PSYC*1000(01), Course Outline: Winter 2020

General Information

Course Title: Introduction to Psychology

Course Description: This is an introduction to the content and methods of psychology. It will cover the major areas such as research methods, neuroscience, sensation and perception, learning, memory, human development, social psychology, psychological disorders, and treatments in psychology.

Credit Weight: 0.5

Academic Department (or campus): Psychology

Semester Offering: Winter 2020

Class Schedule and Location: LEC Tues & Thurs 8:30 – 9:50 am, ROZH, Room 104

Instructor Information

Instructor Name: Anneke Olthof
Instructor Email: aolthof@uoguelph.ca
Office location and office hours: MacK 4022 by appointment only

GTA Information

GTA Name: Eli Lipson
GTA Email: dlipson@uoguelph.ca
GTA office location and office hours: TBD

GTA Name: Yamna Rizwan
GTA Email: yrizwan@uoguelph.ca
GTA office location and office hours: TBD

Course Content

Specific Learning Outcomes:
By the end of this course, students should be able to:

• **Learning Outcome 1:** think about a specific research topic from different perspectives, as well as evaluate the process of drawing conclusions in psychological research. This is an invaluable tool that allows students to judge the merit of any new piece of information they learn, whether in psychology or another field.
- **Learning Outcome 2:** understand key concepts from the text and lectures, as well as show quantitative literacy by interpreting numerical data in various formats (tables, graphs, charts).
- **Learning Outcome 3:** apply concepts that we learn about in class to real world examples.
- **Learning Outcome 4:** evaluate the ethical merits of psychological research and practice, and identify the ethical principles that form the foundation in the field of psychology. Students will also act in a way that shows academic integrity, and will manage their time and plan in advance to complete the many responsibilities of being a student.
- **Learning Outcome 5:** appreciate how the field of psychology developed through history, and how the dominant perspective has changed as we learned more about ourselves. Students will also consider how our methods of measuring psychological phenomena have evolved with technology.
- **Learning Outcome 6:** pick out key concepts from the text and lectures and design a personalized set of study notes based on that content. Students who do this demonstrate the following abilities: reading comprehension, language comprehension, conceptual understanding, and the ability to combine similar concepts and express those concepts.

### Lecture Content:

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Corresponding Module Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 7</td>
<td>Course introduction</td>
<td></td>
</tr>
<tr>
<td>Jan 9</td>
<td>History of Psychology</td>
<td>1.2</td>
</tr>
<tr>
<td>Jan 14 &amp; 16</td>
<td>Research Methods</td>
<td>2.1, 2.3, 2.2, 2.4</td>
</tr>
<tr>
<td>Jan 21, 23 &amp; 28</td>
<td>Neuroscience</td>
<td>3.2, 3.4, 3.3</td>
</tr>
<tr>
<td>Jan 28, 30, &amp; Feb 4</td>
<td>Sensation &amp; Perception</td>
<td>4.1, 4.2, 4.3</td>
</tr>
<tr>
<td>Feb 4, 6 &amp; 11</td>
<td>Learning</td>
<td>6.1, 6.2, 6.3</td>
</tr>
<tr>
<td>Feb 13</td>
<td>Memory</td>
<td>7.1</td>
</tr>
<tr>
<td><strong>Feb 25</strong></td>
<td>MIDTERM</td>
<td><strong>1.2, 2.1, 2.2, 2.3, 2.4, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3, 6.1, 6.2, 6.3</strong></td>
</tr>
<tr>
<td>Feb 27</td>
<td>Memory</td>
<td>7.2, 7.3</td>
</tr>
<tr>
<td>Mar 3, 5 &amp; 10</td>
<td>Development</td>
<td>10.1, 10.2, 10.3, 10.4</td>
</tr>
<tr>
<td>Mar 17, 19, 24 &amp; 26</td>
<td>Psychological Disorders</td>
<td>15.1, 15.2, 15.3, 15.4</td>
</tr>
<tr>
<td>Mar 26 &amp; 31</td>
<td>Therapies</td>
<td>16.1, 16.2, 16.3</td>
</tr>
<tr>
<td>Apr 2</td>
<td>Catch Up &amp; Review</td>
<td></td>
</tr>
</tbody>
</table>

Note: The schedule of what topics we cover on each day may vary due to unforeseen circumstances (weather, illness, etc...). Some classes we may not get through what we planned and we would then continue from where we left off in the next class. Other classes we may end up ahead of schedule and you should be prepared to begin the next topic earlier than planned.
Course Assignments and Tests:

<table>
<thead>
<tr>
<th>Assignment or Test</th>
<th>Due Date</th>
<th>Contribution to Final Mark (%)</th>
<th>Corresponding Modules</th>
<th>Learning Outcomes Assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Online Assignment 1</td>
<td>Feb 2</td>
<td>9%</td>
<td>1.2, 2.1, 2.2, 2.3, 2.4, 3.2, 3.3, 3.4</td>
<td>1, 2, 3, 4, 5, 6</td>
</tr>
<tr>
<td>Online Assignment 2</td>
<td>Feb 16</td>
<td>6%</td>
<td>4.1, 4.2, 4.3, 6.1, 6.2, 6.3</td>
<td>1, 2, 3, 4, 5, 6</td>
</tr>
<tr>
<td>Online Assignment 3</td>
<td>Mar 15</td>
<td>6%</td>
<td>7.1, 7.2, 7.3, 10.1, 10.2, 10.3, 10.4</td>
<td>1, 2, 3, 4, 5, 6</td>
</tr>
<tr>
<td>Online Assignment 4</td>
<td>Apr 5</td>
<td>9%</td>
<td>13.1, 13.2, 13.3, 15.1, 15.2, 15.3, 15.4, 16.1, 16.2, 16.3</td>
<td>1, 2, 3, 4, 5, 6</td>
</tr>
<tr>
<td>Midterm</td>
<td>Feb 25</td>
<td>25%</td>
<td>1.2, 2.1, 2.2, 2.3, 2.4, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3, 6.1, 6.2, 6.3</td>
<td>1, 2, 3, 4, 5, 6</td>
</tr>
<tr>
<td>Final Exam</td>
<td>Apr 14, 7 – 9 pm</td>
<td>40%</td>
<td>all</td>
<td>1, 2, 3, 4, 5, 6</td>
</tr>
<tr>
<td>Research Participation</td>
<td>Apr 3</td>
<td>5%</td>
<td>na</td>
<td>1, 3, 4, 5</td>
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</tbody>
</table>

Final examination date and time: April 14, 2020 from 7 – 9 pm

Final exam weighting: 40%

Examination Regulations

Course Resources

Required Texts:
The text will also be available on reserve in the library.

Other Resources:
- Courselink (D2L): You will use Courselink (D2L) (http://courselink.uoguelph.ca) for just about everything with this course (sign on with your same ID and password that you were given for your U. of G. email). It is useful to discuss content on discussion boards, check your grades, and complete the online assignments. Furthermore, you can access the lecture slides, the course outline, and links to the library website and the SONA online research participation.
  I reserve the right to change the lecture slides prior to the lecture. I will post the revised slides after class. Although you will have the lecture slides prior to class, I strongly recommend
that you attend all the lectures and take notes. The lectures will not simply regurgitate what is in the text, and the slides alone will not provide sufficient detail to succeed on an exam. If you miss a class, you are responsible for getting the material that you missed.

- REVEL: REVEL is a collection of online resources that you can purchase with your text to help you learn the content, but none of it is required to earn grades for this course. To access REVEL, go to https://console.pearson.com/enrollment/ekedm5 to Register (first time user – see handout on Courselink for instructions) and Sign in. The resources available include an etext, flashcards, practice questions, videos, simulations, online links, and others.

Course Policies

Grading Policies

- Online Assignments:

  You will have the opportunity to complete four online assignments that you can access through the ‘Quizzes’ tab on Courselink. Each assignment covers material that is relevant for the upcoming exam and can be a valuable study tool for you. You will NOT have access to the assignment after the due date unless you complete at least one question and submit it prior to the due date.

  You will be given many opportunities to look over your assignment before your submit, and you can attempt the assignment as many times as you want before the due date. Your LAST submission will count so make sure that is your best attempt. You will find your grade and the correct answers AFTER the due date.

  Because you have access to all assignments from the first day of class, and the answers will be posted immediately after the due date, an assignment arriving after the due date will automatically be assigned a grade of 0. This includes if there are internet issues, computer problems, medical or compassionate reasons, and if Courselink goes down. As such, you are encouraged to complete these assignments well in advance of the due date. There are only two exceptions to this: One is for a student who registered late for the course, didn’t have access to Courselink for up to 4 days prior to the due date of the assignment, and can show valid documentation for the late registration. Another is for a student who can show a documented reason for why they were unable to fulfill their academic duties since the beginning of the term.

- Midterm:

  There will be one in-class midterm consisting of 50 multiple-choice questions that will be based on the lecture material and module readings. The midterm is scheduled for Tuesday February 25th. You will be allowed 80 minutes to complete the midterm. Practice questions and other study aids that accompany the text can be found on REVEL. You midterm will not be returned to you, nor will we have time to go over it in class. Please contact one of our TAs if you want to review your midterm. You will find your grades on Courselink.
If extenuating circumstances arise (medical or compassionate reasons) and you have official documentation of the problem that occurred on the date of the midterm, then email me immediately and bring me your documentation as soon as you’re able (you can always email it to me at aolthof@uoguelph.ca). You will also need to contact one of our TAs to arrange to write the make-up midterm – you can contact Eli at dlipson@uoguelph.ca or Yamna at yrizwan@uoguelph.ca. If you cannot write the make-up midterm by 5 pm on Friday February 28th, then your final exam will be weighed more heavily (it will count for 65% of your final grade). If you do not provide documentation, you will receive 0 on the midterm.

- Final Exam:

   The final exam will be held on April 14th, 2020 from 7 – 9 pm. You will have 2 hours to answer 100 multiple-choice questions that will be based on the lectures and assigned module readings. The exam will be cumulative, but it will be weighed most heavily on the new material covered after the midterm. There is no make-up exam for the final exam. If you miss the exam, you need to petition to write a deferred exam.

- Research Participation:

   Volunteering as a participant in a study can deepen your understanding of the research that is going on in your own department, and you are encouraged to participate if you see a study that interests you. You can earn up to 5% toward your final grade by participating in research before April 3rd. To find out how to sign up for studies, read the ‘SONA Research Participation Instructions for Students’ handout on Courselink (you’ll find it under the ‘Content’ tab).

   The system for signing up for research is administered by ppadmin@uoguelph.ca. Please contact this address for help with any problems with signing up for research, as your TAs and I have no access or control over this aspect of the course.

   If you don’t find studies that interest you, then you can earn up to 5% toward your final grade by writing up to five alternate assignments (they’re each worth 1%). Please see the ‘SONA Alternate Assignment for Research Participation’ handout on Courselink for more information (also under the ‘Content’ tab).

Undergraduate Grading Procedures

Course Policy regarding use of electronic devices and recording of lectures:
Electronic recording of classes is expressly forbidden without consent of the instructor. When recordings are permitted they are solely for the use of the authorized student and may not be reproduced, or transmitted to others, without the express written consent of the instructor.
University Policies

Academic Consideration
When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor in writing, with your name, id#, and e-mail contact. See the academic calendar for information on regulations and procedures for Academic Consideration:

Academic Consideration, Appeals and Petitions

Academic Misconduct
The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community, faculty, staff, and students to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring.

University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection. Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Undergraduate Calendar:

Academic Misconduct Policy

Accessibility
The University of Guelph is committed to creating a barrier-free environment. Providing services for students is a shared responsibility among students, faculty and administrators. This relationship is based on respect of individual rights, the dignity of the individual and the University community's shared commitment to an open and supportive learning environment. Students requiring service or accommodation, whether due to an identified, ongoing disability or a short-term disability should contact Student Accessibility Services as soon as possible. For more information, contact SAS at 519-824-4120 ext. 54335 or email accessibility@uoguelph.ca or the Student Accessibility Services Website

Course Evaluation Information
Please refer to the Course and Instructor Evaluation Website.

Drop date
The last date to drop one-semester courses, without academic penalty, is April 03, 2020. For regulations and procedures for Dropping Courses, see the Schedule of Dates in the Academic Calendar. Instructors must still provide meaningful and constructive feedback to students prior to the 40th class day. Current Undergraduate Calendar
**Additional Course Information**

- **contact information:**
  - use WebAdvisor to switch course sections, or to add/drop this course
  - contact me (Anneke) for missed exams and course content issues
  - contact one of our TAs to write the make-up midterm – you can contact Eli at dlipson@uoguelph.ca or Yamna at yrizwan@uoguelph.ca.
  - contact either of the TAs to review your midterm
  - contact ppadmin@uoguelph.ca for any issues about research participation

- **text information:**
  - The text is organized in smaller modules, as opposed to chapters. You will be tested on 31 of these modules, which make up 10 topics.

- **extra credit:**
  - There are no extra assignments that students can do to earn extra credits in this course beyond the credits that are assigned as per the course outline.