



**United Way**  
Guelph Wellington  
Dufferin

# Impact of \$1

Every donation counts - no  
matter the amount!  
Together, better is possible.



Provides a child living in Wellington County with a backpack and school supplies for the fall.

**\$25**



Ensures 4 non-English speaking clients have access to translation services for doctor's appointments.

**\$100**



Will cover the cost of needed devices to allow an adult or senior with a disabilities to be independent in their own home.

**\$365**



Provides 6 months of transportation to & from a 2SLGBTQ+ support group for a youth in rural Dufferin County.

**\$500**



Will provide 1 week of healthy, nutritious food for the North End Harvest Market, which serves over 100 families.

**\$1,200**



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Healthy People, Thriving Communities

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**\$25**



Helps a couple to attend a support session for those caring for a family member living with dementia. This will help improve communications and relationships at home.

**\$100**



Purchases 2-3 sessions of brief therapy for one client to help them cope with mental health struggles.

**\$365**



Covers a one month stay at a residential support program for a new mom with no where else to go.

**\$500**



Assists someone who is struggling to pay their monthly rent or hydro bill due to unforeseen circumstances.

**\$1,200**



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## Rural Communities



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Provides a survivor of abuse with a woman's self care package, journal, wellness, and education handouts.

**\$25**



Provides 5 craft and supply packs for visit with a child and their mentor to encourage the child's creativity.

**\$100**



Will allow someone dealing with substance use the opportunity to access addiction counselling and support.

**\$365**



Covers a community training on domestic violence or sexual violence.

**\$500**



Will deliver food hampers for half a year to seniors or people with a disability who do not have access to transportation.

**\$1,200**



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## Equity, Diversity, and Inclusion

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Helps cover groceries for a learning program to give folks with disabilities the opportunity to practice cooking & kitchen safety skills, while also providing them lunch for the day.

**\$25**



Offers 2 hours of individualized support for a black child or youth struggling with the impact of racialized trauma.

**\$100**



Provides local employers with resources to help them build upon their recruitment, workplace, and staff retention practices for BIPOC, and 2SLGBTQIA+ youth.

**\$365**



Goes towards purchasing healthy, nutritious food that is delivered to a local family with no means of transportation.

**\$500**



Covers 1 year of a monthly 2SLGBTQIA+ caregiver support group, led by a parent with lived experience.

**\$1,200**