

PSYC*1000 (01), Course Outline: Winter 2026

Land Acknowledgement

The University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer respect to our Anishinaabe, Haudenosaunee and Métis neighbours. Today, this gathering place is home to many First Nations, Inuit, and Métis peoples and acknowledging them reminds us of our important connection to this land where we work and learn.

General Information

This course is offered using the Face-to-Face format. The course has set day, time, and location of class.

Course Title: Introduction to Psychology

Course Description:

This is an introduction to the content and methods of psychology. It will cover the major areas such as research methods, neuroscience, sensation and perception, learning, memory, human development, social psychology, psychological disorders, and treatments in psychology.

Credit Weight: 0.5

Academic Department (or campus): Department of Psychology

Semester Offering: W2026

Class Schedule and Location:

LEC, M/W/F 3:30 PM - 4:20 PM

WMEM 103

Exam

Tuesday April 21st, 2026

8:30 AM - 10:30 AM

Room TBD

Instructor Information

Instructor Name: Dr. Gabrielle E. Pitt, MSW, RSW, PhD

Instructor Email: gpitt@uoguelph.ca

Office Hours: Mondays 10:00 AM – 11:00 AM **By Appointment through Zoom (please contact Dr. Pitt to schedule an appointment during the weekly office hour)

GTA Information

GTA Names: TBD

Course Content

Specific Learning Outcomes:

Upon successful completion of this course, students will be able to:

Learning Outcome 1: Think about a specific research topic from different perspectives, as well as evaluate the process of drawing conclusions in psychological research. This is an invaluable tool that allows students to judge the merit of any new piece of information learned whether in psychology or another field.

Learning Outcome 2: Understand key concepts from the text and lectures, as well as show quantitative literacy by interpreting numerical data in various formats (tables, graphs, charts).

Learning Outcome 3: Apply concepts that we learn about in class to real world examples.

Learning Outcome 4: Evaluate the ethical merits of psychological research and practice and identify the ethical principles that form the foundation in the field of psychology. Students will also act in a way that shows academic integrity and will manage their time and plan in advance to complete the many responsibilities of being a student.

Learning Outcome 5: Appreciate how the field of psychology developed through history, and how the dominant perspective has changed as we learned more about ourselves. Students will also consider how our methods of measuring psychological phenomena have evolved with technology.

Learning Outcome 6: Pick out key concepts from the text and lectures and design a personalized set of study notes based on that content. Students who do this demonstrate the following abilities: reading comprehension, language comprehension, conceptual understanding, and the ability to combine similar concepts and express those concepts.

Lecture Content

Week	Dates	Topic	Required Reading	Important Dates
Week 1	January 5 th January 7 th January 9 th	Introductions Course Overview Psychological Science	Chapter 1: 1.1, 1.2	
Week 2	January 12 th January 14 th January 16 th	Research Methods Biological Psychology	Chapter 2: 2.1, 2.2, 2.3, 2.4 Chapter 3: 3.1, 3.2, 3.3	

Week 3	January 19 th January 21 st January 23 rd	Biological Psychology, continued Sensation & Perception	Chapter 3: 3.1, 3.2, 3.3 Chapter 4: 4.1, 4.2, 4.3, 4.4	Online Discussion Posting Period (ODPP) 1 Opens: Monday, Jan 19 th at 12:01 am Closes: Sunday, Jan 25 th at 11:59 pm
Week 4	January 26 th January 28 th January 30 th	Sensation & Perception, continued	Chapter 4: 4.1, 4.2, 4.3, 4.4	
Week 5	February 2 nd February 4 th February 6 th	Learning, Part 1 Midterm Exam 1 See Important Note Below	Chapter 6: 6.1	
<p>Important Note Midterm Exam 1 Friday Feb. 6th in regular weekly class The exam will take place from 3:30 pm – 5:30 pm (time of class has been extended to enable a 1-hour exam).</p> <p>The Exam will be based on all course content covered Weeks 1 – 4: Chapters 1, 2, 3, & 4 and Lecture Material</p>				
Week 6	February 9 th February 11 th February 13 th	Learning, Part 2 Memory	Chapter 6: 6.2, 6.3 Chapter 7: 7.1, 7.2	
Reading Week	February 16 th February 18 th February 20 th			
Week 7	February 23 rd February 25 th February 27 th	Memory, continued Lifespan Development	Chapter 7: 7.1, 7.2 Chapter 10: 10.1, 10.2, 10.3	
Week 8	March 2 nd March 4 th March 6 th	Lifespan Development, continued Motivation & Emotion	Chapter 10: 10.1, 10.2, 10.3 Chapter 11: 11.3, 11.4	Online Discussion Posting Period (ODPP) 2 Opens: Monday, Mar 2 nd at 12:01 am Closes: Sunday, Mar 8 th at 11:59 pm

Week 9	March 9 th March 11 th March 13 th	Motivation & Emotion, continued Midterm Exam 2 See Important Note Below	Chapter 11: 11.3, 11.4	
<p>Important Note Midterm Exam 2 Friday Mar. 13th in regular weekly class The exam will take place from 3:30 pm – 5:30 pm (time of class has been extended to enable a 1-hour exam).</p> <p>The Exam will be based on all course content covered Weeks 5, 6, 7, 8: Chapters 6, 7, & 10 and Lecture Material</p>				
Week 10	March 16 th March 18 th March 20 th	Health, Stress & Coping	Chapter 14: 14.1, 14.2, 14.3	
Week 11	March 23 rd March 25 th March 27 th	Mental Health (Psychological Disorders)	Chapter 15: 15.1, 15.2, 15.3, 15.4	
Week 12	March 30 th April 1 st	Mental Health (Psychological Disorders), continued Therapies	Chapter 16: 16.1, 16.2	
Final Exam	Tuesday April 21 8:30 AM - 10:30 AM Room TBD			

Note: Due to various unknown factors, there may be changes. Any changes will be announced during class and an announcement will be posted on the CourseLink site.

Course Assignments and Exams

Assignment or Exam	Due Date	Contribution to Final Mark (%)	Learning Outcomes Assessed
Research Participation See Content Module – SONA Research Participation Winter 2026	TBD	5%	1, 3, 4, 5

Assignment or Exam	Due Date	Contribution to Final Mark (%)	Learning Outcomes Assessed
2 Online Discussion Posting Periods (ODPP)	See respective dates in the Learning Content	20 % (Each ODPP 10%)	1, 2, 3, 4, 5, 6
Midterm Exam 1 40 MC Questions Based on all course content covered Weeks 1 – 4: Chapters 1, 2, 3, & 4 and Lecture Material	Friday Feb. 6 th In class <u>3:30 pm – 5:30 pm</u> 1 hour	20%	1, 2, 3, 4, 5, 6
Midterm Exam 2 40 MC Questions Based on all course content covered Weeks 5 – 9: Chapters 6, 7, & 10 and Lecture Material	Friday Mar. 13 th In class <u>3:30 pm – 5:30 pm</u> 1 hour	20%	1, 2, 3, 4, 5, 6
Final Exam 70 MC and T/F Questions Based on all course content covered Weeks 9 – 12: Chapters 11, 14, 15, & 16 and Lecture Material Final Examination regulations are detailed at: Examination Regulations	Tuesday April 21 st 8:30 - 10:30 AM Location TBD 2 hours	35%	1, 2, 3, 4, 5, 6

Course Resources

Required Text

Krause, M., Cortis, D., & Smith, S. (2024). *An introduction to psychological science: Canadian Edition, Fourth Edition*. Pearson.

Below are the details of the cost of the required text for this course through the [University of Guelph Bookstore](#)

Students can choose to purchase **either** the E-Book **OR** the Printed Bound format. Details on following page.

INTRO. TO PSYCHOLOGICAL SCIENCE by Krause et al.

4th CDN edition

eBook (6-mos. Access)

ISBN 9780137655168

Price **\$67.99** (listed as Required)

****IMPORTANT NOTE – this is NOT the version of the text that includes Revel.**

OR

Printed format (bound)

ISBN 9780138083922

Price **\$123.00** (listed as Alternate Format)

Students may also purchase the paperback edition of the textbook at the [Guelph Campus Co-op Bookstore](#)

Students are welcome to use second-hand copies of the textbook or purchase the textbook from alternate locations. The prices in other locations may differ from the bookstore and prices at the bookstore are subject to change.

NOTE: It is very important that students carefully read the Grading Policies section below. These policies are binding unless academic consideration is given to an individual student.

Further information regarding the University of Guelph Undergraduate Grading Procedures can be found Undergraduate Grading Procedures [Undergraduate Grading Procedures](#)

Other Resources

CourseLink Site

There is a CourseLink site for this course. All components of this course can be found on the CourseLink site including the Course Outline, Lecture PowerPoint slides, and assignments guidelines. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

Note: Dr. Pitt uses the CourseLink site as a way of communicating with students. It is strongly recommended that students log in to the course website every day to check announcements, and discussion posts, access course materials, review the weekly schedule and assignment requirements.

Course Grading Policies

Meeting Deadlines Course Requirements and Due Date/Times

It is the student's responsibility to meet all deadlines.

Submission of Online Discussion Posting Periods (ODPP)

Online Discussion Posts will be posted in students' respective Small Group Discussion Forums by the respective posting dates/times.

Students are responsible for ensuring their posts are complete and submitted by the respective posting dates/times. Incomplete or unreadable posts will receive the late penalty according to the late assignment policy (below). Students should check the technical requirements and make sure they have a supported browser, and reliable Internet access. In the event of experiencing technical difficulty when making a discussion post electronically, please contact [CourseLink Support](#) (in advance of the due date and time).

Note - Technical difficulty is not a valid reason for late assignment submissions or posts.

Students are encouraged to keep a back-up copy of posts if they are lost in transition. To avoid any last-minute problems, it is strongly recommended that students save their posts to a cloud-based file storage (e.g., Google Docs), or send to their U of Guelph email account, so that posts can be accessed if needed.

Referencing

All assignments submitted must follow APA 7th Edition for style, formatting and referencing. Material regarding APA 7th Edition formatting will be posting in the Content section of the CourseLink site.

Academic Consideration

If a student finds that he/she/they is/are unable to meet course requirements due to illness or compassionate reasons, the student must notify Dr. Pitt via email *at least one calendar day before* the original due date (day and time) of the assignment. Extensions may be granted for exceptional reasons deemed acceptable by Dr. Pitt. Extension requests will not be granted beyond one week, except in compelling circumstances.

See further information regarding Academic Consideration in the section on University Policies.

University of Guelph Degree Students

Consult the Undergraduate Calendar for information on regulations and procedures for Academic Consideration:

[Academic Consideration, Appeals and Petitions](#)

Late Assignments – Online Discussion Posts

The course follows a strict grading policy. It is a student's responsibility to meet course deadlines. A degree of academic independence, as well as personal organization and time management are explicit goals/learning outcomes of this course. The manner of submission for all assignments and due dates are clearly outlined in the CourseLink site and discussed by Dr. Pitt during lectures.

Note: Late Deduction - A reduction of 5% per day (from the specified date/time the assignment is due) will be in effect for late submissions, to a limit of five days from the respective date/time, at which time the assignment will not be accepted.

Receipt of Grades

Grades posted online, approximately 2 weeks after the submission deadline, if the assignment was submitted on time. After grades are released on CourseLink, students are encouraged to review the grade and feedback received.

Re-Grading of Assignments Policy

Where a student is of the belief that an assignment has not been accurately graded, they can request a re-grade of the assignment:

1. After receiving a grade and feedback through CourseLink, **please review the feedback received carefully and wait 24 hours** prior to contacting Dr. Pitt via email if you have any questions regarding the grade you received.
2. Do not contact any of the GTAs regarding an assignment or re-grade of an assignment.
3. In your email, please include a specific explanation for why you feel a different grade is merited in relation to the assignment guidelines and criteria outlined in the rubric.
4. Dr. Pitt will re-grade the entire assignment, not just the portion(s) of the assignment that you have questions about.
5. The revised grade will be grade you receive for the assignment. This grade may be the same, higher, or lower than the original grade.
6. Requests for re-grading of an assignment must be sent to Dr. Pitt within 5 calendar days of the return of the grades for the respective assignment. After that point, re-grades will not be considered.

Course Policies

Course Policy Regarding Use of Electronic Devices and Recording of Lectures

Electronic recording of lectures is expressly forbidden without consent of the instructor. When recordings are permitted, they are solely for the use of the authorized student and may not be reproduced, or transmitted to others, without the express written consent of the instructor.

Course Policy Regarding Use of AI

Students **are not permitted to use any format of generative AI system** (such as ChatGPT, Claude, Jenni, Github Co-pilot, DaLL-E, and Midjourney) in PSYC*1000 01. Use of generative AI is considered an unauthorized aid in this course.

Academic sources can be found through searching a database like OMNI, via the UofG library or one specific to their discipline.

AI programs like ChatGPT are not academic databases, and if asked to generate academic sources it may not provide credible or legitimate ones. Using fabricated sources in your work is a form of academic misconduct called Falsification, specifically defined in the academic calendar as “concocting facts or reference”. This could lead to an academic misconduct allegation.

If you are struggling to find academic and peer reviewed sources, contact Dr. Pitt or the library for Research Assistance. You can also use the “chat with us” tab at the bottom of the screen on the library’s homepage to ask a librarian for some help.

[University of Guelph Statement on Artificial Intelligence Systems, ChatGPT, Academic Integrity](#)

Course Policy Regarding Posting Of Course Material

Do NOT post any PSYC1000 course documents, or any assignments that you have completed for this course on sites such as Course Hero. This is a direct violation of privacy and confidentiality. It also violates academic integrity.

Course Policy Regarding Communication

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

All email directed to the professor must come from an official University of Guelph email address. Emails sent from a uoguelph.ca address will receive a response within 24-48 hours. Students may not receive a response if an email is sent from a non-university account.

NOTE: Do not contact the GTAs. GTAs are not able to answer any emails regarding course material.

University Policies

Disclaimer

Please note that a revision of the format of course offerings, changes in classroom protocols, and academic schedules is occasionally required. Any such changes will be announced via CourseLink and/or class email. This includes on-campus scheduling during the semester, mid-terms and final examination schedules.

Academic Consideration

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor in writing, with your name, id#, and e-mail contact.

See the academic calendar for information on regulations and procedures for Academic Consideration: [Academic Consideration, Appeals and Petitions](#)

Academic Misconduct

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community, faculty, staff, and students to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring.

University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection. Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before

submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Undergraduate Calendar:

[Academic Misconduct Policy](#)

Illness

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

Accessibility

The University of Guelph is committed to creating a barrier-free environment. Providing services for students is a shared responsibility among students, faculty and administrators. This relationship is based on respect of individual rights, the dignity of the individual and the University community's shared commitment to an open and supportive learning environment. Students requiring service or accommodation, whether due to an identified, ongoing disability or a short-term disability should contact [Student Accessibility Services](#) as soon as possible.

For more information, contact SAS at 519-824-4120 ext. 54335 or email accessibility@uoguelph.ca or the [Student Accessibility Services Website](#)

Student Feedback Questionnaire

These questionnaires (formerly course evaluations) will be available to students during the last 2 weeks of the semester. Students will receive an email directly from the Student Feedback Administration system which will include a direct link to the questionnaire for this course. During this time, when a student goes to login to Courselink, a reminder will pop-up when a task is available to complete.

[Student Feedback Questionnaire](#)

Drop Date

The last date to drop one-semester courses, without academic penalty, is Friday November 28, 2025. For regulations and procedures for Dropping Courses, see the [Schedule of Dates in the Academic Calendar](#)

Instructors must provide [meaningful and constructive feedback, at minimum 20% of the final course grade, prior to the 40th class day](#). For courses which are of shorter duration, 20% of the final grade must be provided two-thirds of the way through the course.

[Current Undergraduate Calendar](#)