Health Care

*Ways to feel better!*

**Visit a Doctor** [1]
Make an appointment to speak with a doctor or psychiatrist regarding your health.

**Visit a Nurse** [2]
Nurses are available to answer health related questions without an appointment.

**Physiotherapy** [3]
Physiotherapists are available to assess and treat orthopedic, sports and activity related injuries.

**Massage Therapy** [4]
Registered massage therapists are available to assess and treat any conditions involving your muscles.

**Osteopathy** [5]
If you are experiencing soft tissue or joint related dysfunctions, you may benefit from osteopathy.

**Pedorthics** [6]
Pedorthists are available to assess and treat conditions of the feet and legs with custom made orthotics and footwear.

**Sports Medicine** [7]
Sports medicine physicians are available to diagnose and treat both acute and chronic injuries.

**Athletic Therapy** [8]
Athletic therapy is available to varsity athletes.

**Health and Dental Plan** [9]
Explore your health and dental benefits provided through your tuition or learn more about opting out. Covers dental, physiotherapy, chiropractic and more!

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Health Care
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Links
[1] https://www.uoguelph.ca/studenthealthservices/health-clinic/clinic-services/physician-services
[3] https://www.uoguelph.ca/hpc/our-services/physiotherapy
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