How are you Feeling?

Find out information, as well as where, when and how to find help by choosing the brain below that highlights the way you are feeling.

Brain Images By Christina Hotz, CSA Graphic Designer

[1]
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Source URL: https://www.uoguelph.ca/mentalwellbeing/panel/im-feeling

Links
[1] https://www.uoguelph.ca/mentalwellbeing/taxonomy/term/10/
[2] https://www.uoguelph.ca/mentalwellbeing/stressed
[3] https://www.uoguelph.ca/mentalwellbeing/sad
[4] https://www.uoguelph.ca/mentalwellbeing/tags/feeling-lonely