PSYC*1000-01, Course Outline: Winter 2016

General Information

Course Title: Introduction to Psychology

Course Description: This is an introduction to the content and methods of psychology. It will cover the major areas such as neuroscience, sensation and perception, learning, motivation, cognition, development, personality, social psychology, and psychopathology and its treatment.

Credit Weight: 0.5

Academic Department (or campus): Psychology

Semester Offering: W16

Class Schedule and Location: Tuesdays & Thursdays 11:30-12:50 in WMEM 103.

Instructor Information

Instructor Name: Dan Meegan
Instructor Email: dan.meegan@uoguelph.ca
Office location and office hours: Tuesdays 2:00-3:30 in room 3018 of the Mackinnon Extension

GTA Information

GTA Name:
Caroll Lau (caroll@uoguelph.ca)
Tyler Burleigh (tburleig@uoguelph.ca)
GTA office location and office hours: n/a

Course Content

Specific Learning Outcomes:

There are four central intended learning outcomes for this course. Upon successful completion of this course, students should be able to do the following.

Depth and Breadth of Understanding: Demonstrates knowledge of key concepts in psychology, and integrates that knowledge across disciplinary boundaries.

1. Identify and understand basic concepts from core areas of psychology, including:
a. Identify key historical events the of field of psychology
b. Identify the elements and understand the of the scientific approach in psychology
c. Identify and delineate the key neuroscience concepts tied to psychology
d. Identify and delineate the key concepts child psychological development
e. Identify and delineate the key concepts of human sensation and perception
f. Identify and delineate the key concepts of classical and operant learning
g. Identify and delineate the key concepts relevant to understanding encoding and retrieval of memories
h. Identify and delineate the key concepts of human cognition
i. Identify and delineate the key concepts of socio-cognitive approaches to personality
j. Identify and delineate the key concepts of social psychology
k. Identify and delineate the key concept relevant to understanding psychological disorders and treatments

Integrative Communication: A mental process that integrates existing psychological knowledge to develop and communicate new knowledge across the curriculum.

2. Relate psychological concepts to one’s personal experiences and interests to aid in the learning process

Personal Organization / Time Management: An ability to manage several tasks at once and prioritize

3. Recognize the importance of planning for completion of many tasks

4. Prioritize and complete important or urgent tasks

There are also two secondary intended learning outcomes.

Methodological Literacy: The ability to understand, evaluate, and design appropriate methodologies for rigorous psychological science

5. Recognize and describe basic research methodologies commonly used in psychology (e.g., random assignment, correlational).

Sense of Historical Development: Understanding of psychology in a modern society; its limitations and developments

6. Describe some of the influence of historical context on psychological knowledge development

The intended learning outcomes are taught via the required readings and the lecture content. The intended learning outcomes are assessed by weekly quizzes done on the course website, a midterm exam and a final exam. These allow assessing the outcomes by the specific content of the questions as well as by the preparation process to perform well on these tasks (e.g., studying large amount of material as covered in this course requires
students to prioritize their tasks). The table below shows a detailed mapping of the teaching and assessment of outcomes:

<table>
<thead>
<tr>
<th>Intended learning outcomes</th>
<th>How taught</th>
<th>How assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>All lectures and all readings</td>
<td>Weekly quizzes, midterm exam, final exam</td>
</tr>
<tr>
<td>2</td>
<td>The application sections found in the readings; in-class reflective activities; lecture content</td>
<td>Weekly quizzes, midterm exam, final exam</td>
</tr>
<tr>
<td>3 &amp; 4</td>
<td>First lecture of the course, which introduces tips for success at university. Also covered in readings and lectures related to components of planning and organizing (e.g., memory; stress &amp; health); research participation activities requires securing and keeping appointments</td>
<td>Weekly quizzes, midterm exam, final exam; research participation</td>
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<td>5</td>
<td>Week 1 lectures and their associated readings (esp. modules 1.1, 2.1, 2.2); research participation</td>
<td>Weekly quizzes, midterm exam, final exam, research participation</td>
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<tr>
<td>6</td>
<td>Week 1 lectures and their associated readings (esp. module 1.2)</td>
<td>Weekly quizzes, midterm exam, final exam</td>
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</tbody>
</table>

**Lecture Content:**

<table>
<thead>
<tr>
<th>Week</th>
<th>Textbook Modules</th>
<th>Quiz availability</th>
<th>Meeting Date</th>
<th>Lecture Topic / Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1.1, 1.2</td>
<td>Jan 11-18</td>
<td>Jan 12</td>
<td>review course outline &amp; answer student questions</td>
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<td></td>
<td></td>
<td></td>
<td>Jan 14</td>
<td>Introduction</td>
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<tr>
<td>2</td>
<td>2.1, 2.2, 3.1</td>
<td>Jan 18-25</td>
<td>Jan 19</td>
<td>Psychological research</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Jan 21</td>
<td>Genetics / Evolution</td>
</tr>
<tr>
<td>Week</td>
<td>Topics</td>
<td>Dates</td>
<td>Jan 26</td>
<td>Jan 28</td>
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<tr>
<td>3</td>
<td>3.2, 3.3, 3.4</td>
<td>Jan 25-Feb 1</td>
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<td></td>
<td></td>
<td>Jan 28</td>
<td></td>
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<tr>
<td>4</td>
<td>4.1, 4.2</td>
<td>Feb 1-8</td>
<td>Feb 2</td>
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<td>Feb 4</td>
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<tr>
<td>5</td>
<td>6.1, 6.2, 7.1, 7.2</td>
<td>Feb 8-15</td>
<td>Feb 9</td>
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<td>Feb 11</td>
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<td>Winter Break (Feb 13-21)</td>
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<tr>
<td>6</td>
<td>8.1, 8.2, 8.3, 9.2</td>
<td>Feb 22-29</td>
<td>Feb 23</td>
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<td>Feb 25</td>
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<td>7</td>
<td>14.2</td>
<td>Feb 29-Mar 7</td>
<td>Mar 1</td>
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<td>Mar 3</td>
<td></td>
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<tr>
<td>8</td>
<td>10.1, 10.2, 11.1</td>
<td>Mar 7-14</td>
<td>Mar 8</td>
<td></td>
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<td></td>
<td></td>
<td>Mar 10</td>
<td></td>
<td></td>
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<tr>
<td>9</td>
<td>11.4, 12.1, 12.3</td>
<td>Mar 14-21</td>
<td>Mar 15</td>
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<td></td>
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<td>Mar 17</td>
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<td>Mar 24</td>
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<tr>
<td>11</td>
<td>15.1, 15.3</td>
<td>Mar 28-Apr 4</td>
<td>Mar 29</td>
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<td>Mar 31</td>
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<tr>
<td>12</td>
<td>16.2, 16.3</td>
<td>Apr 4-11</td>
<td>Apr 5</td>
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<td>Apr 7</td>
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</tbody>
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**FINAL EXAM (Apr 19, 7:00-9:00 pm, location tba)**

Course Assignments and Tests:
### Table

<table>
<thead>
<tr>
<th>Assignment or Test</th>
<th>Due Date</th>
<th>Contribution to Final Mark (%)</th>
<th>Learning Outcomes Assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm Exam</td>
<td>March 1</td>
<td>38</td>
<td>1-6</td>
</tr>
<tr>
<td>Research Participation</td>
<td>April 8</td>
<td>4</td>
<td>3-5</td>
</tr>
<tr>
<td>Quizzes</td>
<td>Jan 11-Apr 8</td>
<td>20</td>
<td>1-6</td>
</tr>
<tr>
<td>Final Exam</td>
<td>April 19</td>
<td>38</td>
<td>1-6</td>
</tr>
</tbody>
</table>

### Quizzes:
- There are two goals to the quiz component of the course: (1) to motivate you to keep up with the textbook readings, and (2) to enhance your learning and better prepare you for the exams (see the testing effect on p. 299 of the textbook).
- There will be one quiz per week for a total of 12 quizzes. Each quiz will be available on Courselink for a 7 day period beginning on the Monday (see schedule above).
- Your grade will be based on your best 10 of 12 quiz grades, with each of these 10 quizzes contributing 2% to your final grade.
- Each quiz is comprised of 15 multiple choice questions that are specific to the textbook content (i.e., not on lecture content). You will have 20 minutes to take each quiz and you will have only one opportunity to take it.
- If you are registered with Student Accessibility Services, and you are normally granted extra time to complete timed assignments, then you should email the TAs (and CC your SAS advisor) to request extra time for quizzes.
- If you had technical difficulties that affected your ability to complete a quiz, please contact the TAs via email.
- For security reasons, feedback about your quiz performance is quite limited. For example, you cannot review the questions you answered incorrectly. Our apologies for this annoying but necessary limitation.
- If you wish to test yourself while learning textbook content, you have other options. Each textbook module contains a Quick Quiz at the end of each major section; it is recommended that you take these quizzes before moving on to the next section. Also, students with access to MyPsychLab can find self-assessment tools there.
- Your quiz grade will not appear at the Courselink Grades page until the end of the quiz period even if you take the quiz before the end. You can see a quiz grade at any time, though, at the Quizzes page.

### Exams:
- The Midterm and Final exams will be comprised of multiple choice questions on material covered in the lectures and textbook. The Midterm exam covers all material reviewed between January 12 and February 25 (Weeks 1 - 6), and the Final exam covers all material reviewed between March 3 and April 7 (Weeks 7 - 12).
- Study Guides for both exams will be made available in the Exam Preparation folder of the Courselink site.
- If you are unable to attend the Midterm exam as scheduled because of medical or compassionate reasons, you must contact the TAs regarding your situation; no other
excuses (e.g., other exams the same day, travel plans, etc.) will be accepted for missing
the exam. If you are unable to attend the Final exam as scheduled, you must request
defered privileges.

Study strategy & advice:

The best strategy for success in this course is as follows:

1. Read the assigned modules before we discuss them in lecture (see schedule above).
2. Take the quiz for that week while the information is fresh in your mind.
3. Take all 12 quizzes instead of the required 10.
4. Attend lectures, pay attention, and take notes.
5. Attend weekly SLG sessions (see below).
6. As an exam approaches, use the Study Guide to guide your studying.

Research participation:

Much university-based psychological research is conducted with the participation of
students in first year courses. It is believed that such participation can help you understand
the nature of psychological research in a more meaningful way than you could from
attending lectures and reading the textbook. To find out how to participate in a research
study, go to the Research Participation folder of the Courselink site and view the Research
Participation Handout.

Although your participation in a research study is encouraged, it is not required. If you
decide not to participate, or if no studies are available, then you have the option of doing
written assignments to fulfill the research participation component of the evaluation.
Instructions for how to do the written assignments can be found in the Research
Participation folder of the Courselink site.

Course Resources

Required Texts:

An Introduction to Psychological Science, Canadian Edition, written by Krause, Corts, Smith and
Dolderman and published by Pearson Canada.

Course Policies

Grading Policies

Undergraduate Grading Procedures

Course Policy regarding use of electronic devices and recording of lectures:
Please ask the instructor if you would like to record audio during lectures. He will probably say “yes.” Do not reproduce or share without permission.

**University Policies**

**Academic Consideration**

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor in writing, with your name, id#, and e-mail contact. See the academic calendar for information on regulations and procedures for Academic Consideration: Academic Consideration, Appeals and Petitions

**Academic Misconduct**

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community, faculty, staff, and students to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring.

University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection. Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Undergraduate Calendar: Academic Misconduct Policy

**Accessibility**

The University of Guelph is committed to creating a barrier-free environment. Providing services for students is a shared responsibility among students, faculty and administrators. This
relationship is based on respect of individual rights, the dignity of the individual and the University community's shared commitment to an open and supportive learning environment. Students requiring service or accommodation, whether due to an identified, ongoing disability or a short-term disability should contact the Centre for Students with Disabilities as soon as possible.

For more information, contact CSD at 519-824-4120 ext. 56208 or email csd@uoguelph.ca or see the website: Student Accessibility Services Website

Course Evaluation Information

Please refer to the Course and Instructor Evaluation Website.

Drop date

The last date to drop one-semester courses, without academic penalty, is March 11. For regulations and procedures for Dropping Courses, see the Academic Calendar: Current Undergraduate Calendar