Assistant Strength and Conditioning Coach

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Assistant Strength and Conditioning Coach

Department of Athletics

Temporary full-time from August 1, 2021 to August 1, 2022
Hiring #: 2021-0217

Please read the Application Instructions [1] before applying

Consistently ranked as one of the best comprehensive universities in Canada, the University of Guelph is committed to the development of the whole student. Intercollegiate programs within the department of Athletics play a valuable role in supporting this mission. These programs provide student-athletes with important experiential learning opportunities that prepare them for life and for future employment while in pursuit of excellence. The University has a nationally ranked intercollegiate program covering excellence in 30 sports, representing one of the top 3 largest in Ontario and top 7 in Canada.

The Department of Athletics is committed to the support and pursuit of excellence through varsity athletics. The Varsity program is comprised of 8 men’s teams (Football, Hockey, Basketball, Baseball, Lacrosse, Rugby, Soccer and Volleyball) 8 women’s teams (Field Hockey, Figure Skating, Basketball, Hockey, Lacrosse, Rugby, Soccer and Volleyball) and 7 coed teams (Cross Country, Golf, Nordic Ski, Rowing, Swimming, Track and Field, Wrestling) and provides high performance sport opportunities for 700 athletes annually. Athletes compete locally, provincially, nationally and internationally and their successes contribute substantially to enhancing the reputation and profile of the university.

The Department of Athletics at the University of Guelph is seeking a highly motivated Strength and Conditioning Coach to fill the Assistant Strength and Conditioning Coach vacancy. Reporting to the Head Strength and Conditioning Coach the successful candidate will contribute to the success of the varsity program, across identified sports, and will be a valuable part of our Integrated Support Team for specific teams. They will assist the Head Strength and Conditioning Coach in team programming and delivery of the S&C program, while focusing on safety and injury prevention to reduce the risks associated with high performance sport.

The Assistant, Strength and Conditioning Coach is responsible for effectively enhancing student-athlete’s high-performance achievements while ensuring their long-term health and safety through the appropriate assessment and development of training programs which are aligned with competition needs, and through the consistent review and evaluation of performance as it relates to strength and conditioning. By using scientifically supported methodologies in the creation of training plans, programs, assessment and injury prevention strategies and techniques the Assistant, Strength and Conditioning will apply their high level of knowledge, experience and certifications.

The Assistant, Strength and Conditioning will engage with all student-athletes across identified sports and will be a resource for all head coaches and part-time coaches in the development of a high-performance training culture.

Requirements for the position include:

- Undergraduate degree in Exercise Physiology, Human Kinetics or a related field along with a minimum of two (2) years working within a strength and conditioning environment within USPORTS, National/Provincial or Professional level caliber sports teams. An equivalent combination of related education and experience may be considered.
- A Master’s degree in a related field would be preferred
• Fully certified Strength and Conditioning Specialist – National Strength and Conditioning Association required
• CPR, First Aid, AED certifications
• Proven evidence of successful coaching experience
• Excellent interpersonal, communication skills and conflict management skills
• Ability to orientate, train, mentor, and develop a team
• Organizational and budget administration skills would be considered an asset
• A demonstrated understanding and appreciation of the unique university environment and expectations in regards to the education of the whole student-athlete
• Enthusiasm, determination, and a passion for excellence.

Classification P03*

* Tentative evaluation; subject to committee review.

At the University of Guelph, fostering a culture of inclusion [3] is an institutional imperative. The University invites and encourages applications from all qualified individuals, including from groups that are traditionally underrepresented in employment, who may contribute to further diversification of our Institution.

Posting Date: 2021 06 07
Closing Date: 2021 06 21


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