



UNIVERSITY of GUELPH



VOLUNTEERS NEEDED

Download PDF by
scanning QR code with
your camera.

Control group

- 18-65 years of age
- No history of low back pain or leg pain requiring treatment in the last 6 months

Low back pain group

- 18-65 years of age
- Low back pain lasting >3 months
- No leg pain below the knee

You will be required to complete:

- Health History and Demographics Questionnaire
- Roland-Morris Low Back Pain and Disability Questionnaire (Low back pain group)
- 25 sit-to-stand movements with breaks between each set of 5 repetitions
- One testing session, approximately 1-hour time commitment

The researchers wish to be inclusive in the recruitment process. This project requires:

- Interaction with a female technician/researcher
- Being comfortable shirtless or in a backless shirt/sports bra and tight-fitting pants
- Being comfortable having medical sensors taped to the skin

If you have any concerns about taking part in the study, please contact Cathrine Hjelle Feier to discuss potential modifications to the procedure.