## 2018-2019 Undergraduate Calendar

The information published in this Undergraduate Calendar outlines the rules, regulations, curricula, programs and fees for the 2018-2019 academic year, including the Summer Semester 2018, the Fall Semester 2018 and the Winter Semester 2019. For your convenience the Undergraduate Calendar is available in PDF format.

If you wish to link to the Undergraduate Calendar please refer to the Linking Guidelines.

The University is a full member of:

Universities Canada

Contact Information: University of Guelph

Guelph, Ontario, Canada

N1G 2W1

519-824-4120

http://www.uoguelph.ca

#### Revision Information:

Date	Description
February 1, 2018	Initial Publication
July 18, 2018	Second Publication
September 20, 2018	Third Publication
October 29, 2018	Fourth Publication

UNIVERSITY &GUELPH

## Disclaimer

## **University of Guelph 2018**

The information published in this Undergraduate Calendar outlines the rules, regulations, curricula, programs and fees for the 2018-2019 academic year, including the Summer Semester 2018, the Fall Semester 2018 and the Winter Semester 2019.

The University reserves the right to change without notice any information contained in this calendar, including fees, any rule or regulation pertaining to the standards for admission to, the requirements for the continuation of study in, and the requirements for the granting of degrees or diplomas in any or all of its programs. The publication of information in this calendar does not bind the University to the provision of courses, programs, schedules of studies, or facilities as listed herein.

The University will not be liable for any interruption in, or cancellation of, any academic activities as set forth in this calendar and related information where such interruption is caused by fire, strike, lock-out, inability to procure materials or trades, restrictive laws or governmental regulations, actions taken by faculty, staff or students of the University or by others, civil unrest or disobedience, public health emergencies, or any other cause of any kind beyond the reasonable control of the University.

In the event of a discrepancy between a print version (downloaded) and the Web version, the Web version will apply,

Published by: Enrolment Services

## Collection, Use and Disclosure of Personal Information

Personal information is collected under the authority of the University of Guelph Act (1964), and in accordance with Ontario's Freedom of Information and Protection of Privacy Act (FIPPA) <a href="http://www.e-laws.gov.on.ca/index.html">http://www.e-laws.gov.on.ca/index.html</a>. This information is used by University officials in order to carry out their authorized academic and administrative responsibilities and also to establish a relationship for alumni and development purposes. Certain personal information is disclosed to external agencies, including the Ontario Universities Application Centre, the Ministry of Advanced Education and Skills Development, and Statistics Canada, for statistical and planning purposes, and is disclosed to other individuals or organizations in accordance with the Office of Registrarial Services Departmental Policy on the Release of Student Information. For details on the use and disclosure of this information call the Office of Registrarial Services at the University at (519) 824-4120 or see <a href="http://www.uoguelph.ca/registrar/registrar/registrar/index.cfm?index

## Disclosure of Personal Information to the Ontario Ministry of Advanced Education and Skills Development

The University of Guelph is required to disclose personal information such as characteristics and educational outcomes to the Minister of Advanced Education and Skills Development under s. 15 of the Ministry of Advanced Education and Skills Development Act, R.S.O. 1990, Chapter M.19, as amended. The Ministry collects this data for purposes including but not limited to planning, allocating and administering public funding to colleges, universities and other post-secondary educational and training institutions.

Amendments made to the Ministry of Advanced Education and Skills Development Act, authorizing the collection and use of personal information from colleges and universities by the Minister of Advanced Education and Skills Development, which were set out in Schedule 5 of the Childcare Modernization Act, 2014, came into force on March 31, 2015.

The amendments strengthen the ability of the Minister to directly or indirectly collect and use personal information about students as required to conduct research and analysis, including longitudinal studies, and statistical activities conducted by or on behalf of the Ministry for purposes that relate to post-secondary education and training, including,

- i. understanding the transition of students from secondary school to post-secondary education and training,
- ii. understanding student participation and progress, mobility and learning and employment outcomes,
- iii. understanding linkages among universities, colleges, secondary schools and other educational and training institutions prescribed by regulation,
- iv. understanding trends in post-secondary education or training program choices made by students,
- v. understanding sources and patterns of student financial resources, including financial assistance and supports provided by government and post-secondary educational and training institutions,
- vi. planning to enhance the affordability and accessibility of post-secondary education and training and the quality and effectiveness of the post-secondary sector,
- vii. identifying conditions or barriers that inhibit student participation, progress, completion and transition to employment or future post-secondary educational or training opportunities, and
- viii. developing key performance indicators.

Information that the University is required to provide includes but is not limited to: first, middle and last name, Ontario Educational Number, citizenship, date of birth, gender, first three digits of a student's postal code, mother tongue, degree program and major(s) in which the student is enrolled, year of study and whether the student has transferred from another institution.

Further information on the collection and use of student-level enrolment-related data can be obtained from the Ministry of Advanced Education and Skills Development website:https://www.ontario.ca/page/ministry-advanced-education-and-skills-development(English)orhttps://www.ontario.ca/fr/page/ministere-de-lenseignement-superieur-et-de-la-formation-professionnelle(French) or by writing to the Director, Postsecondary Finance and Information Management Branch,Postsecondary Education Division, 7th Floor, Mowat Block, 900 Bay Street, Toronto, ON M7A 1L2.Information Management Branch,

An update on Institutional and Ministry of Advanced Education and Skills Development Act Notice of Disclosure Activities is posted at <a href="https://www.ontario.ca/page/ministry-advanced-education-and-skills-development">https://www.ontario.ca/page/ministry-advanced-education-and-skills-development</a>

Frequently Asked Questions related to the Ministry's enrolment and OEN data activities are also posted at: http://www.tcu.gov.on.ca/pepg/publications/NoticeOfCollection.pdf

#### Authority to Disclose Personal Information to Statistics Canada

The Ministry of Advanced Education and Skills Development discloses student-level enrolment-related data it collects from the colleges and universities as required by Statistics Canada in accordance with Section 13 of the Federal Statistics Act. This gives Ministry of Advanced Education and Skills Development Act authority to disclose personal information in accordance with s. 42(1) (e) of FIPPA

## Notification of Disclosure of Personal Information to Statistics Canada

For further information, please see the Statistics Canada's web site at http://www.statcan.ca and Section XIV Statistics Canada.

#### **Address for University Communication**

Depending on the nature and timing of the communication, the University may use one of these addresses to communicate with students. Students are, therefore, responsible for checking all of the following on a regular basis:

#### **Email Address**

The University issued email address is considered an official means of communication with the student and will be used for correspondence from the University. Students are responsible for monitoring their University-issued email account regularly. See Section I--Statement of Students' Academic Responsibilities for more information.

#### **Home Address**

Students are responsible for maintaining a current mailing address with the University. Address changes can be made, in writing, through Enrolment Services.

### Name Changes

The University of Guelph is committed to the integrity of its student records, therefore, each student is required to provide either on application for admission or on personal data forms required for registration, his/her complete, legal name. Any requests to change a name, by means of alteration, deletion, substitution or addition, must be accompanied by appropriate supporting documentation.

## Student Confidentiality and Release of Student Information Policy Excerpt

The University undertakes to protect the privacy of each student and the confidentiality of his or her record. To this end the University shall refuse to disclose personal information to any person other than the individual to whom the information relates where disclosure would constitute an unjustified invasion of the personal privacy of that person or of any other individual. All members of the University community must respect the confidential nature of the student information which they acquire in the course of their work. Complete policy at <a href="https://uoguelph.civicweb.net/document/68892/ORSInfoReleasePolicy060610.pdf?handle=FF982F8A9AEA4076BE4F3D88147172B8">https://uoguelph.civicweb.net/document/68892/ORSInfoReleasePolicy060610.pdf?handle=FF982F8A9AEA4076BE4F3D88147172B8</a>.

## **Learning Outcomes**

On December 5, 2012, the University of Guelph Senate approved five University-wide Learning Outcomes as the basis from which to guide the development of undergraduate degree programs, specializations and courses:

- 1. Critical and Creative Thinking
- 2. Literacy
- 3. Global Understanding
- 4. Communicating
- 5. Professional and Ethical Behaviour

These learning outcomes are also intended to serve as a framework through which our educational expectations are clear to students and the broader public; and to inform the process of outcomes assessment through the quality assurance process (regular reviews) of programs and departments.

An on-line guide to the learning outcomes, links to the associated skills, and detailed rubrics designed to support the development and assessment of additional program and discipline-specific outcomes, are available for reference on the Learning Outcomes website.

## 1. Critical and Creative Thinking

Critical and creative thinking is a concept in which one applies logical principles, after much inquiry and analysis, to solve problems with a high degree of innovation, divergent thinking and risk taking. Those mastering this outcome show evidence of integrating knowledge and applying this knowledge across disciplinary boundaries. Depth and breadth of understanding of disciplines is essential to this outcome.

In addition, Critical and Creative Thinking includes, but is not limited to, the following outcomes: Inquiry and Analysis; Problem Solving; Creativity; and Depth and Breadth of Understanding.

## 2. Literacy

Literacy is the ability to extract information from a variety of resources, assess the quality and validity of the material, and use it to discover new knowledge. The comfort in using quantitative literacy also exists in this definition, as does using technology effectively and developing visual literacy.

In addition, Literacy includes, but is not limited to, the following outcomes: Information Literacy, Quantitative Literacy, Technological Literacy, and Visual Literacy.

## 3. Global Understanding:

Global understanding encompasses the knowledge of cultural similarities and differences, the context (historical, geographical, political and environmental) from which these arise, and how they are manifest in modern society. Global understanding is exercised as civic engagement, intercultural competence and the ability to understand an academic discipline outside of the domestic context.

In addition, Global Understanding includes, but is not limited to, the following outcomes: Global Understanding, Sense of Historical Development, Civic Knowledge and Engagement, and Intercultural Competence.

## 4. Communicating

Communicating is the ability to interact effectively with a variety of individuals and groups, and convey information successfully in a variety of formats including oral and written communication. Communicating also comprises attentiveness and listening, as well as reading comprehension. It includes the ability to communicate and synthesize information, arguments, and analyses accurately and reliably.

In addition, Communicating includes, but is not limited to, the following outcomes: Oral Communication, Written Communication, Reading Comprehension, and Integrative Communication.

## 5. Professional and Ethical Behaviour

Professional and ethical behaviour requires the ability to accomplish the tasks at hand with proficient skills in teamwork and leadership, while remembering ethical reasoning behind all decisions. The ability for organizational and time management skills is essential in bringing together all aspects of managing self and others. Academic integrity is central to mastery in this outcome.

In addition, Professional and Ethical Behaviour includes, but is not limited to, the following outcomes: Teamwork, Ethical Reasoning, Leadership, and Personal Organization and Time Management

# Table of Contents

Bachelor of Applied Science (B.A.Sc.)	414
Program Information	414
Adult Development (ADEV)	414
Adult Development (Co-op) (ADEV:C)	415
Applied Human Nutrition (AHN)	416
Child, Youth and Family (CYF)	417
Child, Youth and Family (Co-op) (CYF:C)	

## Bachelor of Applied Science (B.A.Sc.)

## **Program Information**

The University of Guelph offers an 8 semester (20.00 credits) honours program leading to a Bachelor of Applied Science (B.A.Sc.) degree. Students must select one of the 3 following major areas of study:

Adult Development (ADEV)

Applied Human Nutrition (AHN)

Child, Youth and Family (CYF)

Co-operative Education is available in the following programs:

Adult Development (Co-op) (ADEV:C)

Child, Youth and Family (Co-op) (CYF:C)

Elective offerings enable students to select courses which support or complement their primary field of study.

The program is interdisciplinary and provides a distinctive and integrated focus of applied social science in each of the 3 majors. Courses from the traditional disciplines in other departments in the University are coupled with courses offered by faculty members in the Department of Family Relations and Applied Nutrition whose own backgrounds reflect the interdisciplinary nature of the program.

Laboratory, practicum and field experiences enhance the students' opportunities to grasp the contributions of the social, physical and biological sciences to significant facets of human behaviour and experience, whether in family, community, or in educational settings.

### Academic Counselling

#### Program Counselling

A B.A.Sc. program counsellor is available to assist prospective students in the selection of their major and initial courses, and to respond to questions regarding any other aspects of their anticipated program. The program counsellor will also assist in-course students who need information or advice about their program or other academic regulations, who seek information on services and resources available to students or who are contemplating transfer into or out of their current major or degree program.

#### Academic Advising

On entering the program all students are assigned to a departmental advisor by major. Co-operative Education students in all majors are also assigned to an advisor. This advisor is thoroughly familiar with the academic requirements of the program and is also knowledgeable about career opportunities which relate to a student's specific major. Students are strongly encouraged to attend all meetings called by their departmental advisors, and to set up individual meetings with them when they have questions or concerns about their major, or their performance in the program.

#### **Continuation of Study**

Students are advised to consult the regulations for Continuation of Study which are outlined in detail in Section VIII--Undergraduate Degree Regulations & Procedures.

#### **Conditions for Graduation**

To qualify for the degree Bachelor of Applied Science, the student must satisfy the following conditions:

- the student must have successfully completed the schedule of studies requirements for the specified major
- the student must have a cumulative average of 60% or higher
- the student must have a term academic standing of Eligible to Continue

#### **Schedule of Studies**

Courses specified in the Schedule of Studies are required courses and must be completed successfully. A full course load normally includes 2.50 credits (normally 5 courses). The requirements for each major are set out below.

#### **Special Expenses**

Expenses for field trips can range from \$20 to \$30 per semester in the first 4 semesters and from \$25 to \$50 in each of the last 4 semesters. In certain courses modest expenses will be incurred for supplies and where appropriate for laboratory costs. According to recent Ontario legislation, agencies licensed by the Ministry of Community and Social Services which care for, or provide service to, children or vulnerable adults are required to do criminal reference checks on all their employees. Students enrolled in practica or field placement courses may be required to submit to the agency with which they are placed, personal information about any criminal convictions and pending criminal charges. The cost of acquiring this criminal reference check (Canadian Police Information Check) will be the responsibility of each student.

#### Adult Development (ADEV)

Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.

The Adult Development major focuses on health and well-being from young adulthood to old age within the context of changing family relationships and diverse social and cultural influences. Courses focus on current research and theory in adult development and aging, family relationships, human sexuality, social policy and community services. Field placements and community service learning opportunities enable students to gain knowledge, skills and values appropriate for work with individuals and groups in a variety of settings.

Graduates of this program are pursuing careers in a variety of settings including family and community service agencies; government policy-making, administration, and health promotion divisions; support services delivery for seniors and their families; health care agencies; employee and family assistance programs; and local social planning councils. This program provides a solid foundation for the pursuit of graduate studies in fields such as: family relations and human development, social work, human sexuality, gerontology, physical, occupational and recreation therapy programs, family law and mediation, couple and family therapy, education, health promotion, social policy and human resource management (business).

This interdisciplinary program is designed to provide students with an understanding of the influence of psychological, social, biological and economic factors on individual development, capabilities, health and relationships across the lifespan. It is one of several majors in the Department that share an over-arching goal of applying knowledge to promote individual and family well-being. This major offers a high degree of flexibility for students, who may choose to deepen their studies in one or more of the core content areas in the major (adulthood and aging, family and social relationships, human sexuality, or health and well-being) and/or to choose electives in a related or complementary field.

#### **Program Requirements**

All students in the Adult Development major must successfully complete a minimum of 20.00 credits, including the core of 10.50 required credits as outlined in the Schedule of Studies.

Some students may wish to select courses that provide a broad background appropriate for careers in teaching, social work, health promotion, couple and family relationships, physical, occupational and recreation therapy, nursing, business, public service management or other areas of work. Students interested in pursuing graduate education are encouraged to complete an undergraduate thesis in their senior year and to participate in faculty research projects.

In addition to the core requirements and options, there are courses in various departments throughout the University which may be taken as electives. Lists of suggested electives that relate to particular careers or areas of interest and requirements for admission to various graduate programs, including Faculties of Education, are available from the B.A.Sc. Program Counsellor.

Students must meet the continuation of study requirements at the time of graduation and have a minimum 60.00% cumulative average.

Students may take one minor in addition to the Adult Development major. See the University of Guelph Calendar, Section X, Degree Programs, Specialization and Their Degrees for list of minors : <u>http://www.uoguelph.ca/registrar/calendars/undergraduate/</u> <u>current/c10/index.shtml</u>. The 60.00% requirement applies to each major and minor.

#### **Double Counting of Courses**

A maximum of 50 percent of the courses applied to a minor may be courses taken in fulfillment of the major where required courses are the same.

#### **Counselling on Minors**

The B.A.Sc. program counsellor assists students in the selection of minors, interpreting program and academic regulations.

Academic departments offer the minors and assign faculty advisors to assist students with academic planning (e.g., a faculty advisor in the Psychology department handles queries about a minor in Psychology). Students should consult the appropriate faculty advisor, along with the B.A.Sc. Program Counsellor, when declaring a minor or requiring advice on the completion of specialization requirements. The list of faculty advisors is available on the Undergraduate Academic Information Centre website: <a href="https://www.uoguelph.ca/uaic/facultyadvisors">https://www.uoguelph.ca/uaic/facultyadvisors</a> or contact the B.A.Sc. Program Counsellor for further information.

## Major

Semester 1		
FRHD*1100	[0.50]	Life: Health and Well-Being
NUTR*1010	[0.50]	Introduction to Nutrition
PSYC*1000	[0.50]	Introduction to Psychology
One of:		
ANTH*1150	[0.50]	Introduction to Anthropology
SOC*1100	[0.50]	Sociology
0.50 electives		
Semester 2		
FRHD*1010	[0.50]	Human Development
FRHD*1020	[0.50]	Couple and Family Relationships
One of:		
BIOM*2000	[0.50]	Concepts in Human Physiology
MBG*1000	[0.50]	Genetics and Society
1.00 electives		

Semester 3			
FRHD*2060	[0.50]	Adult Development and Aging	
FRHD*2100	[0.50]	Development of Human Sexuality	
STAT*2080	[0.50]	Introductory Applied Statistics I	
1.00 electives			
Semester 4			
FRHD*2400	[0.50]	Introduction to Human Services	
FRHD*3150	[0.50]	Strategies for Behaviour Change	
STAT*2090	[0.50]	Introductory Applied Statistics II	
1.00 electives			
Semester 5			
FRHD*3070	[0.50]	Research Methods: Family Studies	
FRHD*3400	[0.50]	Communication and Counselling Skills	
1.50 electives			
Semester 6			
FRHD*3040	[0.50]	Parenting and Intergenerational Relationships	
FRHD*3290	[1.00]	Practicum I: Adult Development	
1.00 electives			
Note: FRHD*3290 may be taken in Semester 5 or Semester 6			
Semester 7			
FRHD*4310	[0.50]	Professional Issues *	
2.00 electives			
Semester 8			
FRHD*4250	[0.50]	Aging and Health	
One of:			
FRHD*4260	[0.50]	Social Policy and Gerontology	
FRHD*4320	[0.50]	Social Policies for Children, Youth and Families	
1.50 electives			

#### **Electives - Recommended and Program Options**

Students planning to pursue graduate studies are encouraged to take FRHD\*4810 and FRHD\*4910 (undergraduate thesis courses). Students entering into human services after graduation are encouraged to take FRHD\*4290 (4th year practicum course). Students who intend to pursue studies or careers in the following areas, Adult Development and Aging, Family and Social Relations, Human Sexuality and Health or Research may wish to include electives from the following list:

#### Adult Development and Aging Interest

1	0	5		
FRHD*3060	[0.50]	Principles of Social Gerontology		
FRHD*4190	[0.50]	Assessment in Gerontology		
FRHD*4290	[1.00]	Practicum II: Adult Development		
NUTR*3150	[0.50]	Aging and Nutrition		
Family and Socia	l Relations	Interest		
FRHD*3090	[0.50]	Poverty and Health		
FRHD*4020	[0.50]	Family Theory		
FRHD*4290	[1.00]	Practicum II: Adult Development		
Human Sexuality and Health Interest				
FRHD*4200	[0.50]	Issues in Human Sexuality		
FRHD*4290	[1.00]	Practicum II: Adult Development		
<b>Research Interest</b>	t	_		
FRHD*4810	[0.50]	Thesis I		
FRHD*4910	[1.00]	Thesis II		
Graduate and Professional Studies				

Students have successfully used the B.A.Sc. degree to gain admission into graduate programs in human development/family science, couple and family therapy, social work, education, applied psychology, sociology, anthropology, occupational therapy, physiotherapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Adult Development major of the B.A.Sc. degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis.

For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study. You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program.

#### \* Exchange/Study Abroad Opportunities

Students interested in study abroad experience could consider this in either Semester 5 or 7. If it is in Semester 5, then students could defer FRHD\*3400 to Winter Semester 6 with the Practicum FRHD\*3290 (with permission). If the study abroad experience is preferred in Semester 7, the Professional Issues course (FRHD\*4310) could be taken in Semester 5 (with permission).

#### Adult Development (Co-op) (ADEV:C)

#### Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.

The Adult Development Co-op major focuses on health and well-being from young adulthood to old age within the context of changing family relationships and diverse social and cultural influences. Courses focus on current research and theory in adult development and aging, family relationships, human sexuality, social policy and community services. Work placements and community service learning opportunities enable students to gain knowledge, skills and values appropriate for work with individuals and groups in a variety of settings.

Graduates of this program are pursuing careers in a variety of settings including family and community service agencies; government policy-making, administration, and health promotion divisions; support services delivery for seniors and their families; health care agencies; employee and family assistance programs; and local social planning councils. This program provides a solid foundation for the pursuit of graduate studies in fields such as: family relations and human development, social work, human sexuality, gerontology, physical, occupational and recreation therapy programs, family law and mediation, couple and family therapy, education, health promotion, social policy and human resource management (business).

This interdisciplinary program is designed to provide students with an understanding of the influence of psychological, social, biological and economic factors on individual development, capabilities, health and relationships across the lifespan. It is one of several majors in the Department that share an over-arching goal of applying knowledge to promote individual and family well-being. This major offers a high degree of flexibility for students, who may choose to deepen their studies in one or more of the core content areas in the major (adulthood and aging, family and social relationships, human sexuality, or health and well-being) and/or to choose electives in a related or complementary field.

#### **Program Requirements**

All students in the Adult Development Co-op major must successfully complete a minimum of 20.00 credits, including the core of 10.50 required credits as outlined in the Schedule of Studies. Students in the Co-op program must also complete COOP\*1100 in the third semester.

Some students may wish to select courses that provide a broad background appropriate for careers in teaching, social work, health promotion, couple and family relationships, physical, occupational and recreation therapy, nursing, business, public service management or other areas of work. Students interested in pursuing graduate education are encouraged to complete an undergraduate thesis in their senior year and to participate in faculty research projects.

In addition to the core requirements and options, there are courses in various departments throughout the University which may be taken as electives. Lists of suggested electives that relate to particular careers or areas of interest and requirements for admission to various graduate programs, including Faculties of Education, are available from the B.A.Sc. Program counsellor.

#### Conditions for Graduation from the B.A.Sc. Co-operative Education Program

Conditions for graduation are the same as the corresponding regular B.A.Sc. program. In addition, all work reports and work performance evaluations must have a grade of satisfactory or better.

#### Major Semester 1 - Fall

FRHD\*3150

FRHD\*2400

[0.50]

[0.50]

Semester I I I			
FRHD*1100	[0.50]	Life: Health and Well-Being	
NUTR*1010	[0.50]	Introduction to Nutrition	
PSYC*1000	[0.50]	Introduction to Psychology	
One of:			
ANTH*1150	[0.50]	Introduction to Anthropology	
SOC*1100	[0.50]	Sociology	
0.50 electives			
Semester 2 - W	inter		
FRHD*1010	[0.50]	Human Development	
FRHD*1020	[0.50]	Couple and Family Relationships	
One of:			
BIOM*2000	[0.50]	Concepts in Human Physiology	
MBG*1000	[0.50]	Genetics and Society	
1.00 electives			
Semester 3 - Fall			
COOP*1100	[0.00]	Introduction to Co-operative Education	
FRHD*2100	[0.50]	Development of Human Sexuality	
FRHD*2060	[0.50]	Adult Development and Aging	
FRHD*3070	[0.50]	Research Methods: Family Studies	
FRHD*3400	[0.50]	Communication and Counselling Skills	
STAT*2080	[0.50]	Introductory Applied Statistics I	
Semester 4 - W	inter		

Strategies for Behaviour Change Introduction to Human Services

STAT*2090	[0.50]	Introductory Applied Statistics II			
1.00 electives					
Summer Semes	ter				
COOP*1000	[0.00]	Co-op Work Term I			
Fall Semester					
COOP*2000	[0.00]	Co-op Work Term II			
Semester 5 - Wi	inter				
FRHD*3040	[0.50]	Parenting and Intergenerational Relationships			
FRHD*3290	[1.00]	Practicum I: Adult Development			
FRHD*4250	[0.50]	Aging and Health			
One of:					
FRHD*4260	[0.50]	Social Policy and Gerontology			
FRHD*4320	[0.50]	Social Policies for Children, Youth and Families			
Semester 6 - Summer					
2.50 electives					
Semester 7 - Fall					
FRHD*4310	[0.50]	Professional Issues			
2.00 electives					
Winter Semester					
COOP*3000	[0.00]	Co-op Work Term III			
Semester 8 - Summer					
2.50 electives					

2.50 electives

#### **Electives that Complement the Major**

Students planning to pursue graduate studies are encouraged to take FRHD\*4810 and FRHD\*4910 (undergraduate thesis courses). Students entering into human services after graduation are encouraged to take FRHD\*4290 (4th year practicum course). Students who intend to pursue studies or careers in the following areas, Adult Development and Aging, Family and Social Relations, Human Sexuality and Health or Research may wish to include electives from the following lists:

FRHD*3060	[0.50]	Principles of Social Gerontology
FRHD*4190	[0.50]	Assessment in Gerontology
FRHD*4290	[1.00]	Practicum II: Adult Development
FRHD*4020	[0.50]	Family Theory
FRHD*4810	[0.50]	Thesis I
FRHD*4910	[1.00]	Thesis II
NUTR*3150	[0.50]	Aging and Nutrition
~ .		

#### **Graduate and Professional Studies**

Students have successfully used the B.A.Sc. degree to gain admission into graduate programs in human development/family science, couple and family therapy, social work, education, applied psychology, sociology, anthropology, physical, occupational and recreation therapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Adult Development Co-op major of the B.A.Sc. degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis.

For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study. You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program.

## Applied Human Nutrition (AHN)

## Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.

The Applied Human Nutrition major recognizes both the biological and the social facets of human nutrition. It focuses on nutrition from a preventive, maintenance and therapeutic perspective, all of which require a thorough understanding of the related biological sciences and of selected aspects of the behavioral sciences. Students learn about nutrition and its application to the maintenance of health and the prevention and treatment of disease. They also learn about individual and social behaviour, particularly in family settings, and the implications of behavioral factors in the establishment of good nutrition status from conception through to old age. Through the effective use of elective courses, the core requirements in the Major can be supplemented to create a program of study which will prepare graduates for a variety of health and education careers in the government or private sectors, or with the food industry. Others may proceed to graduate study in fields such as nutrition, public health nutrition, medicine or education.

An Area of Emphasis in Dietetics is also offered for those interested in becoming Registered Dietitians. Successful completion of the additional required and restricted elective courses will allow students to compete for a limited number of dietetic internship positions after graduation. Graduates who complete dietetic internships are eligible to write the Registration Examination and become Registered Dietitians, a regulated health profession. The Area of Emphasis in this dietetic education program is accredited under the Partnership for Dietetic Education and Practice (PDEP) and prepares students for eligibility for registration with a provincial dietetics regulatory body. Most graduates completing dietetic internships are employed in hospitals and other health care agencies such as community health centres and long-term care facilities where the credential of Registered Dietitian is required for practice. Some Registered Dietitians also find employment in a wide range of careers in health and education, and in the private sector. Still others proceed to graduate study in fields such as nutrition, public health nutrition, medicine or education.

### Program Requirements

Students in the Applied Human Nutrition Major must include the core of 13.00 required credits in the minimum of 20.00 credits. Students in the Area of Emphasis in Dietetics take an additional 2.50 required credits plus 1.50 restricted electives for 17.00 required credits in the minimum 20.00 credits. Discussion with a departmental advisor regarding the various choices possible from within the Major is strongly recommended. Students will normally register for courses according to the semesters indicated below for Fall and Winter sequencing.

Students taking the Area of Emphasis in Dietetics are strongly encouraged to seek help from departmental advisors to ensure they have selected all the required courses for eligibility to internships.

#### Minors

Students may take one minor in addition to the Applied Human Nutrition Major. See the University of Guelph Calendar, Section X, Degree Programs, Specialization and Their Degrees for list of minors: <u>https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml</u>

#### **Counselling on Minors**

The B.A.Sc. program counsellor assists students in the selection of minors, interpreting program and academic regulations. Academic departments offer the minors and assign faculty advisors to assist students with academic planning (e.g., a faculty advisor in the Psychology department handles queries about a minor in Psychology). Students should consult the appropriate faculty advisor, along with the B.A.Sc. Program Counsellor, when declaring a minor or requiring advice on the completion of specialization requirements. The list of faculty advisors is available on the Undergraduate Academic Information Centre website: <u>https://www.uoguelph.ca/uaic/facultyadvisors</u> or contact the B.A.Sc. Program Counsellor for further information.

#### **Double Counting of Courses**

A maximum of 50 percent of the courses applied to a minor may be courses taken in fulfillment of the major where required courses are the same.

#### Major Semester 1

Semester 1		
CHEM*1040	[0.50]	General Chemistry I
FRHD*1100	[0.50]	Life: Health and Well-Being
PSYC*1000	[0.50]	Introduction to Psychology
One of:		
HTM*2700	[0.50]	Understanding Foods
NUTR*1010	[0.50]	Introduction to Nutrition
0.50 electives		

**Note:** HTM\*2700 is recommended for Semester 1 if capacity allows, but may also be taken in Semester 2 by choosing NUTR\*1010 in Semester 1

#### Semester 2

CHEM*1050	[0.50]	General Chemistry II
One of:		
HTM*2700	[0.50]	Understanding Foods
NUTR*1010	[0.50]	Introduction to Nutrition
One of:		
FRHD*1020	[0.50]	Couple and Family Relationships
SOC*1100	[0.50]	Sociology
1.00 electives		

#### \*See note in Semester 1

#### Semester 3

BIOC*2580	[0.50]	Introduction to Biochemistry
HTM*2030	[0.50]	Control Systems in the Hospitality Industry
NUTR*2050	[0.50]	Nutrition Through the Life Cycle
STAT*2080	[0.50]	Introductory Applied Statistics I
0.50 electives		
Note: HTM*2030 may be taken in Semester 4.		
Note: Students completing on Area of Emphasis in Distatics must take one		

Note: Students completing an Area of Emphasis in Dietetics must take one of: CIS\*1200 [0.50] Introduction to Computing

2018-2019 Undergraduate Calendar

MCS*2020	[0.50]	Information Management
Semester 4		
BIOM*3200	[1.00]	Biomedical Physiology
HROB*2090	[0.50]	Individuals and Groups in Organizations
MICR*2420	[0.50]	Introduction to Microbiology
STAT*2090	[0.50]	Introductory Applied Statistics II
Semester 5		
FRHD*3070	[0.50]	Research Methods: Family Studies
NUTR*3210	[0.50]	Fundamentals of Nutrition
1.50 electives or re	stricted ele	ctives

**Note:** Students completing an Area of Emphasis in Dietetics must take HTM\*3090. HTM\*3090 is recommended in Semester 5 in place of elective or restricted elective if capacity allows, but it may also be taken in Semester 6. If taken in Semester 6 take FRHD\*3400 and HROB\*2290 in Semester 5.

#### Semester 6

FRHD*3400	[0.50]	Communication and Counselling Skills
HROB*2290	[0.50]	Human Resources Management
NUTR*3070	[0.50]	Nutrition and Physical Activity Interventions
NUTR*3090	[1.00]	Clinical Nutrition I
Semester 7		
NUTR*4010	[0.50]	Nutritional Assessment
NUTR*4070	[0.50]	Nutrition Education
1 50 1		

1.50 electives or restricted electives

**Note:** Students completing an Area of Emphasis in Dietetics must take FRHD\*4310 and NUTR\*4040.

#### Semester 8

NUTR\*4900 [0.50] Selected Topics in Human Nutrition

2.00 electives or restricted electives

Note: With approval from the instructor, students may substitute NUTR\*4810 and NUTR\*4910 for NUTR\*4900.

#### Area of Emphasis in Dietetics Additional Courses Required

Additional Courses Required (2.50 credits)

FRHD*4310	[0.50]	Professional Issues
HTM*3090	[1.00]	Restaurant Operations Management
NUTR*4040	[0.50]	Clinical Nutrition II
One of:		
CIS*1200	[0.50]	Introduction to Computing
MCS*2020	[0.50]	Information Management

#### **Restricted Electives**

Students must take 1.50 restricted electives, including one 3000 level course, from the following list:

Tomo wing noti		
FOOD*2010	[0.50]	Principles of Food Science
FOOD*3430	[0.50]	Introduction to Food Analysis
FOOD*3700	[0.50]	Sensory Evaluation of Foods
HTM*2740	[0.50]	Cultural Aspects of Food
HTM*3780	[0.50]	Managing Food in Canada
NUTR*3110	[0.50]	Food Security
NUTR*3150	[0.50]	Aging and Nutrition
One of		
FOOD*2400	[0.50]	Introduction to Food Chemistry
FOOD*3030	[0.50]	Food Chemistry I
FOOD*3050	[0.50]	Food Chemistry I
One of		
FOOD*2410	[0.50]	Introduction to Food Processing
FOOD*3160	[0.75]	Food Processing I
One of		
FOOD*2420	[0.50]	Introduction to Food Microbiology
FOOD*3230	[0.75]	Food Microbiology
FOOD*3240	[0.50]	Food Microbiology
Note: Some of th	e restricted	electives require prerequisites that are not included in the
major.		

#### Child, Youth and Family (CYF)

Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.

The Child, Youth and Family major, administered by the Department of Family Relations and Applied Nutrition, examines the psychological, social and physical conditions which influence the growth and development of children and adolescents. While the primary focus of the major is on children and youth, the program regards the family as a primary context of development and as the key to successful interventions for children with developmental, behavioural, or socio-emotional difficulties. Through the effective use of elective courses, the core requirements in the major can be supplemented to create a program of study which will prepare graduates for a variety of careers in child and youth services. Graduates are pursuing child and youth-related careers in a variety of settings including child and youth treatment facilities, elementary schools, paediatric wards in hospitals, family and community service agencies, and child care centres. Students interested in working with children ten years of age and younger may apply for membership in the College of Early Childhood Educators; see further details on required courses below. Further academic preparation may be required for certain careers. Many graduates go on to pursue graduate education in fields such as family studies, human development, psychology, counselling psychology, social work, speech pathology, and occupational therapy.

#### Articulation Agreements

The University of Guelph is a partner in several Articulation Agreements concerning the Child, Youth and Family major. Students who enter the B.A.Sc. Child, Youth and Family major with advanced standing through an articulation agreement should identify themselves to the B.A.Sc. Program Counsellor for specific guidance around their Schedule of Studies (see Section IV of this calendar).

Students in the Child, Youth and Family major who are interested in proceeding to teachers college should refer to Section IV--Admissions Information, Articulation Agreements for information about admission to the Bachelor of Education program at Nipissing University.

#### **Program Requirements**

All students in the Child, Youth and Family major must include the following core of 11.50 required credits and 0.50 restricted electives to a minimum of 20.00 credits. Students are encouraged to plan their use of electives carefully in order to focus their program on one or a combination of the career options open to graduates. Discussion with a faculty advisor regarding the various choices possible from within the major is strongly recommended. Students will normally register for courses according to the semesters indicated below for Fall and Winter sequencing. Students who register for Summer semesters and other students for whom the semester offerings present difficulty may, where they have the approval of their faculty advisor, take some courses in alternative semesters.

#### Minors

Students may take one minor in addition to the Child, Youth and Family major. See the University of Guelph Calendar, Section X, Degree Programs, Specialization and Their Degrees for list of minors : <u>http://www.uoguelph.ca/registrar/calendars/undergraduate/</u> <u>current/c10/index.shtml</u>. The 60.00% requirement applies to each major and minor.

#### **Double Counting of Courses**

A maximum of 50 percent of the courses applied to a minor may be courses taken in fulfillment of the major where required courses are the same.

#### **Counselling on Minors**

The B.A.Sc. program counsellor assists students in the selection of minors, interpreting program and academic regulations.

Academic departments offer the minors and assign faculty advisors to assist students with academic planning (e.g., a faculty advisor in the Psychology department handles queries about a minor in Psychology). Students should consult the appropriate faculty advisor, along with the B.A.Sc. Program Counsellor, when declaring a minor or requiring advice on the completion of specialization requirements. The list of faculty advisors is available on the Undergraduate Academic Information Centre website: <a href="https://www.uoguelph.ca/uaic/facultyadvisors">https://www.uoguelph.ca/uaic/facultyadvisors</a> or contact the B.A.Sc. Program Counsellor for further information.

#### Major

Semester 1		
FRHD*1100	[0.50]	Life: Health and Well-Being
NUTR*1010	[0.50]	Introduction to Nutrition
PSYC*1000	[0.50]	Introduction to Psychology
One of:		
ANTH*1150	[0.50]	Introduction to Anthropology
SOC*1100	[0.50]	Sociology
0.50 electives		
Semester 2		
BIOM*2000	[0.50]	Concepts in Human Physiology
FRHD*1020	[0.50]	Couple and Family Relationships
MBG*1000	[0.50]	Genetics and Society
One of:		
FRHD*2260	[0.50]	Infant Development
FRHD*2280	[0.50]	Adolescent Development
0.50 electives		
Semester 3		
FRHD*2100	[0.50]	Development of Human Sexuality

FRHD*2110	[0.50]	Exceptional Children and Youth
STAT*2080	[0.50]	Introductory Applied Statistics I
One of:		
FRHD*2060	[0.50]	Adult Development and Aging
FRHD*2270	[0.50]	Development in Early and Middle Childhood
0.50 electives		
Semester 4		
FRHD*3150	[0.50]	Strategies for Behaviour Change
STAT*2090	[0.50]	Introductory Applied Statistics II
One of:		
FRHD*2040	[0.50]	Principles of Program Design for Children
FRHD*2400	[0.50]	Introduction to Human Services
1.00 electives		
Semester 5		
FRHD*3070	[0.50]	Research Methods: Family Studies
FRHD*3180	[0.50]	Observation and Assessment Laboratory
FRHD*3400	[0.50]	Communication and Counselling Skills
One of:		
FRHD*3200	[1.00]	Practicum I: Child
FRHD*3250	[1.00]	Practicum I: Youth
Note: FRHD*320	0 and FRHI	D*3250 may be taken in Semester 6
Semester 6		
FRHD*3040	[0.50]	Parenting and Intergenerational Relationships
2.00 electives		
Semester 7		
FRHD*4310	[0.50]	Professional Issues

2.00 electives or restricted electives

#### Semester 8

FRHD\*4320 [0.50] Social Policies for Children, Youth and Families 2.00 electives or restricted electives

#### **Restricted Electives**

In addition to the 11.50 required credits, 0.50 must be taken from the Department of Family Relations and Applied Nutrition at the 4000 level. (excluding FRHD\*4330 or FRHD\*4340).

#### **Electives - Recommended and Program Options**

#### Child and Youth Services

It is highly recommended that students planning to work in child and youth services complete the following Youth stream courses:

FRHD*2270	[0.50]	Development in Early and Middle Childhood		
FRHD*2280	[0.50]	Adolescent Development		
FRHD*3250	[1.00]	Practicum I: Youth		
FRHD*4340	[1.00]	Practicum II: Youth		
FRHD*4400	[0.50]	Youth, Risk and Resilience		
Students who intend to pursue a career in child and youth services may wish to choose				
electives from the following list:				
EDRD*3120	[0.50]	Educational Communication		
FRHD*3090	[0.50]	Poverty and Health		
FRHD*3190	[0 50]	Administration of Programs for Children		

FRHD*3190	[0.50]	Administration of Programs for Children
FRHD*4020	[0.50]	Family Theory
FRHD*4200	[0.50]	Issues in Human Sexuality
FRHD*4810	[0.50]	Thesis I
FRHD*4910	[1.00]	Thesis II
NUTR*2050	[0.50]	Nutrition Through the Life Cycle
PSYC*3450	[0.50]	Social and Personality Development
PSYC*3850	[0.50]	Intellectual Disabilities
SOAN*2290	[0.50]	Identities and Cultural Diversity
SOC*1500	[0.50]	Crime and Criminal Justice
SOC*3040	[0.50]	Sociology of Social Welfare

#### Early Childhood Education

Students planning to apply for membership in the College of Early Childhood Educators (CECE) need to complete the following Child stream courses:

(CECE) need to complete the following clinic breath courses:			
FRHD*2040	[0.50]	Principles of Program Design for Children	SI
FRHD*2260	[0.50]	Infant Development	Or
FRHD*2270	[0.50]	Development in Early and Middle Childhood	
FRHD*3190	[0.50]	Administration of Programs for Children	~
FRHD*3200	[1.00]	Practicum I: Child	Se
FRHD*4020	[0.50]	Family Theory	FF
FRHD*4210	[0.50]	Senior Seminar in Early Education and Care	FF
FRHD*4330	[1.00]	Practicum II: Child	ST
Students who inter electives from the		e a career in early childhood education may wish to choose ist:	Oı
ENGL*2740	[0.50]	Children's Literature	
FRHD*3090	[0.50]	Poverty and Health	0.5

FRHD*4910	[1.00]	Thesis II
NUTR*2050	[0.50]	Nutrition Through the Life Cycle
PSYC*3850	[0.50]	Intellectual Disabilities
SOAN*2290	[0.50]	Identities and Cultural Diversity

#### Education - Primary / Junior / Intermediate

Graduates interested in elementary school teaching need additional study at a Faculty of Education. For those who wish to teach primary (junior kindergarten to grade 3) or junior (grades 4 to 6), each faculty of education may have certain required courses for admission. Often recommended are courses in visual or performing arts, mathematics, languages, physical or natural sciences, history or geography. Students interested in intermediate (grades 7 to 10) level teaching need to acquire a teachable subject in a specific discipline. Normally, this requirement consists of six semester courses in an area of concentration. **Students are strongly advised to contact the Faculties of Education that interest them early in their programs to determine the specific requirements.** 

#### Graduate and Professional Studies

Students have successfully used the B.A.Sc. degree to gain admission into graduate programs in social work, applied psychology, sociology, anthropology, occupational therapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Child, Youth and Family major of the B.A.Sc. degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully. In our program you would include FRHD\*4810 and FRHD\*4910.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis.

For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study. You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program.

#### Child, Youth and Family (Co-op) (CYF:C)

## Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences.

All students in the Child, Youth and Family Co-op major must include the following core of 11.50 required credits and 0.50 restricted electives to a minimum of 20.00 credits.

The first four semesters are as for the students in the regular program. Students in the co-op program must also complete COOP\*1100 in the third academic semester. Thereafter the schedule is as follows:

#### Major

#### Semester 1 FRHD\*1100 [0.50] Life: Health and Well-Being NUTR\*1010 [0.50] Introduction to Nutrition PSYC\*1000 [0.50] Introduction to Psychology One of: ANTH\*1150 Introduction to Anthropology [0.50] SOC\*1100 [0.50] Sociology 0.50 electives Semester 2 Concepts in Human Physiology BIOM\*2000 [0.50] FRHD\*1020 [0.50] Couple and Family Relationships MBG\*1000 [0.50] Genetics and Society One of: FRHD\*2260 [0.50] Infant Development FRHD\*2280 [0.50] Adolescent Development 0.50 electives Semester 3 COOP\*1100 [0.00] Introduction to Co-operative Education FRHD\*2100 [0.50] Development of Human Sexuality FRHD\*2110 [0.50] Exceptional Children and Youth FRHD\*3070 [0.50] **Research Methods: Family Studies** TAT\*2080 [0.50] Introductory Applied Statistics I ne of: FRHD\*2060 [0.50] Adult Development and Aging FRHD\*2270 [0.50] Development in Early and Middle Childhood Semester 4 RHD\*3150 [0.50] Strategies for Behaviour Change RHD\*3400 Communication and Counselling Skills [0.50] [0.50] Introductory Applied Statistics II STAT\*2090 )ne of: FRHD\*2040 [0.50] Principles of Program Design for Children FRHD\*2400 [0.50] Introduction to Human Services 0.50 electives

[0.50]

Thesis I

FRHD\*4810

Summer Semester			
COOP*1000	[0.00]	Co-op Work Term I	
Fall Semester		•	
COOP*2000	[0.00]	Co-op Work Term II	
Semester 5 - W	inter		
FRHD*3040	[0.50]	Parenting and Intergenerational Relationships	
FRHD*4320	[0.50]	Social Policies for Children, Youth and Families	
One of:			
FRHD*3200	[1.00]	Practicum I: Child	
FRHD*3250	[1.00]	Practicum I: Youth	
0.50 electives			
Semester 6 - Summer			
2.50 electives			
Semester 7 - Fall			
FRHD*3180	[0.50]	Observation and Assessment Laboratory	
FRHD*4310	[0.50]	Professional Issues	
1.50 electives or restricted electives			
Winter Semester			
COOP*3000	[0.00]	Co-op Work Term III	
Semester 8 - Summer			
2.50 electives			

#### **Restricted Electives**

0.50 restricted electives from the Department of Family Relations and Applied Nutrition at the 4000 level (excluding FRHD\*4330 or FRHD\*4340).