



PREVENTING SLIPS, TRIPS & FALLS

Follow these tips to lower the risk of slips, trips, and falls:

1

Slow Down!

- Don't walk too fast
- Obey caution signs (e.g. wet floor)

4

Housekeeping

- Keep walkways/exits clear
- Remove debris and clutter
- Keep file drawers closed
- Clean up spills

2

Be Observant

- Watch transitions, uneven flooring, grates in parking lots, curbs and pot holes etc.
- Eyes on the path, not your phone!
- Watch for cords and cables

5

Be Prepared

- Keep one hand free to hold handrails
- Secure and carry loads safely

3

Footwear

- Wear footwear suited to task and conditions

6

Report Damage

- Burnt out, poor lighting, damaged flooring/walkways
- Inform Supervisor
- Report to the Physical Resources Work Order Desk (Guelph Campus) or Facilities Management (Ridgetown and Research Stations)