hr/hr-services-learning-development/free-digital-learning-resources>

### Links

[1] <https://www.uoguelph.ca/hr/linkedin-learning> [2] <mailto:landd@uoguelph.ca?subject=Accessing%20LinkedIn%20Learning%20Question> [3] <https://www.uoguelph.ca/learningmatters/eventreg/> [4] <https://www.linkedin.com/learning/paths/remote-working-setting-yourself-and-your-teams-up-for-success> [5] [https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftime-management-working-from-home%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftime-management-working-from-home%3Ftrk%3Dshare_ent_url) [6] [https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftips-for-working-remotely%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Ftips-for-working-remotely%3Ftrk%3Dshare_ent_url) [7] [https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fproductivity-tips-finding-your-productive-mindset%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fproductivity-tips-finding-your-productive-mindset%3Ftrk%3Dshare_ent_url) [8] [https://learning.linkedin.com/blog/linkedin-learning-resources/6-free-courses-to-to-help-leaders-clearly-communicate-and-influe?trk=lilblog\\_03-30-20\\_LiL-free-resources\\_learning](https://learning.linkedin.com/blog/linkedin-learning-resources/6-free-courses-to-to-help-leaders-clearly-communicate-and-influe?trk=lilblog_03-30-20_LiL-free-resources_learning) [9] [https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fbuilding-resilience%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fbuilding-resilience%3Ftrk%3Dshare_ent_url) [10] [https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fmanaging-stress-for-positive-change%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fmanaging-stress-for-positive-change%3Ftrk%3Dshare_ent_url) [11] [https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fthriving-work-leveraging-the-connection-between-well-being-and-productivity%3Ftrk%3Dshare\\_ent\\_url](https://www.linkedin.com/learning/login/share?forceAccount=false&redirect=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fthriving-work-leveraging-the-connection-between-well-being-and-productivity%3Ftrk%3Dshare_ent_url) [12] [https://learning.linkedin.com/blog/linkedin-learning-resources/4-free-courses-to-help-you-build-resilience-in-challenging-times?trk=lilblog\\_03-30-20\\_LiL-free-resources\\_learning](https://learning.linkedin.com/blog/linkedin-learning-resources/4-free-courses-to-help-you-build-resilience-in-challenging-times?trk=lilblog_03-30-20_LiL-free-resources_learning)

## Digital Learning Resources

Published on Human Resources (<https://www.uoguelph.ca/hr>)

---

[13] [https://learning.linkedin.com/blog/linkedin-learning-resources/6-mindfulness-resources-to-help-you-adapt-to-the-new-normal-?trk=lilblog\\_03-30-20\\_LiL-free-resources\\_learning](https://learning.linkedin.com/blog/linkedin-learning-resources/6-mindfulness-resources-to-help-you-adapt-to-the-new-normal-?trk=lilblog_03-30-20_LiL-free-resources_learning) [14] <https://www.uoguelph.ca/hr/page-category/stub-0>