



When you donate to United Way you support a network of local programs that help thousands of people in our community on their journey to a better quality of life. This year, United Way is providing long-term funding to 86 programs at 53 local agencies, providing lasting, positive change in the lives of many – our families, our friends and our neighbours. Every day, your donation to United Way makes change start here.

Your United Way donation helps:



From Poverty to Possibility

Many of our communities' most vulnerable are families and children who simply can't make ends meet. United Way funds programs to ensure basic needs - food, shelter, clothing and employment are available to those who need them. We also work with community partners to help break the cycle of poverty for future generations.



36,000+

healthy meals provide nourishment for those in need.

Welcome In Drop-In Centre



160

disadvantaged adults with reading, writing and numeracy skills to improve employability.

Action Read Community Literacy Centre



Strong Communities

United Way invests in programs that make our community vibrant and safe and create opportunities for individuals, families and neighbourhoods. We focus on improving access to social and health-related support services, as well as supporting community integration and engagement.



350

callers dealing with suicide and harm to others, when they have nowhere else to turn.

Community Torchlight



100

clients and their families cope with early-stage Alzheimer's disease, reducing feelings of isolation and loneliness.

Alzheimer Society of Waterloo-Wellington



All That Kids Can Be

Children and youth need to live and grow in a supportive, inclusive and nurturing environment. By investing in young people, we help them grow up to be all that they can be, ensuring everyone's future is stronger.



85

pregnant and parenting teens in Guelph improve their education, well-being and parenting skills.

YMCA-YWCA of Guelph



13,000+

students receive healthy breakfasts and snacks, maximizing their potential to learn.

Food & Friends



Department: __

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