

## **Mental Health & Well-Being (PSYC\*1400)**

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## **Mental Health & Well-Being (PSYC\*1400)**

**Course Title:** Mental Health & Well-Being

**Course Code:** PSYC\*1400

**Section:** 01

**Instructor:** Lara Genik

**Semester:** Winter

**Year offered:** 2019

**Course Outline Attachment:**  [1400 W19 Course Outline LG.pdf](#)

**Course Level:** 1000

**Course Type:** Undergraduate

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### **Source**

**URL:** <https://www.uoguelph.ca/psychology/course-outline/mental-health-well-being-psyc1400-2>