

Children's Fear Scale (CFS; McMurtry et al., 2011)

Instructions for Children: “These faces are showing different amounts of being scared. This face [point to the left-most face] is not scared at all, this face is a little bit more scared [point to second face from left], a bit more scared [sweep finger along scale], right up to the most scared possible [point to the last face on the right]. Have a look at these faces and choose the one that shows how scared you were during [the needle].”

Instructions for Parents: “These faces are showing different levels of anxiety. This face [point to the left-most face] shows no anxiety at all, this faces shows a little bit more [point to second face from left], a bit more [sweep finger along scale], right up to extreme anxiety [point to the last face on the right]. Have a look at these faces and choose the one that shows how much anxiety you felt during [the needle].”

Score the chosen face from 0 to 4.

Sources: Please cite the CFS Initial Validation Study: McMurtry, C.M., Noel, M., Chambers, C.T., McGrath, P.J. (2011). Children's fear during procedural pain: Preliminary investigation of the Children's Fear Scale. *Health Psychology, Advanced Access Online*. **Adapted from the (adult) Faces Anxiety Scale:** McKinley, S., Coote, K., & Stein-Parbury, J. S. (2003). Development and testing of a faces scale for the assessment of anxiety in critically ill patients. *Journal of Advanced Nursing*, 41, 73-79. **For more information:** contact C. Meghan McMurtry at cmcmurtr@uoguelph.ca

0

1

2

3

4

Cut/fold on Dotted Line

