Mental Health Support Worker

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Mental Health Support Worker

Student Wellness Services

Temporary full-time from August 31, 2021 to June 30, 2022
Hiring #: 2021-0328

Please read the Application Instructions [1] before applying

The Mental Health Support Worker assists students experiencing complex mental health issues by collaborating on goals to manage day to day functioning, that will assist the student in their academic success. Reporting to the Manager of Counselling Services, the Support Worker takes a person-centered and recovery approach to set goals with students and assist them with progress on their goals. They help students develop a team of formal and informal supports, monitor their mental health symptoms, stay engaged with their treatment plan, develop crisis plans, address barriers and advocate for students. Service may include frequent and creative connections with a student to promote engagement. The Support Worker is a member of an interdisciplinary team and ensures their own work with the student is aligned with the overarching plan of care. They also ensure clear communication between the care team and the student.

The incumbent engages with community partners, as well as university faculty and staff, to facilitate access to services, and to advocate on behalf of the students they serve.

Requirements of the position include:

- University Degree in the field of social work, psychology, or other health related discipline along with a minimum of three (3) years related experience working with people with complex mental health/addiction issues. A combination of relevant education and experience may be considered.
- Previous post-secondary experience would be considered an asset.
- Experience working with students with diverse identities and demonstrated understanding, training, and experience with anti-oppressive practice. Experience working with people who are marginalized and at risk.
- Demonstrated experience in applying a person-centered service philosophy in a case management role including: crisis intervention and risk assessment skills, and ability to monitor mental health functioning, motivational techniques, and boundary setting.
- Experience working with substance use and addictions and the ability to practice harm reduction principles.
- A broad understanding development in adolescence and young adulthood
- Well developed knowledge base for accessing service systems and developing support teams.
- Excellent communication skills: ability to interact with people in a caring, supportive manner; strong written, oral and presentation skills.
- Experience in development and delivery of training, workshops, support groups
- Experience working on an interdisciplinary team with formal and informal supports.
- Clear understanding of privacy legislation as it relates to work with students, and with support teams with diverse membership
- Understanding of the broader mental health system, including emergency mental health services, procedures, and legislation
- Electronic record keeping skills; Proficiency with computers including the Microsoft Office Suite.
- This position will require flexible work hours, including some evenings.

This appointment is regularly performed on- campus but will be initially fulfilled remotely (off-campus) until the University resumes its regular operations.
At the University of Guelph, fostering a culture of inclusion is an institutional imperative. The University invites and encourages applications from all qualified individuals, including from groups that are traditionally underrepresented in employment, who may contribute to further diversification of our Institution.

Posting Date: 2021 06 23
Closing Date: 2021 07 07

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Links
[1] https://www.uoguelph.ca/hr/careers-guelph/how-apply
[4] https://www.uoguelph.ca/hr/page-category/current-opportunity