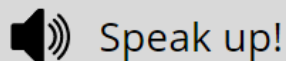




Pallet Jack

Be Prepared	<ul style="list-style-type: none">• Only authorized and trained workers shall perform tasks• Refer to the pallet jack operating manual for instructions on proper operation.• Inspect pallet jack:<ul style="list-style-type: none">• Wheels for wear• Fluid leaks• Capacity plate• Inspect your route:<ul style="list-style-type: none">• Holes, cracks• Slopes, ramps• Debris, liquids• Pedestrian/vehicle traffic• Determine additional personal protective equipment (PPE) needs (i.e. high visibility vest, gloves, safety vest, gloves, safety glasses)
Work Safe	<ul style="list-style-type: none">• Lift only unbroken pallets.• Stack heavier objects on the bottom.• Stack load so that you can see forward.• Load weight is within capacity.• Center the forks evenly under the load.• Ask a spotter to assist you if your vision is blocked.• Use both forks for lifting and ensure the entire fork is under the load as far back to the handle as possible.• Use both hands to pump the handle.• Keep feet away from the pallet jack.• Ensure load is stable.• No people can ride on the pallet jack.• When moving a load from a truck bed to a tailgate or other platform, always push the load, never pull.• Avoid inclines if possible.• On an incline always have the load downgrade of you.• Never leave the load raised when stationary.



If you see a hazard, let your supervisor know.
Everyone plays a role in your safety and health.

Pallet Jack Continued....

Finish Right

- Store pallet jack out of the way in an area where forks and handle are not a tripping hazard (e.g., in a pallet or under a table)
- Report any areas where lighting or floor conditions are inadequate
- Report damage to pallet jack, racks or pallets to your supervisor
- Clean and put away PPE



Stop

Stop and take the time to think about what you're going to do.

Think

Think about how you're going to do it. What's the safest way?

Act

Act in the safest way possible. Follow proper procedures, don't rush and STOP if it can't be one safely.

Use this page to list any specific points, reminders or highlights noted during the training related to the tasks involved (if applicable).

Date: _____

Training given by: _____

Operational Reminders:

- _____
- _____
- _____
- _____
- _____
- _____

Safety Reminders:

- _____
- _____
- _____
- _____
- _____
- _____

Pallet Jacks

Use this page to mark attendance at the training.

Date: _____

Training given by: _____

[illegible]