UNIVERSITY of GUELPH

University of Guelph Gait Biomechanics Lab

Participants Wanted!

We are interested in examining the effects of different short-term training programs on multitasking performance

WHO?: We are looking for healthy young adults (aged 18-25 years)

WHERE?: University of Guelph, Animal Nutrition building (ANNU 273)

WHAT?: We will ask to meet over email or phone to discuss our protocol in more detail, including our informed consent process. If you are interested in participating, we will send you a link to a Qualtrics form where we will ask you to complete general health screening questions (~15 minutes). Finally, we will find a time in your schedule for you to attend an in-person laboratory testing session for approximately 2.5 hours.

This project requires you to:

- o Bring your own shorts/t-shirt and walking shoes/sneakers to the testing session
- o Have small markers placed on your head, trunk, pelvis, legs, and feet. This will allow us to track your movements (only the markers will be visible to our cameras)
- o Walk bouts of 7 meters (23 feet) at a time for a total distance of ~ 1.5 city blocks. In most of the trials you will be asked to step over an obstacle along a walkway, while completing a listening task where you will be asked to identify the pitch of a word spoken aloud.
- o Complete a scavenger hunt around the University of Guelph campus (~1km).

There is no financial incentive available however, any costs related to parking will be reimbursed.
Identified information obtained in this study will be kept confidential at all times
This project has been reviewed by the Research Ethics Board for compliance with federal guidelines for research involving human participants (REB #1666)

If you are interested in participating, please contact:

Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca	Julia De Oliveira jdeolive@uoguelph.ca