CLINICAL PSYCHOLOGY: APPLIED DEVELOPMENTAL EMPHASIS. UNIVERSITY OF GUELPH, GUELPH, ONTARIO, CANADA N1G2W1



## Time to Reach Out and Reconnect M.A Evans

Since 1975 there have been about 150 graduates from our program Anthropologist Robin Dunbar estimates that "150 seems to represent the maximum number of individuals with whom we can have genuinely social relationship, the kind of relationship that goes with knowing who they are and how they relate to us. Putting it another way, it's the number of people you would not feel embarrassed about joining uninvited for a drink is you happened to bump into them at a bar."

We'd like to bump into you, but we are in Guelph, and you, our Much has happened since many of you have graduated—we now have a doctoral program, a Centre for Psychological Services, new faculty, and are in a new building. Similarly much has happened in your lives. This newsletter, long overdue, is a way to reconnect, to share, to announce, to remember, and to look ahead.

Some of you have supervised practicum students. We value your involvement but want all of you to be a continuing part of the CP:ADE community; hence this and future newsletters, plans for a CP:ADE Training Enhancement Fund, and hopes for a reunion to 2010. Please visit http://portal.psychology.uoguelph.c a/wss/hennig/cpade-f09.html to complete a brief survey on your reunion preferences, so that we can begin to plan.

Ref: Dunbar, R. I. M. (1992) Neocortex size as a constraint on group size in primates. Journal of Human Evolution,

# alumni are scattered far and wide.

#### Inside this issue:

CHANGING LIVES

IMPROVING LIFE

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Dinner at Cava June '08: left to right: Mary Ann Evans, Simon Levy ('03), Karen Mitchell (Williamson '03), Andrea Spooner ('05), Nancy Freeman ('91), Catherine Franko (Vriniotis '87), Shelley Moretti (Warnke '01), Carrie Gleason -Kennedy ('87)

# CP:ADE Programme Re-accredited to 2012-2013 M.A Evans

We've grown too! When the University was first founded in 1965, the Department of Psychology mounted a programme in Applied Child Psychology under the Chairmanship of Dennis Stott, a specialist in learning disabilities. As the field of child clinical psychology grew and the boundaries between it and applied developmental psychology blurred, the programme added a second practicum, and courses in ethics and applied developmental psychology. Our graduates were well prepared for both professional work, and our program was widely recognized for its high quality of training. With the PhD as increasingly the standard for training, and desire of many of our students to gain

this degree, in the early 1990's we developed a PhD programme in Applied Developmental/Applied Social Psychology that drew on the strengths of faculty in both fields of study. It required advanced studies in statistics, social psychology, social policy, and history and philosophy of psychology, and attracted excellent students who became registered psychologists. Some of them added an internship year to their studies. As a result of the career goals of our students, we gradually formalized the internship, dropped the more social courses in favour of courses in diagnostic interviewing, advanced psychotherapy and jurisprudence in professional practice, and established a training clinic (see page2.) In 2003 we declared the program as Clinical Psychology allowing us to apply for accreditation with CPA, and prepared a self study submitted in December, '04.We were accredited in Fall '04. and re-accredited in Fall 2008 through 2013. Our name Clinical Psychology: Applied Developmental Emphasis (CP:ADEpronounced as in "seepaid") affirms the accreditation standards for training in clinical psychology while continuing our tradition of grounding an understanding of childhood difficulties within a normative developmental model which all of out alumni have embraced.

AWOCI Find

#### **CP:ADE ALUMNI NEWSLETTER**

# Our Centre for Psychological Services (CPS) B. Kenyon

In July 1997, the (then) Applied Developmental Program opened its on-site clinic, The Centre for Psychological Services (CPS). Director (MA alumnus '89) Brenda Kenyon, Ph.D., C. Psych. and Ms. Eileen Gross, M.Sc,.C. Psych. Associate, created a small center in Blackwood Hall that provided assessments of learning, attentional, and behavioural problems in school aged children referred from the community. In the first year we served a handful of clients, and three Applied Developmental graduate students joined in a few cases, seizing the chance to receive hands-on training without having to leave the campus.

Now twelve years later, the CPS has grown along with the CP: ADE program. We offer broader services, including diagnostic assessments and treatment for a range of psychological problems, and serve about 160 families a year. Brenda and Eileen have been joined by CP:ADE faculty, as well as four registered psychologists—Drs. Angela McHolm (alumnus '98), Elissa Newby Clark, Patricia Peters, and Susan Lollis—



New wheelchair ramp for CPS off a new Trent Lane, August 2009.

who provide direct service and clinical supervision.

The role of students has also changed: CP:ADE students are now involved from the point they enter the program until they leave for internship. They shadow clinicians and senior students on their cases, get involved in conducting assessments, and join therapy supervision groups. By PhD level, they carry therapy cases, conduct complex mental health assessments, and mentor junior students.

CPS has evolved into an active and well-respected clinic that provides excellent psychological services and a rich training ground for our students. And the growth is not done as we look to develop programs for the community that more closely link the CP:ADE program and skills with community and training needs.

## Our June Workshops, 2008 and 2009 B. Kenyon

Treating children who have experienced violence, abuse, neglect, and other forms of emotional trauma was the focus of a three day workshop sponsored by the CPS in June, 2008. Dr. John Pearce, from the Alberta Children's Hospital, discussed the developmental effects of trauma and strategies for assessing and planning treatment in complex cases. Representatives from the Ontario Provincial Police and Family & Children's Ser-

vices discussed issues related to law enforcement and child protection, and how to work collaboratively to serve the best interests of these children. In attendance were CP:ADE faculty, students, CPS clinicians, and registrants from agencies across southwestern Ontario.

In June, 2009, CPS again hosted a workshop, this time for CP:ADE faculty and CPS clinicians, on clinical supervision. Dr. Adrienne Perry, from York University, facilitated a day-long session looking at models of supervision, best practices, and tricky issues. The previous evening, Dr. Perry met with CP:ADE students to discuss models of supervision, their experiences in supervision, and shared strategies for enhancing supervision relationships.

Both were wonderful continuing education experiences. Watch for our workshops for alumni and others in the future!

## Alumnus Story: Alice Sibal-Lim (MA '83) in the Philippines

I was a facilitator, along with Tito Ernie of a 3 day teacher seminar arranged by Amihan Abueva. Tito facilitated "Creative Methodologies"- music, drama, story-telling, Awareness of Children's Rights". Amihan presented on prevention programs (Against Child Trafficking, Prevention of Violence against Children). I facilitated "Building Blocks"- identification, early programming for SPED (Gardner-Multiple Intelligences, Adler- cognitive behaviour therapies, Adapting & Modifying,

Strengths/Needs approaches using Feuerstein- Mediated Learning, Bell-Visualization & Verbalization). The teachers & supervisors were very appreciative of the seminar. PS. (Amihan received the "Wilberforce-Free the Slaves" award for her humanitarian work promoting children's rights and combating child/human trafficking; prostitution & abuse.) Google "Wilberforce- Free the Slaves" to see Amihan's full story online.



Alice is mid-front wearing a light green shirt, with primary and daycare teachers of Maribojoc, Bohol, Philippines.

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## **Faculty Then and Now**

#### **THEN: Former Colleagues:**

Victor Lotter (1967-1988) deceased Norma Bowen (1966-1986) deceased Gary Frankie (1968-2003) retired Marshal Hamilton (1972-1978) Dennis Stott (1966-1988) deceased Aby Rosenfeld (1973-1975) Jerry Willis (1972-1974) Susan Bryson (1988-1990) Dalhousie University

#### **NOW: CP:ADE Faculty**

Rod Barron (appointed 1972) Professor Heidi Bailey (appointed 2003) Assistant Professor Mary Ann Evans (appointed 1981) Professor & Director of Clinical Training

Michael Grand (previously Sobol)
(appointed 1974) Professor

Karl Honnig (appointed 2003)

**Karl Hennig** (appointed 2003), Associate Professor **Brenda Kenyon** (appointed 2004) Director of Centre for Psychological Services

**Mary Konstantareas** (1992 to 2007) Professor Emeritus

**Stephen Lewis** (appointed 2008) Assistant Professor

**Margaret Lumley** (appointed 2007) Assistant Professor

**Barbara Morrongiello** (appointed 1992) Professor

## **Transitions and Congratulations!**

#### **REGISTRATION as PSYCHOLOGIST** June '09

Marcia Barnes (2004-2009) University

of Texas

Shannon Edison ('08) Margaret Lumley, CP:ADE assistant professor

## PhD DEGREE CONVOCATION February '09

**Melanie Freeman**, Aspergers Syndrome profile from childhood to adulthood (Supervisor, Konstanareas)

Jubilea Mansell, Demographic and geographic comparisons of young children's home literacy environments (Supervisor, Evans)

# MA DEGREE CONVOCATION February '09

Lianne English (Supervisor, Barnes), Bronwen Davis (Supervisor, Evans), Meredith Pike (Supervisor, Barnes), Sarah Rae (Supervisor, Morrongiello), Bev Walpole (Supervisor, Morrongiello)

## INTERNSHIPS COMPLETED August '09

Alexandra Gousse, London Clinical Psychology Internship Consortium Carol Anne Hendry ,Centre for Addiction and Mental Health Kate Spere, Hamilton Health Sciences Corporation

**Gillian Stanley**, London Clinical Psychology Internship Consortium

#### PARENTHOOD 08/09

**Kofi Belfon** (doctoral candidate), a son Quinton, born April 27, 2009. **Melanie Parkin** ('09) a daughter Ruby

(her second), born November 11, 2008 **Beth Craven-Thuss** ('08) a daughter, Penelope (her third), born April 29, '09. **Jennifer Lasenby** (doctoral candidate), a son, Cameron, born May 6, 2008

#### **HONOURS 08/09**

Department Teaching Awards 2009 to **Barbara Morrongiello** and **Michael Grand**.

Canadian Council of Professional Psychology Programs Training Award to **Brenda Kenyon** 

#### PROMOTED 2008

Jan Friters ('03) to Associate Professor, Department of Child and Youth Studies and Psychology, Brock University

#### **FACULTY RETIREMENTS 2008/2009**

Brian Earn, Karen Korabik, Tom Herman, Linda Wood.

# **Photos of Joy and Pride**



Ultimate frisbee player and expert on self injurious behaviour (hmmm) Stephen Lewis (far left) with Department colleague David Stanley and stats expert (far right).



Roll em! Michael Grand & Karl Hennig on left, ready for the Ride to Conquer Cancer, Princess Margaret Hospital fundraiser..



2nd generation best friends: Evelyn McDonald & Joseph Foti. Permission of parents Heather McDoanld (Allin '05) & Giovanni Foti (doctoral candidate).



- Announcements?
- Letters from alumni?
- Memories?
- Faculty profiles?
- Faculty/student/alumni publications?
- Talkback?
- Reunion plans
- Grad for Grads: CP:ADE Training Fund
- Favorite professional conferences and organizations?
- Our newish building?
- Thesis titles?
- Faculty/alumni photos then & now?
- How we spend our research grants?

# The Future: Reunion & Upcoming Stories: This newsletter is 4 U

We have some ideas about what might appear in future issues. (See sidebar.) We especially hope each issue will have at least one alumnus column, several photos, and letters from you. This first edition of the newsletter and its design is, well, a first attempt. The design and content will change and improve with your input.

- Give us your feedback and preferences for content
- Make these newsletters happen by contributing photos, writing about what you are up to, sharing your memories/anecdotes, placing announcements, responding to a column
- It needn't be elegant, but it need be from you!

Do send submissions for next newsletter (planned release April 2010) and/or feedback on this one to: Mary Ann Evans, Director of Clinical Training at evans@psy.uoguelph.ca 519-824-4120 ext 53080

Do complete reunion plans survey at http://portal.psychology.uoguelph.ca/hennig/ cpade\_f09.html. (It works best when done via Firefox.)

To reach as many alumni as possible, distribution of the newsletter was delayed until December and the first big winter storm. Best wishes that the days of the northern hemisphere in which most of you live will shine kindly upon you, that the holiday season, wherever you spend it, will be one of health and happiness, and that your lives in 2010 will be filled with peace and contentment.



#### AWOCI Find: Help us find alumni for whom we have no contact information

Over the years, many of you have kept contact with one or more faculty through seasonal letters, baby pictures, references requests, etc. We have always been happy to hear from you. There are several graduates with whom we have lost contact and have not been able to mail this newsletter. If you can reach any of the following people, please forward the newsletter to them and encourage them to send their e-mail address to <u>alumni records@uoquelph.ca</u> or to go to http://www.alunmi.uoguelph.ca and click "Stay Connected", so that we can add them to our mailing list for

future newsletters. Here's our list of AWOCIs at this point:



Ken Gore '76 Kathleen Lent '75 Darlene Bennet-Bauer '72 Keith Cameron '76 Sandra Campbell '79 **Jack Albin '73** Zoe Symmons '93

Kathleen Grace '96 Vicky Martin '84 Laura Cantarutti '94 Barbara Balwin (Bell) '76 Sandy Vermette '87

Keith Lanthier '75 Cathy MacLeod (Bannerman) '79 Gordon Beckett '77 Sharon Delanev '97 Michael Moore '93 Kathleen Witt (Schell) '91