CARLA RICE
Canada Research Chair in Care, Gender and Relationships

CHANGING THE WAY WE SEE DIFFERENCES

Stories are a powerful tool for challenging stereotypes
Guelph researchers are using arts and contemporary media such as storytelling and live performance to challenge misconceptions about disability and marginalized communities. By encouraging more nuanced and diverse representations of people, stories can help change stereotypes still held in health care, education and our broader society.

Prof. Carla Rice, Canada Research Chair in Care, Gender and Relationships, leads Project Re-Vision and the Re-Visioning Differences Media Arts Laboratory (REDLAB) at the University of Guelph. Through Re-Vision, Rice has assembled cutting-edge, arts-based research projects and a state-of-the-art media lab to explore how communities can use arts-informed research to achieve social inclusion and justice.

“We research the efficacy, potential and power of the arts in shifting our notions of disability and difference, broadly defined, as well as helping people to understand and identify shared experiences of being human,” she says.

Over the past five years, Rice and her team have used innovative arts and community-based research methods to transform the often negative views held by the public, policy-makers and health-care providers about people with mind/body differences.

One of their most successful approaches has been digital storytelling workshops. Participants create two- to three-minute videos that pair audio recordings of personal narratives with visuals.

“We’ve found that the stories have a powerful effect on people in opening up their capacities to imagine disability differently,” says Rice. “The stories that emerge generate vital conversations that move past disability as a personal tragedy or individual problem to be overcome, and enable people to connect and get in touch with their own fragilities and interdependencies.”

Now, other misrepresented and marginalized groups want to team up with Rice and the Re-Vision team to tell their own stories and address their own pressing issues.

Rice is now working with indigenous scholars and indigenous parents, teachers and students on “decolonizing” teaching approaches and curricula in Ontario public schools; with queer women on body image and body management practices; and with Inuit artists and youth on strengthening Inuit cultural voices.

Ultimately, Rice’s digital storytelling project, along with her other initiatives, is intended to promote more nuanced and positive perspectives. She hopes to establish a cutting-edge social science institute that will help us better understand difference and use multimedia technology to “disrupt dominant narratives” and invite new stories.