# **Functional Abilities Form**

for Planning Early and Safe Return to Work

Health Professionals, please use this form ONLY when requested by an employer or worker.

The purpose of this form is to identify your patient's overall functional abilities and work restrictions that will assist his/her return to suitable work.

Please promptly complete and return pages 2 and 3 of this form to the worker or employer to assist the workplace parties in planning an early and safe return to work.

PLEASE ENSURE YOUR BILLING INFORMATION IS NOT GIVEN TO THE WORKER OR EMPLOYER.

## **Authority to Release Information**

Section 37(3) of the *Workplace Safety and Insurance Act,* 1997 provides the legal authority for health professionals to give the Workplace Safety and Insurance Board (WSIB), the injured worker and the employer such information as may be prescribed concerning the worker's functional abilities.

When completing this report, please **print** in **black ink**.

Worker and/or employer should complete Sections A and B of this report. If your patient needs assistance, please help. Please submit this report even if Section A is not fully completed.

Information about your responsibilities can be found on Page 4.

The WSIB will pay health professionals for completing this form.

Mail to:		Fax to:
Workplace Safety and Insurance Board	OR	416-344-4684
200 Front Street West	•	or 1-888-313-7373
Toronto, ON M5V 3J1		



	Please PRINT in black ink				Claim No			
		<b>—</b> •				•		
	to be completed by the employer	First Name			Talanhan			
/orker's Last Na	me	First Name			Telephon	e		
ddress (no., stre	eet, apt.)	City/Town		Province	Postal Co	ode		
Employer's	s Name			Date of Bir (dd/mm/)		1	1	
Full Address (No., Street, Apt.)				Date of Acc Awareness	of Illness			
City/Town	Prov. F	Postal Code		(dd/mm/y	ууу)			
L				Employer Telephone				
				Employer Fax No.				
. Type of job at	time of accident (where available, please a	ttach description of job activities) A	rea(s) of in	ijury(ies)/illness	(es)			
. Have the work	er and the employer discussed Return To W	Vork If	no, will be	discussed on	dd	mm	уууу	
Employer cont	tact name	P	osition					
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Mail to: 200 Front Street West Toronto ON M5V 3J1	OR 1-888-313-7373	FAF	Functional Abilities Form for Planning Early and Safe Return to Work
Please PRINT in b Worker's Last Name	black ink First Nan		Claim No.
D. The following information sl Professional to identify the	hould be completed by the Health patient's overall abilities and rest	rictions.	
1. Date of dd mm y Assessment	2. Please check one: Patient is capable of returning to work with no restrictions	h is work with restrictions	B. Patient is physically unable to return to work at this time. Complete section <b>F.</b>
E. Abilities and/or Restrictions		·	
Additional and/or Restrictions     Additional and/or Restrictions     Additional and/or Restrictions     Additional and/or Restrictions			
Please indicate Additional apply Walking:     Full abilities     Up to 100 metres     100 - 200 metres     Other (please specify)	y. Include additional details in section 3 Standing: Full abilities Up to 15 minutes 15 - 30 minutes Other (please specify)	Sitting: Full abilities Up to 30 minutes 30 minutes - 1 hour Other (please specify)	Lifting from floor to waist: Full abilities Up to 5 kilograms 5 - 10 kilograms Other (please specify)
Lifting from waist to shoulder: Full abilities Up to 5 kilograms 5 - 10 kilograms Other (please specify)	Stair climbing: Full abilities Up to 5 steps 5 - 10 steps Other (please specify)	Ladder climbing: Full abilities 1 - 3 steps 4 - 6 steps Other (please specify)	Travel to work:         Ability to use       Ability to         public transit       drive a car         yes       yes         no       no
Bending/twisting	apply. Include additional details in section 3 Work at or above Chemical shoulder activity: exposure to:	Environmental exposure to: (e.g. heat, cold, noise or scents)	Limited use of hand(s): Left Right Gripping Pinching Other (please specify)
Limited pushing/pulling with: Left arm Right arm Other (please specify)	Operating motorized equipment: (e.g. forklift)	Potential side effects from medications (please specify) Do not include names of medications.	Exposure to vibration: Whole body Hand/Arm
3. Additional Comments on Abilities	and/or Restrictions.	-	
4. From the date of this assessment, the	e above will apply for approximately:	<b>5.</b> Have you discussed return to work	
1 - 2 days 3 - 7 days	8 - 14 days 14 + days	with your patient?	yes no
6. Recommendations for work hours and start date:	Regular full-time hours Modifie	ed hours Graduated hours St	<b>tart Date</b> dd mm yyyy
F. Date of Next Appointment			
	nt to review Abilities and/or Restrictio	ons. dd mm	уууу
I have provided this complet	ted Functional Abilities Form to:	Worker and/o	or Employer

#### **Important Information**

To receive benefits, the worker must apply for benefits within six months of the date of a work-related injury or illness. When filing a claim for benefits, the worker must also consent to the disclosure of functional abilities information provided by a health professional to his or her employer for the purpose of facilitating an early and safe return to work. Failure to file a claim or provide consent for the release of the functional abilities information can result in no benefits.

If you have questions about the completion of this form please call 1-800-387-0750.

#### Worker's Responsibilities

- This form is to be completed by a treating health professional, who will discuss the information with you.
- Once completed, contact your employer **immediately** to review the information on the completed form. Together, you and your employer will begin to plan an early and safe return to work.

#### **Employer's Responsibilities**

- This form provides general information about this worker's functional abilities and restrictions to help you plan an early and safe return to work.
- When you provide this form to the treating health professional, ensure that you have the worker's signed consent (Section B) for the release of functional abilities information.
- Where available, also attach a description of the worker's job activities to assist the health professional in completing the form.
- The prescribed form that is available from the WSIB is a generic form developed to assist with general functional abilities information.
- The WSIB will pay the health professional to complete the prescribed WSIB form only. A charge will appear on your Accident Cost statement or Schedule 2 Invoice which reflects the cost of payment for each form completed.
- If you have a form that is specific to your workplace and have the cooperation of the worker in providing consent for the release of information on your form, you may use your own form. If you create your own form, you must reimburse the health professional directly.
- Do not send a copy of the completed Functional Abilities Form for Planning Early and Safe Return to Work to the WSIB. The health professional is responsible for submission of the form.

### **Health Professional's Responsibilities**

- The employer and worker will use this information to plan the worker's early and safe return to work.
- Their return to work plans will reflect the functional abilities and restrictions you have noted and presume that no clinical contraindications exist for other work activities, therefore it is crucial that all sections be completed in full.
- The completion of this form is based on your examination of the worker and does not require a specialized functional abilities evaluation.
- Diagnostic or confidential information **must not** be included.
- Please add specific information on the duration of temporary restrictions or maximum times or weights to be considered, in section **E3** under **abilities and/or restrictions**. If necessary, attach an additional page to this completed form to describe abilities and restrictions.
- Completion of this form does not replace clinical reporting requirements to the WSIB.
- Once you have received this form, promptly complete it and give it to the worker and/or employer.
- For billing purposes fax or mail pages 2 and 3 to the WSIB. When faxing, do not mail a copy.

#### The WSIB will pay the health professional for the completed form when pages 2 and 3 are received.

**Workplace Safety and Insurance Board** 200 Front Street West Toronto ON M5V 3J1 WSIB Fax 416-344-4684 or 1-888-313-7373