Health Care

Ways to feel better!

**Visit a Doctor [1]**
Make an appointment to speak with a doctor or psychiatrist regarding your health.

**Visit a Nurse [2]**
Nurses are available to answer health related questions without an appointment.

**Physiotherapy [3]**
Physiotherapists are available to assess and treat orthopedic, sports and activity related injuries.

**Massage Therapy [4]**
Registered massage therapists are available to assess and treat any conditions involving your muscles.

**Osteopathy [5]**
If you are experiencing soft tissue or joint related dysfunctions, you may benefit from osteopathy.

**Pedorthics [6]**
Pedorthists are available to assess and treat conditions of the feet and legs with custom made orthotics and footwear.

**Sports Medicine [7]**
Sports medicine physicians are available to diagnose and treat both acute and chronic injuries.

**Athletic Therapy [8]**
Athletic therapy is available to varsity athletes.

**Health and Dental Plan [9]**
Explore your health and dental benefits provided through your tuition or learn more about opting out. Covers dental, physiotherapy, chiropractic and more!