

April 15, 2026

To: All Retirees in the University Group Benefit plan with new plan design

Re: May 2026 University Group Benefit Renewal

The University of Guelph has finalized the Group Benefits Renewal with Sun Life for the upcoming policy year starting May 2026. As you may know, Sun Life is the group insurance carrier for the University’s Extended Health Care (EHC) and Dental insurance benefits.

Effective May 2026, the EHC and Dental premiums will be what you see in the chart below. There is no change to dental rates from the previous year. Any increase applies to both the University’s as well as your share of the premiums.

Effective May 2026	Coverage	Retiree (monthly)	University (monthly)
Extended Health Care	Single	\$69.38	\$161.90
	Family	\$142.26	\$331.95
Dental	Single	\$37.74	\$37.73
	Family	\$77.35	\$77.35

The new Retiree premium rates noted in the table above will be deducted from your pension payment starting on May 1, 2026.

If you have any questions, please email hr@uoguelph.ca or contact Human Resources at extension 53374 and leave a message.

Margaret McLeod,
Human Resources