COVID-19 - The Return to Work Process

Occupational Health and Wellness (OHW) provides return to work guidance for all University of Guelph faculty and staff that are working on-site or remotely, following an absence due to COVID-19 related symptoms.

If you are ill or experiencing symptoms that may be related to COVID-19, please complete the following:


2. If you have tested positive for COVID-19, please connect with the U of G COVID Call Centre at ext. 53906 or by email at [covid.calls@uoguelph.ca](mailto:covid.calls@uoguelph.ca) [2]. The call centre will guide you through the reporting process and will connect you with supports available through OHW.

3. If you are unable to perform your duties due to a self-isolation period, or an illness related absences resulting from COVID-19, please complete the [Employee Self-Declaration Form](https://uoguelph.eu.qualtrics.com/jfe/form/SV_8evYmTaJXnDkphP) [3]. An OHW representative will be in touch with you to obtain absence related details.

4. OHW will provide isolation guidance as per current Public Health recommendations. Confirmation of clearance for return to work from OHW is no longer required. Employees must follow Public Health guidelines on their isolation period prior to returning to work. To calculate your isolation period: Day 0 is your first day of symptoms, Day 1 is the following day. If you have any questions around your isolation period, please connect with the U of G COVID Call Centre at ext. 53906 or by email at [covid.calls@uoguelph.ca](mailto:covid.calls@uoguelph.ca) [2]

5. Please notify your supervisor/manager/chair or division head to inform them of your absence per normal practice.

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**Source**

URL: [https://www.uoguelph.ca/hr/about-hr/occupational-health-and-wellness-ohw/ohw-programs/covid-19-return-work-process](https://www.uoguelph.ca/hr/about-hr/occupational-health-and-wellness-ohw/ohw-programs/covid-19-return-work-process)

**Links**