



JUNE 4, 2018

WALKING PROGRAM

Occupational Health and Wellness

Make 2018 your year to become a Better 'U'. Join other Faculty and Staff and begin Occupational Health and Wellness' FREE 6-week walking program.



May 28, 2018
Information Session
Alexander Hall
Room 168
12:00PM – 1:00PM

Program begins
June 4, 2018

TO REGISTER

Contact Kelly McEwen at
ext. 52647 or
kellymce@uoguelph.ca

Register by June 1