

To explore more ways to grow your skills, visit uoguelph.ca/learningmatters



HR Learning & Development and Consulting Services

Winter 2023

Update to Programs

HR Learning & Development provides **development opportunities, consulting services, and tools** to U of G staff, faculty, and leadership to support the achievement of individual and organizational success.



HUMAN RESOURCES

Our vision is to ignite possibility and facilitate success that contributes to a healthy and vibrant individual and university community.



Register for development opportunities!



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[@UofGHR](https://twitter.com/UofGHR)

Our Team

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Consulting Services

Learning & Development's consulting services can assist managers and leaders to support positive relationships, enhance engagement, collaboration, team functioning, and aligning work to strategic goals. Please contact Linda Watt, Director at lwatt@uoguelph.ca to engage us.

Development Opportunities

Learning is a day-to-day pursuit and an attitude that includes being open to lessons offered as we engage in our work. We hope you will embrace those opportunities as well as our quality programs designed with you in mind.

This programming update is current as of December 19, 2022.

Register for programs by clicking on the below links or view all opportunities and register at <https://uoguelph.development>

Managing Me and My Relationships

Research has continuously revealed that the so-called "Soft" skills are actually the "Power" skills in today's dynamic workplace.

- [Jan 19](#) SCARF- a brain-based tool for understanding how to motivate, collaborate and influence others
- [Feb 8](#) Discover Your Strengths Program Start
- [Mar 22](#) What Did You Say? (Skills for giving and receiving feedback)
- [Apr 19](#) Prioritization and Planning for Leaders (formerly Managing Me)
- [Apr 20](#) Personal Leadership at Work Program Start \$
- [Apr 27](#) Communication Strategies for Shifting Difficult Interactions into Productive Ones
- [May 16 & 17](#) Grammar Matters – Top 10 Editing Tips for Improving Your Writing

Developing Skills for Working in a Digital World

Join Resolutions Computer Consulting to upgrade your SharePoint skills.

- [Feb 2](#) SharePoint

GOAL 2.0 Training – Enabling Performance Success

- [Feb 14](#) GOAL 2.0 Training for Managers (Foundational Training)
- [Mar 23](#) GOAL 2.0 Training for Employees (Foundational Training)
- GOAL 2.0 Training for Managers is now available online via self-registration on [CourseLink](#).

Surviving and Thriving in a Dynamic and Diverse Work Environment

Develop skills to adapt to an ever-changing world

- [Jan 31](#) Acknowledging Indigenous Lands
- [Feb 9](#) Equity Essentials- Call it out? Identifying and Responding to Microaggressions
- [Feb 23](#) Equity Essentials- Intersectional Allyship
- [Mar 29](#) Delivering Project Results
- [Mar 30](#) Human Rights Fundamentals- Anti-Discrimination and Harassment
- [Apr 13](#) Inclusive Leadership- Applying Anti-Oppressive and Anti-Racism Lenses to Decision-Making

Leading, Managing, and Influencing at the University

Learn to lead through times of change

- [Jan 24 & 25](#) Taking Charge of Change
- [Apr 20](#) Personal Leadership at Work Program Start \$
- [Apr 25 & 26](#) Leading Your Team Through Change
- [Mar 7 & 21](#) Leader as Coach Program
- [May 8 & 9](#) Building Leadership Effectiveness \$

\$ - Requires manager approval and departmental GL coding