

# 2012-2013 Undergraduate Calendar

The information published in this Undergraduate Calendar outlines the rules, regulations, curricula, programs and fees for the 2012-2013 academic year, including the Summer Semester 2012, the Fall Semester 2012 and the Winter Semester 2013.

For your convenience the Undergraduate Calendar is available in PDF format.

If you wish to link to the Undergraduate Calendar please refer to the Linking Guidelines.

The University is a full member of:

- The Association of Universities and Colleges of Canada

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# Disclaimer

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## University of Guelph 2012

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The information published in this Undergraduate Calendar outlines the rules, regulations, curricula, programs and fees for the 2012-2013 academic year, including the Summer Semester 2012, the Fall Semester 2012 and the Winter Semester 2013.

The University reserves the right to change without notice any information contained in this calendar, including fees, any rule or regulation pertaining to the standards for admission to, the requirements for the continuation of study in, and the requirements for the granting of degrees or diplomas in any or all of its programs. The publication of information in this calendar does not bind the University to the provision of courses, programs, schedules of studies, or facilities as listed herein.

The University will not be liable for any interruption in, or cancellation of, any academic activities as set forth in this calendar and related information where such interruption is caused by fire, strike, lock-out, inability to procure materials or trades, restrictive laws or governmental regulations, actions taken by faculty, staff or students of the University or by others, civil unrest or disobedience, public health emergencies, or any other cause of any kind beyond the reasonable control of the University.

In the event of a discrepancy between a print version (downloaded) and the Web version, the Web version will apply.

Published by: Enrolment Services

# Introduction

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## Collection, Use and Disclosure of Personal Information

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Personal information is collected under the authority of the University of Guelph Act (1964), and in accordance with Ontario's Freedom of Information and Protection of Privacy Act (FIPPA) <http://www.e-laws.gov.on.ca/index.html>. This information is used by University officials in order to carry out their authorized academic and administrative responsibilities and also to establish a relationship for alumni and development purposes. Certain personal information is disclosed to external agencies, including the Ontario Universities Application Centre, the Ministry of Training, Colleges and Universities, and Statistics Canada, for statistical and planning purposes, and is disclosed to other individuals or organizations in accordance with the Office of Registrarial Services Departmental Policy on the Release of Student Information. For details on the use and disclosure of this information call the Office of Registrarial Services at the University at (519) 824-4120 or see <http://www.uoguelph.ca/registrar/registrar/index.cfm?index>.

## Statistics Canada - Notification of Disclosure

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For further information, please see Statistics Canada's web site at <http://www.statcan.ca> and Section XIV Statistics Canada.

## Address for University Communication

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Depending on the nature and timing of the communication, the University may use one of these addresses to communicate with students. Students are, therefore, responsible for checking all of the following on a regular basis:

### Email Address

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The University issued email address is considered an official means of communication with the student and will be used for correspondence from the University. Students are responsible for monitoring their University-issued email account regularly. See Section I--Statement of Students' Academic Responsibilities for more information.

### Home Address

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Students are responsible for maintaining a current mailing address with the University. Address changes can be made, in writing, through Enrolment Services.

## Name Changes

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The University of Guelph is committed to the integrity of its student records, therefore, each student is required to provide either on application for admission or on personal data forms required for registration, his/her complete, legal name. Any requests to change a name, by means of alteration, deletion, substitution or addition, must be accompanied by appropriate supporting documentation.

## Student Confidentiality and Release of Student Information Policy Excerpt

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The University undertakes to protect the privacy of each student and the confidentiality of his or her record. To this end the University shall refuse to disclose personal information to any person other than the individual to whom the information relates where disclosure would constitute an unjustified invasion of the personal privacy of that person or of any other individual. All members of the University community must respect the confidential nature of the student information which they acquire in the course of their work.

Complete policy at <http://www.uoguelph.ca/policies/pdf/ORSInfoReleasePolicy060610.pdf>.



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## Bachelor of Applied Science (B.A.Sc.)

### Program Information

The University of Guelph offers an 8 semester (20.00 credits) honours program leading to a Bachelor of Applied Science (B.A.Sc.) degree. Students must select one of the 3 following major areas of study:

Adult Development (ADEV)

Applied Human Nutrition (AHN)

Child, Youth and Family (CYF)

Co-operative Education is available in the following programs:

Adult Development (Co-op) (ADEV:C)

Child, Youth and Family (Co-op) (CYF:C)

Elective offerings enable students to select courses which support or complement their primary field of study.

The program is interdisciplinary and provides a distinctive and integrated focus of applied social science in each of the 3 majors. Courses from the traditional disciplines in other departments in the University are coupled with courses offered by faculty members in the Department of Family Relations and Human Development whose own backgrounds reflect the interdisciplinary nature of the program.

Laboratory, practicum and field experiences enhance the students' opportunities to grasp the contributions of the social, physical and biological sciences to significant facets of human behaviour and experience, whether in family, community, or in educational settings.

### Academic Counselling

#### Program Counselling

A B.A.Sc. program counsellor is available to assist prospective students in the selection of their major and initial courses, and to respond to questions regarding any other aspects of their anticipated program. The program counsellor will also assist in-course students who need information or advice about their program or other academic regulations, who seek information on services and resources available to students or who are contemplating transfer into or out of their current major or degree program.

#### Academic Advising

On entering the program all students are assigned to a departmental advisor by major. Co-operative Education students in all majors are also assigned to an advisor. This advisor is thoroughly familiar with the academic requirements of the program and is also knowledgeable about career opportunities which relate to a student's specific major. Students are strongly encouraged to attend all meetings called by their departmental advisors, and to set up individual meetings with them when they have questions or concerns about their major, or their performance in the program.

### Continuation of Study

Students are advised to consult the regulations for Continuation of Study which are outlined in detail in Section VIII--Undergraduate Degree Regulations & Procedures.

### Conditions for Graduation

To qualify for the degree Bachelor of Applied Science, the student must satisfy the following conditions:

- the student must have successfully completed the schedule of studies requirements for the specified major
- the student must have a cumulative average of 60% or higher
- the student must have a term academic standing of Eligible to Continue or Continue on Probation

### Schedule of Studies

Courses specified in the Schedule of Studies are required courses and must be completed successfully. A full course load normally includes 2.50 credits (normally 5 courses). The requirements for each major are set out below.

### Special Expenses

Expenses for field trips can range from \$20 to \$30 per semester in the first 4 semesters and from \$25 to \$50 in each of the last 4 semesters. In certain courses modest expenses will be incurred for supplies and where appropriate for laboratory costs. According to recent Ontario legislation, agencies licensed by the Ministry of Community and Social Services which care for, or provide service to, children or vulnerable adults are required to do criminal reference checks on all their employees. Students enrolled in practica or field placement courses may be required to submit to the agency with which they are placed, personal information about any criminal convictions and pending criminal charges. The cost of acquiring this criminal reference check (Canadian Police Information Check) will be the responsibility of each student.

### Adult Development (ADEV)

**Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.**

The Adult Development major focuses on health and well-being from young adulthood to old age within the context of changing family relationships and diverse social and cultural influences. Courses focus on current research and theory in adult development and aging, family relationships, human sexuality, social policy and community services. Field placements and community service learning opportunities enable students to gain knowledge, skills and values appropriate for work with individuals and groups in a variety of settings.

Graduates of this program are pursuing careers in a variety of settings including family and community service agencies, government departments, services for seniors and their families, health care agencies, employee and family assistance programs, and local social planning councils. This program provides a solid foundation for the pursuit of graduate studies in fields such as social work, family relations, gerontology, occupational therapy, family law and mediation, couple and family therapy, education, sexual health, human resource management (business), and health studies.

This interdisciplinary program is designed to provide students with an understanding of the influence of psychological, social, biological and economic factors on individual development, capabilities, health and relationships across the lifespan. It is one of several majors in the Department that share an over-riding goal of applying knowledge to promote individual and family well-being. This major offers a high degree of flexibility for students, who may choose to deepen their studies in one or more of the core content areas in the major (adulthood and aging, family and social relationships, human sexuality, or health and well-being) and/or to choose electives in a related or complementary field.

#### Program Requirements

All students in the Adult Development major must successfully complete a minimum of 20.00 passed credits, including the core of 10.50 required credits as outlined in the Schedule of Studies.

Some students may wish to select courses that provide a broad background appropriate for teaching, business, public service management or other careers. Students interested in pursuing graduate education are encouraged to complete an undergraduate thesis in their senior year and to participate in faculty research projects.

In addition to the core requirements and options, there are courses in various departments throughout the University which may be taken as electives. Lists of suggested electives that relate to particular careers or areas of interest and requirements for admission to various graduate programs, including Faculties of Education, are available from the B.A.Sc. Program Counsellor.

Students must meet the continuation of study requirements at the time of graduation and have a minimum 60.00% cumulative average.

Students may take one minor in addition to the Adult Development major. See the B.A. Program information for the list of minors: <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/c10ba.shtm>. The 60.00% requirement applies to each major and minor.

#### Double Counting of Courses

A maximum of 50 percent of the courses applied to a minor may be courses taken in fulfillment of the major where required courses are the same.

#### Counselling on Minors

The B.A.Sc. program counsellor assists students in the selection of minors, interpreting program and academic regulations.

Academic departments offer the minors and assign faculty advisors to assist students with academic planning (e.g., a faculty advisor in the Psychology department handles queries about a minor in Psychology). Students should consult the appropriate faculty advisor, along with the B.A.Sc. Program Counsellor, when declaring a minor or requiring advice on the completion of specialization requirements. The list of faculty advisors is available on the Undergraduate Academic Information Centre website: [http://www.uoguelph.ca/uaic/students\\_faculty.shtml](http://www.uoguelph.ca/uaic/students_faculty.shtml) or contact the B.A.Sc. Program Counsellor for further information.

### Major

#### Semester 1

FRHD\*1100 [0.50] Life: Health and Well-Being

NUTR\*1010 [0.50] Nutrition and Society

PSYC\*1000 [0.50] Introduction to Psychology

One of:

ANTH\*1150 [0.50] Introduction to Anthropology

SOC\*1100 [0.50] Sociology

0.50 electives

#### Semester 2

FRHD\*1010 [0.50] Human Development

FRHD\*1020 [0.50] Couple and Family Relationships

One of:

BIOM\*2000 [0.50] Concepts in Human Physiology

MBG\*1000 [0.50] Genetics and Society

1.00 electives

#### Semester 3

FRHD\*2060 [0.50] Adult Development and Aging

FRHD*2100	[0.50]	Development of Human Sexuality
FRHD*3070	[0.50]	Research Methods: Family Studies
STAT*2080	[0.50]	Introductory Applied Statistics I
0.50 electives		
<b>Semester 4</b>		
FRHD*2350	[0.50]	Principles of Program Design in the Human Services
FRHD*3150	[0.50]	Strategies for Behaviour Change
STAT*2090	[0.50]	Introductory Applied Statistics II
1.00 electives		

**Semester 5**

FRHD*3400	[0.50]	Communication and Counselling Skills
2.00 electives		

**Semester 6**

FRHD*3040	[0.50]	Parenting and Intergenerational Relationships
FRHD*3290	[1.00]	Practicum I: Adult Development
1.00 electives		

**Note:** FRHD\*3290 may be taken in Semester 5 or Semester 6

**Semester 7**

FRHD*4310	[0.50]	Professional Issues *
2.00 electives		

**Semester 8**

FRHD*4250	[0.50]	Aging and Health
One of:		
FRHD*4260	[0.50]	Social Policy and Gerontology
FRHD*4320	[0.50]	Social Policies for Children, Youth and Families
1.50 electives		

**Electives - Recommended and Program Options**

Students entering into human services after graduation are encouraged to take FRHD\*4290. Students who intend to pursue studies or careers in the following areas, Adult Development and Aging, Family and Social Relations, Human Sexuality and Health or Research may wish to include electives from the following lists:

**Adult Development and Aging Interest**

FRHD*3060	[0.50]	Principles of Social Gerontology
FRHD*4190	[0.50]	Assessment in Gerontology
FRHD*4290	[1.00]	Practicum II: Adult Development
NUTR*3150	[0.50]	Aging and Nutrition

**Family and Social Relations Interest**

FRHD*3090	[0.50]	Poverty and Health
FRHD*4020	[0.50]	Family Theory
FRHD*4290	[1.00]	Practicum II: Adult Development

**Human Sexuality and Health Interest**

FRHD*4200	[0.50]	Issues in Human Sexuality
FRHD*4290	[1.00]	Practicum II: Adult Development
PSYC*3690	[0.50]	Community Mental Health

**Research Interest**

FRHD*4810	[0.50]	Thesis I
FRHD*4910	[1.00]	Thesis II

**Graduate and Professional Studies**

Students have successfully used the B.A.Sc. degree to gain admission into graduate programs in social work, applied psychology, sociology, anthropology, occupational therapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Adult Development major of the B.A.Sc. degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis.

For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study. **You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program.**

**\* Exchange/Study Abroad Opportunities**

Students interested in study abroad experience could consider this in either Semester 5 or 7. If it is in Semester 5, then students could defer FRHD\*3400 to Winter Semester 6 with the Practicum FRHD\*3290 (with permission). If the study abroad experience is preferred in Semester 7, the Professional Issues course (FRHD\*4310) could be taken in Semester 5 (with permission).

**Adult Development (Co-op) (ADEV:C)**

**Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.**

The Adult Development Co-op major focuses on health and well-being from young adulthood to old age within the context of changing family relationships and diverse social and cultural influences. Courses focus on current research and theory in adult development and aging, family relationships, human sexuality, social policy and community services. Work placements and community service learning opportunities enable students to gain knowledge, skills and values appropriate for work with individuals and groups in a variety of settings.

Graduates of this program are pursuing careers in a variety of settings including family and community service agencies, government departments, services for seniors and their families, health care agencies, employee and family assistance programs, and local social planning councils. This program provides a solid foundation for the pursuit of graduate studies in fields such as social work, family relations, gerontology, occupational therapy, family law and mediation, couple and family therapy, education, sexual health, human resource management (business), and health studies.

This interdisciplinary program is designed to provide students with an understanding of the influence of psychological, social, biological and economic factors on individual development, capabilities, health and relationships across the lifespan. It is one of several majors in the Department that share an over-riding goal of applying knowledge to promote individual and family well-being. This major offers a high degree of flexibility for students, who may choose to deepen their studies in one or more of the core content areas in the major (adulthood and aging, family and social relationships, human sexuality, or health and well-being) and/or to choose electives in a related or complementary field.

**Program Requirements**

All students in the Adult Development Co-op major must successfully complete a minimum of 20.00 passed credits, including the core of 10.50 required credits as outlined in the Schedule of Studies. Students in the Co-op program must also complete COOP\*1100 in the third semester.

Some students may wish to select courses that provide a broad background appropriate for teaching, business, public service management or other careers. Students interested in pursuing graduate education are encouraged to complete an undergraduate thesis in their senior year and to participate in faculty research projects.

In addition to the core requirements and options, there are courses in various departments throughout the University which may be taken as electives. Lists of suggested electives that relate to particular careers or areas of interest and requirements for admission to various graduate programs, including Faculties of Education, are available from the B.A.Sc. Program counsellor.

**Co-operative Education Program**

Students must be either a Canadian Citizen or Permanent Resident. A cumulative average of 70% is required in courses taken in Semesters 1 and 2 to permit continuation in the program.

**Conditions for Graduation from the B.A.Sc. Co-operative Education Program**

Conditions for graduation are the same as the corresponding regular B.A.Sc. program. In addition, all work reports and work performance evaluations must have a grade of satisfactory or better.

**Major****Semester 1 - Fall**

FRHD*1100	[0.50]	Life: Health and Well-Being
NUTR*1010	[0.50]	Nutrition and Society
PSYC*1000	[0.50]	Introduction to Psychology

One of:

ANTH*1150	[0.50]	Introduction to Anthropology
SOC*1100	[0.50]	Sociology

0.50 electives

**Semester 2 - Winter**

FRHD*1010	[0.50]	Human Development
FRHD*1020	[0.50]	Couple and Family Relationships

One of:

BIOM*2000	[0.50]	Concepts in Human Physiology
MBG*1000	[0.50]	Genetics and Society

1.00 electives

**Semester 3 - Fall**

COOP*1100	[0.00]	Introduction to Co-operative Education
FRHD*2100	[0.50]	Development of Human Sexuality
FRHD*2060	[0.50]	Adult Development and Aging
FRHD*3070	[0.50]	Research Methods: Family Studies
FRHD*3400	[0.50]	Communication and Counselling Skills
STAT*2080	[0.50]	Introductory Applied Statistics I

**Semester 4 - Winter**

FRHD*3150	[0.50]	Strategies for Behaviour Change
FRHD*2350	[0.50]	Principles of Program Design in the Human Services
STAT*2090	[0.50]	Introductory Applied Statistics II
1.00 electives		

**Summer Semester**

COOP\*1000 [0.00] Co-op Work Term I

**Fall Semester**

COOP\*2000 [0.00] Co-op Work Term II

**Semester 5 - Winter**

FRHD\*3040 [0.50] Parenting and Intergenerational Relationships

FRHD\*3290 [1.00] Practicum I: Adult Development

FRHD\*4250 [0.50] Aging and Health

One of:

FRHD\*4260 [0.50] Social Policy and Gerontology

FRHD\*4320 [0.50] Social Policies for Children, Youth and Families

**Semester 6 - Summer**

2.50 electives

**Semester 7 - Fall**

FRHD\*4310 [0.50] Professional Issues

2.00 electives

**Winter Semester**

COOP\*3000 [0.00] Co-op Work Term III

**Semester 8 - Summer**

2.50 electives

**Electives that Complement the Major**

Students entering into human services after graduation are encouraged to take FRHD\*4290.

Students who intend to pursue studies or careers in the following areas, Adult Development and Aging, Family and Social Relations, Human Sexuality and Health or Research may wish to include electives from the following lists:

FRHD\*3060 [0.50] Principles of Social Gerontology

FRHD\*4190 [0.50] Assessment in Gerontology

FRHD\*4290 [1.00] Practicum II: Adult Development

FRHD\*4020 [0.50] Family Theory

PSYC\*3690 [0.50] Community Mental Health

FRHD\*4810 [0.50] Thesis I

FRHD\*4910 [1.00] Thesis II

NUTR\*3150 [0.50] Aging and Nutrition

**Graduate and Professional Studies**

Students have successfully used the B.A.Sc. degree to gain admission into graduate programs in social work, applied psychology, sociology, anthropology, occupational therapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Adult Development major of the B.A.Sc. degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis.

For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study. **You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program.**

**Applied Human Nutrition (AHN)****Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.**

The Applied Human Nutrition major recognizes both the biological and the social facets of human nutrition. It focuses on nutrition from a preventive, maintenance and therapeutic perspective, all of which require a thorough understanding of the related biological sciences and of selected aspects of the behavioral sciences. Students learn about nutrition and its application to the maintenance of health and the prevention and treatment of disease. They also learn about individual and social behaviour, particularly in family settings, and the implications of behavioral factors in the establishment of good nutrition status from conception through to old age.

**The B.A.Sc. Applied Human Nutrition program is accredited by the Dietitians of Canada.**

All students in the Applied Human Nutrition major must include the core of 13.00 required and 1.50 restricted electives in the minimum of 20.00 passed credits. Students normally register for courses according to the semesters indicated below for Fall and Winter sequencing.

Those students wishing to compete for admission to a post-graduate dietetic internship will be assisted by departmental advisors in the selection of courses that will meet the academic requirement of the Dietitians of Canada and the College of Dietitians of Ontario for eligibility for internship and/or membership.

Successful completion of the requirements will allow students to compete for a limited number of dietetic internship positions. Most graduates completing dietetic internships are employed in hospitals and other health care agencies such as community health centres and long-term care facilities. Others find employment in a wider range of vocations including those associated with health and education in the government or private sectors, or with the food industry. Still others proceed to graduate study in fields such as nutrition, public health nutrition, medicine or education.

**Major****Semester 1**

CHEM\*1040 [0.50] General Chemistry I

FRHD\*1100 [0.50] Life: Health and Well-Being

PSYC\*1000 [0.50] Introduction to Psychology

One of:

HTM\*2700 [0.50] Introductory Foods

NUTR\*1010 [0.50] Nutrition and Society

0.50 electives

**Note:** HTM\*2700 is recommended for Semester 1 if capacity allows, but may also be taken in Semester 2 by choosing NUTR\*1010 in Semester 1

**Semester 2**

CHEM\*1050 [0.50] General Chemistry II

One of:

HTM\*2700 [0.50] Introductory Foods

NUTR\*1010 [0.50] Nutrition and Society

One of:

FRHD\*1020 [0.50] Couple and Family Relationships

SOC\*1100 [0.50] Sociology

1.00 electives

\*See note in Semester 1

**Semester 3**

BIOC\*2580 [0.50] Introduction to Biochemistry

HTM\*2030 [0.50] Control Systems in the Hospitality Industry

NUTR\*2050 [0.50] Family and Community Nutrition

STAT\*2080 [0.50] Introductory Applied Statistics I

One of:

CIS\*1200 [0.50] Introduction to Computing

MCS\*2020 [0.50] Marketing Information Management

Note: HTM\*2030 may be taken in Semester 4.

**Semester 4**

MICR\*2420 [0.50] Introduction to Microbiology

NUTR\*3210 [0.50] Fundamentals of Nutrition

STAT\*2090 [0.50] Introductory Applied Statistics II

1.00 electives or restricted electives

**Semester 5\***

BIOM\*3200 [1.00] Mammalian Physiology

FRHD\*3070 [0.50] Research Methods: Family Studies

1.00 electives or restricted electives

\* students planning to apply for a dietetic internship must take HTM\*3090. HTM\*3090 is recommended in Semester 5 in place of elective or restricted elective if capacity allows, but it may also be taken in Semester 6.

**Semester 6**

BUS\*3000 [0.50] Human Resources Management

FRHD\*3400 [0.50] Communication and Counselling Skills

NUTR\*3090 [1.00] Clinical Nutrition I

0.50 electives or restricted electives

Note: BUS\*3000 may be taken in Semester 7.

**Semester 7**

NUTR\*4010 [0.50] Nutritional Assessment

NUTR\*4040 [0.50] Clinical Nutrition II

NUTR\*4070 [0.50] Nutrition Education

1.00 electives or restricted electives

**Semester 8**

NUTR\*4900 [0.50] Selected Topics in Human Nutrition

2.00 electives or restricted electives

Note: With approval from the instructor, students may substitute NUTR\*4810 and NUTR\*4910 for NUTR\*4900.

**Restricted Electives**

In addition to the 13.00 required credits listed above, students must take 1.50 restricted electives, including one 3000 level course, from the following list:

FOOD\*2010 [0.50] Principles of Food Science

One of:

FOOD\*2400 [0.50] Introduction to Food Chemistry

FOOD\*3030 [0.50] Food Chemistry I

One of:

FOOD\*2410 [0.50] Introduction to Food Processing



FOOD*3160	[0.75]	Food Processing I
One of		
FOOD*2420	[0.50]	Introduction to Food Microbiology
FOOD*3230	[0.75]	Food Microbiology
FOOD*3430	[0.50]	Introduction to Food Analysis
FOOD*3700	[0.50]	Sensory Evaluation of Foods
HTM*2740	[0.50]	Cultural Aspects of Food
HTM*3780	[0.50]	Economics of Food Usage
NUTR*3110	[0.50]	Food Security
NUTR*3150	[0.50]	Aging and Nutrition

**Note:** Some of the restricted electives require prerequisites that are not included in the major.

### Electives

There are 5.50 electives throughout the major which may be fulfilled by electing courses in any subject provided that the student has the prerequisite courses and can schedule them. Some electives and restricted elective courses are intended to contribute to a liberal education, while others permit students to work toward specific academic and career goals. Departmental advisors will assist students in selection of courses that will meet the requirements of the Dietitians of Canada for eligibility for Internship and/or membership, and when requested, can assist in selection of electives to complement the core requirements.

### Child, Youth and Family (CYF)

#### Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.

The Child, Youth and Family major, administered by the Department of Family Relations and Applied Nutrition, examines the psychological, social and physical conditions which influence the growth and development of children and adolescents. While the primary focus of the major is on children and youth, the program regards the family as a primary context of development and as the key to successful interventions for children with developmental, behavioural, or socio-emotional difficulties. Through the effective use of elective courses, the core requirements in the major can be supplemented to create a program of study which will prepare graduates for a variety of careers in child and youth services. Graduates are pursuing child and youth-related careers in a variety of settings including child and youth treatment facilities, elementary schools, paediatric wards in hospitals, family and community service agencies, and child care centres. Students interested in working with children ten years of age and younger may apply for membership in the College of Early Childhood Educators; see further details on required courses below. Further academic preparation may be required for certain careers. Many graduates go on to pursue graduate education in fields such as family studies, human development, psychology, counselling psychology, social work, speech pathology, and occupational therapy.

#### Articulation Agreements

The University of Guelph is a partner in several Articulation Agreements concerning the Child, Youth and Family major. Students who enter the B.A.Sc. Child, Youth and Family major with advanced standing through an articulation agreement should identify themselves to the B.A.Sc. Program Counsellor for specific guidance around their Schedule of Studies (see Section IV of this calendar).

Students in the Child, Youth and Family major who are interested in proceeding to teachers college should refer to Section IV--Admissions Information, Articulation Agreements for information about admission to the Bachelor of Education program at Nipissing University.

#### Program Requirements

All students in the Child, Youth and Family major must include the following core of 11.50 required credits and 0.50 restricted electives to a minimum of 20.00 passed credits. Students are encouraged to plan their use of electives carefully in order to focus their program on one or a combination of the career options open to graduates. Discussion with a departmental advisor regarding the various choices possible from within the major is strongly recommended. Students will normally register for courses according to the semesters indicated below for Fall and Winter sequencing. Students who register for Summer semesters and other students for whom the semester offerings present difficulty may, where they have the approval of their departmental advisor, take some courses in alternative semesters.

### Major

#### Semester 1

FRHD*1100	[0.50]	Life: Health and Well-Being
NUTR*1010	[0.50]	Nutrition and Society
PSYC*1000	[0.50]	Introduction to Psychology

One of:

ANTH*1150	[0.50]	Introduction to Anthropology
SOC*1100	[0.50]	Sociology

0.50 electives

#### Semester 2

BIOM*2000	[0.50]	Concepts in Human Physiology
FRHD*1020	[0.50]	Couple and Family Relationships
MBG*1000	[0.50]	Genetics and Society

One of:

FRHD*2260	[0.50]	Infant Development
FRHD*2280	[0.50]	Adolescent Development

0.50 electives

#### Semester 3

FRHD*2100	[0.50]	Development of Human Sexuality
FRHD*3070	[0.50]	Research Methods: Family Studies
STAT*2080	[0.50]	Introductory Applied Statistics I

One of:

FRHD*2060	[0.50]	Adult Development and Aging
FRHD*2270	[0.50]	Development in Early and Middle Childhood

0.50 electives

#### Semester 4

FRHD*2110	[0.50]	Exceptional Children and Youth
FRHD*3150	[0.50]	Strategies for Behaviour Change
STAT*2090	[0.50]	Introductory Applied Statistics II

One of:

FRHD*2040	[0.50]	Principles of Program Design for Children
FRHD*2300	[0.50]	Principles of Program Design for Youth

0.50 electives

#### Semester 5

FRHD*3180	[0.50]	Observation and Assessment Laboratory
FRHD*3400	[0.50]	Communication and Counselling Skills

One of:

FRHD*3200	[1.00]	Practicum - Child
FRHD*3250	[1.00]	Practicum in Youth

0.50 electives

**Note:** FRHD\*3200 and FRHD\*3250 may be taken in Semester 6

#### Semester 6

FRHD*3040	[0.50]	Parenting and Intergenerational Relationships
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2.00 electives

#### Semester 7

FRHD*4310	[0.50]	Professional Issues
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2.00 electives or restricted electives

#### Semester 8

FRHD*4320	[0.50]	Social Policies for Children, Youth and Families
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2.00 electives or restricted electives

#### Restricted Electives

In addition to the 11.50 required credits, 0.50 must be taken from the Department of Family Relations and Applied Nutrition at the 4000 level. (excluding FRHD\*4170).

#### Electives - Recommended and Program Options

##### Child and Youth Services

It is highly recommended that students planning to work in child and youth services complete the following Youth stream courses:

FRHD*2300	[0.50]	Principles of Program Design for Youth
FRHD*2270	[0.50]	Development in Early and Middle Childhood
FRHD*2280	[0.50]	Adolescent Development
FRHD*3250	[1.00]	Practicum in Youth
FRHD*4170	[1.00]	Practicum - Child, Youth and Family (in a placement site designated as Youth)

FRHD*4180	[0.50]	Assessment and Intervention
FRHD*4400	[0.50]	Youth, Risk and Resilience

Students who intend to pursue a career in child and youth services may wish to choose electives from the following list:

EDRD*3120	[0.50]	Educational Communication
FRHD*3090	[0.50]	Poverty and Health
FRHD*3190	[0.50]	Administration of Programs for Children
FRHD*4020	[0.50]	Family Theory
FRHD*4200	[0.50]	Issues in Human Sexuality
FRHD*4810	[0.50]	Thesis I
FRHD*4910	[1.00]	Thesis II
NUTR*2050	[0.50]	Family and Community Nutrition
PSYC*3440	[0.50]	Cognitive Development
PSYC*3450	[0.50]	Social and Personality Development
PSYC*3710	[0.50]	Psychology of Learning Difficulties and Disabilities I
PSYC*3720	[0.50]	Psychology of Learning Difficulties and Disabilities II
PSYC*3850	[0.50]	Intellectual Disabilities
SOAN*2290	[0.50]	Identities and Cultural Diversity
SOC*1500	[0.50]	Crime and Criminal Justice
SOC*3040	[0.50]	Sociology of Social Welfare

#### Early Childhood Education

Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete the following Child stream courses:

FRHD*2040	[0.50]	Principles of Program Design for Children
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FRHD*2260	[0.50]	Infant Development
FRHD*2270	[0.50]	Development in Early and Middle Childhood
FRHD*3190	[0.50]	Administration of Programs for Children
FRHD*3200	[1.00]	Practicum - Child
FRHD*4170	[1.00]	Practicum - Child, Youth and Family (in a placement site designated as Child)
FRHD*4180	[0.50]	Assessment and Intervention
FRHD*4210	[0.50]	Senior Seminar in Early Education and Care
Students who intend to pursue a career in early childhood education may wish to choose electives from the following list:		
ENGL*2740	[0.50]	Children's Literature
FRHD*3090	[0.50]	Poverty and Health
FRHD*4810	[0.50]	Thesis I
FRHD*4910	[1.00]	Thesis II
NUTR*2050	[0.50]	Family and Community Nutrition
PSYC*3710	[0.50]	Psychology of Learning Difficulties and Disabilities I
PSYC*3720	[0.50]	Psychology of Learning Difficulties and Disabilities II
PSYC*3850	[0.50]	Intellectual Disabilities
SOAN*2290	[0.50]	Identities and Cultural Diversity
THST*3030	[0.50]	Theatre for Young Audiences

### Education - Primary / Junior / Intermediate

Graduates interested in elementary school teaching need an additional year of study at a Faculty of Education. For those who wish to teach primary (junior kindergarten to grade 3) or junior (grades 4 to 6), each faculty of education may have certain required courses for admission. Often recommended are courses in visual or performing arts, mathematics, languages, physical or natural sciences, history or geography. Students interested in intermediate (grades 7 to 10) level teaching need to acquire a teachable subject in a specific discipline. Normally, this requirement consists of six semester courses in an area of concentration. **Students are strongly advised to contact the Faculties of Education that interest them early in their programs to determine the specific requirements.**

### Graduate and Professional Studies

Students have successfully used the B.A.Sc. degree to gain admission into graduate programs in social work, applied psychology, sociology, anthropology, occupational therapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Child, Youth and Family major of the B.A.Sc. degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully. In our program you would include FRHD\*4810 and FRHD\*4910.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis.

For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study. **You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program.**

## Child, Youth and Family (Co-op) (CYF:C)

### Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.

All students in the Child, Youth and Family Co-op major must include the following core of 11.50 required credits and 0.50 restricted electives to a minimum of 20.00 passed credits.

The first four semesters are as for the students in the regular program. Students in the co-op program must also complete COOP\*1100 in the third academic semester. Thereafter the schedule is as follows:

### Major

#### Semester 1

FRHD*1100	[0.50]	Life: Health and Well-Being
NUTR*1010	[0.50]	Nutrition and Society
PSYC*1000	[0.50]	Introduction to Psychology

One of:

ANTH*1150	[0.50]	Introduction to Anthropology
SOC*1100	[0.50]	Sociology

0.50 electives

#### Semester 2

BIOM*2000	[0.50]	Concepts in Human Physiology
FRHD*1020	[0.50]	Couple and Family Relationships
MBG*1000	[0.50]	Genetics and Society

One of:

FRHD*2260	[0.50]	Infant Development
FRHD*2280	[0.50]	Adolescent Development

0.50 electives

#### Semester 3

COOP*1100	[0.00]	Introduction to Co-operative Education
FRHD*2100	[0.50]	Development of Human Sexuality
FRHD*3070	[0.50]	Research Methods: Family Studies
FRHD*3400	[0.50]	Communication and Counselling Skills
STAT*2080	[0.50]	Introductory Applied Statistics I
One of:		
FRHD*2060	[0.50]	Adult Development and Aging
FRHD*2270	[0.50]	Development in Early and Middle Childhood

#### Semester 4

FRHD*2110	[0.50]	Exceptional Children and Youth
FRHD*3150	[0.50]	Strategies for Behaviour Change
STAT*2090	[0.50]	Introductory Applied Statistics II
One of:		
FRHD*2040	[0.50]	Principles of Program Design for Children
FRHD*2300	[0.50]	Principles of Program Design for Youth

0.50 electives

#### Summer Semester

COOP*1000	[0.00]	Co-op Work Term I
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#### Fall Semester

COOP*2000	[0.00]	Co-op Work Term II
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#### Semester 5 - Winter

FRHD*3040	[0.50]	Parenting and Intergenerational Relationships
FRHD*4320	[0.50]	Social Policies for Children, Youth and Families

One of:

FRHD*3200	[1.00]	Practicum - Child
FRHD*3250	[1.00]	Practicum in Youth

0.50 electives

#### Semester 6 - Summer

2.50 electives

#### Semester 7 - Fall

FRHD*3180	[0.50]	Observation and Assessment Laboratory
FRHD*4310	[0.50]	Professional Issues

1.50 electives or restricted electives

#### Winter Semester

COOP*3000	[0.00]	Co-op Work Term III
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#### Semester 8 - Summer

2.50 electives

#### Restricted Electives

0.50 restricted electives from the Department of Family Relations and Applied Nutrition at the 4000 level (excluding FRHD\*4170).