The information published in this Graduate Calendar outlines the rules, regulations, curricula, programs and fees for the 2019-2020 academic year, including the Summer Semester 2019, Fall Semester 2019 and the Winter Semester 2020.

For your convenience the Graduate Calendar is available in PDF format.

If you wish to link to the Graduate Calendar please refer to the Linking Guidelines.

The University is a full member of:

• Universities of Canada

Contact Information:

University of Guelph
Guelph, Ontario, Canada
N1G 2W1
519-824-4120

Revision Information:

<table>
<thead>
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<th>Description</th>
</tr>
</thead>
<tbody>
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<td>May 1, 2019</td>
<td>Initial Publication</td>
</tr>
<tr>
<td>June 28, 2019</td>
<td>Revision 1</td>
</tr>
<tr>
<td>September 2, 2019</td>
<td>Revision 2</td>
</tr>
<tr>
<td>December 10, 2019</td>
<td>Revision 3</td>
</tr>
</tbody>
</table>
Disclaimer
The Office of Graduate and Postdoctoral Studies has attempted to ensure the accuracy of this on-line Graduate Calendar. However, the publication of information in this document does not bind the university to the provision of courses, programs, schedules of studies, fees, or facilities as listed herein.

Limitations
The University of Guelph reserves the right to change without notice any information contained in this calendar, including any rule or regulation pertaining to the standards for admission to, the requirements for the continuation of study in, and the requirements for the granting of degrees or diplomas in any or all of its programs.

The university will not be liable for any interruption in, or cancellation of, any academic activities as set forth in this calendar and related information where such interruption is caused by fire, strike, lock-out, inability to procure materials or trades, restrictive laws or governmental regulations, actions taken by the faculty, staff or students of the university or by others, civil unrest or disobedience, Public Health Emergencies, or any other cause of any kind beyond the reasonable control of the university.

The University of Guelph reaffirms section 1 of the Ontario Human Rights Code, 1981, which prohibits discrimination on the grounds of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, handicap, age, marital status or family status.

The university encourages applications from women, aboriginal peoples, visible minorities, persons with disabilities, and members of other under-represented groups.
Introduction

Collection, Use and Disclosure of Personal Information

Personal information is collected under the authority of the University of Guelph Act (1964), and in accordance with Ontario's Freedom of Information and Protection of Privacy Act (FIPPA) http://www.e-laws.gov.on.ca/DLB_Laws/Statutes/English/90f31_e.htm. This information is used by University officials in order to carry out their authorized academic and administrative responsibilities and also to establish a relationship for alumni and development purposes. Certain personal information is disclosed to external agencies, including the Ontario Universities Application Centre, the Ministry of Advanced Education and Skills Development, and Statistics Canada, for statistical and planning purposes, and is disclosed to other individuals or organizations in accordance with the Office of Registrarial Services Departmental Policy on the Release of Student Information. For details on the use and disclosure of this information call the Office of Registrarial Services at the University at (519) 824-4120 or see https://www.uoguelph.ca/registrar/

Statistics Canada - Notification of Disclosure

For further information, please see Statistics Canada's web site at http://www.statcan.gc.ca and Section XIV Statistics Canada.

Address for University Communication

Depending on the nature and timing of the communication, the University may use one of these addresses to communicate with students. Students are, therefore, responsible for checking all of the following on a regular basis:

Email Address

The University issued email address is considered an official means of communication with the student and will be used for correspondence from the University. Students are responsible for monitoring their University-issued email account regularly.

Home Address

Students are responsible for maintaining a current mailing address with the University. Address changes can be made, in writing, through Registrarial Services.

Name Changes

The University of Guelph is committed to the integrity of its student records, therefore, each student is required to provide either on application for admission or on personal data forms required for registration, their complete, legal name. Any requests to change a name, by means of alteration, deletion, substitution or addition, must be accompanied by appropriate supporting documentation.

Student Confidentiality and Release of Student Information Policy Excerpt

The University undertakes to protect the privacy of each student and the confidentiality of their record. To this end the University shall refuse to disclose personal information to any person other than the individual to whom the information relates where disclosure would constitute an unjustified invasion of the personal privacy of that person or of any other individual. All members of the University community must respect the confidential nature of the student information which they acquire in the course of their work.

Complete policy at https://www.uoguelph.ca/secretariat/office-services/university-secretariat/university-policies.
Learning Outcomes

Graduate Degree Learning Outcomes

On May 27, 2013, the University of Guelph Senate approved the following five University-wide Learning Outcomes as the basis from which to guide the development of graduate degree programs, specializations and courses:

1. Critical and Creative Thinking
2. Literacy
3. Global Understanding
4. Communication
5. Professional and Ethical Behaviour

These learning outcomes are also intended to serve as a framework through which our educational expectations are clear to students and the broader public; and to inform the process of outcomes assessment through the quality assurance process (regular reviews) of programs and departments.

An on-line guide to the learning outcomes, links to the associated skills, and detailed rubrics designed to support the development and assessment of additional program and discipline-specific outcomes, are available for reference on the Learning Outcomes website.

### Critical and Creative Thinking

Critical and creative thinking is a concept in which one applies logical principles, after much inquiry and analysis, to solve problems with a high degree of innovation, divergent thinking and risk taking. Those mastering this outcome show evidence of integrating knowledge and applying this knowledge across disciplinary boundaries. Depth and breadth of understanding of disciplines is essential to this outcome. At the graduate level, originality in the application of knowledge (master’s) and undertaking of research (doctoral) is expected. In addition, Critical and Creative Thinking includes, but is not limited to, the following outcomes: Independent Inquiry and Analysis; Problem Solving; Creativity; and Depth and Breadth of Understanding.

### Literacy

Literacy is the ability to extract information from a variety of resources, assess the quality and validity of the material, and use it to discover new knowledge. The comfort in using quantitative literacy also exists in this definition, as does using technology effectively and developing visual literacy.

In addition, Literacy includes, but is not limited to, the following outcomes: Information Literacy, Quantitative Literacy, Technological Literacy, and Visual Literacy.

### Global Understanding

Global understanding encompasses the knowledge of cultural similarities and differences, the context (historical, geographical, political and environmental) from which these arise, and how they are manifest in modern society. Global understanding is exercised as civic engagement, intercultural competence and the ability to understand an academic discipline outside of the domestic context.

In addition, Global Understanding includes, but is not limited to, the following outcomes: Global Understanding, Sense of Historical Development, Civic Knowledge and Engagement, and Intercultural Competence.

### Communication

Communication is the ability to interact effectively with a variety of individuals and groups, and convey information successfully in a variety of formats including oral and written communication. Communication also comprises attentiveness and listening, as well as reading comprehension. It includes the ability to communicate and synthesize information, arguments, and analyses accurately and reliably.

In addition, Communication includes, but is not limited to, the following outcomes: Oral Communication, Written Communication, Reading Comprehension, and Integrative Communication.

### Professional and Ethical Behaviour

Professional and ethical behaviour requires the ability to accomplish the tasks at hand with proficient skills in teamwork and leadership, while remembering ethical reasoning behind all decisions. The ability for organizational and time management skills is essential in bringing together all aspects of managing self and others. Academic integrity is central to mastery in this outcome. At the graduate level, intellectual independence is needed for professional and academic development and engagement.

In addition, Professional and Ethical Behaviour includes, but is not limited to, the following outcomes: Teamwork, Ethical Reasoning, Leadership, Personal Organization and Time Management, and Intellectual Independence.
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Health and Nutritional Sciences</td>
<td>107</td>
</tr>
<tr>
<td>Administrative Staff</td>
<td>107</td>
</tr>
<tr>
<td>Graduate Faculty</td>
<td>107</td>
</tr>
<tr>
<td>Associated Graduate Faculty</td>
<td>107</td>
</tr>
<tr>
<td>MSc Program</td>
<td>107</td>
</tr>
<tr>
<td>PhD Program</td>
<td>108</td>
</tr>
<tr>
<td>Interdepartmental Programs</td>
<td>108</td>
</tr>
<tr>
<td>Collaborative Specializations</td>
<td>108</td>
</tr>
<tr>
<td>Courses</td>
<td>108</td>
</tr>
</tbody>
</table>
Human Health and Nutritional Sciences

The Human Health and Nutritional Sciences Graduate Program offers MSc degrees by thesis, MSc degrees by course work and project, and PhD degrees. The three fields are listed below.

- **Biomechanics**
- **Nutrition, Exercise and Metabolism**
- **Nutritional and Nutraceutical Sciences**

See the department website for additional information.

**Administrative Staff**

**Chair**
Coral L. Murrant (354 Animal Science/Nutrition Bldg., Ext. 56173)
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**Graduate Faculty**

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**Leah R. Bent**
BSc, MSc Guelph, PhD British Columbia - Associate Professor

**William J. Betten**
BS, PhD Missouri - Associate Professor

**Stephen Brown**
BHK, MHK Windsor, PhD Waterloo - Associate Professor

**Jamie Burr**
BA Western, MSc, PhD York - Assistant Professor

**Andrea Clark**
BSc Loughborough, PhD Calgary - Assistant Professor

**Lawrence L. Spriet**
BSc Waterloo, MSc York, PhD McMaster - Professor

**John Z. Srbel**
BSc Toronto, DC Canadian Memorial Chiropractic College, PhD Guelph - Associate Professor

**Lori A. Vallis**
BSc, MA Ottawa, PhD Waterloo - Associate Professor

**Amanda Wright**
BSc, PhD Guelph - Associate Professor

**David Wright**
BPE Calgary, MSc Arizona State, PhD Ball State - Professor

**John L. Zettel**
BSc Waterloo, MSc, PhD Toronto - Assistant Professor

**Associated Graduate Faculty**

**Jennifer Monk**
BSc, PhD Guelph - Biologist, Guelph Research and Development Centre, Agriculture and Agri-Food Canada

**Krista Power**
BSc Memorial, MSc, PhD Toronto - Research Scientist, Guelph Food Research Centre, Agriculture and Agri-Food Canada

**Dan Ramdath**
BSc Toronto, MSc, PhD West Indies - Manager/Clinical Research Scientist (Human Nutrition), Guelph Food Research Centre, Agriculture and Agri-Food Canada

**MSc Program**

The MSc program is offered in: 1) biomechanics; 2) nutrition, exercise and metabolism; and 3) nutritional and nutraceutical sciences. The focus is on physical activity and diet as powerful lifestyle determinants of human health. The interaction between genetics and environmental factors determines human health and lifestyle is a major component of our environment.

Our graduate programs offer advanced experiential learning experiences in the broad areas of nutritional and nutraceutical sciences, general and exercise physiology and biomechanics within the focus of lifestyle, genetics and human health. Within these broad fields, the Department of Human Health and Nutritional Sciences addresses the issues at the level of the individual, not community or populations. The research efforts are focused on understanding the basic underlying biological aspects of health, which are further applied to understanding aging, neurological/sensory disorders and osteoarthritis, and chronic diseases such as cancer, cardiovascular disease, obesity, and type II diabetes.

The Department offers programs of study leading to an MSc by thesis and an MSc by coursework and project. Within the MSc thesis program students must complete a minimum of 1.5 graduate credits and defend an acceptable thesis which comprises an account of the student's research. Within the MSc coursework program students must complete a minimum of 4.0 graduate credits which include credits for research experience.

**Admission Requirements**

To be considered, applicants must meet the requirements of a four-year honours science degree with a minimum 75% average during the final two years or 4 semesters of undergraduate study. Applicants should have completed a course in statistics. Each applicant must obtain the support of a faculty member willing to serve as their advisor. Admission may be granted in September, January or May. Completed applications should be uploaded at least one full semester (four months) before the expected date of admission. Applications from international students should be uploaded at least eight months prior to the expected date of admission.

All components of the application, including transcript(s), graduate certificate(s), grading scale(s), language test results, assessment forms, a statement of interest and the name of the faculty advisor must be uploaded no later than two months after an application is submitted through the OUAC portal. Applications that are incomplete after this time period will be closed.

**Admission Process**

Graduate student applications to programs in the College of Biological Science are handled by the Office of the Associate Dean, Research (ADR). Before submitting an application, applicants are strongly encouraged to view the "Before you Apply" and "Admission Process" webpages on the ADR Future Student's site.

Complete application submission instructions may also be found on the Office of Graduate Studies webpage or in the Graduate Calendar.

**Program Requirements**

Students enrol in one of two study options: 1) thesis, or 2) course work and major research project.
Thesis
Students must complete and defend an acceptable thesis which comprises a scientifically defensible account of the student’s research on a particular, well-defined research problem or hypothesis. Such research should begin with the practical expectation that it could be completed and the thesis defended in not more than 5 semesters. Paramount to the notion of acceptability of the thesis is its quality with respect to problem identification, the approach used to address the problem, and the evaluation of the results.
In addition they must successfully complete courses totalling not fewer than 1.5 graduate credits. The graduate credits of course work will consist of:

a) at least one of:
- HHNS*6040 [0.50] Research Fronts in Nutritional and Nutraceutical Sciences
- HHNS*6600 [0.50] Cardiovascular and Respiratory Physiology
- HHNS*6700 [0.50] Nutrition, Exercise and Metabolism
- HHNS*6800 [0.50] Research Frontiers in Integrative Biomechanics and Neurophysiology

b) at least 1.0 credits of electives as determined with the Advisory Committee

Course Work and Major Research Project (MRP)
Students must complete at least 4.0 graduate credits as follows:

HHNS*6610 [0.50] Seminar in Human Health and Nutritional Sciences
HHNS*6620 [0.50] Advances in Human Health and Nutritional Sciences Research

at least one of:
- HHNS*6910 [0.50] Basic Research Techniques and Processes
- HHNS*6920 [0.50] Applied Research Techniques and Processes
- HHNS*6930 [0.50] Research Project

HHNS*6640 [0.50] Research Fronts in Nutritional and Nutraceutical Sciences
HHNS*6650 [0.50] Cardiovascular and Respiratory Physiology
HHNS*6700 [0.50] Nutrition, Exercise and Metabolism
HHNS*6800 [0.50] Research Frontiers in Integrative Biomechanics and Neurophysiology

at least 1.0 to 2.0 graduate credits of electives.

PhD Program
The PhD program is offered in: 1) biomechanics; 2) nutrition, exercise and metabolism; and 3) nutritional and nutraceutical sciences. The focus is on physical activity and diet as powerful lifestyle determinants of human health. The interaction between genetics and environmental factors determines human health and lifestyle is a major component of our environment.

Our graduate programs offer advanced experiential learning experiences in the broad areas of nutritional and nutraceutical sciences, general and exercise physiology and biomechanics within the focus of lifestyle, genetics and human health. Within these broad fields, the Department of Human Health and Nutritional Sciences addresses the issues at the level of the individual, not community or populations. The research efforts are focused on understanding the basic underlying biological aspects of health, which are further applied to understanding aging, neurological/sensory disorders and osteoarthritis, and chronic diseases such as cancer, cardiovascular disease, obesity, and type II diabetes.

Admission Requirements
Applicants must have a recognized Master’s degree in a related field obtained with a minimum academic standing of 80% in their postgraduate studies, and the endorsement of a potential thesis advisor. Applicants should have completed a course in statistics.
Under exceptional circumstances admission directly to a PhD program with an appropriate honours degree alone, or transfer from MSc to PhD program without completing the MSc thesis requirements, is also possible.

Admission may be granted in September, January or May. Completed applications should be uploaded at least one full semester (four months) before the expected date of admission. Applications from international students should be uploaded at least eight months prior to the expected date of admission. All applicants must obtain the support of a faculty member willing to serve as their advisor.

Each applicant must obtain a statement of interest and the name and contact details of the faculty advisor. Applicants are strongly encouraged to view the "Before you apply" and "Admission Process" webpages on the ADR Future Student's site.

Complete application instructions may also be found on the Office of Graduate Studies webpage or in the Graduate Calendar.

Program Requirements
The major part of a student's time will be devoted to research in fulfilment of the dissertation requirement. Course work would be established through discussion with the student's Advisory Committee.

PhD students will become candidates for the PhD degree upon completion of a qualifying examination, which must be conducted not later than the fifth semester of the PhD program. The examination will be primarily research focused.

Thesis Requirements
Submission and defence of an acceptable dissertation complete the requirements for a PhD. An acceptable dissertation comprises a report of the candidate's research on a particular and well-defined research problem or hypothesis. It should represent a significant contribution to knowledge in that field. Emphasis is placed on the quality of the work judged by the expression of mature scholarship and critical judgment in the dissertation. Dissertation approval implies that it could be published in reputable, refereed journals in its field.

Interdepartmental Programs
Students may wish to participate in the interdepartmental programs in Bioinformatics or Biophysics

Collaborative Specializations
Students may wish to participate in the collaborative specializations in One Health, Neuroscience or Toxicology

Courses

HHNS*6000 Students Promoting Awareness of Research Knowledge S,F,W [0.25]
The course will explore research communication through practical experience. The course will be part of the SPARK program in which students write, edit and coordinate a variety of news publications that highlight University of Guelph research activities for a wide range of audiences.

Restriction(s): Limited to HHNS MSc course work and project students only. Instructor consent required.
Department(s): Department of Human Health and Nutritional Sciences

HHNS*6010 Seminar in Human Health and Nutritional Sciences S [0.50]
Students will develop their scientific communication skills by translating a specific body of knowledge on a chosen topic into a seminar. The class will also explore scientific process-oriented concepts and issues such as effective scientific communication and dissemination of results.

Restriction(s): Limited to HHNS MSc course work and project students only.
Department(s): Department of Human Health and Nutritional Sciences

HHNS*6040 Research Fronts in Nutritional and Nutraceutical Sciences F [0.50]
Building on an information base in nutrition, biochemistry and physiology, the course comprises selected research topics pertaining to the importance of nutrition as a determinant of health throughout the life span. Distinction will be drawn between the metabolic basis of nutrient essentiality and the health protective effects of nutraceuticals.

Restriction(s): Limited to HHNS MSc course work and project students only.
Department(s): Department of Human Health and Nutritional Sciences

HHNS*6130 Advanced Skeletal Muscle Metabolism in Humans W [0.50]
This course examines how the energy provision pathways in human skeletal muscle and associated organs meet the energy demands of the muscle cell during a variety of metabolically demanding situations.

Restriction(s): Limited to HHNS MSc course work and project students only.
Department(s): Department of Human Health and Nutritional Sciences

HHNS*6320 Advances in Human Health and Nutritional Sciences Research S,F,W [0.50]
This course provides the student with an opportunity to study a topic of choice and involves literature research on a chosen topic. The course may stand alone (MSc thesis and PhD students) or provide the background information for an experimental approach to the topic (MSc course work and project students).

Restriction(s): Instructor consent required.
Department(s): Department of Human Health and Nutritional Sciences

HHNS*6400 Functional Foods and Nutraceuticals F [0.50]
This course considers the relation of nutraceuticals, functional foods, designer foods, medical foods and food additives to foods and drugs. The course emphasizes the development and commercialization of nutraceuticals.

Department(s): Department of Human Health and Nutritional Sciences

HHNS*6410 Applied Functional Foods and Nutraceuticals W [1.00]
This course prepares students to develop an innovative product or service from conceptualization to market entry considering regulatory, product development, safety/efficacy and market readiness issues. The course applies and integrates the concepts defined in HHNS*6400.

Department(s): Department of Human Health and Nutritional Sciences
## IX. Graduate Programs, Human Health and Nutritional Sciences

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Department(s)</th>
</tr>
</thead>
<tbody>
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<td>Nutrition, Gene Expression and Cell Signalling W 0.50</td>
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</tr>
<tr>
<td>HHNS*6500</td>
<td>Cardiovascular and Respiratory Physiology F 0.50</td>
<td>Department of Human Health and Nutritional Sciences</td>
</tr>
<tr>
<td>HHNS*6600</td>
<td>Research Frontiers in Integrative Biomechanics and Neurophysiology F 0.50</td>
<td>Department of Human Health and Nutritional Sciences</td>
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<tr>
<td>HHNS*6700</td>
<td>Nutrition, Exercise and Metabolism F 0.50</td>
<td>Department of Human Health and Nutritional Sciences</td>
</tr>
<tr>
<td>HHNS*6710</td>
<td>Advanced Topics in Nutrition and Exercise F 0.50</td>
<td>Department of Human Health and Nutritional Sciences</td>
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<tr>
<td>HHNS*6720</td>
<td>Research Methods in Integrative Biomechanics and Neurophysiology F 0.50</td>
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