UNIVERSITY Ontario Universities Program in Field Biology

Course Title:	Field Ecology – BIOL*4410
Instructor(s):	Dr. Ryan Norris, Department of Integrative Biology, University of Guelph. rnorris@uoguelph.ca
Dates:	Tentatively:
	Sunday, July 16 th – Saturday, July 29 th , 2023
Location:	Algonquin Wildlife Research Station (AWRS) on Lake Sasajewun, Algonquin Provincial Park
Cost:	\$1,440, with \$350 deposit due to home university (via cheque) upon application and balance of \$1,090 (accepted students will receive instructions). Includes all meals. Does NOT include transportation to/from AWRS.
Prerequisites:	0.50 credits in ecology and biostatistics
Enrolment:	20 students (5 for OUPFB; 15 for University of Guelph)
Description:	This is a 12-day field course held in Algonquin Park, Ontario, mid-late July. Emphasis is on the design and implementation of ecological field experiments and natural history of the park. At the beginning of the course, students will exposed to flora of fauna of the area through a variety of hikes and workshops. Students will then design and conduct a research project in small groups on a topic of their choice in either terrestrial or aquatic habitats and write an independent formal scientific paper. In addition, the students will produce a field notebook highlighting their own natural history interests as well as accurately documenting their daily observations, data collection, and questions. An organizational meeting will be held in the winter semester prior to the field course, and there may also be some formal lectures during the course.
Evaluation:	Research Project50% (40% paper, 10% oral proposals)Natural history Notebook25%Participation + Peer Evaluation15%Self-Reflection Essay10%

		Module #
(a)	Daily timeline	Field work is intense and demands long days, both in the lab or field, but also sorting samples, and analyzing data, a typical field day is not 9 – 5 and students should be expecting to work very hard and, as a result, derive a great deal of satisfaction from their accomplishments at the end of two weeks. One should embark on a field course because they are passionate about being outdoors in all conditions, exploring nature, asking questions, and working hard. Some students perceive field course modules as opportunities for an easy grade, a credit-based vacation, this is not the case, the days are long and can be gruelling, but the sense of community and camaraderie that develops among the students is incredibly fun and rewarding. An average work day includes 7:00 breakfast (though cereal is available if an earlier start is necessary), 8:00 field work rain or shine, 12:00 lunch break, 1:00 continuing field work, 6:00 dinner, 7:00-10pm class lectures, field book updates, student presentations, field excursions).
(b)	Work habitat & Physical exertion	Depending on the research projects, long back-country hikes, or canoeing (sometimes with portage) may be expected, 5-10km day hikes through varying elevations and through rocky/muddy/mosquitoey habitat are common. Students may find themselves immersed in bogs, ponds or lakes in hip-waders, climbing uneven terrain through mixed hardwood/conifer forest, long hours in open field/meadow habitats with only bushes as toilets or a long walk to an outhouse. Staying hydrated and resting when necessary will be key ingredients in maintaining stamina throughout the days. Being invested in hard work and data collection early will help to avoid the burnout that can occur if students do not balance their data collection and field work accordingly.
(c)	Common activities	Hiking, canoeing, swimming are common activities.
(d)	Weather, dehydration, & biting insects	Students need to bring sun protection (sunscreen, wide-brimmed hats), a water bottle to carry water into the field, as well as rain gear (rain boots, rain pants, rain coats). A warm sleeping bag is necessary for cold nights. By late July, mosquitoes, blackflies and deer flies have started to wane, but are still prevalent and hungry. Depending on the year, they can be quite thick and wearing long sleeves, pants, and using repellent are excellent ways to ensure comfort.
(e)	Toxic/poisonous, wildlife/ plants	Students must complete bear safety training as encounters with black-bears and other large wildlife (e.g. Moose) are possible around the field station and while in the field. Other natural hazards that are common are poison oak and poison ivy, wearing long plants and using common sense are the best defences. and use common sense to stay protected from biting insects and sun exposure.
(f)	Sleeping, washroom & laundry facilities	 sleeping accommodations: shared cabins, not typically co-ed. Students need to bring bedding (warm sleeping bag, sheets, pillow). washroom facilities: at the field station, there are flush toilets and hot showers, in the field, there are outhouses (sometimes) and bushes. washing/laundry facilities: washing machine available on a fee per use basis if the well and septic are not supported by a latter to dry.
(g)	Meal plans & food allergies	not overwhelmed, clothes line for hanging to dry Three meals are provided each day (typically cold/cereal breakfast and hot lunch/supper), if students have specific requirements (e.g. vegetarian) some can be met, others require students to supplement their own food.
(h)	Non-academic responsibilities	Students are responsible for daily chores at the field station that include dishes, cleaning the common indoor areas, and tidying common outdoor areas, as well as pitching in on projects that may be ongoing while we are there.
(i)	Degree of isolation	 The WRS is a remote and very rustic field station that is equipped with electrical power but rudimentary (if any) cell/internet connections Recharging electronic devices is possible, but outlets are limited and so patience is paramount Cell reception around the station is improving, but still spotty, and data is typically very slow if it connects at all Students can bring their own snacks, keeping them labelled and in a closed mouse-proof container
(j)	Alcohol & drugs	Use of alcohol/drugs must follow the WRS policy, which is subject to change, but in the past, alcohol is permitted after working hours have wrapped up, and not during the day. Students must use substances responsibly, keeping their own safety and the safety of others as a priority. Intoxication will not be tolerated.
(k)	Vaccinations/ Insurances	Full Covid-19 vaccinations, and any recommended boosters are highly recommended 2 weeks prior to course start date. Up to date health insurance is required in case of accident or illness
(I)	Social Situations	This course is two weeks of living in close proximity with a relatively small group of people. We share meal- times and spend a lot of time together as a group, but even more so in smaller project groups. It is important that people come with an open mind and are accepting of diverse personalities and perspectives, that people are friendly and supportive of each other. Students should be prepared to work in a small group of 3-4 people on a research project and be prepared to work hard to ensure that everyone is contributing fairly and collaboratively. Also, unless students drive their own vehicle (car-pooling is recommended as space for vehicles at the WRS is limited), getting to one of the small towns outside of Algonquin Park can be difficult (30 -45 min drive each way). Students must be prepared to be easy-going, friendly, and flexible with personal space expectations as quarters are tight for sleeping accommodations.

Module

(m) Final comments	
	questions that invigorates my own curiosity and passion for field research. We will explore some absolutely
	stunning places in the park, and no doubt embark on some memorable adventures. Often people who
	participate in this course become long-lasting friends as it is a unique opportunity to connect with a diverse
	group of people from varying backgrounds but who all share similar passions. I look forward to meeting the
	2022 cohort.