

# **PSYC\*1000-01, Course Outline: Winter 2019**

## **General Information**

**Course Title:** Introduction to Psychology

Course Description:

The overall theme of this course is the examination of human behaviour and mental processes using a scientific approach. It will survey some of the major areas of the field such as neuroscience, sensation and perception, learning, cognition, motivation, human development, personality, psychopathology, and social psychology.

Credit Weight: 0.50

Academic Department (or campus): Department of Psychology

Semester Offering: Winter 2019

**Class Schedule and Location:** Tuesdays & Thursdays 10:00am to 11:20am, WMEM 103

**Course website:** Please visit regularly the course website at <http://courselink.uoguelph.ca> to obtain important information and materials for this course (e.g., instructions for assignments, lecture slides).

## **Instructor Information**

Instructor Name: Dr. Benjamin Giguère

Instructor Email: [bgiguere@uoguelph.ca](mailto:bgiguere@uoguelph.ca)

Office location: MacKinnon Building Extension (MACK) 4007 (*newer part of MACK, with 4 digit rooms*)

Office hours: TBA

Or by appointment

## **Course coordinator Information**

Name: TBA

Email: TBA

**Please note: The course coordinator is the person that all students should contact for absences and illness issues related to the midterm exam.**

## Quiz coordinator

GTA Name: TBA  
GTA Email: TBA

**Please note: The quiz coordinator is the person that all students should contact for issues related to the quiz.**

## Course Content

### **Specific Learning Outcomes:**

This course focuses on five primary intended learning outcomes. These primary outcomes will be both taught and assessed. The primary intended learning outcomes for this course are:

1. **Depth and breadth of understanding:** Demonstrates knowledge of key concepts in psychology, and integrates that knowledge across disciplinary boundaries. By the completion of this course students are expected to be able to:
  - 1.1. Identify key historical events the of field of psychology
  - 1.2. Identify, delineate and understand the core concepts<sup>1</sup> of the scientific approach in psychology
  - 1.3. Identify and delineate core concepts of knowledge generation and mobilization in psychology
  - 1.4. Identify and delineate core concepts related to the biological bases of behaviour
  - 1.5. Identify and delineate core concepts and theories of child and adolescent psychological development
  - 1.6. Identify and delineate core concepts of human sensation, perception and consciousness
  - 1.7. Identify and delineate core concepts of classical, operant and observation learning
  - 1.8. Identify and delineate core concepts of encoding and retrieval of memories
  - 1.9. Identify and delineate core concepts of human cognition, including biases and heuristics
  - 1.10. Identify and delineate core concepts and theories of human motivation
  - 1.11. Identify and delineate core concepts and theories of human emotions
  - 1.12. Identify and delineate core concepts and theories pertaining to personality, including the issues raised about some theories.
  - 1.13. Identify and delineate core concepts about the influence of others on people's thoughts, emotions and behaviour
  - 1.14. Identify and delineate core concepts about commonly observed psychological disorders and treatments

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<sup>1</sup> Core concepts refer to concepts that are recognized as core the field based on a consensus among scholars in the field.

2. **Inquiry and Analysis:** Ability to use a systematic process of exploring issues, objects and works in psychology through the collection and analysis of evidence that result in informed conclusions or judgments. By the completion of this course students are expected to be able to:
  - 2.1. Asks appropriate questions related to core concepts of the discipline
  - 2.2. Finds relevant evidence with a critical eye (e.g., engage in critical thinking and recognize confirmatory bias)
3. **Methodological literacy:** The ability to understand and evaluate appropriate methodologies for rigorous psychological science. By the completion of this course students are expected to be able to recognize and describe basic research methodologies commonly used in psychology (e.g., random assignment, correlational).
4. **Sense of Historical Development:** Understanding of psychology in a modern society; its limitations and developments. By the completion of this course students are expected to be able to describe the historical context of psychological knowledge development.
5. **Diversity competence.** A set of cognitive, affective, and behavioural skills and characteristics that support effective and appropriate interaction in diverse socio-cultural contexts. By the completion of this course students are expected to be able to identify and delineate some of the cognitive, affective, and behavioral skills that can support appropriate interaction in a variety of cultural contexts.
6. **Reading Comprehension.** The understanding of theoretical and empirical literature in psychology. By the completion of this course students are expected to be able to read at a university level (e.g., awareness of purpose of reading, effective note taking), acquiring most information from general readings in psychology.
7. **Integrative Communication.** A mental process that integrates existing psychological knowledge to develop and communicate new knowledge across the curriculum. By the completion of this course students are expected to be able to relate psychological concepts to one's personal experiences and interests to aid in the learning process.

Primary intended learning outcomes	How taught	How assessed
1	All lectures; in class activities; readings	Related questions on quizzes, midterm, final exam

Primary intended learning outcomes	How taught	How assessed
2	Lectures 2, 3, 4, 13, 14, 21, 22 and 23 and associated in-class activities and readings	Related questions on quizzes, midterm, final exam
3	Lectures 2, 3, and 4 and associated in-class activities and readings; research experience; example studies used in lectures throughout the term	Related questions on quizzes and midterm as well as the completion of the research experience
4	Primarily as part of lecture 2 and associated in-class activities and associated readings	Related questions on quizzes and midterm
5	Primarily as part of lectures 12, 14, 15, 16, 18, 20, and 21 and associated in-class activities and readings.	Related questions on quizzes and final exam
6	Lectures 1, 3, 4, 13 and 14 and associated in-class activities and readings	Related questions on quizzes, midterm, final exam
7	All lectures; in class activities; readings; and research experience	Applied questions on quizzes, midterm and final exam, as well as the completion of the research experience

This course also has two secondary intended learning outcomes. These secondary outcomes are assumed to have already been acquired, and as such will not comprise any significant portion of the course content. These outcomes will be assessed through related questions on quizzes, midterms and final exam, and the research experience. If you have not mastered these outcomes it is your responsibility to seek out the appropriate resources as soon as possible. The library offers workshops focused on many of these outcomes. A good starting point would be to visit the library front desk or website. These secondary intended learning outcomes for this course are:

- 8. Personal Organization / Time Management.** An ability to manage several tasks at once and prioritize. Students in this course are expected to recognize the importance of planning for

completion of many tasks, prioritize and complete important or urgent tasks and demonstrate personal accountability and responsibility.

9. **Ethical Reasoning** includes moral maturity; a moral sense of mind behind decision-making. Students in this course are expected to demonstrate behaviour consistent with academic integrity, recognize when something is ethically right or wrong and to reflect on personal or others' judgment and analyze reasoning or lack of reasoning regarding ethical issues

**Lecture Content:**

Lectures will be coordinated with the readings. The schedule for the readings is provided below along with the schedule for the lectures. To genuinely benefit from this course and perform well on the evaluations, you must do the readings prior to attending the corresponding lecture. You must attend all lectures and engage in active note taking while in the classroom and clean up your notes afterwards. Otherwise your experience will be mixed.

Lectures are designed to both complement and supplement the readings. Material not covered in the readings will be presented during the lectures. Lectures are also designed to present links between the different topics we will be covering. This integration of the material is meant to help you create a more unified (and easier to remember) story for the course, to help you relate the content to your personal experiences and to think more critically about the field of psychology.

A PDF copy of the lecture slides for each lecture, with the copyrighted material removed, will be posted on the course website. Please review the policy regarding course material found in the course policy section of this outline before downloading them.

Lectures	Date	Topic	Textbook modules
1	Jan 8th	Course overview	None
2	Jan 10th	Overview of the field of psychology	Module(s): 1.1; 1.2
3	Jan 15th	Knowledge generation and mobilization in psychology part 1	Module(s): 2.1; 2.2
4	Jan 17th	Knowledge generation and mobilization in psychology part 2	Module(s): 2.1; 2.3
5	Jan 22nd	Biological basis of behaviour part 1	Module(s): 3.2; 3.3
6	Jan 24th	Biological basis of behaviour part 2	Module(s): 3.3; 3.4
7	Jan 29th	Development part 1	Module(s): 10.2
8	Jan 31st	Development part 2	Module(s): 10.3; 10.4
9	Feb 5th	Sensation, perception & consciousness part 1	Module(s): 4.1; 4.2

Lectures	Date	Topic	Textbook modules
10	Feb 7th	Sensation, perception & consciousness part 2	Module(s): 4.1;
11	Feb 12th	Sensation, perception & consciousness part 3	Module(s): 5.1, 5.3
	<b>Feb 14th</b>	Midterm	
	Feb 19th	No class (reading week)	
	Feb 21st	No class (reading week)	
12	Feb 26th	Learning	Module(s): 6.1; 6.2; 6.3
13	Feb 28th	Memory	Module(s): 7.1; 7.2
14	Mar 5th	Cognitive Psychology	Module(s): 8.1; 8.2
15	Mar 7th	Motivation	Module(s): 11.1; 11.3
	March 8th	is the fortieth day of class— Last day to	drop one semester courses
16	Mar 12th	Emotion	Module(s): 11.4
17	Mar 14th	Personality part 1	Module(s): 12.1, 12.3
18	Mar 19th	Personality part 2	Module(s): 12.1, 12.2
19	Mar 21st	Social psychology part 1	Module(s): 13.1
20	Mar 26th	Social psychology part 2	Module(s): 13.3
21	Mar 28th	Abnormal psychology part 1	Module(s): 15.1; 16.1
22	Apr 2nd	Abnormal psychology part 2	Module(s): 15.3;
23	Apr 4th	Abnormal psychology part 3	Module(s): 16.2; 16.3

**\*This schedule may be subject to changes, please consult course website for announcements.**

#### Course Assignments and Tests:

Assignment or Test	Due Date	Contribution to Final Mark (%)	Learning Outcomes Assessed
Quizzes	See table in the <i>Additional Notes</i> section that follows	25%	1, 2, 3, 4, 5, 6, 7
Midterm	Feb 14th during regular class time; regular course location	30%	1, 2, 3, 4, 6, 7
Research experience	Must be completed by April 5 <sup>th</sup> 5pm; See instructions on course website	5%	3, 7

Assignment or Test	Due Date	Contribution to Final Mark (%)	Learning Outcomes Assessed
Final exam	April 9th 2:30pm to 4:30pm; location TBA	40%	1, 2, 5, 6, 7

### Additional Notes:

**Quizzes:** The main goals of the quizzes are to (1) motivate you to keep up with the textbook readings and (2) to enhance your learning and better prepare you for the exams (see testing effect on p. 300 of the textbook).

There will be 11 quizzes throughout the term. Each quiz will be available on Courselink for a period of at least 7 days (see the schedule table below for specific dates and deadlines). You will have 20 minutes to complete each quiz and you will only have one opportunity to take it. Each quiz will consist of 15 multiple choice questions that are specific to the corresponding textbook readings. The quizzes focus only on the textbook readings. They do NOT test any material covered only in lectures. They are meant to be completed after doing the readings prior to attending class.

Your grade will be based on your best 10 of 11 quiz grades, with each of these 10 quizzes contributing to 2.5% of your final grade (for total of 25%).

If you are registered with Student Accessibility Services, and you have as one of the accommodations on your contract that stipulates extra time for exams, then please email the TA in charge of the quizzes to request the extra time and CC your SAS advisor and the course instructor (see TA information section at the start of this outline to know who to email). Make sure to include the mention "Request for extra time", the course number (PSYC\*1000), and your first and last name in the subject line of the email. Email requests that do not follow these latter instructions or that have not been CCed to a student's assigned SAS advisor will be ignored. Please note that it can take up to 3 work week days for your TA to update the system. Plan accordingly.

Because of the structure of the quiz online system we cannot grant extensions to individual students, which is why we are leaving a long time period of availability, as opposed to the typical 24 hours.

For security reasons, feedback about your quiz performance is quite limited. You will, however, be able to review the questions you got incorrect on each quiz at the end of the quiz. Our apologies for this annoying but necessary limitation that applies to all sections of PSYC\*1000 offered at the U of Guelph.

If you wish to test yourself while learning textbook content, you have other options. Each textbook module contains a Quick Quiz at the end of each major section; it is recommended that you take these quizzes before moving on to the next section. Also, students with access to Revel (the online platform that comes from the textbook publisher) can find self-assessment tools on that web based platform. See the Other Resources section in this course outline for more information.

Your quiz grade will not appear on the Courselink Grades page until after the due date for the last quiz. This delay is impossible to avoid because we will not know what are your 10 best quizzes (which will be used to compute your grade) until you have done all of them. **You can see a quiz grade at any time, however, at the Quizzes page. Go to the Quizzes section of the course website. Click on the completed quiz for which you want to see your grade, click on the down arrow after the quiz title, and click on submissions.**

If you have technical difficulties that are affecting your ability to complete a quiz, please consult the courselink help page (available from the courselink website), or call 519-824-4120 x52530 or email ([courselink@uoguelph.ca](mailto:courselink@uoguelph.ca)) the courselink help desk.

Do NOT wait until the last minute to complete the quizzes.

Quiz number and topic(s)	Availability	Modules covered by quiz
Quiz #1 Overview of the field of psychology	Jan 9 <sup>th</sup> to Jan 21 <sup>st</sup>	1.1; 1.2
Quiz #2 Knowledge generation and mobilization in psychology	Jan 14 <sup>th</sup> to Jan 21 <sup>st</sup>	2.1, 2.2, 2.3
Quiz #3 Biological basis of behaviour	Jan 21 <sup>st</sup> to Jan 28 <sup>th</sup>	3.2, 3.3, 3.4
Quiz #4 Development	Jan 28 <sup>th</sup> to Feb 4 <sup>th</sup>	10.2, 10.3, 10.4
Quiz #5 Sensation, perception and consciousness	Feb 4 <sup>th</sup> to Feb. 13 <sup>th</sup>	4.1, 4.2, 5.1, 5.3
Quiz #6 Learning	Feb 18 <sup>th</sup> to Mar 1 <sup>st</sup>	6.1, 6.2, 6.3
Quiz #7 Memory & Cognitive psychology	Feb 18 <sup>th</sup> to Mar 6 <sup>th</sup>	7.1, 7.2, 8.1, 8.2
Quiz #8 Motivation & Emotion	Mar 6 <sup>th</sup> to Mar 13 <sup>th</sup>	11.1, 11.3, 11.4
Quiz #9 Personality	Mar 13 <sup>th</sup> to Mar 20 <sup>th</sup>	12.1, 12.3
Quiz #10 Social psychology	Mar 20 <sup>th</sup> to Mar 27 <sup>th</sup>	13.1, 13.3
Quiz #11 Abnormal psychology	Mar 27 <sup>th</sup> to Apr 5 <sup>th</sup>	15.1, 15.3, 16.1, 16.2, 16.3

**Mid-term exam:** The mid-term exam will contain approximately 60 multiple-choice questions. Questions may be drawn from all the course material covered (e.g., readings, lectures) up to and including the material covered during the previous class. The exam will include questions



based on material from the textbook but not covered in class, and on material covered in class but not covered in the textbook. **Please MAKE SURE YOU HAVE your student ID card, a few sharpened HB pencils and an eraser with you at the exam.**

**Research experience:** The goal of the research exposure is to provide you an opportunity to see more closely the process of psychological research. Two options are available to you. You can either participate in actual studies being conducted at the university, or you can read and write a critical analysis of articles reporting on psychological research. Instructions for the research participation will be posted on the course website, please refer to them. **You must have completed this activity by April 5th 5pm. Do not wait until the last minute!**

**Final Exam:** The final exam will contain approximately 100 multiple-choice questions. The exam will focus primarily on the material covered since the midterm. Questions may be drawn from all the course material covered in that period (e.g., readings, lectures). The exam will include questions based on material from the textbook but not covered in class and on material covered in class but not covered in the textbook. **Please MAKE SURE YOU HAVE your student ID card, a few sharpened HB pencils and an eraser with you at the exam.**

**Final examination date and time:**

April 9<sup>th</sup> 2:30pm to 4:30pm; Make sure to confirm the date and time of the final exam by visiting the registrar's website. In case of conflicting information, provided in class, on the course website or any other source you MUST follow the instructions provided on the registrar's website.

**Final exam weighting:**

40%

## **Course Resources**

**Required Texts:**

Krause, M., Corts, D., Smith, S., & Dolderman, D. (2017). *An Introduction to Psychological Science: Second Canadian Edition*. Pearson: Toronto.

\*Two copies of the textbook are available on reserve at the library.

**Recommended Texts:**

**None.**

**Lab Manual:**

Not applicable.

**Other Resources:**

Please visit regularly the course website at <http://courselink.uoguelph.ca> to obtain important information and materials for this course (e.g., instructions for assignments, lecture slides).

REVEL: REVEL is an OPTIONAL online resource that you can purchase with your textbook to help you learn the content. It is optional; none of it is required to earn grades for this course. You can find [more information by watching this closed caption video created by the book publisher https://youtu.be/pavN9npktBI](https://youtu.be/pavN9npktBI). To [access REVEL for this course](https://console.pearson.com/enrollment/ha0tpn), go to: <https://console.pearson.com/enrollment/ha0tpn> and sign into your Pearson Account or create one. Next, redeem your access code or purchase instant access online.

**Field Trips:**

Not applicable.

**Additional Costs:**

Not applicable.

## **Course Policies**

### **Grading Policies**

Please consult the university's [Grading Procedure](#).

A grade of 0 will be assigned for non-completion of any assignment or examination when scheduled unless there are documented medical or compassionate reasons. See university policy below for academic consideration because of illness or compassionate reasons.

The procedure for grading along with other important grading information for the research experience is available in the research experience instructions posted on the course website.

Please also note that work submitted for grades may be screened electronically for academic misconduct, including breaches of academic integrity and plagiarism. In this course, your instructor will be using Turnitin, integrated with the CourseLink Dropbox tool, to detect possible plagiarism, unauthorized collaboration or copying as part of the ongoing efforts to maintain academic integrity at the University of Guelph.

All submitted assignments will be included as source documents in the Turnitin.com reference database solely for the purpose of detecting plagiarism of such papers. Use of the Turnitin.com service is subject to the Usage Policy posted on the Turnitin.com site.

A major benefit of using Turnitin is that students will be able to educate and empower themselves in preventing academic misconduct. In this course, you may screen your own assignments through Turnitin as many times as you wish before the due date. You will be able to see and print reports that show you exactly where you have properly and improperly referenced the outside sources and materials in your assignment.

The last date to submit any materials for evaluation for this course is the last day before the final exam period starts, April 5<sup>th</sup> at 5pm, with the exception of the final exam, which will be conducted during the final exam period.

### Supplemental evaluations/examination

Please note that there is no supplemental evaluation or examination for this course.

**Final exam date and time**

The official time and date for the final exam will be posted on the university's registrarial services' website. In case of conflicting information, provided in class, on the course website or any other source [you MUST follow the instructions provided on the university's registrarial services' website.](https://www.uoguelph.ca/registrar/)

<https://www.uoguelph.ca/registrar/>

**Course Policy on Group Work:**

Not applicable.

**Policy on missed classes and exams**

All of the information related to the logistical and administrative components of this course will be communicated during class time. If you miss a class, it is your responsibility to make contact with a fellow student and catch up on what you missed, regardless of whether the absence was justified or not.

**If you miss an evaluation (e.g., exam, due date for an assignment) you may wish to seek academic consideration for your absence (e.g., if you believe your absence qualifies for medical or compassionate reasons).** Please contact the course coordinator as soon as possible if you miss an exam or a due date.

Any documentation provided (e.g., doctor's notes) may be verified by different means, including calling the doctor's office for confirmation. See the undergraduate calendar for detailed information on regulations and procedures for Academic Consideration.

**Policy regarding use of electronic devices and recording of lectures:**

Electronic recording of classes is expressly forbidden without consent of the instructor. When recordings are permitted they are solely for the use of the authorized student and may not be reproduced, or transmitted to others, without the express written consent of the instructor.

**Policy regarding materials provided by instructor and his designates**

The material shared by the course instructor or by his designate (e.g., TA) as part of this course, including copies of the lecture slides, are solely for the personal use of the authorized registered student for the duration of the course and may NOT be reproduced, or transmitted to others, whether it is in their original format or a modified version, without the express written consent of the course instructor.

**Policy on emails**

Only questions that can be answered simply, for example by yes or no or with a short sentence, will be answered by email. For longer answers you will most likely receive an email asking you to come and see me.

Emails will usually be answered within 24 to 48 hours during weekdays. It is possible that some emails that are not from a university address (e.g., @hotmail.com) may be treated as spam. So

do not hesitate to come and see one of us if your email was not answered. The university expects you to check your U of Guelph email account regularly and us to use it to communicate with you.

**Policy regarding exam copies**

Copies of the exam are loaned to registered students for the duration of the examination only. They remain the property of the course instructor and the University at all times. All copies must be returned to the instructor or his designate (e.g., Teaching Assistant) at the end of the corresponding examination time. They cannot be removed from the examination room under any circumstances by anyone other than the instructor or his designates. All material contained in the exams is copyrighted, and may not be reproduced, or transmitted to others, without the express written consent of the instructor.

**University Policies****Academic Consideration**

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course coordinator in writing, with your name, id#, and e-mail contact. See the academic calendar for information on regulations and procedures for academic consideration.

Academic Consideration:

[Academic Consideration, Appeals and Petitions](#)

**Academic Misconduct**

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community, faculty, staff, and students to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring.

University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it.

Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Undergraduate Calendar:

[Academic Misconduct Policy](#)

### **Accessibility**

The University of Guelph is committed to creating a barrier-free environment. Providing services for students is a shared responsibility among students, faculty and administrators. This relationship is based on respect of individual rights, the dignity of the individual and the University community's shared commitment to an open and supportive learning environment. Students requiring service or accommodation, whether due to an identified, ongoing disability or a short-term disability should contact the [Student Accessibility Services](#) as soon as possible.

For more information, contact SAS at 519-824-4120 ext. 56208 or email [accessibility@uoguelph.ca](mailto:accessibility@uoguelph.ca) or see the website: [Student Accessibility Services Website](#)

### **Course Evaluation Information**

Please refer to the [Course and Instructor Evaluation Website](#) .

### **Drop date**

The last date to drop one-semester courses, without academic penalty, is the fortieth class day. For regulations and procedures for Dropping Courses, see the Academic Calendar:

[Current Undergraduate Calendar](#)